

Minutes
AMERICAN RIVER AREA SERVICE COMMITTEE
September 4, 2026
(FUTURE ASC 10/02, 11/06)

I. Open

12 Traditions:
12 Concepts:
Purpose of ASC:
Decorum Statement:
Vision Statement:
Announcements

II. Welcome New ASC Participants

III. GSR Reports

IV. ADMINISTRATIVE REPORTS

Chair	Teana C	pg.	H&I	Athena T	pg.
Vice Chair	April W	pg.	PR	Seth L	pg.
Secretary	Marquis B	pg.	Literature	Delita A	pg.
Treasurer	Janeice V	pg.	Activities	Charles M	pg.
Events Treasurer	Jennifer B	pg.	Campout	Brian B	pg.
RCM I		pg.	Softball		pg.
RCM II	Jim C.	pg.	NCCNA Registration Liaison	Bob	pg.

V. Quorum Call (Roll Call) attached results: of 44
(Birthday Celebration - during tally of quorum count)

VI. Approval of Previous Months ASC Minutes (pages)

VII. Approval of Previous Months Treasurer's Report (pages)

VIII. Open Forum/Parking Lot

IX. Elections:

Softball Chair
RCM I

FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:

Softball Chair/Vice Chair – January
PR Chair/Vice Chair – February
Activities Chair. Vice - Chair April
H&I Chair/Vice Chair –May
Secretary/Asst. Sec – May
RCM I – June – Even years

Literature Chair/Vice Chair – July
Chair/Vice Chair – July
Campout Chair/ Vice Chair – July
Treasurer/Alt. Treasurer - December
Events Treasurer/Alt. Events Treasurer – December
RCM II – June – Odd years

X. OLD BUSINESS

701	Current Language Reads: 2) All events subcommittees will submit to the ASC a proposed Budget at the start of the event planning. All event subcommittees will submit to the ASC a final budget to actual at the ending of the event and closing of the books. Proposed Change: Add subsection a) under Section V, C, 2: a) All event subcommittees may make facility deposits of up to \$1,000 to secure venues for area-sponsored events prior to submitting a proposed budget to the ASC when necessary to reserve the facility. Any deposit made under this authority shall be reported to the ASC at the next regular ASC meeting. A complete proposed event budget will be submitted to the ASC for approval at the earliest practical opportunity. Intent: To allow event subcommittees to secure facilities when deposits are required prior to the next ASC meeting or before a full proposed budget has been developed, thereby reducing the risk of losing venues while maintaining financial accountability and ASC oversight.	

XI. NEW BUSINESS

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ASC CHAIR

No Report

ASC VICE CHAIR

Hi family,

Last month I attended both the activities and pr subcommittees. Preparations for the fall event are coming along well and pr is doing really well also. I would love to be more supportive to the gsr's and encourage any of you to let me know if you have any questions about anything we do at Asc. Chances are high that if you are wondering others are too and I could talk about that next at the following months Asc. This will be an ongoing offer so anytime anything pops up for you let me know.

Thank you for letting me be of service,
April W

ASC SECRETARY

Good Evening,

Thank you to everyone that sent in reports in a timely manner. If you are a new GSR or New Alternate GSR please come and sign the sign-in sheet, we will have it updated for the next area.

Thank you for allowing us to be of service
Marquis and Kyle

ASC TREASURER

If you have donations, please feel free to mail them to the PO Box.

ARANA

PO box 417482

5420 Kohler Road

Sacramento, CA 95841

Good Evening.

We deposited \$9,023.55 this month.

Expenses from August Area Business was \$5,243.28.

Donation to NCRSC was \$1000.00.

We kept 2 months of the budget in Checking and a balance of \$1,389.40 for WSLD reserve.

Amount left in Checking after Prudent Reserve is \$1,955.50.

I would like the GSR's to make a decision regarding our remaining balance in checking after prudent reserve.

What would you like us to do? Donate remaining or hold for upcoming expenses?

Amount in Savings is:

Ending Ledger balance of \$5,145.70

Less Prudent Reserve..... \$2,023.00

Less Accumulated Annual Expenses..... \$2,779.02

Less Accumulated Sales Taxes..... \$343.68

Excess in Savings above budgeted Amounts..... \$ 0.00

Additionally, Sacramento Fellowship is now sharing the help line. With that, they will also be sharing the costs. When we make a deposit into the Twilio account, Sacramento Fellowship will be receiving an invoice for their ½ of the deposit amount. When the payment is received from Sacramento Fellowship and deposited into our checking, the treasurer report will reflect this deposit.

Questions?

Thanks for letting us be of service.

Janeice V & Shaggy

Treasurer's Report

DATE		ACTIVITY	Totals	
9/1/2026		BEGINNING BALANCE	\$ 3,610.63	\$ 3,610.63
		PayPal Area Donations	\$ 90.65	\$ 90.65
		Square Literature sales	\$ 287.45	\$ 287.45
		Literature Sales	\$ 1,742.74	\$ 1,742.74
		Area Donations	\$ 1,855.15	\$ 1,855.15
		Deposit Transfer for balance of Aug Schedules	\$ 4.67	\$ 4.67
		7th Tradition (includes paypal transfer)	\$ 71.37	\$ 71.37
		Transfer from Savings to cover storage	\$ -	\$ -
			\$ -	\$ -
		Transfer from Events (Pool Party)	\$ 823.53	\$ 823.53
		Transfer from Events (Campout)	\$ 4,147.99	\$ 4,147.99
		Transfer Excess	\$ -	\$ -
		Total Deposits/Transfers	\$ 9,023.55	
		Total before Expenses	\$ 12,634.18	
	TRF	To Cover Annual Expences	\$ (425.00)	\$ (425.00)
	TRF	Accumilated Sales Tax-Event	\$ -	\$ -
	TRF	Accumilated Sales Tax-	\$ (163.35)	\$ (163.35)
	EFT	Non Profit Insurance	\$ (242.96)	\$ (242.96)
	2465	ARANA H&I Lit	\$ (532.15)	\$ (532.15)
	2466	Janeice V - Agenda's & Schedules	\$ (373.68)	\$ (373.68)
	2468	Athena H&I Poster	\$ (27.00)	\$ (27.00)
	2469	April W - H&I Zoom	\$ (16.99)	\$ (16.99)
	2470	Marquis B - Adobe for Secretary	\$ (112.90)	\$ (112.90)
	2471	NCRSO - Invoice 46243	\$ (1,757.27)	\$ (1,757.27)
	2472	NCRSC	\$ (1,000.00)	\$ (1,000.00)
	TRF	Twilio Balance - PR	\$ (100.00)	\$ (100.00)
	TRF	Printing for August PR Schedules	\$ (165.00)	\$ (165.00)
	TRF	To Savings	\$ (326.98)	\$ (326.98)
		Total Transfers/Payments	\$ (5,243.28)	
		ENDING BALANCE	\$ 7,390.90	\$ 7,390.90
		Prudent Reserve - 2 mos.operating expense \$2023.00	\$ (4,046.00)	\$ (4,046.00)
		WSLD for PR and H&I Chairs	\$ (1,389.40)	\$ (1,389.40)
		Surplus/(Defect) from prudent reserve	\$ 1,955.50	\$ 1,955.50
		Savings Account Beginning Ledger Balance	\$4,230.37	\$4,230.37
		Interest Credit	\$0.00	\$0.00
	Transfer	To Cover Annual Expenses Aug	\$425.00	\$425.00
	Transfer	Accumulated sales tax for Aug	\$ 163.35	\$ 163.35
	Transfer	Return to Black	\$ 326.98	\$326.98
		Balance after incoming transfers	\$5,145.70	
	Transfer	To cover Annual Expenses for storage (Qtrly)	\$ -	\$ -
	EFT	To Cover Sales Tax Payment Due	\$ -	\$ -
	Transfer	Excess in Savings	\$ -	\$ -
		Less Total Transfers out of Savings	\$ -	
		Ending Ledger Balance	\$5,145.70	\$5,145.70
		Prudent Reserve \$2023.00	\$ (2,023.00)	
		Total in Savings	\$3,122.70	
		Less Accumulated Annual Expenses	(\$2,779.02)	
		Less Accumulated sales taxes	\$ (343.68)	
		Excess Savings Account	\$ (0.00)	

1 Balance shown on statement
2 Deposits not shown

9/1/2026

\$14,153.41

10 Sub Total

Transfer	From Paypal		\$	-
Transfer	From Saving to cover expenses paid		\$	-
Transfer	From Saving - Excess		\$	-
	subtotal		\$	-

