

LEGEND

(For abbreviations following meeting locations)

- | | |
|---|-----------------------------|
| BS...Book Study | P...Podium |
| CC...Childcare Available | SP....Spanish Speaking |
| CL...Closed Meeting, Addicts Only | SPK...Speaker meeting |
| DS...Discussion Meeting | SS...Step Study |
| G...Grab Bag | T...Topic Meeting |
| JFT...Just For Today | V...Format Varies |
| LC....Living Clean Book | W...Women's meeting |
| LGBT...Lesbian, Gay, Bisexual & Transgender | Y...Young People's meeting |
| M...Men's Meeting | ♥...Meeting Needing Support |
| NC...Meeting Oriented for Newcomers | ☉...New Meeting |
| NWA...Not Wheelchair Accessible | |

Any addict is welcome at any meeting regardless of how it might be listed.

Call Us before You Use

Notes\Phone numbers

_____	_____
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**NA meeting schedules may be photocopied.
Meetings are 1-1/2 hours unless otherwise specified.**



**AMERICAN RIVER AREA
NARCOTICS ANONYMOUS**

August 2018



Meeting Directory

If you want to stop using drugs
or need help finding a meeting, call the
N.A. Helpline
(866)565-2135 or 1-800-600-HOPE
Narcotics Anonymous
P.O. Box 417482 Sacramento, CA 95841
<http://www.SacramentoNA.org> <http://www.NA.org>

What is Narcotics Anonymous? N.A. is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.” NA Basic Text, page 9
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MONDAY

12:00pm	Citrus Heights	Collective Conscience	7801 Rosswood Dr. (at church)	1HR
12:00pm	Downtown	Clunie Group	2620 Capitol Ave.	BS 1HR
12:00pm	North Sac	North Sac Group	940 Eleanor Ave.	1HR
12:00pm	Tahoe Park	Group 55	4400 58 th St.	NC 1HR
6:00pm	North Sac	North Sac Group	940 Eleanor Ave.	
6:00pm	West Sac	Broderick Group	2124 Michigan Blvd. (at church)	☉T 1HR
6:00pm	Woodland	Recovery Is Real	100 Woodland Ave.	M, C 1HR
6:00pm	Elk Grove	Monday Night Grab Bag	9145 Franklin Blvd. (at church)	1HR
6:30pm	South Sac	Off 99@Saybrook	4390 47th Ave. (off Hwy 99 to 47th Ave. east)	
6:45pm	Davis	Davis Group Of NA	1801 Oak Ave.	CL 1HR
7:00pm	Carmichael	Recovery Inclined	4641 Marconi Ave. #1	BS
7:00pm	Carmichael	Textbook Recovery	5709 Cypress Ave.	☉ BS
7:00pm	Citrus Heights	WomenHelpingWomen	6201 Spruce (off Garfield)	W 1HR
7:00pm	Downtown	Time & Change Group	2620 Capitol Ave.	T 1HR
7:00pm	Downtown	YngCln&FullOfRecovery	1701 L St. (Hearth Rm)	Y 1HR
7:00pm	Folsom	Checkup From the Neckup	450 Blue Ravine Road Room K-2 (Trailer behind Journey Church)	V 1HR
7:00pm	North Sac	Life After Dope	450 West El Camino	NCP, CL 1HR
7:00pm	R. Cordova	Recovery on Benita	2201 Benita Drive	♥ SPK 1HR
7:00pm	Rio Linda	Recovery In Rio Linda	5th & L St. (at church)	
7:00pm	Roseville	Under the Fig Tree	222 Vernon Street (coffee house basement)	
7:30pm	Arden Arcade	Open Minded Group	2829 Watt Ave. (Rm 1)	1HR
7:30pm	Citrus Heights	Three To Life	7801 Rosswood Dr.	♥ DS 1HR
7:30pm	Woodland	New Beginnings	515 2nd St. (in the basement)	CL 1HR
8:00pm	South Sac	Amor y Comprension	3281 35th Avenue	SPK SP
8:00pm	Orangevale	Mad About Recovery II	9346 Greenback Ln.	☉ DS
8:00pm	North Sac	North Sac Group	940 Eleanor Ave.	
10:00pm	North Sac	North Sac Group	940 Eleanor Ave. (Candlelight)	1HR

