Minutes AMERICAN RIVER AREA SERVICE COMMITTEE 05/03/24 (FUTURE ASC 05/03, 06/07)

I. Open

12 Traditions: Kate 12 Concepts: Ryan Purpose of ASC: Crystal Decorum Statement: Pamela Vision Statement: Brian Announcements Kim

II. Welcome New ASC Participants

III. GSR Reports

IV. ADMINISTRATIVE REPORTS

Chair	Kim M	pg. ²	H&I	April	pg. ¹³
Vice Chair	Daniel M	pg. 3	Literature	Don H	pg.
Secretary	Janeice V	pg. 3	PR	Josh B.	pg.16
Treasurer	Athena W	pg. 3	Activities	Faith P	pg.
Events Treasurer	Jennifer B	pg. 8	Campout	Jay Z	pg.17
RCM I	Janie S	pg. 12	Softball	Sarah k	pg.
RCM II	Jim C.	pg. 12	Unity Day	Vacant	pg,
			MAE	Lucy	pg,19

V. Quorum Call (Roll Call) attached results: of 42

(Birthday Celebration - during tally of quorum count)

VI. Approval of Previous Months ASC Minutes (pages)

Page 24

VII. Approval of Previous Months Treasurer's Report (pages)

VIII. Open Forum/Parking Lot

Janie /Lucy : Region MAE (What's Next) Barry : Missing Written report

IX. Elections: H&I Chair/Vice Chair =Table Secretary-Felicia/Asst. Sec - Kayla

FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:

Softball Chair/Vice Chair – January Literature Chair/Vice Chair – July
PR Chair/Vice Chair – February Chair/Vice Chair – July
Activities Chair. Vice - Chair April Campout Chair/ Vice Chair – July
H&I Chair/Vice Chair –May Treasurer/Alt. Treasurer - December
Secretary/Asst. Sec– May Events
Treasurer/Alt. Events Treasurer – December
RCM I – June – Even years RCM II – June – Odd years

X. OLD BUSINESS

2001(200	

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XI. NEW BUSINESS

501	To move\$250 from line item 2.0 and \$500 from line item 8.3 to line item 8.4 . This will not increase the working budget	РВА
Morgan		

ASC CHAIR

Good evening everyone, Spring is sprung and ARANA has events every weekend for us to enjoy living life clean! April started it off with 2 large events hosted by our Activities Subcommittee and our new MAE Subcommittee! North Sac Alano Club celebrated it's 34th Anniversary along with other meetings having potlucks or bbq's

with Speakers. Softball begins this weekend! Please, please, please inform your groups at each and every meeting what fun things are available to do with their NA family. Your group elected you to do just that. It may just keep another addict clean one more day.

My April was busy attending these:

4/8: Activities Subcommittee meeting

4/9: Capture flag, another group got it

4/10: Stepwork with sponsee

4/11: Campout Subcommittee meeting

4/15: H&I Subcommittee meeting

4/15: MAE Subcommittee meeting, Zoom issues I couldn't get on

4/18: Stepwork with sponsee

4/20: Dawn of the Dinosaurs Event²

4/21: NA sister behind walls visit

4/22: Women's Tea Party meeting event

4/23: Secretary @ Fair Oaks Recovery

4/24: NCCNA Host Subcommittee meeting

4/25: Campout Subcommittee meeting

4/26: Stepwork with sponsor

4/27: 37th Anniversary Celebration @ North Sac Alano

4/28: Books for Crooks event

4/28: Admin meeting

4/30: Contact with Softball Chair & Vice Chair, unable to get onto zoom meeting

Unfortunately, I missed a couple clean time Birthday celebrations with my work schedule. Every weekend in May is double booked with invites from my NA family, meeting events, cleantime celebrations & new babies. Only by living the NA program do I have this blessed life, and you can to.

Thank you so much for letting me be of service, it is truly an honor to be your Chairperson.

Kim M

916.519.1476

ASC VICE CHAIR

Vice Chair Report I don't have much to talk about this month. I attended campout and activities committee meetings this month.

TYFAMTBOS

Daniel MASC SECRETARY

Hello Family,

It has been my absolute pleasure to be of service to our group over the past 3.5 years. I plan on supporting Felicia while she moves into the role of Secretary. Thank you again to admin and all of you.

As a reminder to the GSR's, please only take 1 Agenda per group. This will help ensure that every group has one. Sign the New GSR and Alt GSR sheet up front so that we can update Quorum. Thank you,

Janeice & Felicia ASC TREASURER

May Treasurer Report for April numbers

If you have donations, please feel free to mail them to the PO Box. ARANA

PO box 417482 5420 Kohler Road

Sacramento, CA 95841
Good Evening.
We deposited \$5,181.05 last month.
Expenses from April Area Business was \$5,474.32
We kept 2 months of the budget in Checking.
Amount left in Checking after Prudent Reserve is \$-293.27

Amount in Savings is	
Ending Ledger balance of	\$4,516.73
Less Prudent Reserve	\$1,721.67
Less Accumulated Annual Expenses	\$2,555.58
Less Accumulated Sales Taxes	\$ 239.48
Excess in Savings above budgeted Amounts	\$0

Thanks for letting us be of service. Athena W. & amp; Hank Z.³ Treasurer's Report

	DATE		ACTIVITY	Totals	
1	4/1/2024		BEGINNING BALANCE	\$ 3,443.34	\$ 3,443.34
			Square	\$ 52.05	\$ 52.05
			Literature Sales	\$ 2,922.75	\$ 2,922.75
			Area Donations	\$ 1,522.68	\$ 1,522.68
			H&I Donation	\$ 32.40	\$ 32.40
2			7th Tradition	\$ 27.76	\$ 27.76
			Transfer from Events	\$ -	\$ -
			Transfer from Events Sales Tax	\$ -	\$ -
3			Transfer from Savings	\$ 623.41	\$ 623.41
			Facilities Deposit Return		\$ -
13			Total Deposits/Transfers	\$ 5,181.05	
14					
15			Total before Expenses	\$ 8,624.39	
16					
17		TRF	To Cover Annual Expences for Apr	\$ (370.00)	\$ (370.00)
	4/5/24	2527	ARANA Lit	\$ (634.26)	\$ (634.26)
		2528	April W - H&I	\$ (15.99)	(15.99)
		2230	Janeice V - Admin Printing	\$ (120.25)	(120.25)
		2231	Josh B - PR Schedules	\$ (248.36)	(248.36)