11 Checks outstanding

CK #	Name	Amount		
2546	Dana H. Schedules	230.48	\$	230.48
2578	Rob T - Literature Forms	77.21	\$	77.21
2345	NCRSO	2,073.73	\$	2,073.73
2390	Steven O - Batteries Admin	7.09	\$	7.09
2400	Arana H&L Literature	701.40	\$	701.40
2471	NCRSO - Invoice 43243	1,757.27	\$	1,757.27
2472	NCRSC	1,000.00	\$	1,000.00
TRF	To Savings	326.98	\$	326.98
TRF	Accumulated Sales Tax	163.35	\$	163.35
TRF	Annual Expenses	425.00	\$	425.00
TRF	To Savings Sales Tax events	-	\$	-
			\$	6,762.51

40 Total Uncleared Checks

41 Adjusted Ending Bank Balance (Ledger balance)

\$7,390.90

Ending Ledger Balance

\$ 7,390.90

\$0.00

Savings Account Bank Reconciliation

Statement Balance

08/04/26

\$4,230.37

Additions to Account

Transfer

\$ 425.00

\$163.35
\$326.98
\$0.00

\$5,145.70

Subtractions from account

\$0.00

Uncleared Transactions

\$0.00

\$5,145.70

asc ledger
Savings Ledger ending balance

\$5,145.70

Adjusted Balance

Bank Ending Balance

\$5,145.70

Difference

\$0.00

	Approved	Admin	ASC Rent	H&I Admin.	H&I Lit	Lit.	PR-sch	Accum	Insurance	Totals BY Month	Regional Donations
1	Budget per mo.	\$200.00	\$35.00	\$60.00	\$750.00	\$35.00	\$350.00	\$425.00	\$310.00	\$2,165.00	
2		\$151.66	\$0.00	\$118.75	\$642.24	\$20.48	\$182.70	\$425.00	\$372.46	\$1,913.29	\$ 135.00
3	Jul	\$373.77	\$0.00	\$43.99	\$632.15	\$0.00	\$373.68	\$425.00	\$242.96	\$1,991.55	\$ 135.00
4	Aug	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$ -
5	Sep	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$ -
6	Oct	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$ -
7	Nov	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$ -
8	Dec	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$ -
9	Total Expense	\$525.43	\$0.00	\$162.74	\$1,174.39	\$20.48	\$556.38	\$850.00	\$615.42	\$3,289.42	\$270.00
10											
11	Budget x 6 mo.	\$1,200.00	\$210.00	\$360.00	\$4,500.00	\$210.00	\$2,100.00	\$2,550.00	\$1,860.00	\$11,130.00	
12	Difference	\$674.57	\$210.00	\$197.26	\$3,325.61	\$189.52	\$1,543.62	\$1,700.00	\$1,244.58	\$7,840.58	(\$264.00)
13	Average	\$87.57	\$0.00	\$27.12	\$195.73	\$3.41	\$92.73	\$141.67	\$102.57	\$548.24	\$45.00
14	Months To Aver	6	6	6	6	6	6	6	6	6	6
15	INCOME	7th Trad	Group Don.	H&I Don	Events Transfers	PR	Accum Sales Tax	Annual Exp Paid	Totals BY Month	Income less Events & Annual Exp	
16	Jul	\$31.00	\$1,576.08	\$0.00	\$355.95	\$0.00	\$180.34	\$25.00	\$2,168.37	\$1,812.42	
17	Aug	\$71.37	\$1,855.15	\$0.00	\$4,971.52	\$0.00	\$163.35	\$0.00	\$7,061.39	\$2,089.87	
18	Sep	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
19	Oct	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
20	Nov	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
21	Dec	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
22	Total Income	\$102.37	\$3,431.23	\$0.00	\$5,327.47	\$0.00	\$343.69	\$25.00	\$9,229.76	\$3,902.29	
23											
24	Average	\$17.06	\$571.87	\$0.00	\$887.91	\$0.00	\$57.28	\$4.17	\$1,538.29	\$650.38	
25	Months to Aver	6	6	6	6	6	6	6	6	6	

Approved Jan - Jun 2026 Budget											
		Admin	ASC Rent	H&I Admin.	H&I	Lit Admin	PR	Annual Expenses	Insurance	Total	
	Approved	\$200.00	\$35.00	\$50.00	\$750.00	\$35.00	\$350.00	\$400.00	\$203.00	\$2,023.00	
6 month	6 month total	\$ 1,200.00	\$ 210.00	\$ 300.00	\$ 4,500.00	\$ 210.00	\$ 2,100.00	\$ 2,400.00	\$ 1,218.00	\$ 10,920.00	

Approved JUL - Dec 2026 Budget											
		Admin	ASC Rent	H&I Admin.	H&I	Lit Admin	PR	Annual Expenses	Insurance	Total	2 Month's Expenses
	Approved	\$200.00	\$35.00	\$60.00	\$750.00	\$35.00	\$350.00	\$425.00	\$310.00	\$2,165.00	\$4,330.00
6 month	6 month total	\$ 1,200.00	\$ 210.00	\$ 360.00	\$ 4,500.00	\$ 210.00	\$ 2,100.00	\$ 2,550.00	\$ 1,860.00	\$ 12,990.00	

2026 Annual Expenses							
	Month	Storage- Due Quarterly 2026	ASC PO Box Due Oct. Oct 2026	Charitable Trusts - Due With Taxes - Around	Tax Preparation Paperwork Due to CPA by May	Excess Annual Expense	Total Annual Expenses
Beginning Balance	Jan 01	(\$159.00)	\$555.64	\$74.50	\$1,719.12	\$113.76	\$2,304.02
		\$ -			\$ (1,000.00)		\$ (1,000.00)
Annual Expense	January	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
Annual Expense	February	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
Annual Expense	March	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
		\$ (875.00)					\$ (875.00)
Annual Expense	April	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
Annual Exp. Accum	May	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
Annual Expense	June	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
		\$ (900.00)					\$ (900.00)
Annual Expense	July	\$ 300.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 425.00
Annual Expense	August	\$ 300.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 425.00
Annual Expense	September						\$ -
	September						\$ -
Annual Expense	October						\$ -
	October						\$ -
Annual Expense	November						\$ -
Annual Expense	December						\$ -
	December						\$ -
Total Annual Expenses for 2026		\$ 316.00	\$ 742.97	\$ 107.83	\$ 1,482.45	\$ 129.76	\$2,779.02

3rd quarter Sales Taxes					
Month	Sales	Nontaxable Sales	Less Taxes Taxable	Taxes	
Jul	\$ 2,241.32		\$ 2,060.98	\$ 180.34	\$ 2,241.32
Aug	\$ 2,030.19		\$ 1,866.84	\$ 163.35	\$ 2,030.19
Sep				\$ -	\$ -
Event	\$ -			\$ -	\$ -
Event					
Totals	\$ 4,271.51	\$ -	\$ 3,927.82	\$ 343.68	

EVENTS TREASURER

Good evening!

We attended the Activities, Campout, Softball, and Admin subcommittees last month.

The Campout has been closed out and donation funds of \$4,147.99 have been transferred to the ASC Checking account. The final budget was attached to last month's agenda.

The Pool Party has also been closed out and donation funds of \$823.53 have been transferred to the ASC Checking account. The final budget was attached to last month's agenda. Please note, \$180.33 was transferred to the Monthly Event bucket to replace the funds lost at that event. Total Pool Party proceeds were \$1,003.86.

The Activities committee is submitting a motion for a budget revision for the Movie Night to increase the movie license budget line by \$130 for a total of \$430. The increased license cost will now cover a movie license for 1 year for multiple events and titles.

It's A We Program, has repaid the \$300 loan for their campout startup costs. The funds were deposited back into the Events Checking account.

The checking and savings accounts have been reconciled with a \$0 variance.

Thank you for allowing me to be of service.

Jennifer B.

