

Minutes
AMERICAN RIVER AREA SERVICE COMMITTEE
3/07/25
(FUTURE ASC 04/04, 05/02)

I. Open

12 Traditions:
 12 Concepts:
 Purpose of ASC:
 Decorum Statement:
 Vision Statement:
 Announcements

II. Welcome New ASC Participants

III. GSR Reports

IV. ADMINISTRATIVE REPORTS

Chair	Daniel M	pg. 4	H&I	Robert G	pg. 18
Vice Chair	Teana C	pg. 4	Literature	Bob T	pg. 20
Secretary	Felicia A	pg. 5	PR	Robert C	pg. 20
Treasurer	Athena W	pg. 5	Activities	Faith P	pg. 21
Events Treasurer	Rob B	pg. 11	Campout	Morgan K	pg. 21
RCM I	Janie S	pg. 15	Softball	Sarah k	pg.
RCM II	Jim C.	pg. 16	Unity Day		pg.

V. Quorum Call (Roll Call) attached results: of 45
 (Birthday Celebration - during tally of quorum count)

VI. Approval of Previous Months ASC Minutes (pages)

VII. Approval of Previous Months Treasurer's Report (pages)

VIII. Open Forum/Parking Lot

IX. Elections:

Vice PR-
 Vice Literature-

FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:

Softball Chair/Vice Chair – January
 PR Chair/Vice Chair – February
 Activities Chair. Vice - Chair April
 H&I Chair/Vice Chair –May
 Secretary/Asst. Sec – May
 RCM I – June – Even years

Literature Chair/Vice Chair – July
 Chair/Vice Chair – July
 Campout Chair/ Vice Chair – July
 Treasurer/Alt. Treasurer - December
 Events Treasurer/Alt. Events Treasurer – December
 RCM II – June – Odd years

X. OLD BUSINESS

102	<p>V. Participants , A.8</p> <p>An elect admin committee shall be present until the close of the ARANA Service meeting each month</p> <p>Intent: To have committee chairs or Vice Chairs available to answer questions during the meeting, but especially during motions and parking lot</p>	
301	<p>To remove the following MAE Committee references from the ARANA ASC guidelines:</p> <p>Motion 602 Shared Services / MAE Committee LIAISON Trusted Servant Position</p> <p>Made by Gregory M / Seconded by Barry W</p> <p>Motion to create a new MAEC (Multi Area Events Committee) Liaison trusted servant position.</p> <p>PAGE 2</p> <p>IV. MEMBERS OF THE ASC:</p> <p>A. Participants of the ASC - comprised of the Administrative Committee and the GSRs or</p> <p>Alternates from the established groups within the American River Area.</p> <p>B. Representatives of Ad Hoc (Special) Committees, and Liaisons that serve on shared services</p> <p>committees.</p> <p>V. PARTICIPANTS:</p> <p>k. Events Treasurer and Alternate Events Treasurer – December</p> <p>l. Shared Services / Multi Area Event Committee Liaisons – August</p> <p>(*Recommended placement on PAGE 15-after Ad-hoc (Special) Committee)</p> <p>SHARED SERVICES / MULTI AREA EVENT (MAE) COMMITTEE LIAISON(S)</p> <p>Qualifications:</p> <p>a. It is suggested that he/she be elected from active participants of the ASC. The liaison must</p> <p>have a commitment to service, willingness to serve, and resources to do the job, and a working</p> <p>knowledge of the Twelve Steps, Twelve Traditions, and Twelve Concepts of NA Service.</p>	

	<p>b. 1 year continuous clean time</p> <p>c. Willingness to be accountable to the ARANA ASC.</p> <p>d. Willingness to serve for a term of 1 year, with no more than 2 consecutive terms.</p> <p>Responsibilities:</p> <p>a. Attend all Shared Service / MAE Committee Meetings, and monthly ASC meetings.</p> <p>b. Liaisons submit written and give oral reports at the ASC, but do not vote as a representative of a shared Services Committee.</p> <p>c. Serve as a conduit of information between Shared Services / MAE Committee(s) and ARANA.</p> <p>e. Submit a written report at all in person MAEC meetings.</p> <p>f. Submit a final financial report after the annual wrap up meeting.</p> <p>C. Attend ASC Admin Committee Meetings.</p> <p>Intent: to update the ARANA ASC guidelines</p>	

XI. NEW BUSINESS

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ASC CHAIR

I attended part of the campout and activities meetings this month. It seems like both sub-committees are doing well. Everyone is excited for the Sponsorship Breakfast on March 22 nd ! If you haven't gotten your tickets, you should do it soon before they are sold out. The last time I saw the map there are a few campsites left for the ARANA Campout in June. If you send in your registration now you might still be able to get one.

