

Minutes
AMERICAN RIVER AREA SERVICE COMMITTEE
October 2, 2026
(FUTURE ASC 11/06, 12/04)
JANUARY ASC WILL BE 01/08

I. Open

12 Traditions:
 12 Concepts:
 Purpose of ASC:
 Decorum Statement:
 Vision Statement:
 Announcements

II. Welcome New ASC Participants

III. GSR Reports

IV. ADMINISTRATIVE REPORTS

Chair	Teana C	pg. 3	H&I	Athena T	pg. 23
Vice Chair	April W	pg. 3	PR		pg. 27
Secretary	Marquis B	pg. 3	Literature	Delita A	pg. 28
Treasurer	Janeice V	pg. 4	Activities	Charles M	pg. 29
Events Treasurer	Jennifer B	pg. 9	Campout	Brian B	pg. 29
RCM I		pg. 14	Softball	Arty	pg. 29
RCM II	Jim C.	pg. 14	NCCNA Registration Liaison	Bob	pg. 29

V. Quorum Call (Roll Call) attached results: of 43
 (Birthday Celebration - during tally of quorum count)

VI. Approval of Previous Months ASC Minutes (pages)

VII. Approval of Previous Months Treasurer's Report (pages)

VIII. Open Forum/Parking Lot

IX. Elections:PR Chair- RCM I -

FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:

Softball Chair/Vice Chair – January
 PR Chair/Vice Chair – February
 Activities Chair. Vice - Chair April
 H&I Chair/Vice Chair –May
 Secretary/Asst. Sec – May
 RCM I – June – Even years

Literature Chair/Vice Chair – July
 Chair/Vice Chair – July
 Campout Chair/ Vice Chair – July
 Treasurer/Alt. Treasurer - December
 Events Treasurer/Alt. Events Treasurer – December
 RCM II – June – Odd years

X. OLD BUSINESS

701	Current Language Reads: 2) All events subcommittees will submit to the ASC a proposed Budget at the start of the event planning. All event subcommittees will submit to the ASC a final budget to actual at the ending of the event and closing of the books. Proposed (Original) Change: Add subsection a) under Section V, C, 2: a) All event subcommittees may make facility deposits of up to \$1,000 to secure venues for area-sponsored events prior to submitting a proposed budget to the ASC when necessary to reserve the facility. Any deposit made under this authority shall be reported to the ASC at the next regular ASC meeting. A complete proposed event budget will be submitted to the ASC for approval at the earliest practical opportunity. Intent: To allow event subcommittees to secure facilities when deposits are required prior to the next ASC meeting or before a full proposed budget has been developed, thereby reducing the risk of losing venues while maintaining financial accountability and ASC oversight. Friendly Amendment Request to add language about refundable deposit. Add subsection a) under Section V, C, 2: a) All event subcommittees may make facility deposits of up to \$1,000 to secure venues for area-sponsored events prior to submitting a proposed budget to the ASC when necessary to reserve the facility, provided that the deposit is fully refundable at the time the deposit is made and remains fully refundable until a complete proposed event budget is approved by the ASC. Any deposit made under this authority shall be reported to the ASC at the next regular ASC meeting. A complete proposed event budget will be submitted to the ASC for approval at the earliest practical opportunity. If the proposed budget has not been approved by the ASC by the time the deposit is no longer fully refundable, the event subcommittee must cancel the facility reservation prior to the deadline at which the deposit becomes non-refundable and request a full refund of the facility deposit. Once the proposed event budget has been approved by the ASC, the event subcommittee organizing the event will manage the refundability of the facility deposit in accordance with its applicable guidelines and the terms of the facility contract.	

XI. NEW BUSINESS

ASC CHAIR

Good evening family

I have confirmed with the church and have moved the date of our January ASC to 1/8/27. Please be sure to update your calendars. I have also signed the ASC up for a zoom account that will take the place of the 2 existing personal accounts we currently have that are used for subcommittee meetings. All of the account information should be updated on the website. We have some fun activities coming up around the area in the near future. I hope to see you there. We will be meeting on **Oct 18, 2026** at 10a to update all guideline changes from prior year.

Thanks

Teana C

ASC VICE CHAIR

Hi family,

This month I attended only the H&I meeting as I was on a work trip to Florida during the activities and pr committees that I routinely attend. I look forward to working on updating the Asc guidelines this month for this body to review and approve. Please also remember I am here to answer any questions about Asc you have. I respond faster with an initial text due to the amount of scam phone calls.

Thank you,

April

ASC SECRETARY

Good Evening,

Thank you to everyone that sent in reports in a timely manner. If you are a new GSR or New Alternate GSR please come and sign the sign-in sheet, we will have it updated for the next area.

Thank you for allowing us to be of service

Marquis and Kyle

ASC TREASURER

If you have donations, please feel free to mail them to the PO Box.

ARANA

PO box 417482

5420 Kohler Road

Sacramento, CA 95841

Good Evening.

We deposited \$4,260.38 this month.

Expenses from Sept Area Business was \$5,315.88.

Donation to NCRSC was \$1,196.34.

We kept 2 months of the budget in Checking and a balance of \$2,000.00 for WSLD reserve.

The amount left in Checking after Prudent Reserve is \$0.00.

I would like the GSR's to make a decision regarding our remaining balance in checking after prudent reserve.

What would you like us to do? Donate remaining or hold for upcoming expenses?

Amount in Savings is:

Ending Ledger balance of \$4,842.04

Less Prudent Reserve..... \$2,023.00

Less Accumulated Annual Expenses..... \$2,304.02

Less Accumulated Sales Taxes..... \$515.02

Excess in Savings above budgeted Amounts.....\$ 0.00

As noted, WSLD balance was put back up to \$2,000.00 and Storage and Website fees have been paid.

Thanks for letting us be of service.

Janeice V & Shaggy

DATE		ACTIVITY	Totals	
9/29/2026		BEGINNING BALANCE	\$ 7,390.90	\$ 7,390.90
		PayPal Area Donations	\$ 77.06	\$ 77.06
		Square Literature sales	\$ 203.31	\$ 203.31
		Literature Sales	\$ 1,926.14	\$ 1,926.14
		Area Donations	\$ 1,110.87	\$ 1,110.87
			\$ -	\$ -
		7th Tradition (includes paypal transfer)	\$ 43.00	\$ 43.00
		Transfer from Savings to cover storage	\$ 900.00	\$ 900.00
			\$ -	\$ -
		Transfer from Events (Pool Party)	\$ -	\$ -
		Transfer from Events (Campout)	\$ -	\$ -
		Transfer Excess	\$ -	\$ -
		Total Deposits/Transfers	\$ 4,260.38	
		Total before Expenses	\$ 11,651.28	
	TRF	To Cover Annual Expences	\$ (425.00)	\$ (425.00)
	TRF	Accumilated Sales Tax-Event	\$ -	\$ -
	TRF	Accumilated Sales Tax-	\$ (171.34)	\$ (171.34)
	EFT	Non Profit Insurance	\$ (242.96)	\$ (242.96)
	2473	ARANA H&I Lit	\$ (712.08)	\$ (712.08)
	2474	Delita - Lit Admin	\$ (45.26)	\$ (45.26)
	2475	Athena T - H&I Admin	\$ (24.70)	\$ (24.70)
	2476	April W - H&I Zoom	\$ (16.99)	\$ (16.99)
	2477	Teana C - Admin	\$ (32.61)	\$ (32.61)
	2478	Janeice V - Agenda's	\$ (160.87)	\$ (160.87)
	2479	NCRSO - Invoice 46454 & 46505	\$ (1,267.13)	\$ (1,267.13)
	2480	NCRSC	\$ (1,196.34)	\$ (1,196.34)
	2481	Public Storage	\$ (900.00)	\$ (900.00)
	TRF	Transfer to PR for Website	\$ (410.00)	\$ (410.00)
	TRF	To Savings	\$ -	\$ -
		Total Transfers/Payments	\$ (5,605.28)	
		ENDING BALANCE	\$ 6,046.00	\$ 6,046.00
		Prudent Reserve - 2 mos.operating expense \$2023.00	\$ (4,046.00)	\$ (4,046.00)
		WSLD for PR and H&I Chairs	\$ (2,000.00)	\$ (2,000.00)
		Surplus/(Defect) from prudent reserve	\$ (0.00)	\$ (0.00)
		Savings Account Beginning Ledger Balance	\$5,145.70	\$5,145.70
		Interest Credit	\$0.00	\$0.00
	Transfer	To Cover Annual Expenses Sep	\$425.00	\$425.00
	Transfer	Accumulated sales tax for Sep	\$ 171.34	\$ 171.34
	Transfer		\$ -	\$0.00
		Balance after incoming transfers	\$5,742.04	
	Transfer	To cover Annual Expenses for storage (Qtrtly)	\$ (900.00)	\$ (900.00)
	EFT	To Cover Sales Tax Payment Due	\$ -	\$ -
	Transfer	Excess in Savings	\$ -	\$ -
		Less Total Transfers out of Savings	\$ (900.00)	
		Ending Ledger Balance	\$4,842.04	\$4,842.04
		Prudent Reserve \$2023.00	\$ (2,023.00)	
		Total in Savings	\$2,819.04	
		Less Accumulated Annual Expenses	(\$2,304.02)	
		Less Accumulated sales taxes	\$ (515.02)	
		Excess Savings Account	\$ (0.00)	