[illegible][illegible]

September 2026
EVENTS TREASURER REPORT
Savings Account Ledger
For Month Ended August 31, 2026

[illegible]

Bank Reconciliation
Month Ended August 2026

EVENTS CHECKING		
Particulars		Amount
Balance as per bank statement		\$ 7,034.84
Add: Deposits not credited		
Total deposits not credited:		\$ -
Add: Returned Items		
Total returned items:		\$ -
Less: Outstanding checks/transfers		
No.	9999	\$ 3,500.00
No.		
No.		
No.	2324	\$ 15.62
No.		
No.	2327	\$ 215.31
Total outstanding checks:		\$ 3,730.93
Less: Bank Error		
Total bank error:		\$ -
Adjusted balance per bank statement:		\$ 3,303.91
Balance as per ledger:		\$ 3,303.91
Difference:		\$ 0.00

EVENTS SAVINGS		
Particulars		Amount
Balance as per bank statement		\$ 15,716.17
Add: Deposits not credited		
Total deposits not credited:		\$ -
Less: Outstanding withdrawals		
No.		\$ -
Total outstanding withdrawals:		\$ -
Adjusted balance per bank statement:		\$ 15,716.17
Balance as per ledger:		\$ 15,716.17
Difference:		\$ -

October Movie Night 2026 Budget

Proposed Budget: 3,295.00

Expenses

Line #	Description	Approved 2026	Proposed Addition	Proposed 2026 r.2
1.0	Facility Rent	\$600.00		\$600.00
1.1	Full Kitchen Rental	\$150.00		\$150.00
1.2	Refundable Cleaning Deposit	\$500.00		\$500.00
1.3	Church Parking Donation	\$100.00		\$100.00
2.0	Printing Flyers	\$90.00		\$90.00
2.1	Ticket Printing	\$40.00		\$40.00
2.3	Banner Printing	\$50.00		\$50.00
3.0	Registration Supplies (wristbands/ink)	\$20.00		\$20.00
4.0	Movie Rental/Purchase	\$15.00		\$15.00
4.1	Movie Permit	\$300.00	\$130.00	\$430.00
5.0	Decorations	\$50.00		\$50.00
6.0	Snack Bar	\$400.00		\$400.00
6.1	Ice	\$30.00		\$30.00
6.2	Coffee Products	\$100.00		\$100.00
6.3	Paper Products	\$50.00		\$50.00
7.0	Popcorn Machine and Supplies	\$250.00		\$250.00
8.0	Opening Bank	\$200.00		\$200.00
8.1	Misc. Expenses	\$25.00		\$25.00
8.2	Admin Expenses	\$20.00		\$20.00
8.3	Event Treas. Expense	\$25.00		\$25.00
8.4	EPD Fees	\$150.00		\$150.00
Expenses Total		\$3,165.00		\$3,295.00

EPD = ELECTRONIC PAYMENT DEVICES

Earned Income

Description	Proposed 2026		Proposed 2026 r.1
Pre-Registration @\$15	\$1,500.00		\$1,500.00
Registration on site @\$20	\$1,000.00		\$1,000.00
7th Tradition	\$0.00		\$0.00
Opening Bank Return	\$200.00		\$200.00
Snack Bar	\$450.00		\$450.00
Deposit Return	\$500.00		\$500.00
Actual Earned Income	\$3,650.00		\$3,650.00

Movie Night Earnings (ASC Donation)	\$485.00		\$355.00
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Attendance At Event	Projected 2026	Actual 2026
Pre-paid Tickets Age 6+	100	0
Door Ages 6+	50	
Total Participants	150	0

Ages 5 and under are Free

RCMI & II

NAWS (NARCOTICS ANONYMOUS WORLD SERVICE) NEWS

Website: www.na.org

- 1) **World Unity Day** is almost here! On 5 September at 12:30 PDT, NA members around the world will say the Serenity Prayer together—the heart of a virtual celebration that also includes live sharing, videos, and a really cool PR presentation. The webinar celebration of Unity Day will begin at 11 AM PDT and continue through 3.5 hours of programming, including that prayer. Please join in.
- 2) **NAWS SURVEYS** - In our most recent Membership Survey, 83 percent of members listed “identification” as a major reason they kept coming back to Narcotics Anonymous. The Who, What, Why, and How readings that open so many NA meetings often form a newcomer’s first impression of NA and can make or break that sense of identification. For years, NA groups have been asking for more gender-inclusive versions of these readings, defining an addict not as “a man or a woman” but more broadly as “a person.” It is clear that the gender-specific language in our older literature alienates some members and potential members.

Revising IP #1 Who, What, How, and Why

The conference’s decision to start with IP #1 was a natural outgrowth of this conversation. IP #1 is always the first piece of literature that gets translated into a new language. It also contains the common group readings Who Is An Addict, What is the NA Program, and Why Are We Here, which are so formative to addicts’ sense of belonging in NA. The four suggested revisions are shown in the table below in bold:

Who is an addict?	“an addict is a man or a woman”	“an addict is a person ”
What is the Narcotics Anonymous program?	“fellowship or society of men and women”	“fellowship or society of people ”
What...	“regardless of age, race, sexual identity, creed, religion, or lack of religion”	“regardless of age, race, gender , sexual identity, creed, religion, or lack of religion”
Why are we here?	“ahead of our families, our wives, husbands and our children.”	“ahead of our families and loved ones. ”

We believe these four simple changes will help make our program more attractive and welcoming to the addict who still suffers without taking anything away from the NA message that has kept so many of us clean for decades. Updating our recovery literature is something we undertake each World Service Conference, and we want to make sure everyone is able to see themselves in our literature.

Please use the online form posted at na.org/surveys to provide input:

<https://www.surveymonkey.com/r/revisingIP1>

This draft is posted for review until the end of October 2026.

- 3) **NAWS Webinars:** On September 26th, NAWS will be holding an **open webinar** on the **Safety and Belonging: Gender-Neutral Language project**. That project is devoted to exploring potential changes to NA literature from gender-specific to gender-inclusive language when referring to our members and potential members. At the webinar we will present an IP #1 revision proposed in response to conversation at the World Service Conference and across our Fellowship. Although this conversation has been happening for a long time among conference participants and in local service, many members are hearing about this for the first time. We invite everyone to join us for this webinar to help understand and widen the conversation about making our literature more inclusive.

Getting all of us on the same page at the same time is one of the biggest challenges we face in service. Helping members find their way to events like this helps expand important conversations to include the members we love,

respect, and too often miss. Please help us get the word out! We have also created a one-page [flyer](#) that you can download and share. All the information can be found on na.org/genderproject.

- 4) **World Convention of Narcotics Anonymous (WCNA)** - There are no updates about WCNA 39. The next WCNA will celebrate NA's 75th anniversary in Dublin, Ireland.
Watch for info on this webpage - <https://na.org/world-convention-of-narcotics-anonymous/>

REGIONAL SERVICE COMMITTEE (RSC) NEWS

Website: www.norcalna.org

- 5) Last month's RSC meeting was an efficient meeting in comparison to other months. We started promptly at noon and closed at 5:15p.m. We had 17 out of 23 areas present with 21 RCMs present. There were 10 FST members present. There was a lot of information given and discussed. I want to highlight that vote on a tabled motion regarding the creation of a new Regional service position: an Online Moderator. It was proposed that this position be added to the Fellowship Services Team (FST) structure. The motion failed. However, the Guidelines Working Group will re-submit a new motion with Duties and Responsibilities in the near future. I also wanted to point out Motion 26-08-09 on #14 of this report. I will bring this topic up in Open Forum.

PLEASE NOTE: Currently, the FST still has some open positions:

- | | |
|---|--|
| A) Regional Communication Coordinator (RCC) | B) Regional Resource Coordinator (RRC) |
| C) Alternate Treasurer | D) Public Relations Vice Chair |

A candidate for these FST positions must have a minimum of five (5) years' clean time. The length of term is one (1) year and elected FST members are eligible for election to two (2) consecutive terms for any one (1) position on the FST. The RSC is looking forward to seeing new faces. To qualify for a position at the Regional Service Committee meeting, you must have a completed [service resume](#) as well. For more information about the FST, please visit the [NCRSC Fellowship Service Team External Guidelines](#) on the norcalna.org website at <https://norcalna.org/service-opportunities/>.

- 6) **Multi-Area Workshops (MAWs)**, *formerly known as Zonal CAR assemblies*
Your input was given to the RSC. We had discussion but no motion was made to adopt any changes. The Regional Delegate and Alternate Delegate (RD & AD) presented their proposal for MAWs. It included six (6) MAW groupings. The American River Area was grouped with the Middle Mountain Area, the Sacramento Fellowship Area, and the Sierra Foothills Area. The change with this proposed grouping to that the Napa Solano Area and Contra Costa Area would be moved into two (2) different MAW groupings. Further discussion will continue at the RSC about MAWs and the information will continue to be reported to you.