		2229	NCRSO Inc Inv 39362	\$ (3,146.98)	(3,146.98)
		2232	NCRSC Apr Donation	\$ (75.00)	(75.00)
		EFT	Ca Dept Tax Fee - Sales Tax Payment - BOE	\$ (624.00)	(624.00)
		Transfer	Accumilated Sales Tax-Apr	\$ (239.48)	(239.48)
					\$ -
33			Total Transfers/Payments	\$ (5,474.32)	
34					
35			ENDING BALANCE (before correction see reconciliation)	\$ 3,150.07	\$ 3,150.07
36					
37		Prudent Res	erve - 2 mos.operating expense \$1721.67	\$ (3,443.34)	\$ (3,443.34)
38					
40			Surplus/(Defect) from prudent reserve	\$ (293.27)	\$ (293.27)
4 1					
42	4/1/2024		Savings Account Beginning Ledger Balance	\$4,530.66	\$4,530.66
			Interest Credit		\$0.00
		Transfer	To Cover Annual Expenses Apr	\$370.00	
		Transfer	Accumulated sales tax for Apr	\$ 239.48	
		Transfer	Sales Tax from Events		
55			Balance after incoming transfers	\$5,140.14	
		Transfer	To cover Annual Expenses		\$ -
		Transfer	To Cover Sales Tax Payment Due	\$ (623.41)	\$ (623.41)
		Transfer	Excess in Savings		
62			Less Total Transfers out of Savings	(\$623.41)	
63					
64			Ending Ledger Balance	\$4,516.73	\$4,516.73
65			Prudent Reserve \$1721.67	\$ (1,721.67)	

66		Total in Savings	\$2,795.06	
67		Less Accumulated Annual Expenses	\$ (2,555.58)	
68		Less Accumulated sales taxes	\$ (239.48)	
69		Excess Savings Account	\$ (0.00)	

Reconciliation

4

Balance shown on statement 5/1/2024 \$8,583.86 Deposits not shown

Sub Total

Transfer	From Saving to cover expenses paid		
Transfer	From Saving - Excess		
		subtotal	\$ -

<u>\$8,583.86</u> Checks outstanding CK # Name A<u>mount</u>

mount			1
2156	April W	\$ 14.99	\$ 14.99
2181	Hillsdale Baptist Church - Dec	\$ 35.00	\$ 35.00
2191	Hillsdales Baptist Chuch	\$ 35.00	\$ 35.00
2525	NCRSO inv 39178	\$ 1,872.22	\$ 1,872.22
2526	NCRSC Mar donation	\$ 254.60	\$ 254.60
2229	NCRSO Inc Inv 39362	\$ 3,146.98	\$ 3,146.98
2232	NCRSC Apr Donation	\$ 75.00	\$ 75.00
			\$ -
			\$ -
			\$ -
			\$ -
			\$ -
			\$ -
			\$ -
			\$ -

Total Uncleared Checks \$ 5,433.79 Adjusted Ending Bank Balance (Ledger balance) \$3,150.07

Ending Ledger Balance \$ 3,150.07 \$0.00

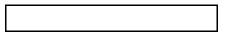
Savings Account Bank Reconciliation

Statement Balance 05/01/24 \$4,516.73

Additions to Account Transfer

\$4,516.73

Subtractions from account



Uncleared Transactions	

asc ledger \$4,516.73

Savings Ledger ending balance

Adjusted Balance Bank Ending Balance \$4,516.73 **\$4,516.73**

Difference \$0.00

5 Budget to Actual for July to December 2019

1	Approved	Admin	ASC Rent	H&I Admin.	H&I	Lit.	PR	Accum
2	Budget per	\$150.00	\$35.00	\$83.33	\$650.00	\$83.34	\$350.00	\$370.0
3	Jan			\$229.22	\$543.47		\$248.36	\$370.0
4	Feb	\$54.23	\$210.00	\$87.52	\$554.40		\$248.36	\$370.0
5	Mar	\$81.78		\$15.99	\$629.78		\$248.36	\$370.0
6	Apr	\$120.25		\$15.99	\$634.26		\$248.36	\$370.0
7	Мау							
8	Jun							
	9 Total Expense	\$256.26	\$210.00	\$348.72	\$2,361.91	\$0.00	\$993.44	\$1,480.0
10								
11	Budget x 6 mo.	\$900.00	\$210.00	\$499.98	\$3,900.00	\$240.00	\$2,100.00	\$1,920.0
12	Difference	\$643.74	\$0.00	\$151.26	\$1,538.09	\$240.00	\$1,106.56	\$440.0
	3 Average	\$85.42	\$210.00	\$87.18	\$590.48	#DIV/0!	\$248.36	\$370.0
	4 Months To	3	1	4	4	0	4	

	ver							
15	INCOME	7th Trad	Group Don.	H&I Don	Events Transfers	PR	Accum Sales Tax	Annual Ex Paid
16	Jan	\$76.00	\$1,147.68				\$168.09	
17	Feb	\$41.00	\$2,580.17				\$ 284.39	
18	Mar	\$54.55	\$1,444.07	\$34.08			\$ 169.93	\$741.0
	9 Apr	\$27.76	\$1,522.68	\$32.40			\$239.48	
) May							
21	Jun							
22	Total Income	\$199.31	\$6,694.60	\$66.48	\$0.00	\$0.00	\$861.89	\$741.0
23								
	1 Average	\$49.83	\$1,673.65	\$33.24	#DIV/0!	#DIV/0!	\$215.47	\$741.0
25	Months to Avera	4	4	2	0	0	4	

				Appro	oved Jan - Jun 2	024 Budget		
		Admin	ASC Rent	H&I Admin.	H&I	Lit Admin	PR	Annual Expenses
Propose d	Proposed	\$150.00	\$35.00	\$83.33	\$650.00	\$83.34	\$350.00	\$370.0
6 month	6 month total	\$ 900.00	\$ 210.00	\$ 499.98	\$ 3,900.00	\$ 500.04	\$ 2,100.00	\$ 2,220.0

				Prope	osed Jul - Dec 20	024 Budget		
		Admin	ASC Rent	H&I Admin.	H&I	Lit Admin	PR	Annual Expenses
Propose d	Proposed	\$200.00	\$35.00	\$83.33	\$650.00	\$83.34	\$350.00	\$380.0
6 month	6 month total	\$ 1,200.00	\$ 210.00	\$ 499.98	\$ 3,900.00	\$ 500.04	\$ 2,100.00	\$ 2,280.0

