



**“JUST FOR TODAY” HIKE!**  
**Avery’s Pond**  
**Saturday, May 12, 2018**

The first Just for Today hike is here! We will be hiking to Avery’s Pond, near Folsom Lake. This is a short 2.5 miles and is more of a walk than an actual “hike.” While this hike is open to all and kids are welcome, the trail is often narrow and uneven, less than ideal for strollers and wagons, so probably best if kids are able to walk on their own. That said, be forewarned that poison oak is also abundant.

Please note also that this hike is within the confines of the Folsom Lake State Recreation area, and they charge \$12 per car for parking, so carpooling is advised.

We will meet at the trail head in the horse assembly area at 10 am. We will be gone roughly 2 hours.

**DIRECTIONS:** From Interstate 80, take the Horseshoe Bar road exit in Loomis and turn left onto Horseshoe Bar. When it dead ends, take another left to stay on Horseshoe Bar. One more mile and you will be at the kiosk to pay your entry fee. Drive .2 miles to the sign for the boat launch and horse assembly area. Turn left and drive .4 miles to the sign for the horse assembly area and turn left into the gravel parking lot. There are no restrooms in the horse assembly area, but there is one at the boat launch, just a minute drive away.

Come fellowship in the great outdoors  
with fellow recovering addicts.

For more information,  
contact Stu B @ 916-276-0261.  
SFANA Activities



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