7) **NCCNA 48 (NORTHERN CALIFORNIA CONVENTION of NARCOTICS ANONYMOUS) REGISTRATION SUB-COMMITTEE**

The Multi Area (American River Area & Marin Area) Registration Sub-Committee's next meeting is HYBRID and is set for Sat. September 11th at 11:00a.m. - 1:00p.m. The meeting normally reoccurs every first Saturday of the month but because of the Labor Day holiday weekend this month's meeting is on September 11th. The meeting in October will be on October 3rd. The meeting is hybrid with the some sub-committee members meeting in-person in Vacaville at Round Table Pizza at 140 Browns Valley Pkwy, Vacaville CA 95688; and some sub-committee members meet virtually with the Meeting ID: 577 961 1818 PW: 1953

8) **WESTERN SERVICE LEARNING DAY (WSLD) 2026**

WSLD is happening in Burbank, CA. from October 16th -18th. Information can be found at the link below. Everyone is welcome to attend, but ARANA always sends a representative from H&I and PR.
Website: [Western Service Learning Days – A Narcotics Anonymous Service Conference](#)

9) **PUBLIC RELATIONS AND HOSPITALS & INSTITUTIONS (PR / H&I)**

● **PR / H&I Regional Sharing Forum**

The next H&I/PR Sharing Forum is on September 26th from 10:00 a.m. to 2:00 p.m. on ZOOM
ID: 917-628-744, Password: 006363. Everyone is welcome.

● **H&I BASICS**

Our Regional Delegate and Alternate Delegate wrote in their report to the RSC that the World Board is pleased to present the newly revised *H&I Basics*. This handy three-in-one tool offers sections on Treatment,

Corrections, and H&I Committees, and is available online at the [PR page](#) or the [Basics page](#), where you can access the three parts separately if you choose.

Because of its three-part structure, *H&I Basics* has been in development for quite some time, and has benefited from input from across the NA service system. It is intended to help members and service committees provide effective and rewarding service through H&I.

We hope you find this new service material useful in your efforts to carry the message.

10) HISTORY & ARCHIVES COMMITTEE (H&A)

The History and Archive Committee is asking the RCM's to remind each Area that they can elect a member to participate on the H & A committee that will act as the local liaison for the area.

11) FINANCIAL STUFF for JULY 2026

In July, The American River RSC Donation to the RSC was \$135. The RSC took in Area contributions totaling \$7,374.74, and had expenses of \$2,500 & \$4690 of pre-paid expenses which led to a difference of \$184.74 in excess. 20% or \$36.95 goes to Discretionary Savings and \$147.79 goes to NAWS for donation.

12) REGIONAL SERVICE OFFICE (RSO)

- The Board of Directors (BOD) President reported that the next BOD meeting is on Saturday, Sept 5, 2026. The meeting is hybrid with the ability to attend in-person in at the RSO in Fairfield at 1820 Walters Court, Suite A-1, Fairfield, CA 94533; or meet virtually with the Meeting ID: 919 5509 5469 Passcode: 19531985 <https://zoom.us/j/91955095469?pwd=eDd4RW16Y3pnZEczZC8xZnpMQkQ2UT09>

Please confirm in-person meeting before showing up and be mindful of any Covid restrictions. Call (707)422-9234 to RSVP.

- The RSO will no longer ship to PO Boxes; they have had multiple challenges with PO box shipments in the recent months, therefore their policy has changed.

13) RSO SALES NUMBERS

2026	May	June	July
Gift Items 112:	\$12,912.46	\$11,657.70	Not reported
Literature 114:	\$27,923.58	\$44,034.29	Not reported
Total:	\$40,836.04	\$55,691.99	Not reported
2025	\$41,769.71	\$34,614.71	\$46,511.10

14) AREA ACTIVITIES

- Nor- Cal NA Women's Spiritual Retreat- Rooted in Recovery, September 11th-13th, Mendocino
- 40th Annual Tri-Area Unity Day, Sept 19th, 10AM-8PM, Crosswinds Church, 1660 Freisman Rd., Livermore
- ARANA Movie Night October 3rd, 6PM-10PM, Orangevale Grange, 5805 Walnut Avenue, Orangevale
- 25th Annual ARANA Co-Ed Softball Tournament, October 17th, 8:00AM, Bartholomew Sports Park, Elk Grove

15) RSC (REGIONAL SERVICE COMMITTEE) TOPICS COVERED

- Presentation on Disruptive Behavior & ADA Animals in Meetings**
 - ADA Discussion regarding details including must be on leash, individual incidences, solves and resolves.
 - Disruptive behavior - create some guidelines for safety in meetings
IDT that will be coming to the CAR

- Should we create a service folder in Drive for resources?
- **Guideline Changes from Working Group**
 - Lengthy discussion regarding all of the proposed guideline revisions found below in New Business as a New Motion
- **Open Forum:**
 - **RCM Initiated**
 - RSC responsibility or not for any meetings choosing not to obtain special event insurance and subsequently placing the Fellowship at risk legally and financially; - Is it irresponsible to know and have no course of action?
 - What happens when a group has an uninsured event called fellowshipping?
 - Group Events v Area Event dates - conflicting events
 - What can/does an area do when a group hosts an event the same day of a well advertised area event?
 - Unity Days and Subcommittees and Activities meet once a year to set calendar to ensure events do not collide
 - Suggestions to have less events as folks may be just picking and choosing
 - Clear lines of communication supporting and fostering NA Unity
 - Consult the Traditions
 - **FST Initiated**
 - Geographical Groupings for MAWs
 - Discussion regarding MAWS and budget and implications
 - From last month: PR Recording - where should it live?
 - RCM gave permission for PR Week recording to be posted on the website
 - Treasury Overage - motion needed
 - Would like to authorize using the excess we have to address any shortages this month
 - H&A Travel Request for WSLD
 - Received a travel request for H&A to attend; Cost would be \$1,443.; Treasurer indicated \$3,200 in discretionary funds; Do we want to fund this request?
 - Hosting WSZF
 - Last weekend in January
 - Timeline to plan is a year out
 - \$2,000 cost to the Region (Not to exceed \$3,000)
 - NCCNA Guidelines
 - This submission illustrates/clarifies the process of removal as it relates to attendance. What is a meeting? What is attending? What is an absence? Quorum.
 - Zoom Upgrade - \$169.80 a year increase (this year is \$101.48)
 - Requesting \$169.80 for this year
 - \$271.28 total per year

16) MOTIONS AND HOW I VOTED (Per ASC Guidelines on Pg. 8 of 20 (V. PARTICIPANTS; B. Specific member requirements & Duties;; 9) Regional Committee Member;; b) Duties;; ii.))

OLD Business Motions:

Motion #	Motion	Submitted By
26-07-02	To approve a new FST position of an online moderator	FST RCM Vote only - I voted NO Yes - 8 No- 14 Abstain - 0 Result: Motion Failed

New Business Motions:

Motion #	Motion	Submitted By
26-08-01	Approve: NCRSC Misappropriation of Funds Policy The Eleventh Concept for NA Service establishes the sole and absolute priority for the use of NA funds: to further our primary purpose. The Eleventh Concept further charges the Regional Service Committee (RSC), on behalf of the groups it serves, with maintaining financial accountability and responsible stewardship of all NA resources. With this responsibility in mind, the misappropriation, theft, or misuse of Regional Service Committee (RSC), Regional Service Office (RSO) and Northern California Convention of Narcotics Anonymous (NCCNA) funds by any regional trusted servant or participant cannot be overlooked and must be addressed in a fair, responsible, and transparent manner. Should an allegation of misappropriation, theft, or misuse of funds be brought forward, the presiding officer of the RSC shall inform the RSC of the allegation at the next available meeting. Any member involved shall be afforded the opportunity to exercise their right to redress in accordance with the Tenth Concept for NA Service. Review Process 1. Upon receiving an allegation of misappropriation, theft, or misuse of funds, the FST may place the individual on temporary suspension from duties involving Regional funds and responsibilities pending RSC review of the temporary suspension. 2. The RSC shall appoint an impartial review panel that includes a minimum of 2 RCMs and a minimum of 2 FST members free from conflict of interest, to conduct a thorough review of the allegation. The review should be completed within thirty (30) days whenever reasonably possible. 3. The review shall include consideration of available financial records, relevant information, and input from all parties directly involved. 4. Upon completion of the review, the findings and recommendations shall be presented to the RSC. RSC Action	FST I voted YES Yes - 29 No- 0 Abstain - 1 Result: Motion Passed

