

**Minutes**  
**AMERICAN RIVER AREA SERVICE COMMITTEE**  
**10/03/25**  
**(FUTURE ASC 11/01, 12/05)**

**I. Open**

12 Traditions:  
12 Concepts:  
Purpose of ASC:  
Decorum Statement:  
Vision Statement:  
Announcements

**II. Welcome New ASC Participants**

**III. GSR Reports**

**IV. ADMINISTRATIVE REPORTS**

Chair	Teana C	pg. 3	H&I	Athena T	pg. 17
Vice Chair	April W	pg. 3	PR	Robert C	pg. 20
Secretary	Felicia A	pg. 4	Literature	Delita A	pg. 21
Treasurer	Athena W	pg. 4	Activities	Charles M	pg. 21
Events Treasurer	Rob B	pg. 10	Campout	Morgan K	pg. 22
RCM I	Janie S	pg. 14	Softball	Arty E	pg. 24
RCM II	Jim C.	pg. 14	NCCNA Program Liaison	Summer L	pg,24

**V. Quorum Call (Roll Call) attached results: of 44**  
(Birthday Celebration - during tally of quorum count)

**VI. Approval of Previous Months ASC Minutes (pages)**

**VII. Approval of Previous Months Treasurer's Report (pages)**

**VIII. Open Forum/Parking Lot**

**IX. Elections:**

**H&I Vice Chair**

**FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:**

Softball Chair/Vice Chair – January  
PR Chair/Vice Chair – February  
Activities Chair. Vice - Chair April  
H&I Chair/Vice Chair –May  
Secretary/Asst. Sec – May  
RCM I – June – Even years

Literature Chair/Vice Chair – July  
Chair/Vice Chair – July  
Campout Chair/ Vice Chair – July  
Treasurer/Alt. Treasurer - December  
Events Treasurer/Alt. Events Treasurer – December  
RCM II – June – Odd years

**X. OLD BUSINESS**

901	<p>Motion to change the ARANA Guidelines as follows: ADD: V. PARTICIPANTS: B. Specific member requirements &amp; Duties: 5) Treasurer: b) Duties: x. To encumber funds to cover travel expenses (i.e. airfare, train ticket, or mileage rate per ASC guidelines), lodging, and registration fees for one representative from the Hospitals and Institutions (H&amp;I) and Public Relations (PR) subcommittees to attend Western Service Learning Days (WSLD). The encumbered funds shall not exceed \$2000 (\$1000 for H&amp;I, \$1000 for PR) annually by March of the year of WSLD. The WSLD participation funds will be sourced from ARANA events until fully funded. Intent: To fund ARANAs participation annually at WSLD by sending a representative from each PR and H&amp;I subcommittees.</p>	
902	<p>Motion to change the ARANA Guidelines as follows: ADD V. PARTICIPANTS: C. Subcommittees: 10) a)HOSPITALS AND INSTITUTIONS: ii. Duties: 5. To send a representative from the Hospitals and Institutions subcommittee to attend Western Service Learning Days (WSLD). The designated representative will submit a written report and present the report to the ASC within 2 months after attending WSLD. Intent: To send a representative from the H&amp;I subcommittee to WSLD and require the representative submit a written report and present the report to the ASC within 2 months after attending WSLD.</p>	
903	<p>Motion to change the ARANA Guidelines as follows: ADD V. PARTICIPANTS: C. Subcommittees: 10) b) PUBLIC RELATIONS: ii. Duties: 10. To send a representative from the Public Relations subcommittee to attend Western Service Learning Days (WSLD).The designated representative will submit a written report to the ASC within 2 months after attending WSLD.  Intent: To send a representative from the PR subcommittee to WSLD and require the representative submit a written report and present the report to the ASC within 2 months after attending WSLD.</p>	

**XI. NEW BUSINESS**


**ASC CHAIR**

Good Evening

This month I attended the H&I, Softball, Campout and Admin meetings. Admin is currently in the process of updating the signers on the checking and savings accounts.

Thanks for letting me be of service.

Teana

**ASC VICE CHAIR**

Good evening family,

I attended the activities subcommittee meeting.

I also attended the PR meeting and spoke with my contact with sac ems and will be dropping off our cards at the next ems meeting. I also passed the Brian's info to rob for follow-up, etc

I am looking forward to the fall event this month.

Thank you for letting me be of service.

April W

## **ASC SECRETARY**

Good evening,

Thank you to everyone that sent in reports in a timely manner.

If you are a new GSR or New Alternate GSR please come and sign the sign in sheet , we will have it updated for the next area.

Thank you for allowing us to be of service

Marquis & Felicia

## **ASC TREASURER**

October Treasurer Report for Sept numbers

If you have donations, please feel free to mail them to the PO Box.

ARANA

PO box 417482

5420 Kohler Road

Sacramento, CA 95841

Good Evening.

We deposited \$9,962.82 this month.

Expenses from August Area Business was \$8,124.15

Donation to NCRSC was \$2500.00.

We kept 2 months of the budget in Checking and a balance of \$1960.00 for WSLD reserve.

Amount left in Checking after Prudent Reserve is \$2006.17 to discuss with GSR's on what action to take.

Amount in Savings is:

Ending Ledger balance of ..... \$5200.95

Less Prudent Reserve..... \$2023.00

Less Accumulated Annual Expenses..... \$3177.95

Less Accumulated Sales Taxes..... \$578.93

Excess in Savings above budgeted Amounts.....\$ 670.00

Thanks for letting us be of service.

Athena & Janeice

Treasurer's Report

DATE		ACTIVITY	Totals	
9/30/2025		BEGINNING BALANCE	\$ 6,173.50	\$ 6,173.50
		PayPal Area Donations	\$ 183.74	\$ 183.74
		Square Literature sales	\$ 512.57	\$ 512.57
		Literature Sales	\$ 2,432.25	\$ 2,432.25
		Area Donations	\$ 1,600.35	\$ 1,600.35
		H&I Donation	\$ -	\$ -
		7th Tradition	\$ 66.00	\$ 66.00
		Transfer from Events - Unity Day	\$ 302.70	\$ 302.70
		Transfer from Savings to cover storage	\$ 825.00	\$ 825.00
		Transfer from Events - Campout	\$ 4,040.21	\$ 4,040.21
		Total Deposits/Transfers	\$ 9,962.82	
		Total before Expenses	\$ 16,136.32	
	TRF	To Cover Annual Expences for July	\$ (400.00)	\$ (400.00)
	TRF	Accumilated Sales Tax-Event	\$ -	\$ -
	TRF	Accumilated Sales Tax-Sept	\$ (236.94)	\$ (236.94)
	2330	Robert C - PR Schedules	\$ (212.81)	\$ (212.81)
	2331	Athena T - Unity Day	\$ (100.21)	\$ (100.21)
	2332	April Williams - Zoom	\$ (15.99)	\$ (15.99)
	2333	Janeice Vidal - Agenda's	\$ (145.14)	\$ (145.14)
	2334	Arana Literature	\$ (631.40)	\$ (631.40)
	2336	Betty McClean - ASC Coffee	\$ (36.00)	\$ (36.00)
	2337	Islip & Co. - CPA	\$ (620.00)	\$ (620.00)
	2339	Seth Landerfelt - New Calculator for ASC Treasurer	\$ (38.32)	\$ (38.32)
	2338	NCRSO	\$ (2,162.14)	\$ (2,162.14)
	2340	I Storage	\$ (825.00)	\$ (825.00)
	2341	NCRSC	\$ (2,500.00)	\$ (2,500.00)
	EFT	Non Profit Insurance	\$ (200.20)	\$ (200.20)
		Total Transfers/Payments	\$ (8,124.15)	
		ENDING BALANCE	\$ 8,012.17	\$ 8,012.17
		Prudent Reserve - 2 mos.operating expense \$2023.00	\$ (4,046.00)	\$ (4,046.00)
		WSLD for PR and H&I Chairs	\$ (1,960.00)	\$ (1,960.00)
		Surplus/(Defect) from prudent reserve	\$ 2,006.17	\$ 2,006.17
		<b>Savings Account Beginning Ledger Balance</b>	<b>\$5,389.01</b>	\$5,389.01
		Interest Credit	\$0.00	\$0.00
	Transfer	To Cover Annual Expenses Sep	\$400.00	\$400.00
	Transfer	Accumulated sales tax for Sep	\$ 236.94	\$236.94
			\$ -	\$0.00
		Balance after incoming transfers	\$6,025.95	
	Transfer	To cover Annual Expenses for storage (Qtrly)	\$ (825.00)	\$ (825.00)
	Transfer	To Cover Sales Tax Payment Due	\$ -	\$ -
	Transfer	Excess in Savings	\$ -	\$ -
	Transfer	To cover monthly insurance premium	\$ -	\$ -
		Less Total Transfers out of Savings	\$ (825.00)	
		Ending Ledger Balance	\$5,200.95	\$5,200.95
		Prudent Reserve \$2023.00	\$ (2,023.00)	
		Total in Savings	\$3,177.95	
		Less Accumulated Annual Expenses	(\$1,929.02)	