1 Balance shown on statement
2 Deposits not shown

9/29/2026

\$12,228.33

10 Sub Total

Transfer	From Paypal		\$	-
Transfer	From Saving to cover expenses paid		\$	900.00
Transfer	From Saving - Excess		\$	-
		subtotal	\$	900.00
				\$13,128.33

11 Checks outstanding

CK #	Name	Amount		
2546	Dana H. Schedules	\$ 230.48	\$	230.48
2578	Rob T - Literature Forms	\$ 77.21	\$	77.21
2345	NCRSO	\$ 2,073.73	\$	2,073.73
2390	Sieven O - Batteries Admin	\$ 7.09	\$	7.09
2400	Arana H&I Literature	\$ 701.40	\$	701.40
2477	Teana	\$ 32.61	\$	32.61
2479	NCRSO - Invoice 46454 & 46505	\$ 1,267.13	\$	1,267.13
2480	NCRSC	\$ 1,196.34	\$	1,196.34
2481	Public Storage	\$ 900.00	\$	900.00
TRF	Accumulated Sales Tax	\$ 171.34	\$	171.34
TRF	Annual Expenses	\$ 425.00	\$	425.00
TRF	To Savings Sales Tax events	\$ -	\$	-
			\$	7,082.33

40 Total Uncleared Checks

41 Adjusted Ending Bank Balance (Ledger balance)

\$6,046.00

Ending Ledger Balance

\$ 6,046.00

\$0.00

Savings Account Bank Reconciliation

Statement Balance

09/29/26

\$5,145.70

Additions to Account

Transfer

\$

425.00

\$171.34

\$0.00

\$0.00

\$5,742.04

Subtractions from account

\$900.00

Uncleared Transactions

\$900.00

\$4,842.04

asc ledger Savings Ledger ending balance

\$4,842.04

Adjusted Balance

Bank Ending Balance

\$4,842.04

Difference

\$0.00

2026 Annual Expenses							
	Month	Storage- Due Quarterly 2026	ASC PO Box Due Oct. Oct 2026	Charitable Trusts - Due With Taxes - Around	Tax Preparation Paperwork Due to CPA by May	Excess Annual Expense	Total Annual Expenses
Beginning Balance	Jan 01	(\$159.00)	\$555.64	\$74.50	\$1,719.12	\$113.76	\$2,304.02
		\$ -			\$ (1,000.00)		\$ (1,000.00)
Annual Expense	January	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
Annual Expense	February	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
Annual Expense	March	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
		\$ (875.00)					\$ (875.00)
Annual Expense	April	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
Annual Exp. Accum	May	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
Annual Expense	June	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
		\$ (900.00)					\$ (900.00)
Annual Expense	July	\$ 300.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 425.00
Annual Expense	August	\$ 300.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 425.00
Annual Expense	September	\$ 300.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 425.00
	September	\$ (900.00)					\$ (900.00)
Annual Expense	October						\$ -
	October						\$ -
Annual Expense	November						\$ -
Annual Expense	December						\$ -
	December						\$ -
Total Annual Expenses for 2026		\$ (284.00)	\$ 766.39	\$ 112.00	\$ 1,577.87	\$ 131.76	\$2,304.02

3rd quarter Sales Taxes					
Month	Sales	Nontaxable Sales	Less Taxes Taxable	Taxes	
Jul	\$ 2,241.32		\$ 2,060.98	\$ 180.34	\$ 2,241.32
Aug	\$ 2,030.19		\$ 1,866.84	\$ 163.35	\$ 2,030.19
Sep	\$ 2,129.45		\$ 1,958.11	\$ 171.34	\$ 2,129.45
Event	\$ -			\$ -	\$ -
Event					
Totals	\$ 6,400.96	\$ -	\$ 5,885.93	\$ 515.02	

EVENTS TREASURER

Good evening!

We attended the Activities, Campout, Softball, and Admin subcommittees last month.

The Campout subcommittee is submitting a motion for their 2027 budget.

The Movie Night has been canceled due to low ticket sales and to minimize loss. After available refunds are received and the event is closed out, I will provide the final budget report.

I have drafted the friendly amendment to Motion 701 to be discussed later this evening.

The checking and savings accounts have been reconciled with a \$0 variance.

Thank you for allowing me to be of service.

Jennifer B.

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** Column(s) with no activity and \$0 balances hidden from report **

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Page 11

Bank Reconciliation
Month Ended September 2026

EVENTS CHECKING	
Particulars	Amount
Balance as per bank statement	\$ 7,291.01
Add: Deposits not credited	
Total deposits not credited:	\$ -
Add: Returned Items	
Total returned items:	\$ -
Less: Outstanding checks/transfers	
No. 9999	\$ 3,500.00
No.	
No.	
No. 2324	\$ 15.62
No.	
No.	
Total outstanding checks:	\$ 3,515.62
Less: Bank Error	
Total bank error:	\$ -
Adjusted balance per bank statement:	\$ 3,775.39
Balance as per ledger:	\$ 3,775.39
Difference:	\$ 0.00

EVENTS SAVINGS	
Particulars	Amount
Balance as per bank statement	\$ 15,716.17
Add: Deposits not credited	
Total deposits not credited:	\$ -
Less: Outstanding withdrawals	
No.	\$ -
Total outstanding withdrawals:	\$ -
Adjusted balance per bank statement:	\$ 15,716.17
Balance as per ledger:	\$ 15,716.17
Difference:	\$ -

CAMPOUT 2027 Budget Proposal

Budget: \$28,100

Line #	Description	Budget 2026	Actual 2026	Proposed 2027
1.0	Arts & Graphics	\$ 500.00	\$ 498.74	\$ 100.00
1.1	Badge Printing			\$ 550.00
2.0	Registration	\$ 150.00	\$ 100.95	\$ 150.00
2.1	Newcomer Registrations	\$ 875.00	\$ 650.00	\$ 650.00
2.2	Printing Registration Fliers	\$ 300.00	\$ 288.15	\$ 300.00
2.3	Printing Registration Letters	\$ 50.00	\$ 9.99	\$ 50.00
2.4	Postage	\$ 150.00	\$ 31.20	\$ 50.00
2.5	P.O Box for Registration	\$ 200.00	\$ 198.00	\$ 205.00
3.0	Program (Printing)	\$ 200.00	\$ 90.43	\$ 200.00
3.1	Basic Texts (Newcomer)	\$ 325.00	\$ -	\$ 325.00
3.2	Main Speaker Expenses/ Program	\$ 1,600.00	\$ 484.26	\$ 1,200.00
3.3	Volunteer Coordinator Printing			\$ 100.00
4.0	Entertainment	\$ 1,500.00	\$ 767.65	\$ 1,500.00
4.1	Trophies/Awards	\$ 150.00	\$ 105.08	\$ 250.00
5.0	Hospitality	\$ 400.00	\$ 21.39	\$ 100.00
5.1	Radio & Sound System Rental	\$ 2,000.00	\$ 581.78	\$ 1,000.00
5.2	Portable Toilets	\$ 2,700.00	\$ 2,012.43	\$ 2,500.00
5.3	Tables & Chairs Rental	\$ 400.00	\$ 231.12	\$ 300.00
5.4	Hospitality U-Haul Truck Deposit, Rental & Fuel	\$ 800.00	\$ 355.91	\$ 800.00
5.5	Fire Supplies (Fire Pit & Propane)	\$ 60.00	\$ 27.87	\$ 60.00
6.0	Shuttle Truck Rental & Fuel	\$ 600.00	\$ 616.11	\$ 650.00
6.1	Shuttle Trailer & Hay Rental	\$ 250.00	\$ -	\$ 100.00
7.0	Traffic & Parking Supplies	\$ 100.00	\$ -	\$ 100.00
8.0	Merchandise	\$ 3,250.00	\$ 2,764.85	\$ 3,250.00
9.0	2026 Reservation Rent - (Minus \$3,500 Deposit)	\$ 7,700.00	\$ 7,700.00	\$ 8,260.00
9.1	2027 Reservation Deposit	\$ 3,500.00	\$ 3,500.00	\$ 3,500.00
10.0	Insurance	\$ 1,000.00	\$ 724.00	\$ 800.00
11.0	Opening Bank- Registration/Merchandise	\$ 500.00	\$ 500.00	\$ 500.00
12.0	Administration Expenses	\$ 100.00	\$ -	\$ 50.00
12.1	Events Treasurer Expenses	\$ 100.00	\$ 35.60	\$ 50.00
12.2	Misc. Expenses	\$ 50.00	\$ -	\$ 50.00
13.0	Tax Paid to BOE	\$ 500.00	\$ 355.95	\$ 400.00
14.0	Deductions From Security Deposit	\$ -		\$ -
14.1	Returned Checks/Fees	\$ -		\$ -
Expense Total		\$ 30,010.00	\$ 22,651.46	\$28,100.00