			2024 Annual Ex	penses			
	Month	Storage Due Quarterly 2023	ASC PO Box Due Oct. Oct 2023	Charitab le Trusts - Due With Taxes	Tax Preparati on Paperwo rk Due to CPA by May	Excess Annual Expense	Total Annual Expenses
				Around			
Yearly Total		\$ 2,964.00	\$ 222.00	\$ 50.00	\$ 1,200.00	\$ 3.96	\$ 4,439.96
Monthly Total		\$ 247.00	\$ 18.50	\$ 4.17	\$ 100.00	\$ 0.33	\$ 370.00
Beginning Balance	Jan 01	\$ 29.00	\$ (152.86)	\$ 62.50	\$ 3,163.31	\$ 84.74	\$ 2,340.57
		\$ (524.00)					\$ (524.00)
Annual Expense	January	\$ 247.00	\$ 18.50	\$ 4.08	\$ 100.00	\$ 0.42	\$ 370.00
Annual Expense	February	\$ 247.00	\$ 18.50	\$ 4.08	\$ 100.00	\$ 0.42	\$ 370.00
Annual Expense	March	\$ 247.00	\$ 18.50	\$ 4.08	\$ 100.00	\$ 0.42	\$ 370.00
		\$ (741.00)					\$ (741.00)
Annual Expense	April	\$ 247.00	\$ 18.50	\$ 4.08	\$ 100.00	\$ 0.42	\$ 370.00
Annual E Accumi							\$ -
Annual Expense	June						\$ -
							\$ -
Annual Expense	July						\$ -
Annual Expense	August						\$ -
Annual Expense	Septembe r						\$ -
	Septembe r						\$ -
Annual Expense	October						\$ -
	October						\$ -
Annual Expense	November						\$ -
Annual Expense	December						\$ -

Dece	mber						\$ -
Total Annual Expenses 2023	for	\$ (248.00)	\$ (78.86)	\$ 78.83	\$ 3,563.31	\$ 86.42	\$ 2,555.58

							7 411104	ai <u>Ε</u> λρ ψ 2,3	00.00	-
	1st a	uarter Sales Ta	IYAS	Ev	vent					\$ -
	101 4			Т	Fotals		\$ 2,976.40	\$ -	\$ 2,736.92	\$ 239.48
Month	Sales	Nontaxab le Sales	Taxable Income	Taxes						<u> </u>
Jan	\$ 2,089.10		\$ 1,921.01			xes <u>\$ 239.</u> ving \$ 2,79				
Feb	\$ 3,547.01		\$ 3,261.62				t Res \$ 2,005	.11		
Mar	\$ 2,112.04		\$ 1,942.11	\$ 3,8 \$ 169.9 \$ 2,7	,547.0 93 ,112.0	01 Savings 04	s \$ 4,800.17			
Totals	\$ 7,748.15	\$ -	\$ 7,124.74	\$ 623.4	41					

Annual Exp \$ 2,555.58

	4th q	uarter Sales Ta	ixes	\$ 2,976
Month	Sales	Nontaxab le Sales	Less Taxes Taxable	Taxes
Apr	\$ 2,976.40		\$ 2,736.92	\$ - \$ 239.48
May				\$ -
Jun				\$-7
Event				
			FUENT	

EVENTS TREASURER

Good evening!

I attended the Admin, Activities, and Campout subcommittees last month.

I have not been able to close out the Sponsorship Breakfast event as we are waiting on the deposit return and some additional items. Total ASC donation should be approximately \$4,101.33 after items clear.

The checking and savings accounts have been reconciled with a \$0 variance.

Thank you for letting me be of service!

Jennifer B.

\$1,499. \$1,499. Monthly Act. Reserve: \$1,500 \$1,500* Monthly Activities = =

RESERVE @

\$0.00

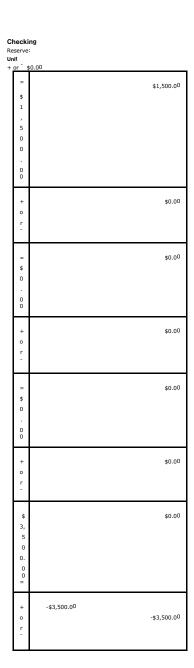
so.00 or -** February Event, Unity Day, Softball. and New Years Dance Column(s) hidden from report as ending balances all \$0 with no activity to report** + *Monthly Events-Transferred additional \$0.86 in ASC donation in error, will withhold \$0.86 at next monthly event from ASC donation EVENTS TREASURER REPORT

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	CampoutLine3.2	- \$ 3 6 3 9 4	
	3	- \$ 2 0 0 0	
	Originall y Appliedas Donation per Maker of Check		

c t i v i t y		p r	A p r	A p r							F							- A r								
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Activities Combined Reserve: \$2,500 Activities For Month Ended April 30, 2024 May 2024 Checking Account Ledger



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в	Transfer Campout Reserve to Checking
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EVENTS TREASURER REPORT For Month Ended April 20, 2024 Softball Monthly Activities Activities

Reserve: \$1,500 Reserve: \$2,500

May 2024 Savings Account Ledger pout Cam

Insurance

Interest/Savings Account Reserve: \$7,000

Bank Reconciliation Month Ended April, 2024

EVENTS CHECKING	
Particular	s Amount
Balance as per bank statement	10,354.71\$
Add: Deposits not credited	
	-\$ -\$
Total deposits not credited: -\$ Add: Returned Items	-\$
Total returned items: -\$	
Less: Outstanding checks	
No. 2175 \$ 30.00	
No. 2198 \$ 92.75	
No. 2199 \$ 363.94	
Total outstanding checks: 486.69\$	
Less: Bank Error	
4/2/2024 Check 2195 \$ (0.64)	
Total bank error: \$ (0.64)	
Adjusted balance per bank statement:	
	9,867.38\$
Balance as per ledger:	
	9,867.38\$
	-\$
Difference:	¥

E	VENTS SAVINGS
	Particulars Amount

Balance as per bank statement		8,207.17\$
Add: Deposits not credited	-\$	
Total deposits not credited: -\$	-2	
Less: Outstanding withdrawals		
No\$		
Total outstanding withdrawals: -\$		
Adjusted balance per bank statement:		
		8,207.17\$
Balance as per ledger:		
		8,207.17\$
		-\$
Difference:		

11

<u>RCM I & II</u>

WORLD SERVICE OFFICE (NAWS) NEWS Website: www.na.org 1) WCNA 38 (WORLD CONVENTION OF NARCOTICS

ANONYMOUS) will be held in Washington, DC 8/29/2024 - 9/1/2024. REGIONAL SERVICE COMMITTEE (RSC)

Website: www.norcalna.org

2) NCCNA (NORTHERN CALIFORNIA CONVENTION OF NARCOTICS ANONYMOUS): We are still waiting for final numbers from this year's NCCNA. We sold 3637 registration packets, which is 300 more than the last time we were in Santa Clara. The convention experienced sound issues during the main speaker meeting, so the NCCNA contract negotiator is working with the AV provider regarding compensation. We also had some facility issues such as the Bingo room was not set up according to contract. These caused delays and frustration for our fellowship and our trusted servants. These shortcomings are also part of the compensation negotiations we are having with the Hotel.