Treasurer's Report

		Less Accumulated sales taxes	\$	(578.93)	
		<b>Excess Savings Account</b>	<b>\$</b>	<b>670.00</b>	

Balance shown on statement

9/30/2025

\$14,941.88

Deposits not shown

Transfer	From Events		
Transfer	From Saving to cover expenses paid	\$	825.00
Transfer	From Saving - Excess	\$	-
		subtotal	\$ 825.00

Sub Total

\$15,766.88

Checks outstanding

CK #	Name	Amount	
2546	Dana H. Schedules	\$ 230.48	\$ 230.48
2578	Rob T - Literature Forms	\$ 77.21	\$ 77.21
2338	NCRSO	\$ 2,162.14	\$ 2,162.14
2340	I Storage	\$ 825.00	\$ 825.00
2341	NCRSC	\$ 2,500.00	\$ 2,500.00
	Voided and reissued checks	\$ 137.51	\$ 137.51
2329	NCRSC	\$ 1,185.43	\$ 1,185.43
TRF		\$ -	\$ -
TRF	Accumulated Sales Tax - Sep	\$ 236.94	\$ 236.94
TRF	Annual Expenses Sep	\$ 400.00	\$ 400.00
TRF	To Savings Sales Tax events	\$ -	\$ -

Total Uncleared Checks

\$ 7,754.71

Adjusted Ending Bank Balance (Ledger balance)

\$8,012.17

Ending Ledger Balance

\$ 8,012.17

\$0.00

Savings Account Bank Reconciliation

Statement Balance

09/30/25

\$5,389.01

Additions to Account

Transfer	\$ 400.00
	\$236.94
	\$0.00
	\$0.00
	\$6,025.95

Subtractions from account

Uncleared Transactions

	\$825.00
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asc ledger

Savings Ledger ending balance

\$5,200.95

Adjusted Balance

Bank Ending Balance

\$5,200.95

Difference

\$0.00

	Approved										Totals By	Regional
	Budget per mo.	Admin	ASC Rent	H&I Admin.	H&I Lit	Lit.	PR-sch	Accum Annual Exp	Insurance	Month	Month	Donations
1		\$200.00	\$35.00	\$50.00	\$750.00	\$35.00	\$350.00	\$400.00	\$203.00	\$2,023.00	\$2,023.00	
2		\$177.31	\$0.00	\$31.98	\$705.00	\$143.09	\$212.81	\$400.00	\$625.09	\$2,295.28	\$ 130.00	
3	July	\$124.51	\$0.00	\$0.00	\$419.60	\$0.00	\$212.81	\$400.00	\$94.44	\$1,251.36	\$ 1,185.43	
4	Aug	\$183.46	\$0.00	\$0.00	\$0.00	\$0.00	\$212.81	\$400.00	\$200.20	\$996.47	\$ 2,500.00	
5	Sep											
6	Oct											
7	Nov											
8	Dec											
9	Total Expense	\$485.28	\$0.00	\$31.98	\$1,124.60	\$143.09	\$638.43	\$1,200.00	\$919.73	\$3,623.38	\$3,815.43	
10												
11	Budget x 6 mo.	\$1,200.00	\$210.00	\$300.00	\$4,500.00	\$210.00	\$2,100.00	\$2,400.00	\$1,218.00	\$10,920.00		
12	Difference	\$714.72	\$210.00	\$268.02	\$3,375.40	\$66.91	\$1,461.57	\$1,200.00	\$298.27	\$7,296.62	(\$3,809.43)	
13	Average	\$161.76	\$0.00	\$10.66	\$374.87	\$47.70	\$212.81	\$400.00	\$306.58	\$1,207.79	\$1,271.81	
14	Months To Aver	3	3	3	3	3	3	3	3	3	3	
15	INCOME	7th Trad	Group Don.	H&I Don	Events Transfers	PR	Accum Sales Tax	Annual Exp Paid	Totals By Month	Income less Events & Annual Exp		
16	Jul	\$49.00	\$1,146.09	\$0.00	\$0.00	\$0.00	\$202.74	\$550.00	\$1,947.83			
17	Aug	\$67.75	\$870.10	\$0.00	\$2,216.79	\$0.00	\$139.25	\$0.00	\$3,293.89			
18	Sep	\$66.00	\$1,600.35	\$0.00	\$4,342.91	\$0.00	\$236.94	\$0.00	\$6,246.20			
19	Oct											
20	Nov											
21	Dec											
22	Total Income											
23												
24	Average	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	#DIV/0!		
25	Months to Aver	3	3	3	3	3	3	3	3	0		

Approved Jul - Dec 2025 Budget											
		Admin	ASC Rent	H&I Admin.	H&I	Lit Admin	PR	Annual Expenses	Insurance	Total	2 Month's Expenses
	Approved	\$200.00	\$35.00	\$50.00	\$750.00	\$35.00	\$350.00	\$400.00	\$203.00	\$2,023.00	\$4,046.00
6 month	6 month total	\$ 1,200.00	\$ 210.00	\$ 300.00	\$ 4,500.00	\$ 210.00	\$ 2,100.00	\$ 2,400.00	\$ 1,218.00	\$ 10,920.00	



2025 Annual Expenses							
		Storage- Due Quarterly 2025	ASC PO Box Due Oct. Oct 2025	Charitable Trusts - Due With Taxes - Around	Tax Preparation Paperwork Due to CPA by May	Excess Annual Expense	Total Annual Expenses
Beginning Balance	Jan 01	\$750.00	\$274.64	\$74.50	\$2,194.12	\$101.76	\$3,395.02
		\$ (741.00)			\$ (1,000.00)		\$ (1,741.00)
Annual Expense	January	\$ 247.00	\$ 23.42	\$ 4.17	\$ 95.42		\$ 370.00
Annual Expense	February	\$ 247.00	\$ 23.42	\$ 4.17	\$ 95.42	-	\$ 370.00
Annual Expense	March	\$ 247.00	\$ 23.42	\$ 4.17	\$ 95.42	-	\$ 370.00
		\$ (825.00)		\$ (50.00)			\$ (875.00)
Annual Expense	April	\$ 247.00	\$ 23.42	\$ 4.17	\$ 95.42	-	\$ 370.00
Annual Exp. Accum	May	\$ 247.00	\$ 23.42	\$ 4.17	\$ 95.42	-	\$ 370.00
Annual Expense	June	\$ 247.00	\$ 23.42	\$ 4.17	\$ 95.42	-	\$ 370.00
		\$ (825.00)					\$ (825.00)
Annual Expense	July	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
Annual Expense	August	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
Annual Expense	September	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
	September	\$ (825.00)			\$ (620.00)		\$ (1,445.00)
Annual Expense	October	\$ -	\$ -	\$ -	\$ -	-	\$ -
	October		\$ -	\$ -			\$ -
Annual Expense	November	\$ -	\$ -	\$ -	\$ -	-	\$ -
Annual Expense	December	\$ -	\$ -	\$ -	\$ -	-	\$ -
	December						\$ -
Total Annual Expenses for 2025		\$ (159.00)	\$ 485.39	\$ 62.00	\$ 1,432.87	\$ 107.76	\$1,929.02

3rd quarter Sales Taxes				
Month	Sales	Nontaxable Sales	Less Taxes Taxable	Taxes
Jul	\$ 2,519.83		\$ 2,317.09	\$ 202.75
Aug	\$ 1,730.64		\$ 1,591.39	\$ 139.25
Sep	\$ 2,944.82		\$ 2,707.88	\$ 236.94
Event	\$ -			\$ -
Event				
Totals	\$ 7,195.29	\$ -	\$ 6,616.36	\$ 578.93

## **EVENTS TREASURER**

Good evening!