I met with a few Admin members and used the motion log to update the guidelines. These changes are already approved so we will not be submitting a motion for them. I also made some formatting changes to clean up and standardize the numbering. There will be a link available to view the changes, if you have any questions or concerns, please bring them to next month's meeting otherwise they will be considered approved.

Admin will also be submitting a motion to remove the items pertaining to the MAE Committee. Those will be included in the link as well.

TYFAMTBOS

Daniel M

https://sacramentona.org/documents/asc-guidelines-Pending-Approval_withFormatting.pdf

ASC VICE CHAIR

Good Evening

This month along with attending Sub committees, I worked with our Admin team to update the ASC Guidelines with all the approved motions. There is a link for you to review them.

I finished the 2024 Treasurer's Report and submitted it to the Accountant for submission.

As you might have seen, our July ASC is currently scheduled for July 4th. As I am sure none of you want to show up that night we will be taking a straw poll to see if you would rather meet on Sat July 5th or Friday July 18th.

Thanks for letting me be of service.

Teana

ASC SECRETARY

Hello Everyone,
Thank you for getting in your reports in
New group GSR please sign the sign in sheet
as always thank you for allowing us to be of service

Felicia A
Marquis B

ASC TREASURER

March Treasurer Report for February numbers
If you have donations, please feel free to mail them to the PO Box.

ARANA
PO box 417482
5420 Kohler Road
Sacramento, CA 95841

Good Evening.

We deposited \$4,467.90 this month.

Expenses from February Area Business was \$4,444.68.

Donation to NCRSC was \$130.00

We kept 2 months of the budget in Checking and \$3500 for the Umbrella Insurance Policy.
Amount left in Checking after Prudent Reserve is \$-210.34

Amount in Savings is:

Ending Ledger balance of	\$4,770.26
Less Prudent Reserve.....	\$1,948.34
Less Accumulated Annual Expenses.....	\$2,821.92
Less Accumulated Sales Taxes.....	\$427.90
Excess in Savings above budgeted Amounts.....	\$ 0.00

We did receive notice that Storage is increasing from \$347.00 to \$375.00 per month.

Thanks for letting us be of service.
Athena & Janeice

Treasurer's Report

DATE		ACTIVITY	Totals	
3/3/2025		BEGINNING BALANCE	\$ 7,163.12	\$ 7,163.12
		Venmo Donations	\$ -	\$ -
		PayPal Donations	\$ 207.69	\$ 207.69
		Merch Sales	\$ -	\$ -
		Square Literature sales	\$ 394.98	\$ 394.98
		Literature Sales	\$ 2,545.97	\$ 2,545.97
		Venmo Lit Sales	\$ -	\$ -
		Area Donations	\$ 1,203.26	\$ 1,203.26
		H&I Donation	\$ -	\$ -
		7th Tradition	\$ 116.00	\$ 116.00
		Transfer from Savings to remove excess	\$ -	\$ -
		Transfer from Events Sales Tax	\$ -	\$ -
		Transfer from Savings	\$ -	\$ -
		Facilities Deposit Return	\$ -	\$ -
		Total Deposits/Transfers	\$ 4,467.90	
		Total before Expenses	\$ 11,631.02	
3/3/25	TRF	To Cover Annual Expences for Feb	\$ (370.00)	\$ (370.00)
3/5/25	TRF	Accumilated Sales Tax-Event	\$ -	\$ -
3/5/25	TRF	Accumilated Sales Tax-Feb	\$ (236.63)	\$ (236.63)
2/13/25	TRF	Twillo Account for PR	\$ (100.00)	\$ (100.00)
	2563	Teana C PR LIT	\$ (60.78)	\$ (60.78)
	2567	Robert C. PR Schedules	\$ (230.48)	\$ (230.48)
	2562	ARANA H& I Lit	\$ (749.48)	\$ (749.48)
	2566	NCRSC Donation	\$ (130.00)	\$ (130.00)
	2571	NCRSO Invoice 41897	\$ (2,566.72)	\$ (2,566.72)
	2568	Agenda's Feb - Janeice	\$ (130.59)	\$ (130.59)
	2572	NCRSC Donation Feb	\$ 130.00	\$ 130.00
			\$ -	\$ -
			\$ -	\$ -
		Total Transfers/Payments	\$ (4,444.68)	
		ENDING BALANCE	\$ 7,186.34	\$ 7,186.34
		Prudent Reserve - 2 mos.operating expense \$1948.34	\$ (3,896.68)	\$ (3,896.68)
		WSDL for PR and H&I Chairs	\$ -	\$ -
		Umbrella Insurance Policy Reserve	\$ (3,500.00)	\$ (3,500.00)
		Surplus/(Defect) from prudent reserve	\$ (210.34)	\$ (210.34)
		Savings Account Beginning Ledger Balance	\$4,163.63	\$4,163.63
		Interest Credit	\$0.00	\$0.00
3/3/25	Transfer	To Cover Annual Expenses Feb	\$370.00	
3/5/25	Transfer	Accumulated sales tax for Feb	\$ 236.63	
	Transfer	Sales Tax from Events	-	
		Balance after incoming transfers	\$4,770.26	
3/5/25	Transfer	To cover Annual Expenses for storage (Qtrly)	\$ -	\$ -
	Transfer	To Cover Sales Tax Payment Due	\$ -	\$ -
	Transfer	Excess in Savings	\$ -	\$ -
		Less Total Transfers out of Savings	\$0.00	
		Ending Ledger Balance	\$4,770.26	\$4,770.26
		Prudent Reserve \$1948.34	\$ (1,948.34)	
		Total in Savings	\$2,821.92	
		Less Accumulated Annual Expenses	\$ (2,394.02)	