3) NCCNA PAPER PROGRAM: The Northern California RCM's have been asked to check in with our Areas to find out how the fellowship felt about having a paper program again. NCCNA brought the paper program back this year after they received complaints last year when they switched to a strictly digital program. Did you use the paper program? Do you prefer the new digital format program? Do you want NCCNA to continue publishing the paper program? We'd like to take a quick straw poll tonight.

4) H&A (HISTORY & ARCHIVES): We facilitated two History & Archives workshops at this year's NCCNA convention. Friday was the "Oldtimers" panel, and Saturday was the "Northern California History PowerPoint Presentation" (modified since it was shown at last year's convention). Did you attend? Did you enjoy the presentation? Is there anything else you would like to see H&A work on for us? If so, be sure to let us know.

5) RSO BOD (REGIONAL SERVICE OFFICE BOARD OF DIRECTORS): The RSO has directed the webmaster to find three quotes to address ADA compatibility for the Northern California website.

6) RSO SALES NUMBERS: RSO Sales figures are below (Note that sales are down 20% over last year.)

2024 January February March w/ NCCNA

Total \$47,439.75 \$33,429.50 \$67,074.21

2023 January February March w/ NCCNA

Total \$49,630.95 \$42,923.70 \$83,373.36

7) NOW AVAILABLE: NA BASIC LIBRARY: We now have a new "BASIC NA LIBRARY" box set available for purchase on our <u>www.norcalna.org</u> website. For the cost of \$70, the set includes six of our Books: the Basic Text, It works, How and Why, Living clean, Just For Today, the Guiding Principles and the Spiritual Principle a Day Book.

8) REGIONAL H&I: Sponsorship Behind The Walls - This is a program where members correspond with inmates through the mail by helping them to work the steps. They are in need of volunteers and coordinators for this program. All correspondence is through the mail, and sent to a post office box for privacy. If you would like to get involved, contact us for more information or see April/Robert, (your H&I Chair/Vice Chair). 9) REGIONAL PR: There is a lot of activity beginning within PR since we have a newly elected Regional PR Chair. They have begun the H&I / PR Sharing forums every odd month on zoom, and everyone is welcome. There are several Areas with a great deal of experience that are happy to share their experience with us, all we have to do is ask. The

Regional PR/H&I Sharing Forum meets on the 4th Saturday of odd numbered months: 5/25/24 (due to the Memorial Day Weekend, the next meeting is 6/1/2024), 7/27/24, 9/28/24 on Zoom: 917 628 744 PW: 006363 10) PR RACKS PROGRAM: The Sonoma ASC reported at Region that their PR Literature Racks program now has 48 racks being serviced by 24 volunteers, with a goal of 50 by the end of April.

11) ACTIVITIES/EVENTS IN NORTHERN CALIFORNIA:

SACRAMENTO FELLOWSHIP AREA OF NA - Woman to Woman 35th Annual Celebration on 5/11/24

NAPA/SOLANO AREA - Unity Day on 5/18/24

SIERRA FOOTHILL AREA OF NA - Literature Poker Run on 5/11/24

CONTRA COSTA AREA - Memorial Day Picnic on 5/27/24

NAPA/SOLANO AREA-Women's Spiritual Retreat on 7/19/24

AMERICAN RIVER AREA-Annual Pool Party / Speaker Meeting 7/20/24

MONTEREY AREA-Annual BBQ on 7/20/24

MISSION PEAK AREA - Women's Campout 8/15/24 to 8/18/24¹² MONTEREY AREA-Annual Campout on 8/16/24 (Friday through Sunday)

CONTRA COSTA AREA - Men's Spiritual Retreat on 8/22/24

PENINSULA AREA - Unity Day on 10/5/24

12) FINANCIAL STUFF for MARCH 2024:

RSC Expenses totaled= \$8655

RSC 7th tradition donations received from areas= \$9234

RSC Donation to NAWS (NA World Service) = \$2053

American River (ARANA) RSC Donation= 114.93

13) RSC OLD/NEW BUSINESS MOTIONS & HOW WE VOTED

2024-04-01 Disposition Carries by acclimation

4/ 1 3 / 2 4	e es	Motion to create ongoing report due dates FST Reports Wednesday at 6PM RCM Reports Thursday at 6PM

2024-04-02 Disposition

Motion to Table by Agnes, 2nd by Michael, until MAY 11. Carries by acclimation

		-	
4/ 1	e Jim C	Motion for the "Northern California Region" to support the US Zonal collaboration	
3			
/			
4			

2024-04-03 Disposition Motion to table to May 11 by Michael, 2nd Janie. 20-2-0

4/	Raymo	Reinstall the BOD as the responsible party to the NCRSC bank account.	To provide indemnity
3			protection to potential signers of the BOD.
2			

4		

<u>14) DID YOU KNOW???</u> For the fiscal year 2021-22, the Worldwide Fellowship donated \$2,224,917 to NAWS (Narcotics Anonymous World Services). Expenses totalled: \$6,455,002

<u>H&I</u>

Open Positions 1. Men and women for sponsorship behind the walls. (1 year clean, worked the steps)

2. We need people to facilitate meetings in Folsom prison.

3. I have had a few additional conversations with heritage oaks about resuming meetings. There are still some points of clarification they are working on on their end so all who have offered to volunteer as secretaries please just be patient a little longer. We will reach out when we are ready to resume.

We sent 20 books to our recovery homes and psych facilities and 50 ip's.

We have someone to nominate for Chair and Vice Chair tonight.