TUESDAY

12:00pm	Downtown	Clunie Group	2620 Capitol Ave.	1HR
12:00pm	Downtown	Loaves & Fishes Serenity Sisters	1321 North C Street	W 1HR
12:00pm	North Sac	North Sac Group	940 Eleanor Ave.	1HR
12:00pm	South Sac	Hump Day Hope	4445 Fruiridge	1HR
12:00pm	Citrus Heights	Back to Basics	7605 Lauppe Lane	☉ 1HR
12:30pm	Davis	How's Your Now?	1801 Oak Ave.	☉
6:00pm	Orangeville	Recovery Together	9079 Greenback Lane Room M4 (behind church)	
6:00pm	North Sac	North Sac Group	940 Eleanor Ave.	W
6:00pm	South Sac	Oak Park Fellowship	3425 MLK Jr. Blvd.	
6:00pm	Woodland	Recovery Is Real	100 Woodland Ave.	M, C 1HR
6:30pm	Del Paso Hts	Miracles in the Heights	4039 Balsam St	
7:00pm	Davis	The Young'ins	1801 Oak Ave.	Y 1HR
7:00pm	Downtown	Recovery @ 1500 N Ast	1500 North A St.	1HR
7:00pm	Downtown	Over The Rainbow	1927 L St. Lamba Ctr. (downstairs)	GLBT
7:00pm	Folsom	Folsom Home Group	2155 Iron Point Rd. (1st floor)	1HR
7:00pm	Fair Oaks	Surrender Group	5501 Dewey Ave	
7:00pm	N. Highlands	The Highlands Group	6010 34th St., Bldg 10 (Com Room)	CL 1HR
7:00pm	R. Cordova	No Frills	10497 Coloma Rd. (at church)	♥ CC
7:00pm	Roseville	Dopeless Hope Fiends	109 Washington Blvd.	SD
7:00pm	South Sac	By The Book	1900 Potrero Way	BS
7:00pm	West Sac	Broderick Group	2124 Michigan Blvd. (at church)	☉ LC1HR
7:30pm	Arden Arcade	Without Parallel	2829 Watt Ave. (Kaiser C.D.R.P.)	1HR
7:30pm	Carmichael	We Believe in You	5709 Cypress Ave	SPK 1HR
8:00pm	South Sac	Amor y Comprension	3281 35th Avenue	SPK SP
8:00pm	North Sac	North Sac Group	940 Eleanor Ave.	
9:00pm	Carmichael	We Believe in You	5709 Cypress Ave	SS 1HR
10:00pm	North Sac	North Sac Group	940 Eleanor Ave. (Candle Light)	1HR

American River Area Service Committee Information

AREA SERVICE:

1st Friday of month 7:30pm
Hagginwood Community
Center 3271 Marysville Blvd
(New GSR orientation
7:00pm)

*ASC ADMIN:

Meets 2nd Sunday monthly
4:00pm at Heritage Oaks
Chair: Brian B
916-743-1743
ascchair@sacramentona.org

Vice: Daniel M.
916-459-8485
Ascvicechair
@sacramentona.org
Secretary: Jennifer W
916-288-5483 ascsecretary

@sacramentona.org
Asst. Secretary:

Barbara W.
916-532-1757
Ascaltsecretary
@sacramentona.org
ASC Treasurer: Candice
916-477-7666
Treasurer@sacramentona.org

ASC Alt. Treasurer:
Larry P. 916-833-0917
altrtreasurer
@sacramentona.org
ASC Events Treasurer:
Teana 916-868-7433

Eventstreasurer
@sacramentona.org
ASC Alt. Events Treasurer:
Melody D. 916-532-6313
alteventstreasurer
@sacramentona.org

CAMPOUT:

Meets 2nd and 4th Thurs
7:00pm at 6201 Spruce Ave
Chair: Barbara W.
916-532-1757
campoutchair

@sacramentona.org
Vice: Morgan K
916-410-0881
campoutvicechair
@sacramentona.org

Registration
Steve C. 916-479-3962 cam-

preg@sacramentona.org

RCM 1:
Michael A. 916-606-0153
rcm1@sacramentona.org

RCM 2:
Art W. 916-308-2789
rcm2@sacramentona.org

*ACTIVITIES:

Meets the 2nd & 4th
Mondays at 7:00pm
at Heritage Oaks

Chair: April W.
916-342-5539
dance@sacramentona.org

Vice:
Heather C. 530-923-6429
dance@sacramentona.org

*H&I:

Meets the 3rd Monday
7:00pm at Heritage Oaks
Chair: Robert H.
916-821-8167

hichair@sacramentona.org
Vice: VACANT
Hivicechair
@sacramentona.org

LITERATURE:

Meets immediately following
the ASC Admin Meeting
(see above)

Contact Chair for meeting
Chair: Kerry G.
916-519-6426

literature
@sacramentona.org
Vice: Sean G.
916-410-0595

literaturevicechair
@sacramentona.org

*SOFTBALL:

Meets the 3rd Monday
7:00pm at Heritage Oaks
April through Sept ONLY

Chair: Tammy M.
916-410-7618
Softballchair

@sacramentona.org
Vice: Arty E. 916-203-2252
Softballvicechair

@sacramentona.org

*PUBLIC RELATIONS:

Meets the 3rd Thurs
7:00pm at Heritage Oaks
Room 104 "B"

Chair: Robert C.
916-821-7002
prchair@sacramentona.org

Vice:
Pam M. 818-268-2444
prvicechair

@sacramentona.org
Schedule Coordinator:
Amber W. 916-202-0634
schedule@sacramentona.org

Helpline Coordinator:
Denise P. 916-912-7920
helpline@sacramentona.org

Website: Jon R.
916-671-4830 webservant
@sacramentona.org

Outreach Coordinator:
Jennifer 916-410-1370
outreach@sacramentona.org

Newsletter Coordinator:
VACANT
newsletter@sacramen-

tona.org
Schools Project
Coordinator:
Jerry 707-703-0824

Presentation Coordinator:
Kathleen C.
presentation@

sacramentona.org
916-202-2811

Presentations Training:
Contact Public Relations to
schedule training.

***Heritage Oaks Hospital**
Committee meetings held at
4300 Auburn Blvd., Heritage
Oaks Office Bldg.

WEDNESDAY

8:00am	Midtown	Getting It Right Downtown 1017 10th St.	SPK, D, JFT	1HR
12:00pm	Downtown	Clunie Group 2620 Capitol Ave.		1HR
12:00pm	North Sac	North Sac Group 940 Eleanor Ave.		1HR
12:00pm	South Sac	Hump Day Hope 4445 Fruitridge (at church)		1HR
12:00pm	South Sac	Group 55 4400 58 th Street		NC 1HR
6:00pm	North Sac	North Sac Group 940 Eleanor Ave.		M
6:00pm	Oak Park	Oak Park Fellowship 3425 Martin Luther King Jr Blvd		W
6:00pm	Woodland	Recovery Is Real 100 Woodland Ave. (at church)		1HR
6:30pm	Carmichael	Here, Try This 5809 Gibbons Dr.		♥ 1HR
7:00pm	Downtown	Clean On Capitol 2100 J Street (upstairs)		1HR
7:00pm	Folsom	No Worries Wednesday Group 450 Blue Ravine Road Rm K-2 (Behind Journey church)		1HR
7:00pm	R. Cordova	Through the Gate 2721 Barbera Way (at gate on store side)		
7:00pm	Roseville	Spiffs Without Spliffs 628 Royer Street		
7:00pm	R. Cordova	Woman's Tea House 3520 Bradshaw St.		W, CC 1HR
7:00pm	Roseville	Spiffs Without Spliffs 628 Royer St		SPK/D
7:00pm	Davis	Davis Group of NA 1701 Russell Blvd.		SPK 1.25HR
7:30pm	Arden Arcade	Recovery In Action 2829 Watt Ave. (Conf. Rm 1)		1HR
7:30pm	Carmichael	Farfromusin 4641 Marconi Ave		♥ 1.25HR NC
7:30pm	Foothill Farms	Wednesday Night Unity 6201 Spruce (off Garfield)		NC
7:30pm	Sacramento	Welcome Home Men 8247 E. Stockton Blvd. (Ste. 2A)		
7:30pm	N Highlands	We Do Recover 5848 Santa Fe Way		1HR
7:30pm	Woodland	New Beginnings 515 2nd St. (in the basement)		CL 1HR
8:00pm	North Sac	North Sac Group 940 Eleanor Ave.		CL, DR, P
8:00pm	South Sac	Southside Group 4445 Fruitridge Road		♥
10:00pm	North Sac	North Sac Group 940 Eleanor Ave.	(candle light)	1HR