Treasurer's Report

			Less Accumulated sales taxes	\$	(427.90)	
			Excess Savings Account	\$	(0.00)	

1	Approved	Admin	ASC Rent	H&I Admin.	H&I Lit	Lit	PR	Accum	Totals BY	Regional
2	Budget per	\$300.00	\$35.00	\$60.00	\$750.00	\$83.34	\$350.00	\$370.00	\$1,948.34	\$ 130.00
3	Jan	\$98.16	\$0.00	\$15.99	\$742.29	\$0.00	\$309.14	\$370.00	\$1,535.58	\$ 130.00
4	Feb	\$130.59	\$0.00	\$0.00	\$749.48	\$0.00	\$0.00	\$370.00	\$1,250.07	\$ 130.00
5	Mar	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$ -
6	Apr	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$ -
7	May	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$ -
8	Jun	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$ -
9	Total Expense	\$228.75	\$0.00	\$15.99	\$1,491.77	\$0.00	\$309.14	\$740.00	\$2,785.65	\$260.00
10	Budget x 6 mo.	\$900.00	\$210.00	\$360.00	\$3,900.00	\$240.00	\$2,100.00	\$1,920.00	\$9,630.00	\$780.00
11	Difference	\$671.25	\$210.00	\$344.01	\$2,408.23	\$240.00	\$1,790.86	\$1,180.00	\$6,844.35	\$520.00
13	Average	\$38.13	\$0.00	\$26.7	\$248.63	\$0.00	\$51.52	\$123.33	\$464.28	\$43.33
14	Months To Averf	6	6	6	6	6	6	6	6	6
15	INCOME	7th Trad	Group Don.	H&I Don	Events Transfers	PR	Accum Sales Tax	Annual Exp Paid	Totals BY Month	Income less Events & Annual Exp
16	Jan	\$47.84	\$1,150.86	\$0.00	\$0.00	\$0.00	\$191.27	\$741.00	\$1,389.97	\$1,389.97
17	Feb	\$116.00	\$1,203.26	\$0.00	\$0.00	\$0.00	\$236.63	\$0.00	\$1,319.26	\$1,319.26
18	Mar	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
19	Apr	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
20	May	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
21	Jun	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
22	Total Income	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
23	Average	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
24	Months to Averf	6	6	6	6	6	6	6	6	6

Approved Jan - Jun 2025 Budget

Proposed	Admin	ASC Rent	H&I Admin.	H&I	Lit Admin	PR	Annual Expenses	Total	2 Months' Expenses
Proposed	\$300.00	\$35.00	\$60.00	\$750.00	\$83.34	\$350.00	\$370.00	\$1,948.34	\$3,896.68
6 month	6 month total	\$ 1,800.00	\$ 210.00	\$ 360.00	\$ 4,500.00	\$ 500.04	\$ 2,100.00	\$ 2,220.00	\$ 11,690.04

1 Balance shown on statement
 2 Deposits not shown

3/5/2023

\$10,703.22

10 Sub Total

Transfer	From Events			
Transfer	From Saving to cover expenses paid		\$	-
Transfer	From Saving - Excess		\$	-
	subtotal		\$	-
				\$10,703.22

11 Checks outstanding

CK #	Name	Amount		
2156	April W	\$ 14.99	\$	14.99
2181	Hillsdale Baptist Church - Dec	\$ 35.00	\$	35.00
2191	Hillsdales Baptist Church	\$ 35.00	\$	35.00
2251	April W, Zoom H & I	\$ 15.99	\$	15.99
2546	Dana H. Schedules	\$ 230.48	\$	230.48
TRF	Accumulated Sales Tax-Feb	\$ 236.63	\$	236.63
2563	Teana C	\$ 60.78	\$	60.78
2566	NCRSC - Jan Donation	\$ 130.00	\$	130.00
NEW	NCRSO Invoice 41897	\$ 2,566.72	\$	2,566.72
2568	Agenda's Feb	\$ 130.59	\$	130.59
2572	NCRSC - Feb Donation	\$ 130.00	\$	130.00
				\$ 3,586.18