	1. If the review determines that misappropriation, theft, or misuse of funds has occurred, the RSC may remove the individual from their position for cause by a two-thirds (2/3) vote. 2. Any individual removed under this policy shall have their participation in the RSC and any RSC committee immediately terminated. 3. Any individual removed for misappropriation, theft, or misuse of funds shall be ineligible to hold an elected position within the RSC or its committees for a period of two (2) years from the date of removal. 4. If the Working Group's review determines that the allegation is not substantiated, any temporary suspension shall be lifted and the individual restored to their position and responsibilities immediately. a. The individual will be provided in writing the Working Group's final determination and will be reflected in the minutes. Restitution Individuals removed under this policy are expected to make full restitution of any funds determined to have been misappropriated, stolen, or misused. Should full restitution not be made, the matter may be referred to the Regional Service Office Board of Directors (RSO BOD) for consideration of appropriate civil and/or criminal remedies, as permitted by law.	
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Motion #	Motion	Submitted By
26-08-02 Through 26-08-04	I chose not to list these Internal Guideline Changes from the Guidelines Working Group. There was no vote taken at this RSC meeting due to the motion being a Guidelines change. PLEASE LET ME KNOW IF YOU WANT TO KNOW THE DETAILS OF THESE MOTIONS	FST MOTION(S) TABLED

Motion #	Motion	Submitted By
26-08-05	This motion is a Guidelines Change that I felt necessary to report to the ARANA ASC. This motion came from the Guidelines Working Group. There was no vote taken at this RSC meeting due to the motion being a Guidelines change.	FST MOTION TABLED

	RD/AD Terms - Section III, C. K - (section numbers may change due to final formatting) Change from: K. The length of term for all FST members is one (1) year, with the exception of the RD and AD, which is two (2) years L. All members of the FST are eligible for election to two (2) consecutive terms for any one (1) position on the FST to now read: The length of term for all FST members is one (1) year, with the exception of the RD and AD, which is (1) WSC Cycle L. All members of the FST are eligible for election to two (2) consecutive terms for any one (1) position on the FST with the exception of the RD or AD position.	
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Motion #	Motion	Submitted By
26-08-06	This motion is a Guidelines Change that I felt necessary to report to the ARANA ASC. This motion came from the Guidelines Working Group. There was no vote taken at this RSC meeting due to the motion being a Guidelines change. RD/AD Terms - Section IX. G. 4. A. - (section numbers may change due to final formatting) Change from: FST: all FST elections will take place annually in June. No one may serve in any one (1) position for more than two (2) consecutive terms. A term is defined as seven (7) or more months of the current RSC cycle (July through June). The term for all FST members shall be for one (1) year, with the exception of the RD and AD positions, which are two (2) years each. To: FST: all FST elections will take place annually in June. No one may serve in any one (1) position for more than two (2) consecutive terms, with exception of the RD or AD, they may only serve one (1) term. A term is defined as seven (7) or more months of the current RSC cycle (July through June). The term for all FST members shall be for one (1) year, with the exception of the RD and AD positions which is one WSC cycle.	FST MOTION TABLED

Motion #	Motion	
26-08-07	This motion is Guidelines Change for NCCNA (a Sub-Committee of the RSC). I felt it necessary to report to the ARANA ASC. This motion came from the NCCNA. There was no vote taken at this RSC meeting due to the motion being a Guidelines change. Attendance Guideline Change Revised 2026-06-20	NCCNA MOTION TABLED

Current

IX. ATTENDANCE AND PERFORMANCE

Members shall attend all regular NCCNA Committee meetings. In the event a member cannot attend; the Chair shall be notified. If a member misses two consecutive meetings or three meetings total during one convention cycle, the Chair or Vice Chair shall address the matter to the Committee for possible action (see item C, this section).

If a subcommittee Chair or Vice Chair fails to attend two consecutive NCCNA Committee meetings, two of their respective subcommittee meetings or three meetings total during one convention period, the NCCNA Committee may assume direct control of the subcommittee.

The Committee Advisor to the subcommittee, or the NCCNA Chair or Vice Chair, acting as subcommittee Chair, will attempt to return the subcommittee to a position of good standing.

If a member is not attending Committee meetings as per the guidelines or is not fulfilling their responsibilities, the Chair or Vice Chair is required to bring the matter up at the NCCNA Committee meeting. If a motion to suspend the member is made and seconded, it must pass with a two-third majority before it is acted on. Any suspended member will have the right to petition the Committee for the redress of a personal grievance, without fear of reprisal.

Any member of Narcotics Anonymous is welcome to attend all regular Committee meetings as a non-participant observer.

The Chair, at their discretion, may recognize a non-participant observer to speak.

Proposed

IX. ATTENDANCE AND PERFORMANCE

A. ROLL CALLS

Roll Calls will be conducted at the start of every meeting with a second roll call before New Business.

Members missing the initial roll call are marked Not Present (NP) . If arriving late, it will be noted. If still not Present at the second roll call you will be marked Absent. Early Departure: Members who leave before the New Business roll call will be recorded as Absent.

B. ATTENDANCE

NCCNA members must notify the Chair and/or Vice Chair in advance if they are unable to attend or will be late to any NCCNA or subcommittee meeting.

Missing two consecutive or three total meetings (either NCCNA Committee or Subcommittee) during a convention cycle, will be addressed by the Chair and Vice Chair and referred to the NCCNA committee for review.

All absences will be counted. All circumstances will be considered.

C. REVIEW PROTOCOL

The Secretary will maintain a current attendance record and include it with the monthly minutes.

	This report will include all members' absences, late arrivals, and early departures. The Chair or Vice Chair will present these issues to the committee as required. If a motion to suspend a member due to absences is made, it requires a two-thirds (2/3) majority vote to pass. Right to Redress: Per the NCRSC grievance guidelines any suspended member has the right to petition the Committee regarding their grievance without fear of reprisal. If a subcommittee Chair or Vice Chair is removed from their position, the NCCNA Chair, Vice Chair, or the Committee Advisor, will assume responsibility for the subcommittee until the position can be filled. First priority for filling the vacancy shall be granted to the area that provided the original candidate. D. NON-PARTICIPANT OBSERVERS Any member of Narcotics Anonymous is welcome to attend meetings as a non-participant observer. Observers may only speak if specifically recognized by the Chair.	
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Motion #	Motion	Submitted By
26-08-08	To retain \$2956.45 of the overage discovered in the checking account to cover this month's shortfall. Then, following the guidelines we will retain 20% for discretionary funds and donate the remaining amount to NAWS.	Raymond A - San Jose Seconded by RCM Tracy A. I voted YES by not opposing Result: Motion Passed PBA

Motion #	Motion	Submitted By
26-08-09	To host the January 2027 WSZF, and move funds from line item 3020 to line item 3030 not to exceed \$3,000	Diana D Seconded: Joe M I voted NO YES - 27 NO - 4 ABSTAIN - 1 Result: Motion Passed

Motion #	Motion	Submitted By
26-08-10	Motion to approve the one-time travel request for H&A to attend 2026 WSLD, paid for from the discretionary funds of no more than \$1,500.	Melissa Sierra Foothills Seconded: Jim C ARANA I voted YES YES - 22 NO - 4 ABSTAIN - 2 Result: Motion Passed

17) ITEMS TO REPORT TO YOUR GROUPS:

- If we do not elect an RCM I this evening, please announce that the American River Area has an open RCM I position. Here is the link to the ASC Guidelines:
<https://sacramentona.org/documents/asc-guidelines-current.pdf>
The Requirements and Duties are listed on Pg. 8 of 20.
- There are open positions on the Fellowship Services Team (*FST aka Admin of Region*) at Region See #5 above for the list of open positions and instructions on how to be a candidate for elections at Region. Come check us out. 2nd Saturday of each month @ noon until we are done.
- If you have any questions, call or text me: Jim C. (916)704-2361

I'm grateful to serve our Area and NA with you!

Jim C.

(916)704-2361

arana-rcml@ncrsc.org

H&I

Facilities in need of secretaries

- Gramercy Court, co-ed facility in the Arden area, near Cottage & Fulton. Standard chair format. Needs a secretary 3rd Monday 7-8pm (6 months clean, 6-month commitment)
- Psynergy, a new coed facility located in North Highlands near Madison & 80. Standard chair format. Needs a secretary 1st, 2nd, 3rd, 4th, & 5th Weds 7-8pm (6 months clean, 6-month commitment). We would like to get this running by Sept 9th.