It has been an honor and pleasure to have been able to serve as H&I Chair for the past 2 years April W. Robert G- Vice Chair

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National Psychiatric Care Sacramento

Thursdays 7:00-8:00 PM

1

Coordinator: Danielle C (916) 996-1824

NPCS is 16 bed co-ed crisis residential facility serving adults with mental health issues and accompanying substance abuse challenges. Facility provides person centered treatment with an emphasis on relapse prevention and long-term recovery. Volunteers can be male or female with one-year clean time. Meeting is standard chairperson and sharing format. Standard H&I dress code applies.

Folsom State Prison (FSP)

2nd & 4th Sundays of the month, 3 one-hour meetings 9:30-10:30, 11:00-Noon & 12:30-1:30 Every Wednesday of the month 6:30-8:30 PM Facility Coordinator: Steve 916-806-6411 Meeting Coordinator: Vacant Position

FSP Houses medium security general population level II inmates. Volunteers can be both male and female. The meeting is a standard format and is run by the inmates. It includes readings, share and discussion. There are 3 meetings on Wednesday nights in which one is a Spanish speaking meeting.

Note to Volunteers: An 11-page application is to be filled out and submitted. Listing arrest history is standard procedure. If you have an extensive arrest history, we will ask volunteers to write a reference letter and at times obtain their DOJ to be attached to the application. **Dress Code:** It is always best to wear black clothing. No blue or green. No denim or blue jeans. We avoid color or clothing worn by inmates. No hats, shorts, sandals, halter tops, tank tops, no logos on shirts. Best not to have any

wire in Bra's. No revealing clothing or opened toed shoes.

The only items allowed in are your ID and car keys.

California State Prison Sacramento CSPSac

Monday B & C yard 5:00-7:00 PM Tuesday B & C yard 5:00-7:00 PM Wednesday C & Minimum Yard Thursday B & C yard 5:00-7:00 PM Friday B & C yard 5:00-7:00 PM Saturday B & C yard 5:00-7:00 PM Sunday B & C yard 5:00-7:00 PM Facility Coordinator: Lee K (916) 903-3667 Meeting Coordinator: Vacant

This is a level IV maximum security facility. Also housing inmates requiring specialized mental health programing as well as high risk medical concerns. Volunteers can be both male and female. The meeting is a standard format and is run by the inmates. It includes readings, share and discussion. The application and dress code are the same as Folsom Prison.

Fair Oaks Recovery

Tuesdays 6:30-7:30 PM Coordinator: Irene M (530) 919-1626

Fair Oaks Recovery is a co-ed facility is a structured treatment facility. The residents are accepted in several ways from a voluntary basis. Private pay and insurance referred. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies Meeting is standard chairperson and sharing format. There is a 6-month clean time requirement for volunteers. Standard H&I dress code.

Why Get Involved?

Hospitals and Institutions service offers addicts an opportunity to demonstrate gratitude, fulfill responsibility, and share the NA message without expectations. It is also an effective tool that helps us stay clean and keeps us coming back. The H & I message is the same as the NA message: "That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live." The gift we share is hope and freedom from active addiction through the program of Narcotics Anonymous. Any NA member who wants to carry this message is encouraged to get involved with H & I service. There are many ways to serve in Narcotics Anonymous, and many of us have found H & I service to be the most rewarding aspect of our recovery.

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Hospitals & Institutions Facilities Guide . Last Updated 05/01/24

standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies.

Akua mind body

Coed facility- Mondays 6:30-7:30pm Coordinator: Anastasia (916) 613-3220

Akua mind body is a 35 bed facility that has both detox and residential beds. Clients are admitted on a voluntary only basis. Masks are currently required.

Alpha Oaks

Monday 7:00-8:00 PM

Coordinator: Caroline O (916) 459-8300 Alpha Oaks is a residential facility for women located in Carmichael. This is a 1-3 month program housing up to 23 women. Alpha Oaks is a structured treatment facility. The residents are accepted in several ways from a voluntary basis to court ordered. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies.

New Dawn

Thursdays 6:00-7:00 PM Coordinator: Candi S (916) 308-5166 New

Dawn is a residential facility for women located Wednesday 7:00-8:00 PM in Fair Oaks. This is a 1-3 month program housing up to 9 women. New Dawn is a structured treatment facility. The residents are accepted in several ways from a voluntary basis to court ordered. The meeting follows a

Center Point

Criminal Justice Recovery Facility Saturdays 7:00 - 8:15 PM Coordinator: Rob G (916) 459-7649

Center Point is a 6-month male lock down facility for parolees located in Fair Oaks. Meetings are a standard chairperson sharing format with a 6-month volunteer clean time requirement. Standard H&I dress code applies.

Cornerstone

Coordinator: Dorothy Yanke (916) 417-0843

Cornerstone is a residential facility for women located in Carmichael. This is a 1-3 month program housing up to 11 women.

Purpose of this Guide

DOs & DON'Ts of H & I Service

Cornerstone is a structured treatment facility The residents are accepted in several ways from a voluntary basis to court ordered. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies.

Our H&I committee meeting is held ¹⁵ the third Monday of each month at 7pm on zoom:

ID: 5779611818 Password: 1953 LITERATURE CHAIR

Hello Family!

All is well here in Literature. The numbers for last month are==checks and money orders was \$2,922.75, credit cards was \$53.65, credit vouchers in \$41.27, credit vouchers out \$110.01. That gives us a grand total of \$2,976.40.

I put in an order for literature for \$3,196.85, discount was \$255.75, tax was \$205.88 for a grand total of \$3,146.98.

I also put in an order for more order forms and will have a total tonight. Thank You for allowing us to be of service. Don H.-Chair and Bob T. Vice Chair

PUBLIC RELATIONS CHAIR

- The website, printed schedules, and helpline are up-to-date and fully functional.
- All events have been posted. We will not be creating "Save the Date" notices on the website. If you would like an event posted, please submit a flyer.

We have started putting together the first "Adopt-A-Rack" as a pilot. Details coming soon.
 PR will be hosting a Presentations Training Virtual Workshop on Sunday, May 19th at 4:00pm via Zoom. Anyone may attend. Recommended attendees include: Members negotiating with venues for a proposed meeting location or event, new Subcommittee members with a position that requires PR training, and anyone interested in sharing about Narcotics Anonymous to the public via Health Fairs, Schools, or Professionals Panels. All areas may attend so if you know someone outside ARANA that may be interested, please pass along the information. Flyers are located at the front table. Zoom ID: 460 788 992, passcode: 1953.