We attended the Admin, Activities, and Campout subcommittees last month.

Campout has submitted a budget tonight for the 2026 event for approval. The 2025 Campout ASC Donation has been transferred to the ASC checking account in the amount of \$4,040.21.

The ASC donation from Unity Day has also been transferred to the ASC Checking in the amount of \$302.70.

As a reminder, online registration is now available for our events!!! You can now register and pay online for the October Spirits of Gratitude event! The QR code is on the flyer. The website is [aranaevents.square.site](https://aranaevents.square.site). As we schedule more ticketed events, they will be added to the website.

Thank you for letting us be of service.

Jennifer B.

Rob R.

October 2025  
EVENTS TREASURER REPORT  
Checking Account Ledger  
For Month Ended September 30, 2025

[illegible]

**\*\* February Event Column(s) hidden from report as ending balances all \$0 with no activity to report\*\***

October 2025  
EVENTS TREASURER REPORT  
Savings Account Ledger  
For Month Ended September 30, 2025

September 2025 Activity		Savings Account		Interest/		Insurance		Campout		Activities		Monthly Activities		Softball		Unity Day		MAE		NY Dance	
		+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=
TRAN	Beginning Balance		\$14,212.20	\$12.20		\$1,200.00															
	15-Sep Reserve Transfer	\$1,500.00																			
	15-Sep Reserve Transfer to Campout 1/2	-\$3,500.00						-\$3,500.00				\$1,500.00									
DEBIT																					
DEP																					
INT																					
	Ending Balance	-\$2,000.00	\$12,212.20	\$0.00	\$12.20	\$0.00	\$1,200.00	-\$3,500.00	\$3,500.00	\$0.00	\$0.00	\$1,500.00	\$1,500.00	\$0.00	\$0.00	\$0.00	\$2,000.00	\$0.00	\$0.00	\$0.00	\$4,000.00
								Reserve: \$7,000		Reserve: \$2,500		Reserve: \$1,500		Reserve: \$1,500		Reserve: \$2,000		Reserve: \$0		Reserve: \$4,000	

**Bank Reconciliation**  
**Month Ended September 2025**

EVENTS CHECKING		
Particulars	Amount	
Balance as per bank statement	\$ 9,456.77	
Add: Deposits not credited		
	\$ -	
Total deposits not credited:		\$ -
Add: Returned Items		
Total returned items:		\$ -
Less: Outstanding checks/transfers		
No. 9999	\$ 3,500.00	
No. 2273	\$ 232.73	
No.		
No.		
Total outstanding checks:		\$ 3,732.73
Less: Bank Error		
Total bank error:		\$ -
Adjusted balance per bank statement:	\$ 5,724.04	
Balance as per ledger:	\$ 5,724.04	
Difference:	\$ -	

EVENTS SAVINGS		
Particulars	Amount	
Balance as per bank statement	\$ 12,212.20	
Add: Deposits not credited		
	\$ -	
Total deposits not credited:		\$ -
Less: Outstanding withdrawals		
No.	\$ -	
Total outstanding withdrawals:		\$ -
Adjusted balance per bank statement:	\$ 12,212.20	
Balance as per ledger:	\$ 12,212.20	
Difference:	\$ -	

# RCMI & II

## NAWS (NARCOTICS ANONYMOUS WORLD SERVICE) NEWS

Website: [www.na.org](http://www.na.org)

### **1) CAR (CONFERENCE AGENDA REPORT) WORKSHOP 1/31/26 10am-4pm**

The Sierra Foothills Area has been chosen to host the 2026 CAR Workshop within our Zone. This is your opportunity to have a voice and most importantly, a VOTE! At the CAR Workshop, we will review and discuss the upcoming WSC (World Service Conference), issues facing our Worldwide fellowship, and finally you submit your vote. Please come and meet your Regional Delegates (that represent you and your group at the WSC), and enjoy your day Fellowshiping.

**January 31st 10am - 4pm (or until it ends)**

**5400 Barton Road, Loomis, CA, 95650 (Corner of Barton & Rocklin Road)**

### **2) IDT's (INFORMATION DISCUSSION TOPICS) FOR THE WSC-(WORLD SERVICE CONFERENCE)**

Starting next month, we will begin discussing the first of 4 topics that are slated to be on the Agenda at the upcoming WSC (WORLD SERVICE CONFERENCE) next Spring. Each month we will take a few minutes to review and discuss these topics. This past year the fellowship was surveyed, and the below topics were at the top of the list

- A) November- Gender-Neutral and Inclusive Language in NA Literature
- B) December- Dealing with Disruptive and Predatory Behavior
- C) January- DRT/MAT as It Relates to NA: Helping Members Take Root
- D) February- Reimagining and Revitalizing Service Committees

**3) 15% LITERATURE PRICE INCREASE** -As reported by NAWS: Global conditions have made it impossible for them to postpone a literature price increase any longer. For 2 years, NAWS has held off on raising prices, but to continue this would result in an estimated loss of \$670,000 in the upcoming 2025-2026 fiscal year. It is a combination of tariffs and increased cost of goods that have created the deficit that they can no longer absorb. Some items will stay at the same price until they exhaust their existing inventory, but the average price increase is 15%.

**4) DIRECT FUNDING** A Note from NAWS (about DIRECT FUNDING as outlined in IP's 24 & 28. "We want to take a moment and share our gratitude for the support that we have received at NA World Services (NAWS). Over the past several years, many of you have stepped up to show your support by means of direct contributions. Whether from your own personal finances or by way of your homegroups or your service bodies, these contributions help fund our ongoing efforts to carry out the "Vision for NA Service" (which we read each month here at Area). Without these direct contributions, NAWS remains solely dependent on its literature sale proceeds. The concept is to help reduce their dependency on literature sales.

Here are some highlights of the "Vision for NA Service" work that this funding has enabled NAWS to do:

- A. It has allowed NAWS to continue supporting local communities around the world (including their PR and Fellowship development efforts, and more).
- B. In the last fiscal year, NAWS was able to provide over \$750,000 worth of free and subsidized literature to members and NA communities in need.
- C. NAWS has been able to provide inmates with tablets (at no cost) to over one million incarcerated addicts—and growing.
- D. These contributions have helped to fund translations, audio materials, and resources for members with physical challenges, as these needs continue to grow, requiring constant and increasing investments.
- E. For other communities in need, NAWS was able to continue to post IPs and booklets for free in over 60 languages.

Question for our GSR's-How many of our groups have discussed this direct funding issue? How does our Area feel about splitting our Regional donation between the RSC and NAWS? Last year our total contribution to the RSC was \$10,000-if we vote to change to direct funding, the RSC would get \$5k, and then NAWS would receive \$5K from ARANA. We encourage you to discuss this growing topic with your groups.

**5) AUDIO NA LITERATURE:** For those members who need/prefer to listen to their Basic Text on Audio, NAWS has audio recordings of the Basic Text in twelve languages. NAWS is also currently working on posting audio versions of *An Introductory Guide to NA*.

Website: [na.org/audio](http://na.org/audio)

## RSC (REGIONAL SERVICE COMMITTEE) NEWS

Website: [www.norcalna.org](http://www.norcalna.org)

### **6) OPEN FORUM TOPICS DISCUSSED AT REGION THIS MONTH**

- A. **DIRECT FUND FLOW:** Some of our fellow Areas within Northern California have begun the shift their fund flow contributions to the 50%/25%/25% fund flow. For example, the Mission Peak Area reported that their RSC Donation was \$1,476.66 last month, and they mailed a Donation of \$1,326.66 to NAWS.