We need a recording secretary. You must have:

- A minimum of one (1) year clean time.
- Knowledge and understanding of the 12 Steps and 12 Traditions of Narcotics Anonymous.
- Shall have basic computer skills and the ability to generate all necessary reports.

We need a regional representative. You must have:

- A minimum of two (2) years' clean time.
- A minimum of (3) month's active participation on the H&I Sharing Forum.
- Knowledge and understanding of the 12 Steps and 12 Traditions of Narcotics Anonymous.
- Shall have basic computer skills and the ability to generate all necessary reports.

For Sponsorship Behind the Walls (SBTW), All is going well. We can always use volunteers for future sponsees. For more information about this or SBTW in general please reach out to Kevin W at sponsorshipbtw@sacramentona.org or (916) 532-7851

If you are interested in being of service to Folsom Prison, please contact Steve L at slint@att.net or (916) 806-6400.

This month we ordered 24 soft Basic Text, 20 stepworking guides, & 3 sets of readings for all of our facilities. We just reopened Alpha Oaks & are starting at Psynergy so we needed to do an initial stocking of literature.

If you are interested in H&I, please speak with me or join us at our business meeting! Our business meeting is held on the 3rd Monday of every month at 7pm over zoom. All are welcome & encouraged to join.

ID: 5779611818

Password: 1953

If you have any further questions, please reach out to Chair Athena T. 530-771-5920 or Vice Chair Danielle C. (916) 770-1871



Hospitals & Institutions

What is the purpose of H&I?

The purpose of an H&I meeting is to carry the message of recovery to addicts who do not have full access to regular Narcotics Anonymous meetings. H&I meetings, except for those in long-term facilities, are intended to introduce those addicts in attendance to the basics of the NA program.

"An addict, any addict, can stop using drugs, lose the desire to use, & find a new way to live!"

FACILITIES

Akua Mind & Body

8086 Orange Ave, Fair Oaks
Mondays 6:30-7:30 pm
Coordinator: Anastasia H (916) 613-3220

This is a 35-bed detox and residential men's facility located in Fair Oaks. However, NA meetings are coed. Must have 6 months clean to be a secretary. It is a 6-month commitment. This is a secretary/speaker format.

Fair Oaks Recovery

2221 Fair Oaks Blvd, Sacramento
Thursdays 6:30-7:30pm
Coordinator: Stephanie (279) 220-6500

This is a structured co-ed facility located in Arden-Arcade. Must have 6 months clean to be a secretary. It is a 6-month commitment. This is a secretary/speaker format.

Gramercy Court

2200 Gramercy Dr, Sacramento
Mondays 7-8pm
Coordinator: Billy G (530) 270-2780

This is a 36-bed coed skilled nursing and rehabilitation facility with on-site psychiatric and psychological services. Located in Arden-Arcade. Must have 6 months clean to be a secretary. It is a 6-month commitment. This is a secretary/speaker format.

New Dawn

8078 Orange Ave, Fair Oaks
Thursdays 6-7pm
Coordinator: Alicia R. (279) 273-0153

This is a 9-bed women's facility located in Fair Oaks. This is a 1-3-month residential program. Must have 6 months clean to be a secretary. It is a 6-month commitment. This is a secretary/speaker format.

Center Point

11228 Fair Oaks Blvd, Fair Oaks
Sundays 7-8:15pm
Coordinator: Rob G (916) 459-7649

This is a 6-month male lockdown facility for parolees located in Fair Oaks. Must have 1 year clean to be a secretary. It is a 6-month commitment. This is a secretary/speaker format.

Foundation Living

7024 Hazel Ave, Orangevale
Tuesdays 6:30-7:30
Coordinator: Danielle C (916) 770-1871

This is a 34-bed men's facility that is short-term post-hospitalization housing. Secretary & speaker position can be coed. This is a secretary/speaker format. Must have 6 months clean to be a secretary. It is a 6-month commitment.

Alpha Oaks

8400 Fair Oaks Blvd, Carmichael
Sun 7-8pm
Coordinator: Caroline O. (916) 459-8300

This is a 23-bed women's residential treatment facility located in Carmichael. Must have 6 months clean to be a secretary. It is a 6-month commitment. This is a secretary/speaker format.

Psynergy Vista Esperanza

5240 Jackson St, North Highlands
Coordinator: Athena T (530) 771-5920

This is a 54-bed coed elderly facility that deals with mental health and dual diagnosis. Located in North Highlands. Must have 6 months clean to be a secretary. It is a 6-month commitment. This is a secretary/speaker format.

Sponsorship Behind the Walls (SBTW)

Coordinator: Kevin W

sponsorshipbtw@sacramentona.org

This is a sub-committee designed to connect individuals incarcerated in correctional facilities with outside NA members for support in recovery. It provides temporary, mail-based sponsorship to addicts who are unable to attend regular NA meetings, allowing them to work on the Twelve Steps of Narcotics Anonymous.

Folsom State Prison (FSP)

6 meetings on 2nd & 4th Sundays
2@9am, 2@10:30am, & 2@12pm
3 meetings (2 English, 1 Spanish) every Weds 6:30pm
Facility Coordinator:
Steve L (916) 806-6411 Slint@att.net

FSP houses medium security general population level II inmates. Volunteers can be both male & female. The meeting is standard format and is run by the inmates. It includes reading, sharing, and discussion.

Note to Volunteers: an 11-page application is to be filled out & submitted. Listing your arrest history is standard procedure. If you have an extensive arrest history, we will ask volunteers to write a reference letter & at times obtain their DOJ to be attached to application.

Dress Code: It is always best to wear black clothing. No blue or green. No denim jeans or blue jeans. We avoid color or clothing worn by inmates. No hats, shorts, sandals, halter tops, tank tops, no logos on shirts. Best not to have any wire in bras. No revealing clothing or open-toed shoes. The only items allowed in are your ID and car keys.

IMPORTANT: The H&I volunteer may be the first person in recovery an inmate, client, or resident has ever encountered. The way we dress, the way we conduct ourselves, and the way in which we present our message of recovery can have a profound effect. Remember, we are there as a representative of Narcotics Anonymous!

COME BE PART OF THE SOLUTION

The 3rd Monday of Every Month 7-8pm
ID: 5779611818
Password: 1953

For any questions call or text:
Chair: Athena T (530) 771-5920
Vice Chair: Danielle C (916) 770-1871

PUBLIC RELATIONS CHAIR

WEBSITE ACTIVITY

- Volunteer lookup calls: 30 (last month 26)
- Unanswered: 12 (last month it was 12)
- Meeting lookup calls: 35 (last month 30)
- Meeting lookup text inquiries: 11 (last month 0)
- 5958 visitors accessed our website during the last 30 days (July 6130, June 8109)



EXPENSES

Schedules-Total cost \$160 (last month \$197)

Twilio (helpline costs) prepaid \$100

Schedule Distribution: We printed 1000 schedules this month, and we will bring 500 every month for distribution.

Here's how the distribution numbers work out:

- For the 10 multi-meeting groups - please take 16
- For the 34 regular meetings (that meet once a week) take 10

It may take a few months as we work out any bugs for the new distribution plan for schedules. Please let PR know if you run out of schedules so we can adjust in the future. In the meantime, it would be helpful if your group can utilize the new "phone list" forms (instead of using schedules).

OUR MONTHLY MEETING RECAP

1. At Our PR Meeting This Month

- Discussed the following requests from our GSR's
 - 1) To produce a phone list document that our groups can use for a "phone list". The artwork was created (thank you Shaggy!) and it will be made available on our website so you can make copies.

If you decide you would like pads of this form made (50 sheets per pad) 100 pads each \$45
Write a motion if you would like PR to produce these for you. *Keep in mind that it is cheaper to print these all at once (.04 cent each), rather than groups making copies here and there.

- 2) To increase the size of the QR code and website address on the cover of our schedules. Updates have been made.
- 3) Create a QR code/website laminated flyer for permanent placement on group literature tables. They will be made available on our website...and we will work on having them laminated.

2. Regional Sharing Forum

- I attended the regional "Sharing Forum" meeting along with our fellow NorCal PR subcommittee representatives.
- NCCNA 48 (Spring 2027): We discussed ideas for PR workshops at next years convention. What are your thoughts about making the PR workshop something more fun. Proposals include turning workshops into interactive events like a scavenger hunt or bingo....would you attend an event like this? Would love to hear your feedback. What type of PR event would you attend?