Earned Income

Description	Projected 2026	Actual 2026	Proposed 2027
Pre-Registration Adult	\$ 9,200.00	\$ 7,520.00	\$ 6,580.00
Pre-Registration Child		\$ 420.00	\$ 420.00
Pre-Registration Day Passes	\$ 250.00	\$ 75.00	\$ 60.00
Registration Adult @ event	\$ 18,000.00	\$ 10,935.00	\$ 9,720.00
Registration Child @ event		\$ 570.00	\$ 570.00
Registration Day Pass @ event		\$ 4,410.00	\$ 3,675.00
Merchandise @ Event	\$ 4,500.00	\$ 4,229.00	\$ 4,500.00
Alt Merchandise @ Event	\$ 100.00	\$ 195.00	\$ 100.00
Auction	\$ 1,500.00	\$ 3,800.00	\$ 2,500.00
Opening Bank Deposit Return	\$ 500.00	\$ 500.00	\$ 500.00
Deposit corrections	\$ -	\$ -	
Event Insurance transfer from Area	\$ -	\$ -	
Donation/Uncashed checks	\$ -	\$ 118.00	
Actual Earned Income	\$ 34,050.00	\$ 32,772.00	\$28,625.00

Campout Earnings (ASC Donation)

\$ 10,120.54 \$ 525.00

2027 Ticket Prices	Pre-Registration	At Event
Campers 13 and older	\$35	\$40
Campers 8-12 years old	\$15	\$15
7 and under	Free	Free
Day Passes	\$20	\$25

RCMI & II

NAWS (NARCOTICS ANONYMOUS WORLD SERVICE) NEWS Website: www.na.org

- 1) **NAWS SURVEYS** - In our most recent [Membership Survey](#), 83 percent of members listed “identification” as a major reason they kept coming back to Narcotics Anonymous. The Who, What, Why, and How readings that open so many NA meetings often form a newcomer’s first impression of NA and can make or break that sense of identification. For years, NA groups have been asking for more gender-inclusive versions of these readings, defining an addict not as “a man or a woman” but more broadly as “a person.” It is clear that the gender-specific language in our older literature alienates some members and potential members.

[Revising IP #1 Who, What, How, and Why](#)

The conference’s decision to start with IP #1 was a natural outgrowth of this conversation. IP #1 is always the first piece of literature that gets translated into a new language. It also contains the common group readings Who Is An Addict, What is the NA Program, and Why Are We Here, which are so formative to addicts’ sense of belonging in NA. The four suggested revisions are shown in the table below in bold:

Who is an addict?	“an addict is a man or a woman”	“an addict is a person ”
What is the Narcotics Anonymous program?	“fellowship or society of men and women”	“fellowship or society of people ”
What...	“regardless of age, race, sexual identity, creed, religion, or lack of religion”	“regardless of age, race, gender , sexual identity, creed, religion, or lack of religion”
Why are we here?	“ahead of our families, our wives, husbands and our children.”	“ahead of our families and loved ones. ”

We believe these four simple changes will help make our program more attractive and welcoming to the addict who still suffers without taking anything away from the NA message that has kept so many of us clean for decades. Updating our recovery literature is something we undertake each World Service Conference, and we want to make sure everyone is able to see themselves in our literature.

Please use the online form posted at na.org/surveys to provide input:

<https://www.surveymonkey.com/r/revisingIP1>

This draft is posted for review until the end of October 2026.

- 2) **NAWS Webinars** - On October 10th, NAWS will be holding an [open webinar](#) on the Webinar for PR trusted servants. Please join us for a webinar that includes a presentation from the Central Ohio Area PR on presenting to medical students and a discussion on communicating with your regional delegate for support. Please help us get the word out! We have also created a one-page [flyer](#) that you can download and share. The webinar has a Zoom ID: 860 2401 2829 and Passcode: PR2026. All the information can be found on <https://na.org/naws-events/webinar/>.
- 3) **World Convention of Narcotics Anonymous (WCNA)** - There are no updates about WCNA 39. The next WCNA will celebrate NA’s 75th anniversary in Dublin, Ireland. Watch for info on this webpage - <https://na.org/world-convention-of-narcotics-anonymous/>

REGIONAL SERVICE COMMITTEE (RSC) NEWS

Website: www.norcalna.org

- 4) Last month’s RSC meeting was a lengthy meeting with many topics discussed and motions voted on. We started promptly at noon and closed around 7:00p.m. We had 16 out of 23 areas present with 20 RCMs present. There

were 10 Fellowship Services Team (FST) members present. One of the important motions that was introduced was a new motion (26-09-07) was submitted by the FST. This motion is to create a new FST position and to elect an Online Meeting Coordinator (OMC) with Duties and Responsibilities. The motion stated that the OMC shall serve as the Fellowship Services Team's single point of accountability for all online and hybrid meeting services within the Northern California Region. The OMC shall be responsible for ensuring that members participating electronically have meaningful access to Regional meetings, workshops, assemblies, elections, and other service-related functions. Since the motion is a guidelines change, it was tabled and we will discuss and vote on it at the next RSC. Tonight, I am asking for our Area's input and to carry our Area's conscience regarding the motion.

PLEASE NOTE: In relation to the FST, there are still open positions that are currently vacant:

- | | |
|---|--|
| A) Regional Communication Coordinator (RCC) | B) Regional Resource Coordinator (RRC) |
| C) Alternate Treasurer | D) Public Relations Vice Chair |

A candidate for these FST positions must have a minimum of five (5) years' clean time. The length of term is one (1) year and elected FST members are eligible for election to two (2) consecutive terms for any one (1) position on the FST. The RSC is looking forward to seeing new faces. To qualify for a position at the Regional Service Committee meeting, you must have a completed [service resume](#) as well. For more information about the FST, please visit the [NCRSC Fellowship Service Team External Guidelines](#) on the norcalna.org website at <https://norcalna.org/service-opportunities/>.

5) NCCNA 48 (NORTHERN CALIFORNIA CONVENTION of NARCOTICS ANONYMOUS) REGISTRATION SUB-COMMITTEE

The Multi Area (American River Area & Marin Area) Registration Sub-Committee's next meeting is HYBRID and is set for Sat. October 3rd at 11:00a.m. - 1:00p.m. The Registration Sub-Committee meeting normally reoccurs every first Saturday of the month. The meeting is hybrid with the some sub-committee members meeting in-person in Vacaville at Round Table Pizza at 140 Browns Valley Pkwy, Vacaville CA 95688; and some sub-committee members meet virtually with the Meeting ID: 577 961 1818 PW: 1953

6) WESTERN SERVICE LEARNING DAY (WSLD) 2026

WSLD is happening in Burbank, CA. from October 16th -18th. Information can be found at the link below. Everyone is welcome to attend, but ARANA always sends a representative from H&I and PR.
Website: [Western Service Learning Days – A Narcotics Anonymous Service Conference](#)

7) PUBLIC RELATIONS AND HOSPITALS & INSTITUTIONS (PR / H&I)

● PR / H&I Regional Sharing Forum

The next H&I/PR Sharing Forum is on November 28th from 10:00 a.m. to 2:00 p.m.
Zoom ID: 917-628-744, Password: 006363. Everyone is welcome.

● H&I BASICS

Our Regional Delegate and Alternate Delegate wrote in their report to the RSC that the World Board is pleased to present the newly revised *H&I Basics*. This handy three-in-one tool offers sections on Treatment, Corrections, and H&I Committees, and is available online at the [PR page](#) or the [Basics page](#), where you can access the three parts separately if you choose.

Because of its three-part structure, *H&I Basics* has been in development for quite some time, and has benefited from input from across the NA service system. It is intended to help members and service committees provide effective and rewarding service through H&I.

We hope you find this new service material useful in your efforts to carry the message.

8) HISTORY & ARCHIVES COMMITTEE (H&A)

The History and Archive Committee is asking the RCM's to remind each Area that they can elect a member to participate on the H & A committee that will act as the local liaison for the area.