B. **BACNA (BAY AREA CONVENTION COMMITTEE NARCOTICS ANONYMOUS) & MBCNA (MONTEREY BAY CONVENTION NARCOTICS ANONYMOUS)**-At the RSC (REGIONAL SERVICE COMMITTEE) we have been discussing the growing concern involving these Convention committees and their lack of financial transparency. After many requests from their ASC for financial accountability, the MBCNA has yet to provide any treasury information, as well as returning the \$5k in seed money that was given to them originally. Similarly, BACNA has yet to respond to the multiple requests from the Mission Peak ASC to provide any kind of financial accountability. Unlike MBCNA, BACNA is not financially accountable to a given Area/ASC. At times, some of BACNA's activities have been sponsored by an individual group, but no point of accountability to the ASC.

C. **SPANISH SPEAKING AREA:**

Website <https://www.norcana.org/>

Keep in mind that we have a Spanish Speaking Area that covers the Northern California Region. They have 18 groups located within 12 different Northern California Areas. We only have 1 Spanish Speaking meeting within ARANA. This meeting is over 25 years old. This November the Spanish Speaking Area itself celebrates a 15 year anniversary, and next spring they are having a statewide convention on March 13th-15th 2026. Their Spanish speaking Area helpline/hotline is: (855) 667-2262



<https://www.chhcna.com/>

7) NCCNA 47 -SacFNA was awarded Program for NCCNA 48 in 2027.

8) **PR / H&I SHARING FORUM** -The Regional PR/H&I hold a sharing forum every other month that gives PR and H&I representatives from each area a chance to gather and share information. The Regional PR/H&I Sharing Forum is held on the 4th Saturday of every odd month. The next forum is: 11/22/25 @ 10am. Virtual Code 917 628 744 PW 006363

9) **FINANCIAL STUFF for AUGUST 2025**

RSC Expenses totaled = \$7906  
 RSC 7<sup>th</sup> tradition donations received from areas = \$5105  
 RSC Donation to NAWS (NA World Service) = \$10,264.55  
 American River RSC Donation = \$1185.43  
 American River RSC Donations for the year 2024-2025 = \$10,896

10) **REGIONAL SERVICE OFFICE (RSO)**

- New Merchandise from the RSO-They have introduced a line of merchandise with the “Est 1953” logo on it. They have new caps/hats, tee shirts, and hoodies. \*Refer to the ‘Did you know’ section for a photo!
- We have 4 open seats on the Northern California Board of Directors... There are two 2-year seats, and two 1-year seats. They are ‘entry level’ positions so it is a perfect option for any one that might be interested in an amazing way to be of service.
- The 2024-2025 fiscal year end showed a profit of \$21,715.90.

11) **RSO SALES NUMBERS -**

Areas have had great success with a summer BBQ event called “Big Wieners & Phat Buns”

- NCCNA XLVII 4/2/26 -4/5/26 Submitted by Patty S NCCNA Vice Chair

12) **DID YOU KNOW???** That the Northern California Region is licensed to use the “EST 1953” logo. New merch is below!



<https://norcalna.org/product/flat-bill-snapback-1953-hat/>

<https://norcalna.org/product/1953-license-plate-t-shirt/>

<https://norcalna.org/product/1953-license-plate-sweatshirt/>

### 13) NEW BUSINESS MOTIONS

Motion #	Motion Wording	Submitted by	Seconded by	Count
25-09-01	To provide an approved action plan for the RSC for the 2025-2026 cycle.	FST		PBA
	Intent: To provide an approved action Plan for the RSC for the 2025-26 cycle			
25-09-02	To approve the offered FAQ booklet for new trusted servants	FST		PBA
	Intent to make it easier to get answers to frequently asked questions			

25-09-03	To A Northern California Fellowship Services Team (FST) approve " Revised 07-24	Jimmy Lee	John L	
	Regional Service Committee (RSC) Guidelines			
	Intent: To formally adopt our revised Guidelines			
	Tabled until next month because it is a guideline change			

25-09-04	Motion to make November 2025 a Dark RSC Month in which the RSC does not meet	Jim C	Janie	
	Intent: Follow past precedent, save money and give the RSM a break			
	In Favor 8 , Opposed 17, Abstentions 3			Motion does not Pass



# H&I

## **Open Positions**

### Subcommittee:

1. Sponsorship Behind the Walls needs a Co-coordinator. (3 years clean, 1 year commitment) For more info please have them reach out to Kevin L at 916-532-0755 or email at [sponsorshipbtw@sacramentona.org](mailto:sponsorshipbtw@sacramentona.org)
2. Regional Representative (2 years clean, 1 year commitment, 3 months participation in H&I subcommittee)
3. Vice Chair (2 years clean, 1 year commitment, min. 1 year active participation on the ARANA H&I Sharing Forum, & willing to be nominated for chair at end of commitment)

### Facilities:

1. 2-3 more volunteers to facilitate meetings in Folsom prison For more info please reach out to Steve L. at 916-806-6411 or email at [slint@att.net](mailto:slint@att.net)
2. Men and women for sponsorship behind the walls. (1 year clean, worked the steps) For more info please have them reach out to Kevin L email at [sponsorshipbtw@sacramentona.org](mailto:sponsorshipbtw@sacramentona.org)

This month we ordered a case of basic text for Folsom Prison.

Our business meeting is held on the 3<sup>rd</sup> Monday of every month at 7pm over zoom. All are welcome & encouraged to join

**ID: 5779611818**

**Password: 1953**

If you have any further questions, please reach out to Chair Athena T. 530-771-5920

### **Folsom State Prison (FSP)**

2nd & 4th Sundays of the month, 3 one-hour meetings  
9:30-10:30, 11:00-Noon & 12:30-1:30  
Every Wednesday of the month 6:30-8:30 PM  
Facility Coordinator: Steve 916-806-6411  
Meeting Coordinator: Vacant Position

FSP Houses medium security general population level II inmates. Volunteers can be both male and female. The meeting is a standard format and is run by the inmates. It includes readings, share and discussion. There are 3 meetings on Wednesday nights in which one is a Spanish speaking meeting..

**Note to Volunteers:** An 11-page application is to be filled out and submitted. Listing arrest history is standard procedure. If you have an extensive arrest history, we will ask volunteers to write a reference letter and at times obtain their DOJ to be attached to the application.

**Dress Code:** It is always best to wear black clothing. No blue or green. No denim or blue jeans. We avoid color or clothing worn by inmates. No hats, shorts, sandals, halter tops, tank tops, no logos on shirts. Best not to have any wire in Bra's. No revealing clothing or opened toed shoes. The only items allowed in are your ID and car keys.

### **Gramercy Court**

Mondays from 7-8pm

Coordinator: Dean (916) 257-6410

Gramercy Court is a psych facility located in Sacramento. This is a coed facility. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies.

### **Questions: Please call or text**

**Chair: Athena T (530) 771-5920**  
**Vice-Chair: Samantha B (916) 515-6624**

**Our H&I committee meeting is held the third Monday of each month at 7pm on zoom:**

**ID: 5779611818**  
**Password: 1953**

### **Fair Oaks Recovery**

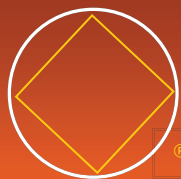
Tuesdays 6:30-7:30 PM

Coordinator: Samantha B (916) 515-6624

Fair Oaks Recovery is a co-ed facility is a structured treatment facility. The residents are accepted in several ways from a voluntary basis. Private pay and insurance referred. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies Meeting is standard chairperson and sharing format.

#### **Why Get Involved?**

*Hospitals and Institutions service offers addicts an opportunity to demonstrate gratitude, fulfill responsibility, and share the NA message without expectations. It is also an effective tool that helps us stay clean and keeps us coming back. The H & I message is the same as the NA message: "That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live."<sup>4</sup> The gift we share is hope and freedom from active addiction through the program of Narcotics Anonymous. Any NA member who wants to carry this*



# American River Area of Narcotics Anonymous Hospitals & Institutions Facilities Guide Last Updated 7/11/25

## Purpose of this Guide

This guide provides information on all of the H & I meetings supported by the American River Area of Narcotics Anonymous. You'll find a brief description of each facility we serve and learn when meetings are held, what requirements must be met to enter, and who coordinates each meeting. If you're interested in volunteering, please contact the facility coordinator directly.