3. ARANA Magnets

- We have created artwork for an outreach magnet. This could be applied on your meeting racks, or utilized for placing throughout the community (laundromats, waiting rooms, etc) Is this something you would like to have? Cost \$110 for 500

4. Community Outreach

- Our Outreach Coordinator reached out to contact all of our inactive meetings. All meetings that had become inactive on our roster had gone dark and changes were reported to our Recording Secretary.

5. Literature Racks Program

- We need a volunteer to help with the “RACKS” program. Duties include managing the literature inventory, and keeping the racks full of literature.

6. SacFNA Coordination & Joint Projects

- Helpline Co-Coordinator: Discussed the option of a single Helpline coordinator between ARANA & SacFNA. Any objections to this?

SERVICE OPPORTUNITIES

The PR Subcommittee currently needs to fill the Helpline Coordinator position for the Helpline. Cleantime requirement: 2 years.

Duties: Responsible for the overall function, and staffing of the helpline.

ITEMS TO TAKE BACK TO YOUR GROUPS

PR needs to fill the Helpline Coordinator position (see above for duties and requirements).

LITERATURE CHAIR

Hello beautifuls!

Wishing you a journey that brings you all that you hoped for. AND SOME!!

This month Kathleen is not able to be here. However, she and I continue to spend a few hours each month reviewing what we have sold, the literature on hand and submitting the order. I so appreciate Kari stepping in to do the money portion of literature. Denise P. is here volunteering, and we may need someone else to help out. At the time of writing this report Jennifer J is very sick so...I am crossing my fingers.

I normally have Lynne R here to help with the organization of pulling the orders, however if you would please send some positive vibes to her and her husband. He was in a motorcycle accident and is recovering from this after significant injuries. I understand he is doing pretty well and believe that is as a result of the amazing staff at Stanford Hospital and the prayer warrior working their magic!!

Last month we collected \$1742.74 in Checks and Money orders, 216.71 through credit cards.

Total Credit Vouchers Redeemed \$71.38. Credit Vouchers Given 45.56

Our total income was \$1959.45

On 8/24/26 we placed an order with the RSO for the amount of \$ 1724.25

We received a total volume discount of \$112.08 which brought the total down to 1612.17

Total Shipping was \$145.10 which brought the total cost for literature up to \$ 1757.27

We, again, want to encourage the groups to recoup your vouchers in the month following your receipt of any vouchers. We appreciate your help

Thanks to the fill-ins for coming to the aid of the literature crew.

Thank you for allowing us to be of service!!

Continued gratitude in service.
Delita A and Kathleen C

ACTIVITIES CHAIR

CAMPOUT CHAIR

Hello Everyone

The committee is doing well and we are currently on track with our timeline, though we do have some open positions.

It is the campout committee's group conscience that we do not offer free parking to the fellowship next year. Offering it is too much of a financial gamble, and when people know free parking is available, they tend to bring extra vehicles. However, we have lowered the registration fee. We expect to submit our budget to the ASC by next month.

Thank you for letting me be of service,

SOFTBALL CHAIR

Hello everybody,

Everything is going great. We got the flyer made. It's been put on different area's websites. Everything's coming together like usual. We've been meeting every two weeks. I will be at the Area to be voted in as chair this Friday. We are on track for it to be a fabulous turnout. Thanks for letting me be of service.

Arty E

NCCNA REGISTRATION LIAISON FOR ASC

Hello everyone,

We last met on 8/1/2026 and there were 7 in attendance and no one on Zoom. We discussed our timeline and the packet stuffing day as well as the items for the packets. We decided to go with the HALO package items and the NCCNA committee agreed and the items were ordered. There are over 978 volunteer positions that need to be filled over the course of the convention, and the registration committee needs people with a minimum of 2 years clean time to work the cash registers and we need quite a few of you. You only need one day to be of service to be helping us in so many other ways, and most of all we grow a little bit more spiritually every time we are of service to others.. I hope that the QR code flier that was handed out last month is being shared during the announcements portion of your home group meetings. Awareness is key for letting everyone know the commitment that this area took on when we decided to be part of the NCCNA Convention Committee. We will be meeting on Sept. 12 this month at our usual location 140 Browns Valley Pkwy from 11:00am- 1:00pm and on Zoom ID #577 961 1818 Password 1953. Our POS Coordinator is looking for someone to join his committee as CO-Coordinator to help oversee the registers during open registration hours, clean time requirement is 2 years. Please feel free to ask me for more information now or after the meeting.

In loving service Bob T.

ARANA ASC Quorum Roll Call					
ADMIN COMMITTEE	NAME	PHONE #	07/03	08/07	09/04

1. Chairperson	Teana C	916-868-7433	x	x	
2. Vice-Chair	April W	916-342-5532	x	x	
3. Secretary	Marquis B	707-623-8204	x	x	
4. Treasurer	Janeice V	916-821-4531		x	
5. RCM1	Vacant				
6. RCM2	Jim C	916-704-2361	x	x	
7. Literature Chair	Delita A	279-895-4618	x	x	
8. Activities Chair	Charles M	916-519-2871			
9. Public Relations Chair	Seth L	279-666-8302			
10. Campout Chair	Brian B	916-743-1743			
11. Softball Chair	Vacant				
12. Events Treasurer	Jennifer B	916-410-1370		x	
13. H&I Chair	Athena T	530-77-15920		x	
14. Alt Secretary	Kyle H	916-225-3022	x	x	
15. Alt Treasurer	Shaggy	916-662-9096	x	x	
16. Alt Events Treasurer	Brian J	916-647-1912	x		
17. Literature vice Chair	Kathleen	916-202-2811	x	x	
18. Public Relations vice chair	Jaine S	916-817-9144	x	x	
19. H&I Vice Chair	Danielle C	916-770-1871	x		
20. Softball vice Chair	Jim C	916-704-2361		x	
21. Campout vice Chair	Anastasia I	916-613-3220			
22.. Activities vice Chair	Summer L	279-228-9893		x	
MULTI-MEETING GROUPS	NAME	PHONE #	7/3	8/7	9/4
22. Broadrick Group	Steve R	916-826-9918	x	x	
104. Davis Group	Milly W.	314-330-7185		x	
23. It's a We Program	Priscilla M	916-202-0152	x	x	
20. Leave the Drama at the Door	Ace D	346-709-1218		x	
47. Without Parallel	Jack	916-289-9552	x	x	
25. North Sac Group	Leonard S	916-345-6226	x	x	
160. Honesty Openmindedness Willing	Shawna T	530-499-0036		x	
161. Morning Fix in the 916	Rachel	916-968-9940	x	x	
99. Recovery in Rio Linda	Dan D	916-271-3187	x	x	
71. Mad About Recovery	David K	916-370-8263	x	x	
54. NA Meeting Makers Make It	Cesar E	916-281-1140		x	
MONDAY MEETINGS	NAME	PHONE #	7/3	8/7	9/4
35. Women Helping Women	Stevie G	510-565-2662	x	x	
110. Carmichael Recovery Inclined	Kristina T	530-368-4184	x	x	
TUESDAY MEETINGS	NAME	PHONE #	7/3	8/7	9/4

41. By the Book	Jake L	916-508-9854	x	x	
156. One Addict Helping Another	Jennifer M	916-544-3213	x	x	
163. Willingness at Nite Time	Dreamer	530-450-9718	x	x	
72. Back to Basics	Joel S	916-802-0406	x	x	
46. Surrender Group	Kelly	916-547-7523	x	x	
WEDNESDAY MEETINGS	NAME	PHONE #	7/3	8/7	9/4
49. Here, Try This	Michelle G	916-256-7173	x	x	
158. We do Recover	Eric L	916-507-4336		x	
29. Women's Tea House	Willy M	916-719-3862	x		
165. Avoiding Addiction	Aamina P	916-692-4850	x	x	
THURSDAY MEETINGS	NAME	PHONE #	7/3	8/7	9/4
24. Book Around and Find Out	Ellie R	916-274-1830	x	x	
45. Rebels With A Cause	Will R	916-886-4415	x	x	
75. New Attitude	Ben B	916-261-8369	x	x	
76. Not High Noon	Terry B	916-710-4982	x	x	
FRIDAY MEETINGS	NAME	PHONE #	7/3	8/7	9/4
164 Folsom Friendly Fridays	Apollo E	925-768-9735	x	x	
27. "Get Fed" Friday Night Recovery	Rochelle G	916-534-6374	x	x	
98. Recovery in Progress	Anna S	916-370-1087	x	x	
SATURDAY MEETINGS	NAME	PHONE #	7/3	8/7	9/4
48. Desire to Stop	Ed M	916-764-1489	x	x	
83. Saturday Night Alive	Chuck M	916-517-9513	x	x	
159. Principles before Personalities	Harry A	916-261-7455	x	x	
74. Growth & Change	Denise P	916-912-7920	x	x	
139. Young Pups in Recovery	Felicia S	916-745-5169	x	x	
82. Being Clean Is Happening	Dodie O	916-230-5328	x		
28. Woman to Woman	Jacqueline B	916-213-0121	x	x	
SUNDAY MEETINGS	NAME	PHONE #	7/3	8/7	9/4
61. Have Mercy	Joey N	916-912-0948	x	x	
92. Sunday Night Serenity	Kristy	916-613-8962	x	x	
69. Journey Within	Dan T	916-969-6998		x	
157. Hugs not Drugs	Ethan	916-903-3133	x	x	
21. Together In Recovery	Danielle C	916-770-1871		x	
88. Ashes to Diamonds	Tim M	916-582-5221	x	x	
30. Sunday Night Solutions	Heath S	916-349-6947	x	x	
			36	40	
TOTAL COUNT OF GROUPS			43	44	44