9) FINANCIAL STUFF for AUGUST 2026

In August, The American River RSC contribution to the RSC was \$135. The RSC took in Area contributions totaling \$4,824.22, and had expenses of \$7,780.80. NorCal Region contributed to NAWs was \$1948.92.

If any Group would like a detailed report given by the Regional Treasurer to the RSC, please request a copy from your RCM.

10) REGIONAL SERVICE OFFICE (RSO)

- a. The Board of Directors (BOD) President reported that the next BOD meeting is on Saturday, Oct. 3, 2026. The meeting is hybrid with the ability to attend in-person in at the RSO in Fairfield at 1820 Walters Court, Suite A-1, Fairfield, CA 94533;

or meet virtually with the Meeting ID: 919 5509 5469 Passcode: 19531985

<https://zoom.us/j/91955095469?pwd=eDd4RW16Y3pnZEcZC8xZnpMQkQ2UT09>

Please confirm in-person meeting before showing up and be mindful of any Covid restrictions. Call (707)422-9234 to RSVP.

- b. The RSO will no longer ship to PO Boxes; they have had multiple challenges with PO box shipments in the recent months, therefore their policy has changed.
- c. The BOD has asked all RCMs to remind all members that we are required by our corporate nonprofit registration (501c3 tax status) in the state of California to hold our meetings in facilities that allow service animals. If Groups are holding a meeting in a church that is claiming a religious exemption to the ADA, the Group needs to move the meeting to a facility that will allow service animals. The church is allowed an ADA exemption. NorCal NA and ARANA are not afforded the same exemption. The bottom line: NorCal meetings and events need to be held at locations that accommodate service animals.
- d. Upon the approval of the RSC, the BOD Directors reported that a link to the NorCal PR Subcommittee's Webinar recording entitled, "PR Hosts DRT/MAT History and Science Webinar Recording Link", was made available through a password-protected YouTube channel linked through the Regional website on the Member Resources page (<https://norcalna.org/member-resources/>) in the Public Relations section of the webpage.

The link to the webinar is: <https://norcalna.org/pr-drt-mat-webinar-recording-link/>

At this time, since the link is password protected, please contact your RCM for the password if you would like to view this webinar.

11) RSO SALES NUMBERS

2026	June	July	August
Gift Items 112:	\$11,657.70	\$10,003.11	\$9580.05
Literature 114:	\$36,599.80	\$26,110.35	\$28,372.86
Total:	\$48,257.50	\$36,113.46	\$37,952.91
2025	\$34,614.71	\$46,511.10	\$45,310.67

12) AREA ACTIVITIES

- 25th Annual ARANA Co-Ed Softball Tournament, October 17th, 8:00AM, Bartholomew Sports Park, Elk Grove
- 18th Annual Men's Breakfast (Sponsored by Oak Park Fellowship), November 7, 2026, 9:00AM - 1:00PM, Liberty Towers, 5132 Elkhorn Blvd, Sacramento, CA 98542

- 60th Anniversary Celebration of the Berkeley Tuesday Night Candlelight Meeting, November 7th, 12PM - 7PM, First Presbyterian Church of Berkeley, 2407 Dana Street, Berkeley
Free Event, Contact Despie (510)734-6984

13) RSC (REGIONAL SERVICE COMMITTEE) TOPICS COVERED

- **Presentation from the Public Relations Subcommittee - Why is PR Important?**
 - PR supports NA's primary purpose by helping addicts, professionals, and the public know that NA is available.
 - Discussed the importance of accurate meeting information and presenting NA as reliable, credible, accessible, positive, and free.
 - PR includes both outreach to the public/professional community and fellowship development within NA.
 - Areas were encouraged to evaluate PR participation, identify open service positions and barriers to involvement, and build relationships with professionals who may refer people to NA.
 - Regional PR resources are available to assist Areas with professional presentations, events, and outreach efforts.
 - Members were encouraged to participate in Regional PR/H&I collaboration and sharing opportunities
- **Guideline Changes from Working Group**
 - Lengthy discussion regarding all of the proposed guideline revisions found below in New Business as a New Motion
- **Open Forum:**
 - **RCM Initiated**
 - PR Recording on the NorCal Website (Greater Butte)
 - Discussion regarding the history of the recording, previous direction from the RSC, editing of the 15-second segment, and subsequent public posting.
 - Some members believed previous group conscience authorized editing the recording but did not clearly authorize public posting.
 - Previous approved minutes reflected that consensus had been reached to post the recording.
 - Members discussed the discrepancy between their understanding of prior discussions and what was recorded in the approved minutes, as well as possible remedies.
 - The discussion later resulted in Motion 26-09-05 during New Business which was determined out of order by the chair, since it was not asking for a change to what we currently have listed.
 - Travel Request - Expectations (Greater Butte)
 - New travel request process - only RCMs can request
 - How does an event get on the regional calendar? (Greater Butte)
 - Process discussed
 - RSC Public Minutes w/o password (Sonoma)
 - Discussed the current password protection on RSC minutes published on the Regional website.
 - Members discussed historical reasons for restricting access as well as concerns that password protection may make Regional information less accessible to the fellowship.
 - No change was made during Open Forum; the issue later resulted in Motion 26-09-06 during New Business.
 - NCCNA Budget - Why does the RSC not approve? (Sonoma)
 - Discussed why the NCCNA budget does not come directly to the RSC for approval.
 - NCCNA explained that fiscal oversight has been delegated to the NCRSO Board of Directors under the Board's bylaws; therefore, Regional oversight occurs through the Board rather than through direct RSC budget approval.
 - How do you keep your GSRs to stay for the whole Area meeting? (ARANA)
 - Topic was not discussed due to time and will return to a future Open Forum.
 - **FST Initiated**
 - FYI - Zoom Additional License will be a motion.
 - Service Attraction - Survey to the region.

- Discussed ongoing concerns regarding open service positions and declining participation throughout the Region.
- RCMs were asked to discuss with their Areas what makes service attractive, welcoming, and something members want to say “yes” to.
- FST will continue developing ideas for gathering input from the fellowship, including a possible Regional survey and/or broader service-attraction workshop/event.
- Additional ideas will be brought back to the RSC.
- Group forming for treasury process issues identified.
 - Discussed accounting and fiscal-year practices that need additional clarification.
 - A working group will review the identified issues and current practices.
 - FST will return to the RSC next month with additional information and/or recommendations.
- Travel Request Updates
 - Reviewed the updated Regional travel-request process and expectations.
 - Area travel requests should be submitted through the Area's RCM.
 - FST reviews requests and coordinates appropriate Regional trusted servants/resources based on the Area's stated need.
 - Areas should provide sufficient notice whenever possible to allow appropriate coordination.
 - Three requests approved today
 - CC Area Inventory October 25
 - Greater Butte Unity Day October 3 short presentation on service attraction
 - Santa Cruz October 5 presentation to ASC re Disruptive and Predatorial Behavior
 - \$350 total
 - Upcoming:
 - ⇒ TAC Convention in January for a Newcomer Workshop
 - ⇒ H&A to Berkeley Candlelight
- WSZF- Contract status & additional funding
 - Contract and anticipated expenses reviewed.
 - Original Regional allocation of \$3,000 is insufficient for projected hosting expenses.
 - FST requested an additional \$1,500, for a total budget not to exceed \$4,500.
 - Formal motion brought forward in New Business.
- WSLD - AD request to attend with funding
 - Discussed funding the newly elected AD to attend WSLD in person.
 - Purpose is to participate in WSLD/WSZF-related service activities and bring information, ideas, and resources back to the Region.
 - Formal funding request brought forward in New Business.
- NCCNA Request for funds
 - NCCNA requested approximately \$400 in Regional funding for Zoom access for the Saturday-night speaker meeting so institutions can participate remotely.
 - Request was placed in the parking lot for additional discussion rather than acted on at this meeting.

14) MOTIONS AND HOW I VOTED (Per ASC Guidelines on Pg. 8 of 20 (V. PARTICIPANTS; B. Specific member requirements & Duties;; 9) Regional Committee Member;; b) Duties;; ii.))