## DOs & DON'Ts of H & I Service

### DO

- Emphasize that NA recovery is available to all addicts regardless of drugs used.
- Make directories of outside meetings available to residents.
- Start and end on time!
- Obey the dress code & exercise common sense.
- Adhere to each facility's rules and security regulations.
- Involve residents with the meeting, especially those in long term facilities.

### DON'T

- Emphasize "using days" while sharing an NA message of recovery.
- Use profanity.
- Break another person's anonymity.
- Debate any issues involving facility rules, regulations, or other programs.
- Get involved in discussions on outside issues, including opinions regarding psych meds.
- Take messages or carry letters in or out of the facility.
- Discuss any inmate's case or

## **Akua mind body**

Coed facility- Mondays 6:30-7:30pm  
Coordinator: Anastasia (916) 613-3220

Akua mind body is a 35 bed facility that has both detox and residential beds. Clients are admitted on a voluntary only basis. Masks are currently required.

## **New Dawn**

Thursdays 6:00-7:00 PM  
Coordinator: Candi S (916) 308-5166

New Dawn is a residential facility for women located in Fair Oaks. This is a 1-3 month program housing up to 9 women. New Dawn is a structured treatment facility. The residents are accepted in several ways from a voluntary basis to court ordered. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies.

## **Center Point**

### **Criminal Justice Recovery Facility**

Coordinator: Rob G (916) 459-7649  
Sundays 7-8:15

Center Point is a 6-month male lock down facility for parolees located in Fair Oaks. Meetings are a standard chairperson sharing format with a 6-month volunteer clean time requirement. Standard H&I dress code applies.

## **Akua Mental Health residential facility**

Thursdays 7:00 – 8:15 PM  
Coordinator: Tom S (916) 628-6707

They require secretaries & speakers have 1 year clean time. Dress code is casual. It is standard secretary/speaker format. This facility focuses on mental health but also addresses mental health with addiction services. Co-ed facility with 14 beds. (Essentially dual diagnosis)

## **Cornerstone**

Wednesday 7:00-8:00 PM  
Coordinator: Dorothy Yanke (916) 417-0843

Cornerstone is a residential facility for women located in Carmichael. This is a 1-3 month program housing up to 11 women. Cornerstone is a structured treatment facility. The residents are accepted in several ways from a voluntary basis to court ordered. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies.

**Our H&I committee meeting is  
held the third Monday of each  
month at 7pm on zoom:**

**ID: 5779611818  
Password: 1953**

# **PUBLIC RELATIONS CHAIR**

## **PR Subcommittee General Highlights:**

- Website, Printed Schedules and Helpline are up to date and fully functional.
- Our monthly subcommittee meeting is the 3<sup>rd</sup> Wednesday of each month via Zoom at <https://us02web.zoom.us/j/460788992?pwd=eDZmdkVGbloyYk5pZ3J2cFBIbXhFZz09>

## **Current Projects**

- Really close to getting a flier into the Sylvan Library.
- Adopt a Rack program is still in process. Our goal is to show the groups the process in hopes that the groups will take on a location near their meeting to place a rack and keep it filled.
- We are closer to getting our business cards into first responders hand, currently communicating with ambulance providers and part of Sacramento County Sheriff.
- I ordered this months schedules online with a savings of almost \$40, let me know what you think about quality. Any meeting changes will now need to be submitted 2 weeks prior to ASC to be included in new schedule.
- Our website had 7504 visitors. Our helpline had 16 calls with 3 of them unanswered by volunteers, which is an improvement.

## **Got Meeting Changes?**

Please submit meeting changes here tonight, on our website via the change form or email [changes@sacramentona.org](mailto:changes@sacramentona.org). Please do not submit changes at [na.org](mailto:na.org). Email fliers to [webservant@sacramentona.org](mailto:webservant@sacramentona.org) for consideration on our events page. Also, all meetings changes for upcoming schedules must be submitted 14 days prior to the ASC for inclusion in new schedule.

## **Service Opportunities:**

- Recording Secretary
- Website Coordinator

## **Monthly Finances:**

Schedules	\$174.07		
Phoneline	\$9.78		Approximate credit with provider \$51
Miscellaneous	\$		
Total:	\$183.85		

## **Subcommittee Coordinator Contact Information:**

Vice Chair	Seth	279-666-8302	<a href="mailto:prvicechair@sacramentona.org">prvicechair@sacramentona.org</a>
Helpline Coordinator	Ashley	916-947-0107	<a href="mailto:helpline@sacramentona.org">helpline@sacramentona.org</a>

**Thank you for letting me be of Service,**  
**Robert C.,**  
**Public Relations Chair**  
**916-821-7002** [prchair@sacramentona.org](mailto:prchair@sacramentona.org)

## **LITERATURE CHAIR**

Hello Family,

As of today, we are reviewing the inventory needs and what the ordering trends are. We added the additional medallions for 15 to 30 years and increased our inventory to include more of 30 to 50 years and again in ARANA we do recover and need the higher year medallions. Last month we collected \$2432.25 in Money orders. 527.23 through credit cards.

Credit Voucher Redeemed \$0. Credit Vouchers Given. \$4.52

Our total income was \$2959.48

On August 25 th we placed an order with the RSO in the amount of \$2141.15. We received a volume discount of \$139.17 which brought the total down to \$ 2001.98. Shipping was \$160.16 which brought the total cost for literature up to \$2162.14.

We needed an updated printing calculator as well as a hand truck and these were purchased. I am waiting for the purchase receipts and will submit them when received

Thank you for placing trust in me and our team of volunteers

Continued gratitude to be of service.

Delita A

## **ACTIVITIES CHAIR**

Good Evening Everyone,

Unity Day was a hit. We want to thank everyone who helped out and participated.

Come out and join us for our Fall Dance “Spirit of Gratitude”. You can buy it online on the American River NA website or if you know someone that is selling them You can buy the actual tickets. Come join us for the dance, speaker meeting, and costume contest.

Our future events:

Fall Dance October 25th, 2025

Valentine’s Day Movie Night

Please come to our next meeting and get a service position

Our meetings are held on Zoom, the second Monday of the month. Our next meeting will be held Monday 10/13/2025 at 6:30

5779611818 Password 1953.

We hope to see y’all there.

Thank you for allowing us to be of service Charles and Summer

## **CAMPOUT CHAIR**

Good evening family,

Campout has worked on a proposed budget for the upcoming 2026 event. We are hoping to get this passed tonight. The committee is also looking for next year's logo. Every year we open it up for a logo contest in hopes to get a submission. Most years we don't get any. The winner of this contest will get a free registration to the event. So please spread the word. We will be posting the flyer online as well.