			7/3	8/7	9/4
Meetings removed for missing more then two meetings					
166. NA Uncut	Michael S	916-208-5037			
77. Addicts in Action	Jimmy M.	916-712-0300			
154. Promise of Freedom					
51. Stepping Stone NA Recovery	Brandy C	916-912-5342			
130.Evening Fix in 916	Chris K	916-728-8270			
Available Numbers					
55, 155, 167					

Minutes
AMERICAN RIVER AREA SERVICE COMMITTEE
August 7, 2026
(FUTURE ASC 09/04, 10/02)

I. Open

12 Traditions: Jake
 12 Concepts: Bernie
 Purpose of ASC: Robert
 Decorum Statement: Julio
 Vision Statement: Jaine
 Announcements

II. Welcome New ASC Participants

III. GSR Reports

IV. ADMINISTRATIVE REPORTS

Chair	Teana C	pg.	H&I	Athena T	pg.
Vice Chair	April W	pg.	PR	Seth L	pg.
Secretary	Marquis B	pg.	Literature	Delita A	pg.
Treasurer	Janeice V	pg.	Activities	Charles M	pg.
Events Treasurer	Jennifer B	pg.	Campout	Brian B	pg.
RCM I		pg.	Softball		pg.
RCM II	Jim C.	pg.	NCCNA Registration Liaison	Bob T	pg.

V. Quorum Call (Roll Call) attached results: 40 of 43
 (Birthday Celebration - during tally of quorum count)

VI. Approval of Previous Months ASC Minutes (page 29) pass

VII. Approval of Previous Months Treasurer's Report (page 32) Pass

VIII. Open Forum/Parking Lot

Bob (Robert) - help w/ running zoom meeting

Jaine - Bi-monthly schedules (follow up on our motion to refer to groups last month) pass to bi monthly printing

Melody - NCCNA flyers

IX. Elections:

Softball Chair - tabled

RCM I - tabled

Campout Chair - Brian B

FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:

Softball Chair/Vice Chair – January

PR Chair/Vice Chair – February

Activities Chair. Vice - Chair April

H&I Chair/Vice Chair –May

Secretary/Asst. Sec – May

RCM I – June – Even years

Literature Chair/Vice Chair – July

Chair/Vice Chair – July

Campout Chair/ Vice Chair – July

Treasurer/Alt. Treasurer - December

Events Treasurer/Alt. Events Treasurer – December

RCM II – June – Odd years

XII. OLD BUSINESS

701	Current Language Reads: 2) All events subcommittees will submit to the ASC a proposed Budget at the start of the event planning. All event subcommittees will submit to the ASC a final budget to actual at the ending of the event and closing of the books. Proposed Change: Add subsection a) under Section V, C, 2: a) All event subcommittees may make facility deposits of up to \$1,000 to secure venues for area-sponsored events prior to submitting a proposed budget to the ASC when necessary to reserve the facility. Any deposit made under this authority shall be reported to the ASC at the next regular ASC meeting. A complete proposed event budget will be submitted to the ASC for approval at the earliest practical opportunity. Intent: To allow event subcommittees to secure facilities when deposits are required prior to the next ASC meeting or before a full proposed budget has been developed, thereby reducing the risk of losing venues while maintaining financial accountability and ASC oversight.	tabled
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XIII. NEW BUSINESS

801	Motion: softball would like to revise their budget line 12.3 (epd fees) by \$150 to cover the online processing fees for teams registering online Intent: to help cover the processing fees. Option is given to teams when registering to help cover the additional cost	pba
802	Motion: to pass the full movie night budget (in agenda). By the activities subcommittee. This is considered a budget revision as original budget passed last month was only for facility rent and deposit Intent: to throw a movie night event for ARANA	pba

Treasurer's Report

DATE		ACTIVITY	Totals	
8/4/2026		BEGINNING BALANCE	\$ 4,284.45	\$ 4,284.45
		PayPal Area Donations	\$ 136.24	\$ 136.24
		Square Literature sales	\$ 566.33	\$ 566.33
		Literature Sales	\$ 1,674.99	\$ 1,674.99
		Area Donations	\$ 1,439.84	\$ 1,439.84
		H&I Donation	\$ -	\$ -
		7th Tradition (includes paypal transfer)	\$ 31.00	\$ 31.00
		Transfer from Savings to cover storage	\$ -	\$ -
			\$ -	\$ -
		Transfer from Events (Softball)	\$ -	\$ -
		Transfer from Events (Tax Campout)	\$ 355.95	\$ 355.95
		Transfer Excess	\$ -	\$ -
		Total Deposits/Transfers	\$ 4,204.35	
		Total before Expenses	\$ 8,488.80	
	TRF	To Cover Annual Expences	\$ (425.00)	\$ (425.00)
	TRF	Accumilated Sales Tax-Event	\$ -	\$ -
	TRF	Accumilated Sales Tax-	\$ (180.34)	\$ (180.34)
	EFT	Non Profit Insurance	\$ (372.46)	\$ (372.46)
	2454	I-Storage (Balance due for increase)	\$ (25.00)	\$ (25.00)
	2455	Janeice V - Agenda's	\$ (151.66)	\$ (151.66)
	2456	Seth L - PR Schedules	\$ (182.70)	\$ (182.70)
	2457	ARANA H&I Lit	\$ (642.24)	\$ (642.24)
	2458	Athena T - H&I Admin	\$ (23.76)	\$ (23.76)
	2459	April W - H&I Zoom	\$ (16.99)	\$ (16.99)
	2460	Athena T - H&I Admin	\$ (78.00)	\$ (78.00)
	2461	Athena T - H&I WSLD	\$ (575.60)	\$ (575.60)
	2462	Delita A - Lit Admin	\$ (20.48)	\$ (20.48)
	2463	NCRSO - Invoice 46050 & 46088	\$ (2,048.94)	\$ (2,048.94)
	2464	NCRSC	\$ (135.00)	\$ (135.00)
		Total Transfers/Payments	\$ (4,878.17)	
		ENDING BALANCE	\$ 3,610.63	\$ 3,610.63
		Prudent Reserve - 2 mos.operating expense \$2023.00	\$ (4,046.00)	\$ (4,046.00)
		WSLD for PR and H&I Chairs	\$ (1,389.40)	\$ (1,389.40)
		Surplus/(Defect) from prudent reserve	\$ (1,824.77)	\$ (1,824.77)
		Savings Account Beginning Ledger Balance	\$4,226.82	\$4,226.82
		Interest Credit	\$0.21	\$0.21
	Transfer	To Cover Annual Expenses July	\$425.00	\$425.00
	Transfer	Accumulated sales tax for July	\$ 180.34	\$ 180.34
			\$ -	\$0.00
		Balance after incoming transfers	\$4,832.37	
	Transfer	To cover Annual Expenses for storage (Qtrly)	\$ -	\$ -
	EFT	To Cover Sales Tax Payment Due	\$ (602.00)	\$ (602.00)
	Transfer	Excess in Savings	\$ -	\$ -
		Less Total Transfers out of Savings	\$ (602.00)	
		Ending Ledger Balance	\$4,230.37	\$4,230.37
		Prudent Reserve \$2023.00	\$ (2,023.00)	
		Total in Savings	\$2,207.37	
		Less Accumulated Annual Expenses	(\$2,354.02)	
		Less Accumulated sales taxes	\$ (180.34)	
		Excess Savings Account	\$ (326.99)	