OLD Business Motions:

Motion #	Motion	Submitted By
26-08-02	Section III , 4. & 5 , E. (section numbers may change due to final formatting) - Change the guidelines to read,. Along with the FST, prepare a budget for the RSC annually to be presented in May and approved by the RSC in the month of June. Instead of: Along with	FST <u>VOTE</u> RCM Vote only - I voted YES Yea - 17 Nay - 0 Abstain - 3

	the FST, prepare a budget for the RSC annually to be approved by the RSC in the month of July. INTENT: To align with the fiscal year and allow time for the RCMs to take the budget back to their areas.	Result: Motion passed
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Motion #	Motion	Submitted By
26-08-03	Section III, 4. B (section numbers may change due to final formatting) Remove: 6. Be responsible for issuing Cash Advance Vouchers to trusted servants requesting Regional funds advance, for approved expenses 7. Collect receipts for all reimbursements and cash advances. Replace with: 6. Be responsible for issuing Regional funds in advance to trusted servants requesting it, for approved expenses. 7. Collect receipts for all reimbursements and advanced funds. INTENT: To align with the current practice of how the RSC manages funds and remove outdated terms.	FST <u>VOTE</u> RCM Vote only - I voted YES Result: Motion passed unanimously

Motion #	Motion	Submitted By
26-08-04	Section III 4, C.(section numbers may change due to final formatting) Reporting: Add: treasurer provides Budgets vs Actuals (BvA) and track our percentage of spending each month in their report to RSC.	FST <u>VOTE</u> RCM Vote only - I voted YES Result: Motion passed unanimously

Motion #	Motion	Submitted By
26-08-05	FST Alt Treasurer - Section III 5, C. (section numbers may change due to final formatting)Reporting: Add: assists the treasurer to provide Budgets vs Actuals (BvA) and track our percentage of spending each month in their report to RSC.	FST <u>VOTE</u> RCM Vote only - I voted YES Result: Motion passed unanimously

Motion #	Motion	Submitted By
26-08-06 & 26-08-07	The maker of the motion requested to be withdrawn but since it was tabled at the previous RSC, the motion belonged to the RSC. The motion was to request it be allowed to be recalled.	FST <u>VOTE</u> RCM Vote only - I voted YES Yea - 20 Nay - 1 Abstain - 0

	○ Discussion regarding Motions 26-08-06 and 26-08-07 concerning RD/AD term language. ○ Concern was raised that limiting the RD/AD to one term could unnecessarily restrict continuity and effectiveness of the RD/AD team. ○ Discussion also clarified that the current WSC cycle is three years, but the length of a WSC cycle could change in the future, 2029. ○ The motions were withdrawn so cleaner language can be brought back to the body after additional review. ○ RCM-only vote approved withdrawal. ● VOTE RCM only - passes	Result: Motion passed to allow motion to be withdrawn
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New Business Motions:

Motion #	Motion	Submitted By
26-09-01	Add an additional Zoom License. Requesting \$169.80 for this year \$271.28 total per year.	FST <u>VOTE</u> I voted YES Result: Motion passed PBA

Motion #	Motion	Submitted By
26-09-02	To increase the budget amount to host the WSZF by \$1500 for a total not to exceed \$4500.	FST <u>VOTE</u> I voted NO YEA - 24 NAY - 1 ABSTAIN - 0 Result: Motion passed

Motion #	Motion	Submitted By
26-09-03	To change the RCC guidelines and replace the words “secretarial skills” to “clerical skills”	FST GUIDELINE CHANGE - TABLED

Motion #	Motion	Submitted By
26-09-04	To have RSC fund the new AD to attend WSLD in person, not to exceed \$1400. INTENT: To bring back information, ideas and resources back to our RSC to help our service efforts and attend the WSZF meeting taking place at WSLD.	Joe (AD) Second by Diana (RD) <u>VOTE</u> I voted YES Result: Motion passed

		PBA
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Motion #	Motion	Submitted By
26-09-05	Have the PR DRT / MAT video placed in a secure location inaccessible to the public, so that it can be reviewed by area committees so they may form a group conscience on whether it should be posted publicly on the Regional website. After review by the areas, the RSC will take a vote on whether to proceed with publicly posting the video.	Peter (Greater Butte) Second: Ray (Greater San Jose) Motion ruled out of order because the matter addressed prior action/group conscience of the body and could not be handled through this motion as presented.

Motion #	Motion	Submitted By
26-09-06	To direct the RSC Chair & BOD representative to review the minutes to investigate the purpose why the RSC minutes are password protected on the norcalna.org website. INTENT: To be able to make an informed decision.	Jim (ARANA) Second: Mary (Sonoma County) <u>VOTE</u> I voted NO Result:FBA - FAILS BY ACCLIMATION

Motion #	Motion	Submitted By
26-09-07	1. Elect an Online Meeting Coordinator with the following duties, noting this is an FST position and thus will have an FST vote: Online Meeting Coordinator (OMC): The Online Meeting Coordinator (OMC) shall serve as the Fellowship Services Team's single point of accountability for all online and hybrid meeting services within the Northern California Region. The OMC shall be responsible for ensuring that members participating electronically have meaningful access to Regional meetings, workshops, assemblies, elections, and other service-related functions. The OMC should possess strong communication, facilitation, organizational, and technical skills and have experience utilizing online meeting platforms and related technologies. The OMC shall: A. Virtual Meeting Services: 1. Coordinate and administer all online meeting platforms utilized by the NCRSC and FST. 2. Maintain host or administrator privileges for Regional online meeting services.	FST GUIDELINE CHANGE - TABLED

3. Coordinate screen sharing for agendas, reports, motions, presentations, and other meeting materials.
4. Ensure that online participants can view all materials presented during meetings and events.
5. Assist in training trusted servants who facilitate or host Regional online meetings and events.

B. Hybrid Meeting Support:

1. Coordinate equipment and technology necessary to facilitate hybrid participation at Regional meetings and events.
2. Work with the NCRSO Tech Admin to ensure adequate internet connectivity and technical requirements.
3. Assist in developing best practices and procedures for hybrid meetings within the Region.
4. Strive to ensure that both in-person and online participants are afforded equal opportunity to participate in discussion and decision-making processes.

C. Facilitation Support:

1. Track and manage online participant hand raises and speaking queues during Regional meetings.
2. Communicate the order of online participants requesting recognition to the presiding officer.
3. Monitor online participation and assist the presiding officer in ensuring balanced participation between in-person and online attendees.
4. Assist with quorum verification by tracking online attendance.

D. Electronic Voting and Elections:

1. Conduct and administer electronic voting when needed.
2. Create, administer, and tabulate online polls, surveys, straw polls, and election ballots as directed by the presiding officer.
3. Maintain the confidentiality and integrity of electronic voting and election processes.
4. Provide vote counts and polling results to the presiding officer for verification, announcement and inclusion in the official record.

F. Records and Communications:

	1. Maintain records of Regional online service accounts, licenses, and technical resources. 2. Ensure secure transfer of account information and documentation to successors. G. Fellowship Development: 1. Assist Areas requesting support in developing online or hybrid service meetings, workshops, and presentations. 2. Participate in Regional learning days, workshops, and service events as requested. 3. Explore emerging technologies that may improve communication, participation, and accessibility throughout the Northern California Region	
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15) ITEMS TO REPORT TO YOUR GROUPS:

- There are open positions on the Fellowship Services Team (*FST aka Admin of Region*) at Region See #4 above for the list of open positions and instructions on how to be a candidate for elections at Region. Everyone is welcome to attend on the 2nd Saturday of each month @ noon until we are done.
- If you have any questions, call, text, or email me: Jim C. (916)704-2361

I'm grateful to serve NA with you!

Jim C.

(916)704-2361

arana-rcm1@ncrsc.org

H&I

How many of you, by a show of hands, have been touched by H&I? Whether it was when you were in a facility, or from being of service? How many of you have been curious about H&I but have never stepped up because you don't know how it works? Would you be willing to chair a meeting & see how it works? If so, let's talk & get you scheduled!

What is H&I?

We are a committee that brings meetings and literature directly into facilities where individuals have restricted freedom to attend regular outside meetings.

Secretary responsibilities:

6 months clean

6 month commitment

Be willing and able to select speakers that will carry a strong message of NA

Make sure the speakers get the DO's & Don'ts

Meeting is 1 hour per month

Reliable transportation

Speaker:

6 months clean

Knowledge and understanding of the 12 Steps and 12 Traditions of NA

Carry a clear message of NA

Available positions:

1. Gramercy Court, co-ed facility in the Arden area, near Cottage & Fulton. Standard chair format. Needs a secretary 3rd Monday 7-8pm (6 months clean, 6-month commitment)
2. Psynergy, a new coed facility located in North Highlands near Madison & 80. Standard chair format. Needs a secretary 3rd & 5th Mon 7-8pm (6 months clean, 6-month commitment).
3. Cornerstone, women's facility located on Madison near Manzanita. Book Study (Basic Text). (6 months clean, 6-month commitment). Needs a secretary 4th Weds
4. Foundation Living-Elk Grove, men's facility in Elk Grove on Bruceville near Elk Grove Blvd. Standard chair format. Needs a secretary 1st 3rd & 5th Tues 7-8pm

Subcommittee:

We need a recording secretary. You must have:

1. A minimum of one (1) year clean time.
2. Knowledge and understanding of the 12 Steps and 12 Traditions of NA.
3. Shall have basic computer skills and the ability to generate all necessary reports.