Monthly Services Statistics and Information:

- Helpline Statistics for the last 30 days:
- 21 Volunteer Lookup Calls
- 0 Meeting Lookup Calls
- 9 Unanswered Calls (43%)
- Meeting Lookup Via Texts
- Website Statistics for the last 30 days:
- 5,581 Distinct Visitors

Did You Know?

We meet on the 3rd Wednesday of every month at 7:00 PM via Zoom Meeting ID: 460 788 992 Passcode: 1953.

Please submit meeting changes here tonight, on our website via the change form, or email <u>changes@sacramentona.org</u>. Please do not submit changes at <u>na.org</u>. Email fliers to <u>webservant@sacramentona.org</u> for<u>-consideration on our events</u> page. All meeting changes for upcoming schedules must be submitted 7 days before the ASC for inclusion in the new schedule.

Service Opportunities:

• Presentations Coordinator (2-year clean time)

Monthly Finances:

Schedules	\$
Phoneline	\$ Monthly accrued cost \$7.65. We still have a credit with this provider of \$46.93.
Miscellaneous	
Total:	\$

Subcommittee Coordinator Contact Information:

Vice Chair Dana H. 279-203-5826 <u>prvicechair@sacramentona.org</u> Helpline Coordinator Ashley 916-947-0107 <u>helpline@sacramentona.org</u> Outreach Coordinator Rob H. <u>outreach@sacramentona.org</u>

ACTIVITIES CHAIR

Good evening everybody. Who is ready for a pool party? date location time presale tickets and at the door pricing have been finalized. Flyers are here to pass out at all meetings. We have presale tickets available. Please see sheila or Kelly.We have a date for our areas Halloween/Oktoberfest the date will be 10/26/24. More info to share in the coming months. The projected donation to area service for the sponsorship appreciation breakfast is \$4,101.33

Thank you for allowing us to be a service Faith and Charles

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CAMPOUT

Good evening,

Campout has officially closed per registration as of May1st. Just a reminder the at gate cost will be \$35 for 13 and older, \$15 for 8-12 and Saturday only day passes will be \$25. All of this information is listed on the flyer as well as the \$17/day parking cost the campgrounds are charging for additional vehicles.

The Campgrounds has informed us that there will be a shortage of water at the lake this year due to some community projects and weather-related issues. Due to this shortage the campgrounds will not be selling season passes as well as they wanted us to notify campers that there is a strong possibility that watercrafts will not be able to user the lake this year. We are still waiting on further information on what is the cause to the shortage but the likelihood that watercrafts will be on the water this year is little. So please spread the word so that campers are not bringing boats that will be parked all weekend.

And lastly, the committee will be asking to make an adjustment to the budget. We will be making a motion to

move the remaining budget from line item 2.0 and 8.3 to 8.4. This will not change the overall budget. I have attached a copy of the new budget with the purposed changes.

Thank you for allowing me to be of service

Morgan

Campout 17

Expenses

CAMPOUT 2024 Budget Proposal r.1 Budget: \$29,755

Line #	Description	Approved Budget 2024	Revision	Proposed 2024 r.1	
1	0 Arts & Graphics	\$ 375.00		\$ 375.00	
	0 Registration	\$ 600.00 \$ 350.00		\$ 350.00	
2.1	Printing Registration Fliers	Registration Fliers \$ 300.00		\$ 300.00	
	2 Printing Registration Letters	\$ 50.00		\$ 50.00	
	3 Postage	\$ 150.00		\$ 150.00	
	4 Registration/Merchandise Opening Bank	\$ 500.00		\$ 500.00	
3.0	Program (Printing)	\$ 150.00		\$ 150.00	
	1 Basic Texts (Newcomer)	\$ 400.00			
	2 Main Speaker Expenses	\$ 1,600.00		\$ 1,600.00	
	D Entertainment	\$ 1,300.00		\$ 1,300.00	
	1 Trophies/Awards	\$ 150.00		\$ 150.00	
	0 Hospitality/Covid	\$ 300.00		\$ 300.00	
	1 Radio & Sound System Rental	\$ 2,000.00	\$ 2,000.00		
5.2	Portable Toilets	\$ 2,700.00		\$ 2,700.00	
5.3	Tables & Chairs Rental	\$ 300.00		\$ 300.00	
5.4	U-Haul Truck Deposit, Rental & Fuel	\$ 600.00		\$ 600.00	
5.5	Fire Supplies (Fire Pit & Propane)	\$ 350.00		\$ 350.00	
6.0	Shuttle Truck Rental & Fuel	\$ 400.00		\$ 400.00	
6.1	Shuttle Trailer & Hay Rental	\$ 250.00		\$ 250.00	
7.0	Traffic & Parking Supplies	\$ 100.00		\$ 100.00	
8.0	2024 Reservation Rent - Deposit already paid last year	\$ 6,300.00		\$ 6,300.00	
8.1	2024 Security Deposit (Refundable)	\$ 1,900.00		\$ 1,900.00	
8.2	2025 Reservation Deposit	\$ 3,500.00		\$ 3,500.00	
8.3	Campground Dumpster (estimate)	\$ 500.00 \$ -		\$ -	

8.4	Newcomer Registration	\$ 750.00	\$ 750.00
9.0	2021/22 Committee Meeting Room Rent	\$ -	\$-
	0 Misc. Expenses	\$ 50.00	\$ 50.00
	0 Insurance	\$ 800.00	\$ 800.00
	0 Merchandise	\$ 3,000.00	\$ 3,000.00
12.1	Tax Paid to BOE	\$ 450.00	\$ 450.00
13.0	Administration Expenses	\$ 100.00	\$ 100.00
	0 Events Treasurer Expenses	\$ 100.00	\$ 100.00
15.0	EPD FEES (CARD READER)	\$ 300.00	\$ 300.00
16.0	P.O Box	\$ 180.00	\$ 180.00
	1 Registration Refunds	\$ -	\$ -
16.2	Deductions From Security Deposit	\$ -	\$ -