As always, thank you for allowing us to be of service,

Campout

## CAMPOUT 2026 Budget Proposal

Budget: \$x,xxx

### Expenses

Line #	Description	Budget 2025	Actual 2025	Proposed 2026	
1.0	Arts & Graphics	\$ 500.00	\$ 253.24	\$ 500.00	
2.0	Registration	\$ 150.00	\$ 80.00	\$ 150.00	
2.1	Newcomer Registrations	\$ 875.00	\$ -	\$ 875.00	
2.2	Printing Registration Fliers	\$ 300.00	\$ 135.23	\$ 300.00	
2.3	Printing Registration Letters	\$ 50.00	\$ -	\$ 50.00	
2.4	Postage	\$ 150.00	\$ 65.78	\$ 150.00	
2.5	P.O Box for Registration	\$ 195.00	\$ 184.00	\$ 200.00	increased fee
3.0	Program (Printing)	\$ 200.00	\$ 178.22	\$ 200.00	
3.1	Basic Texts (Newcomer)	\$ 325.00	\$ -	\$ 325.00	
3.2	Main Speaker Expenses	\$ 1,600.00	\$ 240.00	\$ 1,600.00	
4.0	Entertainment	\$ 1,300.00	\$ 1,236.68	\$ 1,500.00	inflation
4.1	Trophies/Awards	\$ 150.00	\$ 129.52	\$ 150.00	
5.0	Hospitality	\$ 300.00	\$ 244.41	\$ 400.00	inflation
5.1	Radio & Sound System Rental	\$ 2,000.00	\$ 409.00	\$ 2,000.00	
5.2	Portable Toilets	\$ 2,700.00	\$ 2,204.20	\$ 2,700.00	
5.3	Tables & Chairs Rental	\$ 300.00	\$ 165.60	\$ 400.00	inflation/more tables
5.4	Hospitality U-Haul Truck Deposit, Rental & Fuel	\$ 600.00	\$ 709.25	\$ 800.00	inflation/went over budget
5.5	Fire Supplies (Fire Pit & Propane)	\$ 60.00	\$ 26.80	\$ 60.00	
6.0	Shuttle Truck Rental & Fuel	\$ 450.00	\$ 511.81	\$ 600.00	inflation/went over budget
6.1	Shuttle Trailer & Hay Rental	\$ 250.00	\$ 34.48	\$ 250.00	
7.0	Traffic & Parking Supplies	\$ 100.00	\$ -	\$ 100.00	
8.0	Merchandise	\$ 3,000.00	\$ 2,556.46	\$ 3,000.00	
9.0	2025 Reservation Rent - (Minus \$3,500 Deposit)	\$ 7,000.00	\$ 6,752.00	\$ 7,350.00	increase of 5% per campground
9.1	2025 Security Deposit (Refundable)	\$ 1,900.00	\$ -	\$ -	Not applicable anymore
9.2	2026 Reservation Deposit	\$ 3,500.00	\$ 3,500.00	\$ 3,500.00	
9.3	Parking	\$ 4,000.00	\$ 6,008.00	\$ 6,400.00	increase 5% of actual
10.0	Insurance	\$ 1,000.00	\$ 724.00	\$ 1,000.00	
11.0	Opening Bank- Registration/Merchandise	\$ 500.00	\$ 500.00	\$ 500.00	
12.0	Administration Expenses	\$ 100.00	\$ -	\$ 100.00	
12.1	Events Treasurer Expenses	\$ 100.00	\$ 20.00	\$ 100.00	
12.2	Misc. Expenses	\$ 50.00	\$ 45.00	\$ 50.00	
13.0	EPD FEES (CARD READER)	\$ 400.00	\$ 378.84	\$ 500.00	increase fees
13.1	Tax Paid to BOE	\$ 450.00	\$ 437.06	\$ 500.00	inflation based on sales
14.0	Deductions From Security Deposit	\$ -	\$ -	\$ -	
14.1	Returned Checks/Fees	\$ -	\$ 235.00	\$ -	
<b>Expense Total</b>		<b>\$ 34,555.00</b>	<b>\$ 27,964.58</b>	<b>\$36,310.00</b>	

### Earned Income

Description	Projected 2025	Actual 2025	Proposed 2026
Pre-Registration	\$ 9,200.00	\$ 7,985.00	\$ 9,200.00
Registration @ event	\$ 18,000.00	\$ 13,350.00	\$ 18,000.00
Pre-Registration Day Passes	\$ 250.00	\$ 25.00	\$ 250.00
Day Passes @ Event	\$ 5,400.00	\$ 2,040.00	\$ 5,400.00
Merchandise @ Event	\$ 4,500.00	\$ 4,995.00	\$ 4,500.00
Alt Merchandise @ Event	\$ 100.00	\$ -	\$ 100.00
Auction	\$ 1,500.00	\$ 4,067.00	\$ 1,500.00
Table & Chairs Deposit Return	\$ 50.00	\$ -	\$ 50.00
Opening Bank Deposit Return	\$ 500.00	\$ 500.00	\$ 500.00
Deposit correction	\$ -	\$ -	\$ -
Event Insurance transfer from Area	\$ -	\$ -	\$ -
Security Deposit	\$ 1,900.00	\$ -	\$ 1,900.00
Donation/Uncashed checks	\$ -	\$ 50.00	\$ -
<b>Actual Earned Income</b>	<b>\$ 41,400.00</b>	<b>\$ 33,012.00</b>	<b>\$41,400.00</b>

<b>Campout Earnings (ASC Donation)</b>	<b>\$ 6,845.00</b>	<b>\$ 5,047.42</b>	<b>\$ 5,090.00</b>
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2026 Ticket Prices	Pre-Registration	At Event
Campers 13 and older	\$40	\$45
Campers 8-12 years old	\$15	\$15
7 and under	Free	Free
Day Passes	\$25	\$30

\*Parking Included with all registrations

## SOFTBALL CHAIR

Hi everybody,

I don't have a lot to report except for we're gathering teams together. We should have a good turnout. We will probably have like 10 to 12 teams that's it thank you.

Have a great night.

## NCCNA PROGRAM LIAISON

Good Evening Everyone,

We are excited to be of service for Program for NCCNA 47. We are having listening parties and picking out speakers. We are thrilled to hear all the submissions.

The group met last month and went over topics. It is all coming together.

Program Chair Brian wants me to strongly advise that we need volunteers so please sign up and pass around the flyers at your meeting.

If you would like to be apart of please join us at first Saturday of the month Mountain Mike's 5640 Auburn Blvd Sacramento at 11 AM (Tomorrow 10/4/25)

Thank you for letting me be of service

Summer L.

<u>ARANA ASC Quorum Roll Call</u>					
<u>ADMIN COMMITTEE</u>	<u>NAME</u>	<u>PHONE #</u>	<u>08/25</u>	<u>09/25</u>	<u>10/25</u>
<u>1. Chairperson</u>	<u>Teana C</u>	<u>916-868-7433</u>	x	x	
<u>2. Vice-Chair</u>	<u>April W</u>	<u>916-350-0720</u>	x	x	
<u>3. Secretary</u>	<u>Felicia A</u>	<u>916-297-5236</u>	x	x	
<u>4. Treasurer</u>	<u>Athena W</u>	<u>717-609-5246</u>	x	x	
<u>5. RCM1</u>	<u>Jaine S.</u>	<u>916-817-9144</u>	x		
<u>6. RCM2</u>	<u>Jim C</u>	<u>916-704-2361</u>	x	x	
<u>7. Literature Subcommittee</u>	<u>Delita A</u>	<u>279-895-4575</u>		x	
<u>8. Activities Subcommittee Chair</u>	<u>Charles M</u>	<u>916-519-2871</u>		x	