We need a regional representative. You must have:

1. A minimum of two (2) years' clean time.
2. A minimum of (3) month's active participation on the H&I Sharing Forum.
3. Knowledge and understanding of the 12 Steps and 12 Traditions of NA.
4. Shall have basic computer skills and the ability to generate all necessary reports.

For Sponsorship Behind the Walls (SBTW), All is going well. We can always use volunteers for future sponsees. For more information about this or SBTW in general please reach out to Kevin W at sponsorshipbtw@sacramentona.org or (916) 532-7851

If you are interested in being of service to Folsom Prison, please contact Steve L at slint@att.net or (916) 806-6400.

This month we ordered 30 Basic Texts for Folsom Prison.

Danielle & I will be attending WSLD this year & will bring back a detailed report.

If you are interested in H&I, please speak with me or join us at our business meeting! Our business meeting is held on the 3rd Monday of every month at 7pm over zoom. All are welcome & encouraged to join.

ID: 5779611818

Password: 1953

If you have any further questions, please reach out to Chair Athena T. [530-771-5920](tel:530-771-5920) or Vice Chair Danielle C. [916-770-1871](tel:916-770-1871)



Hospitals & Institutions

What is the purpose of H&I?

The purpose of an H&I meeting is to carry the message of recovery to addicts who do not have full access to regular Narcotics Anonymous meetings. H&I meetings, except for those in long-term facilities, are intended to introduce those addicts in attendance to the basics of the NA program.

"An addict, any addict, can stop using drugs, lose the desire to use, & find a new way to live!"

FACILITIES

Akua Mind & Body

8086 Orange Ave, Fair Oaks
Mondays 6:30-7:30 pm
Coordinator: Anastasia H (916) 613-3220

This is a 35-bed detox and residential men's facility located in Fair Oaks. NA meetings are coed. Must have 6 months clean to be a secretary. It is a 6-month commitment. This is a secretary/speaker format.

Fair Oaks Recovery

2221 Fair Oaks Blvd, Sacramento
Thursdays 6:30-7:30pm
Coordinator: Stephanie (279) 220-6500

This is a structured co-ed facility located in Arden-Arcade. Must have 6 months clean to be a secretary. It is a 6-month commitment. This is a secretary/speaker format.

Gramercy Court

2200 Gramercy Dr, Sacramento
Mondays 7-8pm
Coordinator: Billy G (530) 270-2780

This is a 36-bed coed skilled nursing & rehabilitation facility with on-site psychiatric services. Located in Arden-Arcade. Must have 6 months clean to be a secretary. It is a 6-month commitment. This is a secretary/speaker format.

New Dawn

8078 Orange Ave, Fair Oaks
Thursdays 6-7pm
Coordinator: Alicia R. (279) 273-0153

This is a 9-bed women's 1-3-month residential program located in Fair Oaks. Must have 6 months clean to be a secretary. It is a 6-month commitment. This is a secretary/speaker format.

Foundation Living-Orangevale

7024 Hazel Ave, Orangevale
Tuesdays 6:30-7:30
Coordinator: Danielle C (916) 770-1871

This is a 34-bed men's facility that is short-term post-hospitalization housing. Secretary & speaker position can be coed. This is a secretary/speaker format. Must have 6 months clean to be a secretary. It is a 6-month commitment.

Foundation Living- Elk Grove

9800 Bruceville Rd, Elk Grove
Tuesdays 7-8pm
Coordinator: Danielle C (916) 770-1871

This is a 2-home 48-bed men's facility. Secretary & speaker position can be coed. This is a secretary/speaker format. Must have 6 months clean to be a secretary. It is a 6-month commitment.

Alpha Oaks

8400 Fair Oaks Blvd, Carmichael
Sunday 7-8pm
Coordinator: Caroline O. (916) 459-8300

This is a 23-bed women's residential treatment facility located in Carmichael. Must have 6 months clean to be a secretary. It is a 6-month commitment. This is a secretary/speaker format.

Cornerstone

6348 Appian Way, Carmichael
Wednesday 7-8pm
Coordinator: Dorothy Y (916) 417-0843
This is an 11-bed women's 1-3-month residential program located in Fair Carmichael. Must have 6 months clean to be a secretary. It is a 6-month commitment. This is a secretary/speaker format.

Folsom State Prison (FSP)

6 meetings on 2nd & 4th Sundays
2@9am, 2@10:30am, & 2@12pm
3 meetings (2 English, 1 Spanish) every Weds 6:30pm
Facility Coordinator:
Steve L (916) 806-6411 Slint@att.net

FSP houses medium security general population level II inmates. Volunteers can be both male & female. The meeting is standard format and is run by the inmates. It includes reading, sharing, and discussion.

Note to Volunteers: an 11-page application is to be filled out & submitted. Listing your arrest history is standard procedure. If you have an extensive arrest history, we will ask volunteers to write a reference letter & at times obtain their DOJ to be attached to application.

Dress Code: It is always best to wear black clothing. No blue or green. No denim jeans or blue jeans. We avoid color or clothing worn by inmates. No hats, shorts, sandals, halter tops, tank tops, no logos on shirts. Best not to have any wire in bras. No revealing clothing or open-toed shoes. The only items allowed in are your ID and car keys.

Sponsorship Behind the Walls (SBTW)

Coordinator: Kevin W (916) 532-7851
sponsorshipbtw@sacramentona.org

This is a sub-committee designed to connect individuals incarcerated in correctional facilities with outside NA members for support in recovery. It provides mail-based sponsorship to addicts who are unable to attend regular NA meetings, allowing them to work on the Twelves Steps of NA.

COME BE PART OF THE SOLUTION

The 3rd Monday of Every Month 7-8p
ID: 5779611818
Password: 1953

Center Point

11228 Fair Oaks Blvd, Fair Oaks
Sundays 7-8:15pm
Coordinator: Rob G (916) 459-7649

This is a 6-month male lockdown facility for parolees located in Fair Oaks. Must have 1 year clean to be a secretary. It is a 6-month commitment. This is a secretary/speaker format.

Psynergy Vista Esperanza

5240 Jackson St, North Highlands
Monday 7-8pm
Coordinator: Athena T (530) 771-5920

This is a 54-bed coed elderly facility for mental health & dual diagnosis. Located in North Highlands. Must have 6 months clean to be a secretary. It is a 6-month commitment. This is a secretary/speaker format.

For any questions call or text:
Chair: Athena T (530) 771-5920
Vice Chair: Danielle C (916) 770-1871

PUBLIC RELATIONS CHAIR

1) WEBSITE ACTIVITY

- Volunteer lookup calls: 28 (last month 30)
- Unanswered calls: 11 (last month it was 12)
- Meeting lookup calls: 48 (last month 35)
- Meeting lookup text inquiries: 11 (last month 11)
- 6290 visitors accessed our website during the last 30 days (June 8109, July 6130, Aug 5958)



*A big thank you to our GSR's for utilizing the website to make your meeting changes! Our Schedule Coordinator reported that ALL meeting changes this month were submitted via the website, thank you! Submitting your meeting changes online makes it a faster, and easier process. You can find the meeting change form listed on our SacramentoNA.org website, under the "DOCS" tab.

2) EXPENSES

Schedules-Total cost for Sept \$0 (Aug \$197, Sept \$160)

Twilio (helpline costs) prepaid \$100

Website Costs (bi-annual) \$410

3) SCHEDULES

We're hoping that our meetings did not run out of schedules this month. (Please let PR know if you do run out, so we can track these new changes, & how well it is working) Were you able to utilize the QR code & phone list forms? These are also on our website, located under the DOCS menu.

Should you have any concerns about the printing schedule changes, below you'll find 3 cost options for your review:

Option A is what we have done in the past -

Printed and distributed 900 Schedules monthly.

Provides 18 ea for weekly meetings. 29 ea for multi-meeting groups

Monthly cost \$200 (\$2364 Yearly) which is .19 cents each

Option B is our current practice -

Bi-monthly printing of 1000 schedules & distributing 500 each month.

Provides 10 ea for weekly meetings. 16 ea for multi-meeting groups

Bi-Monthly cost \$160 (\$960 Yearly) .15 cents each

Option C would be to increase bi-monthly printing to 1500 schedules.

Distribute 750 each month.

Would provide 15 for weekly meetings, 24 for multi-meeting groups

Bi-Monthly cost \$250 (\$1500 yearly) .15 cents each

4) PRINTING PHONE LISTS

At any time, if you decide you would like us to print "phone lists" for the Area, I have included a couple of quotes below (the motion that was written last month did not reflect any cost information)..so it was ruled out of order.

Option A - Print 2000 phone lists/40 pads (40 sheets per pad) \$110

Option B - Print 2500 phone lists/40 pads (50 sheets per pad) \$125

5) PR MONTHLY MEETING RECAP

Helpline Coordinator & SacFNA- Our PR has not been able to find a Helpline Coordinator for ARANA. SacFNA has elected a Helpline Coordinator. We have been unable to fulfill this position here in ARANA, so we will utilize the one helpline coordinator between the 2 areas.