16.3 Returned Checks/Fees \$ - \$ - Expense Total

\$29,755.00 \$ 1,100.00 \$29,755.00

Earned Income

Description	Projected 2023	Actual 2023	Proposed 2024
Pre-Registration	\$6,960.00	\$5,670.00	\$ 6,900.00
Registration @ event	\$15,995.00	\$9,605.00	\$ 16,800.00
Pre-Registration Day Passes	\$400.00	\$180.00	\$ 200.00
Day Passes @ Event	\$4,675.00	\$3,625.00	\$ 4,500.00
Merchandise @ Event	\$3,000.00	\$3,935.00	\$ 5,000.00
Alt Merchandise @ Event	\$0.00	\$200.00	\$ -
Auction	\$1,000.00	\$2,801.00	\$ 1,500.00
Table & Chairs Deposit Return	\$50.00	\$0.00	\$ 50.00
Opening Bank Deposit Return	\$500.00	\$500.00	\$ 500.00
Deposit correction		\$8.00	\$ -
Event Insurance transfer from Area	\$558.90	\$0.00	\$ -
Security Deposit	\$1,900.00	\$1,500.00	\$ 1,900.00

Donation/Uncashed checks

Actual Earned Income

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SOFTBALL CHAIR

UNITY DAY LIASION

MAE

MAE (MULTI AREA EVENT) COMMITTEE REPORT

AMERICAN RIVER AREA LIAISON REPORT - MAY 2024

1) First, we want to report that the "Dawn of the Dinosaurs" event went very well. We sold approx 225 tickets, and we are projecting total **proceeds** of over \$3000. This translates into approx \$800 in donations for each of the 4 Areas! Thank you to all the Areas for your participation and unity with this event!

All seed funds (with the exception of SacFNA, whose seed money will be returned) will be used to create a **prudent** reserve for MAEC and our future event. We are awaiting the return of the **facility** deposit in order to finalize the "Dinosaur" books, so we should have a finalized report for you in June.

2) We experienced some electrical outlet issues at the Dinosaur event (which caused inconveniences when it came to using the pancake griddles and coffee pots (all has been reported to the facility) but the rest of the event went swimmingly well. SFANA and ARANA lent us equipment and supplies for this event, and we have returned the borrowed items. Left over items were split between Sierra and American River, and we do believe we ended up returning more than we borrowed (ie: cups, paper products, etc). *Thank you again American River for allowing MAE to use some of its equipment.

3) We will be **discussing** our next event at our upcoming meeting on Monday. May 20th (refer to flier below for info). Please let us know if there is something that your group would like to see us do, there has been a lot of discussion about a New Years Eve, or a Unity Day event.

4) Sac Fellowship will be getting their seed money back after we close our books. We will wait to see if they would like to participate in the next event. If they are interested, we would be **asking** for the seed money of \$500 back.

5) Please help us get the word out about MAE. Below is a flier that you can place on your literature/events table. We often hear that members have never heard of the MAEC, please help us by announcing it in your meeting! We have many positions that are currently open, or are opening up this summer.

6) Current Open positions are: Vice Chair (to be filled by Sac Fellowship), Snackbar/Food, Merchandise; Facilities; Entertainment; and Setup/Cleanup. If you are interested in joining the committee or checking out the Zoom meeting, we are having our next meeting on:

Monday May 20, @ 7 PM.

Thank you for letting me be of service,

LucyGrace

ARANA MAE Committee Liaison

email: MAE@sacramentoNA.org¹⁹



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ARANA ASC Quorum Roll Call						
ADMIN COMMITTEE	NAME	PHONE #	2/24	3/24	4/24	5/24
1. Chairperson	Kim	916-519-1476				
2. Vice-Chair	Daniel	916-459-8485				

3. Secretary	Janeice V	916-821-4531				
5. Secretary	Janeice V	910-821-4951				
4. Treasurer	Athena W	717-609-5246				
5. RCM1	Jaine S.	916-817-9144				
6. RCM2	Jim C	916-704-2361				
7. Literature Subcommittee	Don	916-470-0307				
8. Activities Subcommittee Chair	Faith A	916-598-1419				
9. Public Relations Subcommittee	Robert C	916 821-7002				
10. Campout Subcommittee	Jay Z	916-541-0960				
11. Softball Subcommittee	Sarah K	916-718-1528				
12. Events Treasurer	Jennifer B.	916-410-1370				
13. H&I Subcommittee	April	916 342-5539				
14. Asst Secretary	Felicia A	916-297-5236				
15. Alt Treasurer	Hank Z					
16. Alt Events Treasurer	Rob	916-524-8042				
17. Literature vice Chair	Bob T	401-219-2733				
18. Public Relations vice chair	Dana H.	279-203-5826				
19. H&I Vice Chair	Robert G	916-459-7649				
20. Softball vice Chair	Arty E.	916-203-2252				
21. Campout vice Chair	Morgan K	916-410-0881				
22 Activities vice Chair	Charles M	915-519-2871				
MULTI-MEETING GROUPS	NAME	PHONE #	2/24	3/24	4/24	5/24
22. Broadrick Group	Steve L	916-519-2084	×	×		
104. Davis Group	Avery	530-601-8872	×	×	×	
47. Without Parallel	Kristine Mc	916-947-8240	×	×	×	

25. North Sac Group	Hanna	707-344-2928	×	×	×	
160. Honesty Openmindedness Willing	Joslyn S	297-220-9171	×	×		
161. Morning Fix in the 916	Kevin W	9165327851	×	×	×	
99. Recovery in Rio Linda	Carl W	916-712-7992	×	×	×	
71. Mad About Recovery	Matteo L	916-310-1297	×	×	×	
23. It's a We Program	Joslyn S	279-220-0971			×	
MONDAY MEETINGS	NAME	PHONE #	2/24	3/24	4/24	5/24
35. Women Helping Women	Pam M	530-360-8877	×	×	x	
110. Carmichael Recovery Inclined	Christina A	916-817-9187	×	×	×	
118. Three to Life	Mark G	916-224-6318	×	×	×	
163. Willingness at Noon Time	Dreamer	916-495-5623	×	×	×	
TUESDAY MEETINGS	NAME	PHONE #	2/24	3/24	4/24	5/24

			-		21	
41. By the Book	Barry W	916 600-1425			×	
156. One Addict Helping Another	Karina S.	916-706-7944		×	×	
77. Addicts in Action	Jimmy M.	916-712-0300			×	
162. RAW Group of Sacramento	Jacob S	530-7605108	×	×	×	
46. Surrender Group	Paul p.	916-662-2932	×	×	×	
WEDNESDAY MEETINGS	NAME	PHONE #	2/24	3/24	4/24	5/24
33. Fahrfromusin	Sharina	209-810-3084	×	×	×	
49. Here, Try This	Mikey E	916-670-3757	×	×		
29. Women's Tea House	Johnnie S	916-402-6098	×	×	×	
165, Avoiding Addiction	Aamina P	916-692-4850	×	×	×	
THURSDAY MEETINGS	NAME	PHONE #	2/24	3/24	4/24	5/24