THURSDAY

12:00pm	Carmichael	Not High Noon 4641 Marconi (at church)		1HR
12:00pm	Downtown	Clunie Group 2620 Capitol Ave.		1HR
12:00pm	North Sac	North Sac Group 940 Eleanor Ave.		1HR
12:00pm	South Sac	Hump Day Hope 4445 Fruitridge Ave.		1HR
5:22pm	Downtown	Happy Hour 1820 28th St. (at S St.)		DS, T 1HR
6:00pm	Orangeville	Recovery Together 9079 Greenback Lane (Room M4 behind church)		
6:00pm	North Sac	North Sac Group 940 Eleanor Ave.		
6:00pm	South Sac	Courage To Change 3555 3rd Ave.		
6:00pm	Woodland	Recovery Is Real 100 Woodland Ave. (at church)		W 1HR
6:30pm	Citrus Heights	Women's Potluck Mtg 525 Exchange St. (3rd Thurs only)		2HR
7:00pm	Citrus Heights	Rebels With A Cause 7801 Rosswood Dr.		
7:00pm	Davis	Steppin Out In Davis 770 Poleline Rd. (at church)		BS 1HR
7:00pm	Elk Grove	EGHG Book Study 8170 Laguna Blvd. (Ste. 107 med office)		BS
7:00pm	Folsom	Get Lit! 410 Wool Street (Teen Room of church)		1HR
7:00pm	R. Cordova	Recovery On Benita 2201 Benita Dr.		♥ SPK 1HR
7:00pm	Rio Linda	Recovery In Rio Linda 5th & L St. (at church)		
7:00pm	South Sac	South Sac Recovery 3900 47th Ave.		
7:00pm	West Sac	Broderick Group 2124 Michigan Blvd. (at church)		1HR
7:30pm	Folsom	The Men's Meeting 1100 Blue Ravine, Room B1		V 1HR
7:15pm	Carmichael	New Attitude 4641 Marconi @Mission (fireside room)		
7:30pm	South Sac	Ounce Of Hope 2450 Meadowview Rd.		1HR
7:30pm	Woodland	New Beginnings 515 2nd St. (in the basement)		CL 1HR
8:00pm	Elk Grove	Just For Today 8986 Elk Grove Blvd.		NWA 1HR
8:00pm	Fair Oaks	Mad About Recovery 8938 Madison Ave. (Mad House)		NWA
8:00pm	North Sac	North Sac Group 940 Eleanor Ave.		1HR BS
8:00pm	South Sac	Amor y Comprension 3281 35th Avenue		SPK SP
10:00pm	North Sac	North Sac Group 940 Eleanor Ave.	(Candle Light)	1HR