<u>9. Public Relations Subcommittee</u>	<u>Rob C</u>	<u>916-821-7002</u>		<u>x</u>	
<u>10. Campout Subcommittee</u>	<u>Morgan K</u>	<u>916-410-0881</u>			
<u>11. Softball Subcommittee</u>	<u>Sarah K</u>	<u>916-718-1528</u>			
<u>12. Events Treasurer</u>	<u>Rob R</u>	<u>916-524-8042</u>	<u>x</u>	<u>x</u>	
<u>13. H&amp;I Subcommittee</u>	<u>Athena T</u>	<u>530-77-15920</u>	<u>x</u>	<u>x</u>	
<u>14. Asst Secretary</u>	<u>Marquis B</u>	<u>707-623-8204</u>	<u>x</u>	<u>x</u>	
<u>15. Alt Treasurer</u>	<u>Janeice V</u>	<u>916-821-4531</u>	<u>x</u>	<u>x</u>	
<u>16. Alt Events Treasurer</u>	<u>Jennifer B</u>	<u>916-410-1370</u>	<u>x</u>	<u>x</u>	
<u>17. Literature vice Chair</u>	<u>Pam B</u>	<u>916-350-0720</u>			
<u>18. Public Relations vice chair</u>	<u>Seth L</u>	<u>279-666-8302</u>	<u>x</u>	<u>x</u>	
<u>19. H&amp;I Vice Chair</u>	<u>Vacant</u>		<u>x</u>		
<u>20. Softball vice Chair</u>	<u>Arty E.</u>	<u>916-203-2252</u>		<u>x</u>	
<u>21. Campout vice Chair</u>	<u>Brian B</u>	<u>916-743-1743</u>	<u>x</u>	<u>x</u>	
<u>22.. Activities vice Chair</u>	<u>Summer L</u>	<u>279-228-9893</u>	<u>x</u>		
<b>MULTI-MEETING GROUPS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>8/25</b>	<b>9/25</b>	<b>10/25</b>
<u>22. Broadrick Group</u>	<u>Steve L</u>	<u>916-519-2084</u>	<u>x</u>	<u>x</u>	
<u>104. Davis Group</u>	<u>Milly W.</u>	<u>314-330-7185</u>	<u>x</u>	<u>x</u>	
<u>23. It's a We Program</u>	<u>Joslyn S</u>	<u>279-220-0971</u>	<u>x</u>	<u>x</u>	
<u>47. Without Parallel</u>	<u>Henry T</u>	<u>916-676-5082</u>	<u>x</u>	<u>x</u>	
<u>25. North Sac Group</u>	<u>Leonard S</u>	<u>279-243-8618</u>	<u>x</u>	<u>x</u>	
<u>160. Honesty Openmindedness Willing</u>	<u>Shawna T</u>	<u>530-499-0036</u>	<u>x</u>	<u>x</u>	
<u>161. Morning Fix in the 916</u>	<u>Rachel</u>	<u>916-968-9940</u>	<u>x</u>	<u>x</u>	
<u>99. Recovery in Rio Linda</u>	<u>Sydney J</u>	<u>530-392-2069</u>	<u>x</u>	<u>x</u>	
<u>71. Mad About Recovery</u>	<u>Jeremy C</u>	<u>971-601-5847</u>	<u>x</u>		
<u>51. Stepping Stone NA Recovery</u>	<u>Brandy C</u>	<u>916-912-5342</u>	<u>x</u>	<u>x</u>	
<u>130.Evening Fix in 916</u>	<u>Chris K</u>	<u>916-728-8270</u>		<u>x</u>	
<b>MONDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>8/25</b>	<b>9/25</b>	<b>10/25</b>
<u>35. Women Helping Women</u>	<u>Stevie G</u>	<u>510-565-2662</u>	<u>x</u>	<u>x</u>	
<u>110. Carmichael Recovery Inclined</u>	<u>Jamie S.</u>	<u>916-200-5082</u>	<u>x</u>	<u>x</u>	
<u>118. Three to Life</u>	<u>Lee K</u>	<u>916-903-3667</u>		<u>x</u>	
<b>TUESDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>8/25</b>	<b>9/25</b>	<b>10/25</b>
<u>41. By the Book</u>	<u>Keith</u>	<u>916-572-2967</u>	<u>x</u>		
<u>156. One Addict Helping Another</u>	<u>Karina S.</u>	<u>916-706-7944</u>	<u>x</u>	<u>x</u>	
<u>163. Willingness at Nite Time</u>	<u>Dreamer</u>	<u>530-450-9718</u>	<u>x</u>	<u>x</u>	
<u>72. Back to Basics</u>	<u>Edward G</u>	<u>916-308-6985</u>	<u>x</u>	<u>x</u>	
<u>46. Surrender Group</u>	<u>Shaggy</u>	<u>916-662-9096</u>	<u>x</u>	<u>x</u>	
<b>WEDNESDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>8/25</b>	<b>9/25</b>	<b>10/25</b>
<u>33. Fahrfromusin</u>	<u>Jonny M</u>	<u>916-886-4963</u>	<u>x</u>	<u>x</u>	

<u>158. We do Recover</u>	<u>Julio A</u>	<u>916-692-6006</u>	<u>x</u>	<u>x</u>	
<u>29. Women's Tea House</u>	<u>Cynthia D</u>	<u>916-952-9960</u>	<u>x</u>		
<u>165. Avoiding Addiction</u>	<u>Aamina P</u>	<u>916-692-4850</u>		<u>x</u>	
<b><u>THURSDAY MEETINGS</u></b>	<b><u>NAME</u></b>	<b><u>PHONE #</u></b>	<b><u>8/25</u></b>	<b><u>9/25</u></b>	<b><u>10/25</u></b>
<u>24. Book Around and Find Out</u>	<u>Sarah T</u>	<u>530-601-3030</u>	<u>x</u>	<u>x</u>	
<u>45. Rebels With A Cause</u>	<u>Thaxton</u>	<u>916-589-0758</u>	<u>x</u>	<u>x</u>	
<u>75. New Attitude</u>	<u>Chantal O</u>	<u>916-432-0382</u>	<u>x</u>	<u>x</u>	
<u>76. Not High Noon</u>	<u>Glenn S</u>	<u>916-467-3290</u>	<u>x</u>	<u>x</u>	
<b><u>FRIDAY MEETINGS</u></b>	<b><u>NAME</u></b>	<b><u>PHONE #</u></b>	<b><u>8/25</u></b>	<b><u>8/25</u></b>	<b><u>10/25</u></b>
<u>164 Folsom Friendly Fridays</u>	<u>Ryan O</u>	<u>916-996-6084</u>	<u>x</u>	<u>x</u>	
<u>27. "Get Fed" Friday Night Recovery</u>	<u>Derrick S</u>	<u>279-249-7536</u>	<u>x</u>	<u>x</u>	
<u>98. Recovery in Progress</u>	<u>Joe N.</u>	<u>510-934-8982</u>	<u>x</u>	<u>x</u>	
<b><u>SATURDAY MEETINGS</u></b>	<b><u>NAME</u></b>	<b><u>PHONE #</u></b>	<b><u>8/25</u></b>	<b><u>9/25</u></b>	<b><u>10/25</u></b>
<u>48. Desire to Stop</u>	<u>Ed M</u>	<u>916-764-1489</u>	<u>x</u>	<u>x</u>	
<u>83. Saturday Night Alive</u>	<u>Chip B</u>	<u>916-308-8873</u>			
<u>159. Principles before Personalities</u>	<u>Stephen</u>	<u>916-968-1385</u>		<u>x</u>	
<u>74. Growth &amp; Change</u>	<u>Denise P</u>	<u>916-912-7920</u>	<u>x</u>	<u>x</u>	
<u>139. Young Pups in Recovery</u>	<u>Felicia S</u>	<u>916-745-5169</u>		<u>x</u>	
<u>82. Being Clean Is Happening</u>	<u>Jay Z</u>	<u>916-541-0960</u>	<u>x</u>	<u>x</u>	
<u>28. Woman to Woman</u>	<u>Leslie F</u>	<u>916-7694383</u>	<u>x</u>	<u>x</u>	
<b><u>SUNDAY MEETINGS</u></b>	<b><u>NAME</u></b>	<b><u>PHONE #</u></b>	<b><u>8/25</u></b>	<b><u>9/25</u></b>	<b><u>10/25</u></b>
<u>61. Have Mercy</u>	<u>Joey N</u>	<u>916-912-0948</u>	<u>x</u>	<u>x</u>	
<u>92. Sunday Night Serenity</u>	<u>Sasha O</u>	<u>916-953-9491</u>	<u>x</u>	<u>x</u>	
<u>69. Journey Within</u>	<u>Michelle T</u>	<u>916-410-4573</u>	<u>x</u>	<u>x</u>	
<u>157. Hugs not Drugs</u>	<u>Travis</u>	<u>650-302-0052</u>	<u>x</u>	<u>x</u>	
<u>21. Together In Recovery</u>	<u>Pamela K</u>	<u>916-335-9599</u>	<u>x</u>	<u>x</u>	
<u>88. Ashes to Diamonds</u>	<u>Billy J</u>	<u>279-226-0206</u>	<u>x</u>	<u>x</u>	
<u>30. Sunday Night Solutions</u>	<u>Nick G</u>	<u>916-969-6415</u>	<u>x</u>		
<b><u>GROUPS IN ATTENDANCE</u></b>			<b><u>38</u></b>	<b><u>38</u></b>	
<b><u>TOTAL COUNT OF GROUPS</u></b>			<b><u>44</u></b>	<b><u>45</u></b>	<b><u>44</u></b>