Regional Sharing Forum - I attended the regional “Sharing Forum” meeting along with our fellow NorCal PR/H&I representatives. At the PR Sharing Forum, we have been asked to discuss a few questions with our Areas (below) Please let me know if you or your group has input.

1) What PR tools would you like to see created?

2) What can we do to better motivate members into PR service?

NCCNA 48 (Spring 2027): On the topic of next year's NCCNA, PR has 2 events in mind: “ PR & Social Media” on Friday, and Saturday “PR Trivia Bingo” (traditional Bingo, interspersed with PR/NA Service trivia & prizes). Would love to hear your feedback. Would you ever consider attending a PR event when you’re at the Convention? What would entice you to attend?

Literature Racks Program -We are still looking for a member who might be interested in helping with the “RACKS” program. A Racks program allows us to place one of our literature racks out in our community (for example: hospital lobbies, Counseling & ER waiting rooms, etc) Duties would include managing the literature inventory, and keeping the racks full of literature. **We can not proceed with programs if we don’t have trusted servants to do the work.**

6) SERVICE OPPORTUNITIES -

The PR Subcommittee currently needs to fill the Helpline Coordinator position for the Helpline. Cleantime requirement: 2 years.

Duties: Responsible for the overall function, and staffing of the helpline.

7) ITEMS TO TAKE BACK TO YOUR GROUPS -

Please ask your Groups the following questions: 1) Would you ever consider attending a PR event when you’re at the Convention? What would entice you to attend? 2) What PR tools would you like to see created? 3) What can we do to better motivate members into PR service?

LITERATURE CHAIR

Good day to all!

Hoping all is well with you and your tribe!

This month was such an easy review and order submission. Kathleen and I spent a couple of hours this month in the process of ensuring we are prudent with our order. Our plan is that we review our master order to update how much inventory we should maintain and what is actually being used. Again, Thanks to Kari for stepping in to do the money portion of literature. We appreciate everyone’s patience with some of the errors in your orders as we do the best we can. Be reminded that my cell number is on the monthly agenda and I check it for a few days after area to remedy any errors shared and weekly for other requests or concerns.

Last month we collected \$1926.14 in Checks and Money orders, 213.65 through credit cards.

Total Credit Vouchers Redeemed \$0 Credit Vouchers Given 0

Our total income was \$2157.79

On 9/21/26 we placed an order with the RSO for the amount of \$ 1180.80

We received a total volume discount of \$76.75 which brought the total down to 1104.05

Total Shipping was \$121.45 which brought the total cost for literature up to \$ 1225.50

We appreciate the groups getting your vouchers taken care of each month. Thanks to everyone for the support and trust in the literature committee

Thank you for allowing us to be of service!!
Continued gratitude in service.
Delita A and Kathleen C

ACTIVITIES CHAIR

Good Evening Everyone,

We apologize to the GSRs for our absence at the September ASC. We had prior commitments that required us to be out of town and regret that we were unable to attend. Unfortunately, we've made the difficult decision to cancel our upcoming Movie Night due to limited ticket sales. If you purchased tickets, please contact the person you purchased them from for a refund. Thank you to everyone who supported the event. We truly appreciate you and apologize for any inconveniences.

Our Next Events:

Sponsorship Breakfast- TBA

American River Area Activities Committee We Want to Hear From You:

We've noticed a decline in ticket sales and participation at Activities Committee events throughout the American River Area. Rather than make assumptions, we would truly value the input and experience of our GSRs and the members they represent. We'd appreciate it if you could bring these questions back to your meetings:

- Do you feel there is still a need for an Activities Committee in our area?
- If so, what types of events or activities would you like to see offered that are not currently on our schedule?
- What could we do differently to make our activities more engaging and beneficial to the fellowship?

Our goal is to create activities that bring members together, strengthen our fellowship, and provide opportunities for connection and fun in recovery. Thank you for taking the time to gather your groups' feedback and share it with us. Your input is important, and we want to make sure the Activities Committee is meeting the needs and interests of the American River Area. Our meetings are held on Zoom, the second Monday of the month. Our next meeting will be held Monday 10/12/2026 at 6:30 5779611818 Password 1953. We hope to see y'all there.

Thank you for allowing us to be of service Charles and Summer

CAMPOUT CHAIR

Good Evening,

We have three vacancies on the committee- entertainment, assistant entertainment and volunteer coordinator. Our planning is going according to schedule/timeline. In October we will be submitting our budget, selecting speakers and starting our bid process for vendors.

Thank you,

SOFTBALL CHAIR

Hello,

Hope all is well. Everything is coming together like it always does, teams are starting to sign up. They always do towards the end when it gets close to the tournament date, which is the 17th of next month. We are meeting every Monday. Please keep announcing at the meetings about the softball tournament. That's in Elk Grove.

Thank you for letting me be of service. If you have any questions, the vice Chair is here to answer them. Thank you. Have a great evening.

Arty E

NCCNA REGISTRATION LIAISON FOR ASC

ARANA ASC Quorum Roll Call					
ADMIN COMMITTEE	NAME	PHONE #	08/07	09/04	10/02
1. Chairperson	Teana C	916-868-7433	x	x	

2. Vice-Chair	April W	916-342-5532	x	x	
3. Secretary	Marquis B	707-623-8204	x	x	
4. Treasurer	Janeice V	916-821-4531	x		
5. RCM1	Vacant				
6. RCM2	Jim C	916-704-2361	x	x	
7. Literature Chair	Delita A	279-895-4618	x	x	
8. Activities Chair	Charles M	916-519-2871			
9. Public Relations Chair	Vacant				
10. Campout Chair	Brian B	916-743-1743			
11. Softball Chair	Arty	916-203-2252			
12. Events Treasurer	Jennifer B	916-410-1370	x	x	
13. H&I Chair	Athena T	530-77-15920	x	x	
14. Alt Secretary	Kyle H	916-225-3022	x	x	
15. Alt Treasurer	Shaggy	916-662-9096	x	x	
16. Alt Events Treasurer	Brian J	916-647-1912		x	
17. Literature vice Chair	Kathleen	916-202-2811	x		
18. Public Relations vice chair	Jaine S	916-817-9144	x	x	
19. H&I Vice Chair	Danielle C	916-770-1871			
20. Softball vice Chair	Jim C	916-704-2361	x	x	
21. Campout vice Chair	Anastasia I	916-613-3220			
22.. Activities vice Chair	Summer L	279-228-9893	x		
MULTI-MEETING GROUPS	NAME	PHONE #	8/7	9/4	10/2
22. Broadrick Group	Steve R	916-826-9918	x	x	
104. Davis Group	Milly W.	314-330-7185	x		
23. It's a We Program	Irene B	530-919-1626	x	x	
20. Leave the Drama at the Door	Ace D	346-709-1218	x		
47. Without Parallel	Jack	916-289-9552	x	x	
25. North Sac Group	Leonard S	916-345-6226	x	x	
160. Honesty Openmindedness Willing	Robert R	916-544-7854	x	x	
161. Morning Fix in the 916	Rachel	916-968-9940	x		
99. Recovery in Rio Linda	Dan D	916-271-3187	x	x	
71. Mad About Recovery	David K	916-370-8263	x	x	
54. NA Meeting Makers Make It	Cesar E	916-281-1140	x		
MONDAY MEETINGS	NAME	PHONE #	8/7	9/4	10/2
35. Women Helping Women	Mariah	408-627-9329	x	x	
110. Carmichael Recovery Inclined	Kristina T	530-368-4184	x	x	
TUESDAY MEETINGS	NAME	PHONE #	8/7	9/4	10/2
41. By the Book	Jake L	916-508-9854	x	x	