FRIDAY

8:00am	Downtown	Getting It Right Downtown 1017 10th St.		1HR
12:00pm	Downtown	Clunie Group 2620 Capitol Ave.		W M 1HR
12:00pm	North Sac	North Sac Group 940 Eleanor Ave.		1HR
12:00pm	South Sac	Group 55 4400 58 th St.		NC, BS 1HR
6:00pm	Woodland	Recovery Is Real 100 Woodland Ave. (at church)		
6:00pm	Davis	Spirit Of Friday 1801 Oak Ave.		1HR
6:00pm	Downtown	Keeping It Real 2620 Capitol Ave.		1HR
6:00pm	North Sac	North Sac Group 940 Eleanor Ave.		
6:00pm	Oak Park	Oak Park TGIF 3425 MLK Jr. Blvd.		BS
7:00pm	Elk Grove	EGHG Power Hour 8170 Laguna Blvd. (Ste. 107 med office)		1HR
7:00pm	Folsom	Friday Night Folsom 1100 Blue Ravine Rd.		D
7:00pm	Loomis	FridayNightAlternative 5400 Barton Rd.		D
7:00pm	Natomas	Natomas Group 3500 Mobile Way		CL
7:00pm	N. Highlands	Never Alone Never Again 5836 Dudley Blvd (McClellan Park Last Fri Spk)		
7:00pm	R. Cordova	Recovery Connection 2101 Zinfandel (at church)		
7:00pm	South Sac	12 Steps To Freedom 3900 47 th Ave.		
7:00pm	West Sac	Broderick Group 2124 Michigan Blvd. (Spk mtg 3rd Fri)		1HR
7:30pm	East Sac	Daily Application Of Spiritual Principles 601 Alahambra Blvd		1HR
7:30pm	Carmichael	Recovery In Progress 5709 Cypress Ave		NCP
8:00pm	North Sac	North Sac Group 940 Eleanor Ave.		
8:00pm	South Sac	Amor y Comprension 3281 35th Avenue		SPK SP
8:00pm	Downtown	Cons "r" Us 2620 Capital Avenue		1HR
8:00pm	Foothill Farms	Addicts In Action 6201 Spruce		♥
10:00pm	North Sac	North Sac Group 940 Eleanor Ave. (Candle Light)		1 HR
10:00pm	South Sac	A New Way Of Life 7595 Center Parkway		

SATURDAY

10:00am	Arden Arcade	Woman To Woman 2829 Watt Ave. (Group Rm 4)		W
10:00am	Arden Arcade	Learning To Care 1615 Morse Ave. (Arden & Morse)		M
10:00am	Downtown	E Street Book Study 2620 Capitol (at church upstairs) NWA,		B
10:00am	R. Cordova	Principles Before Personalities 2376 Zinfandel Drive		DS 1HR
11:30am	Oak Park	Oak Park Mens 3425 MLK Jr. Community Center		M
12:00pm	South Sac	New Way Of Life 7595 Center Parkway		1HR
12:00pm	South Sac	TU Women 3900 Martin Luther King Blvd. ♥ LBG, T		1HR
12:00pm	West Sac	Broderick Group 2124 Michigan Blvd. (at church)		1HR
12:00pm	Woodland	Recovery Is Real 100 Woodland Ave. (NC workshop 1st Saturday)		1HR
12:00pm	Rio Linda	Recovery In Rio Linda 5th & L St. (at church)		1HR
1:30pm	R. Cordova	Growth and Change 2801 Aramond Dr.		
6:00pm	Citrus Heights	Being Clean Is Happening 7607 Garden Gate Dr. (at church)		SPK
6:00pm	North Sac	North Sac Group 940 Eleanor Ave.		
6:00pm	Woodland	Recovery Is Real 100 Woodland Ave. (Speaker mtg 2nd Sat)		
7:00pm	Carmichael	Desire To Stop 4641 Marconi		1HR
7:00pm	Davis	Davis Group of NA 1801 Oak Ave (potluck Last Sat @ 5:30p)		1.15HR
7:00pm	Downtown	Sat Night Traditions 2529 K St.		NCP 1HR
7:00pm	Folsom	No Matter What 450 Blue Ravine Rd., Room K2 (trailer)		V
7:00pm	N. Highlands	Young Pups In Recovery 6010 34th St.		1HR
7:00pm	South Sac	Oak Park Speaker Mtg 3425 MLK Jr Oak Park (2nd Sat Only)		
7:00pm	South Sac	Quest For Serenity II 3900 Martin Luther king Blvd		
7:00pm	West Sac	Broderick Group 2124 Michigan Blvd. (at church)		1HR
8:00pm	Citrus Heights	Saturday Night Alive 7405 Mariposa Ave.		
8:00pm	South Sac	Amor y Comprension 3281 35th Ave.		SPK SP
8:00pm	Elk Grove	Saturday Night Live EG9270 Bruceville Rd.		1.15HR
8:00pm	North Sac	North Sac Group 940 Eleanor Ave. (2nd Sat Fireside Mtg)		
10:00pm	Fair Oaks	Mad About Recovery 8934 Madison Ave. (Mad House)		1HR
10:00pm	North Sac	North Sac Group 940 Eleanor Ave. (Candle Light)		1HR
11:45pm	Arden Arcade	Midnight Experience 4641 Marconi Ave		1.15HR