**Minutes**  
**AMERICAN RIVER AREA SERVICE COMMITTEE**  
**09/05/25**  
**(FUTURE ASC 10/03, 11/07)**

**I. Open**

12 Traditions: Chris

12 Concepts: Steve

Purpose of ASC: Jason

Decorum Statement: Ron

## II. Welcome New ASC Participants

## III. GSR Reports

## IV. ADMINISTRATIVE REPORTS

Chair	Teana C	pg. 3	H&I	Athena T	pg. 19
Vice Chair	April W	pg. 4	Literature	Delita A	pg. 23
Secretary	Felicia A	pg. 6	PR	Robert C	pg. 22
Treasurer	Athena W	pg. 6	Activities	Charles M	pg. 23
Events Treasurer	Rob B	pg. 11	Campout	Morgan K	pg. 25
RCM I	Janie S	pg. 16	Softball	Arty E	pg. 26
RCM II	Jim C.	pg. 16	NCCNA Program Liaison	Summer L	pg. 26

## V. Quorum Call (Roll Call) attached results: 38 of 45 (Birthday Celebration - during tally of quorum count)

## VI. Approval of Previous Months ASC Minutes (pages)PBA

## VII. Approval of Previous Months Treasurer's Report (pages) PBA

## VIII. Open Forum/Parking Lot

**Dreamer: The Graft , Bingo**

**Nick: Group Feedback re: Sexual Harassment**

## IX. Elections: N/A

**FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:**

Softball Chair/Vice Chair – January	Literature Chair/Vice Chair – July
PR Chair/Vice Chair – February	Chair/Vice Chair – July
Activities Chair. Vice - Chair April	Campout Chair/ Vice Chair – July
H&I Chair/Vice Chair –May	Treasurer/Alt. Treasurer - December
Secretary/Asst. Sec – May	Events Treasurer/Alt. Events Treasurer – December
RCM I – June – Even years	RCM II – June – Odd years

## X. OLD BUSINESS

801	<u>Motion to change the ARANA Guidelines as follows:</u> Section V – Participants  Sub-Section B – Specific Member Requirements & Duties  Number 5 – Treasurer  Sub-Section B – Duties  Add #10: To encumber funds annually to cover travel and registration expenses for PR and H&I representatives to attend Western Service Learning Days (WSLD). Cost is not to exceed	<b>with-drawn</b>
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	<p>\$2000 and is to be funded by the Sponsorship Breakfast and Campout proceeds, \$1000 each.</p> <p>Intent: To fund ARANAs participation each year at WSLD and send a representative from each PR and H&amp;I subcommittees.</p>	
901	<p>Motion to change the ARANA Guidelines as follows: ADD: V. PARTICIPANTS: B. Specific member requirements &amp; Duties: 5) Treasurer: b) Duties: x. To encumber funds to cover travel expenses (i.e. airfare, train ticket, or mileage rate per ASC guidelines), lodging, and registration fees for one representative from the Hospitals and Institutions (H&amp;I) and Public Relations (PR) subcommittees to attend Western Service Learning Days (WSLD). The encumbered funds shall not exceed \$2000 (\$1000 for H&amp;I, \$1000 for PR) annually by March of the year of WSLD. The WSLD participation funds will be sourced from ARANA events until fully funded. Intent: To fund ARANAs participation annually at WSLD by sending a representative from each PR and H&amp;I subcommittees.</p>	<b>Tabled</b>
902	<p>Motion to change the ARANA Guidelines as follows: ADD V. PARTICIPANTS: C. Subcommittees: 10) a)HOSPITALS AND INSTITUTIONS: ii. Duties: 5. To send a representative from the Hospitals and Institutions subcommittee to attend Western Service Learning Days (WSLD). The designated representative will submit a written report and present the report to the ASC within 2 months after attending WSLD. Intent: To send a representative from the H&amp;I subcommittee to WSLD and require the representative submit a written report and present the report to the ASC within 2 months after attending WSLD.</p>	<b>Tabled</b>
903	<p>Motion to change the ARANA Guidelines as follows: ADD V. PARTICIPANTS: C. Subcommittees: 10) b) PUBLIC RELATIONS: ii. Duties: 10. To send a representative from the Public Relations subcommittee to attend Western Service Learning Days (WSLD).The designated representative will submit a written report to the ASC within 2 months after attending WSLD.  Intent: To send a representative from the PR subcommittee to WSLD and require the</p>	<b>Tabled</b>

	representative submit a written report and present the report to the ASC within 2 months after attending WSLD.	
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**XI. NEW BUSINESS**

904	<p>Motion: To increase the spirit of gratitude event budget by \$105. \$90 will be for insurance which the facility is requiring we use their insurance. \$15 will be for ticket and flyer printing as there was an increase in price. The new budget is \$3,300.</p> <p>Intent: To increase line items that have increased costs.</p> <p>Maker: Jennifer B</p> <p>2nded: Charles M</p>	<b>PBA</b>
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Treasurer's Report

DATE		ACTIVITY	Totals	
9/2/2025		BEGINNING BALANCE	\$ 6,006.00	\$ 6,006.00
		PayPal Area Donations	\$ 130.72	\$ 130.72
		Square Literature sales	\$ 88.69	\$ 88.69
		Literature Sales	\$ 1,641.95	\$ 1,641.95
		Area Donations	\$ 870.10	\$ 870.10
		H&I Donation	\$ -	\$ -
		7th Tradition	\$ 67.75	\$ 67.75
		Transfer from Savings - adjustment for ins pmt	\$ 3.00	\$ 3.00
		Transfer from Debit card to cover insurance	\$ 91.44	\$ 91.44
		Transfer from Events - Pool Party	\$ 2,216.79	\$ 2,216.79
		Total Deposits/Transfers	\$ 5,110.44	
		Total before Expenses	\$ 11,116.44	
	TRF	To Cover Annual Expences for July	\$ (400.00)	\$ (400.00)
	TRF	Accumilated Sales Tax-Event	\$ -	\$ -
	TRF	Accumilated Sales Tax-Aug	\$ (139.25)	\$ (139.25)
	2323	Janeice V - Agenda Packets	\$ (124.51)	\$ (124.51)
	2324	April W - Zoom	\$ (15.99)	\$ (15.99)
	2325	Robert C - PR Schedules	\$ (212.81)	\$ (212.81)
	2326	ARANA Lit - H&I Lit	\$ (419.60)	\$ (419.60)
	2328	NCRSO	\$ (2,501.79)	\$ (2,501.79)
	TBD	NCRSC Donation	\$ (1,185.43)	\$ (1,185.43)
	TRF	Non Profits Insurance	\$ (94.44)	\$ (94.44)
	TRF	To cover deficit in Savings	\$ (16.62)	\$ (16.62)
		Total Transfers/Payments	\$ (5,110.44)	
		ENDING BALANCE	\$ 6,006.00	\$ 6,006.00
		Prudent Reserve - 2 mos.operating expense \$2023.00	\$ (4,046.00)	\$ (4,046.00)
		WSLD for PR and H&I Chairs	\$ (1,960.00)	\$ (1,960.00)
		Surplus/(Defect) from prudent reserve	\$ (0.00)	\$ (0.00)
		<b>Savings Account Beginning Ledger Balance</b>	<b>\$4,836.14</b>	<b>\$4,836.14</b>
		Interest Credit	\$0.00	\$0.00
	Transfer	To Cover Annual Expenses Aug	\$400.00	\$400.00
	Transfer	Accumulated sales tax for Aug	\$ 139.25	\$139.25
	TRF	To cover deficit in Savings	\$ 16.62	\$16.62
		Balance after incoming transfers	\$5,392.01	
	Transfer	To cover Annual Expenses for storage (Qtrly)	\$ -	\$ -
	Transfer	To Cover Sales Tax Payment Due	\$ -	\$ -
	Transfer	Excess in Savings	\$ -	\$ -
	Transfer	To cover monthly insurance premium	\$ (3.00)	\$ (3.00)
		Less Total Transfers out of Savings	\$ (3.00)	
		Ending Ledger Balance	\$5,389.01	\$5,389.01
		Prudent Reserve \$2023.00	\$ (2,023.00)	
		Total in Savings	\$3,366.01	
		Less Accumulated Annual Expenses	(\$3,024.02)	
		Less Accumulated sales taxes	\$ (341.99)	
		Excess Savings Account	\$ -	