156. One Addict Helping Another	Jennifer M	916-544-3213	x	x	
163. Willingness at Nite Time	Dreamer	530-450-9718	x		
72. Back to Basics	Joel S	916-802-0406	x	x	
46. Surrender Group	Kelly	916-547-7523	x	x	
WEDNESDAY MEETINGS	NAME	PHONE #	8/7	9/4	10/2
49. Here, Try This	Michelle G	916-256-7173	x	x	
158. We do Recover	Eric L	916-507-4336	x	x	
29. Women's Tea House	Willy M	916-719-3862		x	
165. Avoiding Addiction	Aamina P	916-692-4850	x	x	
THURSDAY MEETINGS	NAME	PHONE #	8/7	9/4	10/2
24. Book Around and Find Out	Ellie R	916-274-1830	x	x	
45. Rebels With A Cause	Will R	916-886-4415	x	x	
75. New Attitude	Ben B	916-261-8369	x	x	
76. Not High Noon	Terry B	916-710-4982	x	x	
FRIDAY MEETINGS	NAME	PHONE #	8/7	9/4	10/2
164 Folsom Friendly Fridays	Apollo E	925-768-9735	x	x	
27. "Get Fed" Friday Night Recovery	Bernie O	916-336-1566	x	x	
98. Recovery in Progress	Anna S	916-370-1087	x	x	
SATURDAY MEETINGS	NAME	PHONE #	8/7	9/4	10/2
48. Desire to Stop	Ed M	916-764-1489	x	x	
83. Saturday Night Alive	Chuck M	916-517-9513	x		
159. Principles before Personalities	Harry A	916-261-7455	x		
74. Growth & Change	Denise P	916-912-7920	x	x	
139. Young Pups in Recovery	Felicia S	916-745-5169	x	x	
82. Being Clean Is Happening	Dodie O	916-230-5328		x	
28. Woman to Woman	Jacqueline B	916-213-0121	x	x	
SUNDAY MEETINGS	NAME	PHONE #	8/7	9/4	10/2
61. Have Mercy	Joey N	916-912-0948	x	x	
92. Sunday Night Serenity	Kristy	916-613-8962	x		
69. Journey Within	Dan T	916-969-6998	x	x	
157. Hugs not Drugs	Ethan	916-903-3133	x	x	
21. Together In Recovery	Danielle C	916-770-1871	x	x	
88. Ashes to Diamonds	Tim M	916-582-5221	x	x	
30. Sunday Night Solutions	Heath S	916-349-6947	x	x	
			40	35/29	
TOTAL COUNT OF GROUPS			44	44	44
			8/7	9/4	10/2

Meetings removed for missing more then two meetings					
166. NA Uncut	Michael S	916-208-5037			
77. Addicts in Action	Jimmy M.	916-712-0300			
154. Promise of Freedom					
51. Stepping Stone NA Recovery	Brandy C	916-912-5342			
130.Evening Fix in 916	Chris K	916-728-8270			
Available Numbers					
55, 155, 167					
Number available					

Minutes
AMERICAN RIVER AREA SERVICE COMMITTEE
September 4, 2026
(FUTURE ASC 10/02, 11/06)

I. Open

12 Traditions: Bryan
12 Concepts: William
Purpose of ASC: Jake
Decorum Statement:Joel
Vision Statement:
Announcements

II. Welcome New ASC Participants

III. GSR Reports

IV. ADMINISTRATIVE REPORTS

Chair	Teana C	pg.	H&I	Athena T	pg.
Vice Chair	April W	pg.	PR		pg.
Secretary	Marquis B	pg.	Literature	Delita A	pg.
Treasurer	Janeice V	pg.	Activities	Charles M	pg.
Events Treasurer	Jennifer B	pg.	Campout	Brian B	pg.
RCM I		pg.	Softball	Arty	pg.
RCM II	Jim C.	pg.	NCCNA Registration Liaison	Bob	pg.

V. Quorum Call (Roll Call) attached results: 35/29 of 44
(Birthday Celebration - during tally of quorum count)

VI. Approval of Previous Months ASC Minutes (page 30)passed

VII. Approval of Previous Months Treasurer's Report (page 33) passed

VIII. Open Forum/Parking Lot

- It's a we program store in areas storage one black stone 4 solar lanterns & lights (Irene)
- WSZF - Western States Zonal Forum (Jim)
- Metropolitan Shared Services (Janie)

IX. Elections:

Softball Chair - passed
RCM I - tabled
PR - tabled

FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:

Softball Chair/Vice Chair – January	Literature Chair/Vice Chair – July
PR Chair/Vice Chair – February	Chair/Vice Chair – July
Activities Chair. Vice - Chair April	Campout Chair/ Vice Chair – July
H&I Chair/Vice Chair –May	Treasurer/Alt. Treasurer - December
Secretary/Asst. Sec – May	Events Treasurer/Alt. Events Treasurer – December
RCM I – June – Even years	RCM II – June – Odd years

XII. OLD BUSINESS

701	Current Language Reads: 2) All events subcommittees will submit to the ASC a proposed Budget at the start of the event planning. All event subcommittees will submit to the ASC a final budget to actual at the ending of the event and closing of the books. Proposed Change: Add subsection a) under Section V, C, 2: a) All event subcommittees may make facility deposits of up to \$1,000 to secure venues for area-sponsored events prior to submitting a proposed budget to the ASC when necessary to reserve the facility. Any deposit made under this authority shall be reported to the ASC at the next regular ASC meeting. A complete proposed event budget will be submitted to the ASC for approval at the earliest practical opportunity. Intent: To allow event subcommittees to secure facilities when deposits are required prior to the next ASC meeting or before a full proposed budget has been developed, thereby reducing the risk of losing venues while maintaining financial accountability and ASC oversight.	tabled
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XIII. NEW BUSINESS

901	Motion: To increase the movie night budget by \$130 on line 4.1 for the movie permit. Intent: to purchase a movie license that will allow the area to play movies for 1 year instead of one-time use	pba
902	Motion: To print phone number page for newcomers phone list Intent: save lives	Ruled it out of order/no cost assoicated

Treasurer's Report

DATE		ACTIVITY	Totals	
9/1/2026		BEGINNING BALANCE	\$ 3,610.63	\$ 3,610.63
		PayPal Area Donations	\$ 90.65	\$ 90.65
		Square Literature sales	\$ 287.45	\$ 287.45
		Literature Sales	\$ 1,742.74	\$ 1,742.74
		Area Donations	\$ 1,855.15	\$ 1,855.15
		Deposit Transfer for balance of Aug Schedules	\$ 4.67	\$ 4.67
		7th Tradition (includes paypal transfer)	\$ 71.37	\$ 71.37
		Transfer from Savings to cover storage	\$ -	\$ -
			\$ -	\$ -
		Transfer from Events (Pool Party)	\$ 823.53	\$ 823.53
		Transfer from Events (Campout)	\$ 4,147.99	\$ 4,147.99
		Transfer Excess	\$ -	\$ -
		Total Deposits/Transfers	\$ 9,023.55	
		Total before Expenses	\$ 12,634.18	
	TRF	To Cover Annual Expenses	\$ (425.00)	\$ (425.00)
	TRF	Accumilated Sales Tax-Event	\$ -	\$ -
	TRF	Accumilated Sales Tax-	\$ (163.35)	\$ (163.35)
	EFT	Non Profit Insurance	\$ (242.96)	\$ (242.96)
	2465	ARANA H&I Lit	\$ (532.15)	\$ (532.15)
	2466	Janeice V - Agenda's & Schedules	\$ (373.68)	\$ (373.68)
	2468	Athena H&I Poster	\$ (27.00)	\$ (27.00)
	2469	April W - H&I Zoom	\$ (16.99)	\$ (16.99)
	2470	Marquis B - Adobe for Secretary	\$ (112.90)	\$ (112.90)
	2471	NCRSO - Invoice 46243	\$ (1,757.27)	\$ (1,757.27)
	2472	NCRSC	\$ (1,000.00)	\$ (1,000.00)
	TRF	Twilio Balance - PR	\$ (100.00)	\$ (100.00)
	TRF	Printing for August PR Schedules	\$ (165.00)	\$ (165.00)
	TRF	To Savings	\$ (326.98)	\$ (326.98)
		Total Transfers/Payments	\$ (5,243.28)	
		ENDING BALANCE	\$ 7,390.90	\$ 7,390.90
		Prudent Reserve - 2 mos.operating expense \$2023.00	\$ (4,046.00)	\$ (4,046.00)
		WSLD for PR and H&I Chairs	\$ (1,389.40)	\$ (1,389.40)
		Surplus/(Defect) from prudent reserve	\$ 1,955.50	\$ 1,955.50
		Savings Account Beginning Ledger Balance	\$4,230.37	\$4,230.37
		Interest Credit	\$0.00	\$0.00
	Transfer	To Cover Annual Expenses Aug	\$425.00	\$425.00
	Transfer	Accumulated sales tax for Aug	\$ 163.35	\$ 163.35
	Transfer	Return to Black	\$ 326.98	\$326.98
		Balance after incoming transfers	\$5,145.70	
	Transfer	To cover Annual Expenses for storage (Qtrly)	\$ -	\$ -
	EFT	To Cover Sales Tax Payment Due	\$ -	\$ -
	Transfer	Excess in Savings	\$ -	\$ -
		Less Total Transfers out of Savings	\$ -	
		Ending Ledger Balance	\$5,145.70	\$5,145.70
		Prudent Reserve \$2023.00	\$ (2,023.00)	
		Total in Savings	\$3,122.70	
		Less Accumulated Annual Expenses	(\$2,779.02)	
		Less Accumulated sales taxes	\$ (343.68)	
		Excess Savings Account	\$ (0.00)	