SUNDAY

9:00am	North Sac	Biscuits & Gravy	940 Eleanor Ave.	♥ JFT,SPK,T
9:00am	Woodland	Recovery Is Real	417 Main St. (Restaurant)	
10:00am	Downtown	Sun Morn Recovery	720 7th St	1HR,SPK
11:00am	Arden Arcade	Together In Recovery	2829 Watt Ave Rm #1	1HR
11:00am	Davis	Steppin Out In Davis	2040 Sutter Place	NC, BS 1HR
4:00pm	Downtown	Recovery @ 1500 N Ast	1500 North A St.	BS 1HR
4:00pm	Carmichael	Have Mercy	5709 Cypress Ave. (at church Rm C4)	
4:00pm	Folsom	Hugs Not Drugs	320 Montrose Dr. (no children please)	1HR
5:00pm	North Sac	North Sac Group	940 Eleanor Ave.	Y
5:30pm	West Sac	Broderick WomensGrp	2124 Michigan Blvd.	W 1HR
5:30pm	R. Cordova	Surrender for Serenity	2201 Benita Drive	D 1HR
6:00pm	Downtown	Ground Zero	1500 North A St.	1HR
6:00pm	Elk Grove	Stepping Stones	9270 Bruceville Rd.	
6:00pm	Roseville	A Better Opportunity	628 Royer Street (Horizon church)	BS
6:00pm	South Sac	A Life Worth Living	7271 Florin Mall Dr.	
6:00pm	Woodland	Recovery Is Real	100 Woodland Ave.	
7:00pm	Davis	Sisters of NA	770 Poleline Rd.	W 1HR
7:00pm	Downtown	Over The Rainbow	1927 L St. (downstairs)	GLBT 1HR
7:00pm	North Sac	North Sac Group	940 Eleanor Ave.	
7:00pm	R. Cordova	Through the Gate	2721 BarberaWay (at gate on store side)	
7:00pm	West Sac	The Broderick Group	2124 Michigan Blvd.	
7:30pm	Woodland	New Beginnings	515 2nd St. (in the basement)	1HR
7:30pm	Arden Arcade	Ashes To Diamonds	4641 Marconi Ave.	(at church)
8:00pm	Foothill Farms	Sunday Night Serenity	6201 Spruce	1 HR
8:00pm	South Sac	A New Way Of Life	7595 Center Parkway	
8:15pm	Davis	Davis Group Mens Mtg	770 Poleline Rd.	M 1HR
9:00pm	North Sac	North Sac Group	940 Eleanor Ave.	(Candle Light)

DIRECTIONS FOR HARD-TO-FIND MEETINGS

Directions to: North Sac Group: Take Business 80 to El Camino, go West to Del Paso Blvd., turn right. Go to Intersection of Del Paso & Lampasas. Turn Left on Lampasas and immediately turn into alley on right.

If you find any inaccuracies on any American River Area Narcotics Anonymous hard copy or electronic schedule, please report them to the Public Relations Chairperson (contact information located in this schedule).



Narcotics Anonymous®