24. Book Around and Find Out	Dan R.	484-767-2848				
45. Rebels With A Cause	Amanda F	916-532-0859	×	×	×	
75. New Attitude	Chantal O	916-912-1500	×	×	×	
76. Not High Noon	Nola A	916-402-9957	×	×	×	
FRIDAY MEETINGS	NAME	PHONE #	2/24	3/24	4/24	5/24
164 Folsom Friendly Fridays	Tim M	916-425-9597	×	×		
98. Recovery in Progress	Allyse B	916-910-3103	×	×	×	
20. Leave the Drama at the Door	Shay R	279-666-8300		×	×	
30. DASP	Neal	916-267-9927	×			
SATURDAY MEETINGS	NAME	PHONE #	2/24	3/24	4/24	5/24
48. Desire to Stop	Ed M	916-764-1489	×	×	×	
83. Saturday Night Alive	Kayla	916-417-0146	×	×	×	
74. Growth & Change	Denise P	916-912-7920	×	×	×	
139. Young Pups in Recovery	Matt B	916-459-7329		×	×	
82. Being Clean Is Happening	Melinda L	916-410-2202	×	×	×	
SUNDAY MEETINGS	NAME	PHONE #	2/24	3/24	4/24	4/24
61. Have Mercy	Warren	916-494-3839	×	×	×	
92. Sunday Night Serenity	Amy N	916-826-7932	×	×	×	
69. Journey Within	Rob H	916849-9791	×	×	×	
157. Hugs not Drugs	Bobby W	916-531-7469			×	
21. Together In Recovery	Edward c	916-706-4113	×	×	×	
88. Ashes to Diamonds	Sean A.	916-768-1296	×	×	×	
GROUPS IN ATTENDANCE			32	×	37	
TOTAL COUNT OF GROUPS			40	41	42	42

			2/24	3/24	4/24	5/24
Meetings removed for missing more then two meetings						
130. Steppin-Up	Theresa S.	916-889-5722				
51. Wednesday Night Unity	Julie C.	916-290-3190				
155. Women Seeking Serenity	Tonya	916-844-9153				
54. We Believe in You - multi	Taryn	916-969-6039				

				22	
167. Leave It Alone Group	Greg B	209-484-4322			
166. NA Uncut	Michael S	916-208-5037			
72. Back to Basics	Kelly M	916-547-7523	×		
159. Principles before Personalities	Stephen	916-968-1385			
158. We do Recover	Priscilla M	916-202-0152			

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Previous Minutes AMERICAN RIVER AREA SERVICE COMMITTEE 04/05/24 (FUTURE ASC 05/03, 06/07)

I. Open₁₂ Traditions: Carl 12 Concepts: Pricilla Purpose of ASC: Josyln Decorum Statement: Sasha Vision Statement: Aubry Announcements

II. Welcome New ASC Participants

III. GSR Reports

IV. ADMINISTRATIVE REPORTS

Chair	Kim M	^{pg.} 3	H&I	April	pg. ¹⁵
Vice Chair	Daniel M	pg. 3	Literature	Don	pg.15

Secretary	Janeice V	pg. 3	PR	Josh B.	pg.15
Treasurer	Athena	pg. 4	Activities	Faith P	pg.16
Events Treasurer	Jennifer L	pg. 9	Campout	Jay Z	pg.17
RCM I	Janie S	pg. 13	Softball	Sarah k	pg.
RCM II	Jim C.	pg. 13	Unity Day	Heather	pg,
			MAE	Lucy	pg,

V. Quorum Call (Roll Call) attached results: of 41

(Birthday Celebration - during tally of quorum count)

VI. Approval of Previous Months ASC Minutes

VII. Approval of Previous Months Treasurer's Report

VIII. Open Forum; Parking Lot.

Kevin W. - Holding literature hostage.

IX. Elections: Alt Treasurer hank, Activities Chair-Faith, Activities Vice Chair -charles

FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:

Softball Chair/Vice Chair – January Literature Chair/Vice Chair – July PR Chair/Vice Chair – February Chair/Vice Chair – July Activities Chair. Vice - Chair April Campout Chair/ Vice Chair – July H&I Chair/Vice Chair –May Treasurer/Alt. Treasurer - December

Secretary/Asst. Sec – May Events Treasurer/Alt. Events Treasurer – December RCM I –²⁴

June – Even years RCM II – June – Odd years

X. OLD BUSINESS

XI. NEW BUSINESS

401 Amanda Jacob	To purchase microphones for the area for \$191.23. This price includes the cases. Intent: To buy better microphones for area.	pba
402 Amanda Kevin	To create an Ad-hoc committee to be tasked with evaluating the feasibility for an online ARANA literature ordering and payment system for Area groups. Final report to be submitted by OCT 2024.	pba
403 Lucy Travis	To approve MAEC Financial Guideline Changes. Intent: Any changes to MAEC's operating procedures involving finances shall be approved by participating Aree's after submitting a request for amendment to the ASC's. Motion to change the current guidelines: Seed money will be heldseed money will be returned to each area. Change to: Seed money from American River, Sierra Foothills and Middle Mountain will be held as prudent reserve to be utilized for future MAEC events. Seed money from SacFNA will be received with the beginning of each event cycle, and returned at the close of each event. The Prudent reserve will be held until such time as the MAEC dissolves. At that time all seed money will be returned to each participating area.	pba

ASC TREASURER

April Treasurer Report for March numbers If you have donations, please feel free to mail them to the PO Box. ARANA PO box 417482 5420 Kohler Road Sacramento, CA 95841

Good Evening. We deposited \$4,638.53 last month. 25

Expenses from Mar Area Business was \$4,638.53 We kept 2 months of the budget in Checking. Amount left in Checking after Prudent Reserve is \$0 Amount in Savings is Ending Ledger balance of\$4,530.66 Less Prudent Reserve.....\$1,721.67 Less Accumulated Annual Expenses......\$2,185.58 Less Accumulated Sales Taxes.....\$623.41 Excess in Savings above budgeted Amounts.....\$0 Thanks for letting me be of service. Athena W.