40 Total Uncleared Checks

41 Adjusted Ending Bank Balance (Ledger balance)

\$7,117.04

Ending Ledger Balance

\$ 7,186.34

(\$69.30)

Savings Account Bank Reconciliation

Statement Balance

03/05/25

\$4,533.63

Additions to Account

Transfer

\$ 236.63

\$4,770.26

Subtractions from account

Uncleared Transactions		\$0.00
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\$4,770.26

asc ledger
 Savings Ledger ending balance

\$4,770.26

Adjusted Balance

Bank Ending Balance

\$4,770.26

Difference

\$0.00

2025 Annual Expenses							
	Month	Storage-Due Quarterly 2025	ASC PO Box Due Oct. Oct 2025	Charitable Trusts - Due With Taxes - Around	Tax Preparation Paperwork Due to CPA by May	Excess Annual Expense	Total Annual Expenses
Yearly Total		\$ 2,964.00	\$ 281.00	\$ 50.00	\$ 1,145.00		\$ 4,440.00
Monthly Total		\$ 247.00	\$ 23.42	\$ 4.17	\$ 95.42		\$ 370.00
Beginning Balance	Jan 01	\$750.00	\$274.64	\$74.50	\$2,194.12	\$101.76	\$3,395.02
		\$ (741.00)			\$ (1,000.00)		\$ (1,741.00)
Annual Expense	January	\$ 247.00	\$ 23.42	\$ 4.17	\$ 95.42		\$ 370.00
Annual Expense	February	\$ 247.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ -	\$ 370.00
Annual Expense	March	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
		\$ -					\$ -
Annual Expense	April	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Annual Exp. Accum	May	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Annual Expense	June	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
		\$ -					\$ -
Annual Expense	July	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Annual Expense	August	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Annual Expense	September	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
	September	\$ -					\$ -
Annual Expense	October	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
	October		\$ -	\$ -	\$ -		\$ -
Annual Expense	November	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Annual Expense	December	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
	December						\$ -
Total Annual Expenses for 2025		\$ 503.00	\$ 321.47	\$ 82.83	\$ 1,384.95	\$ 101.76	\$2,394.02

Need to Increase Storage budget \$300.00 to cover increase.

1st quarter Sales Taxes				
Month	Sales	Nontaxable Sales	Taxable Income	Taxes
Jan	\$ 2,377.25		\$ 2,185.98	\$ 191.27
Feb	\$ 2,940.95		\$ 2,704.32	\$ 236.63
Mar	\$ -		\$ -	\$ -
Event Pool Party				\$ -
Event				\$ -
Totals	\$ 5,318.20	\$ -	\$ 4,890.30	\$ 427.90

Annual Exp \$ 2,394.02

Qtrly Taxes \$ 427.90

Total Saving \$ 2,821.92

Prudent Res \$ 1,948.34

Savings \$ 4,770.26

2nd quarter Sales Taxes				
Month	Sales	Nontaxable Sales	Less Taxes Taxable	Taxes
Apr	\$ -		\$ -	\$ -
May	\$ -		\$ -	\$ -
Jun	\$ -		\$ -	\$ -
Event	\$ -			\$ -
Event				\$ -
Totals	\$ -	\$ -	\$ -	\$ -

\$ 229.34 Credit
 \$ 1,783.95 Checks/MO
 \$ 2,013.29
 \$ 2,551.93 Pre Tax
 \$ 223.29 Tax

EVENTS TREASURER

Good evening Everyone,

We have made deposits for Campout, just shy of 3500 and Sponsorship breakfast, just about 100 tickets sold.

There is a 0-dollar variance in the accounts.

Any Questions?

Rob

March 2025
EVENTS TREASURER REPORT
Savings Account Ledger
For Month Ended February 28, 2025

February 2025 Activity	Savings Account	Interest/	Insurance	Camput	Activities	Monthly Activities	Softball	Unity Day	MAE	NY Dances
	+ or - =	+ or - =	+ or - =	+ or - =	+ or - =	+ or - =	+ or - =	+ or - =	+ or - =	+ or - =
TRAN	Beginning Balance	\$13,708.90	\$8.90	\$1,200.00	\$3,500.00	\$0.00	\$1,500.00	\$2,000.00	\$2,000.00	\$2,000.00
DEBIT										
DEP										
INT	31-Dec Interest Dec.	\$1.25	\$10.15	\$0.00	\$0.00	\$0.00	\$1,500.00	\$2,000.00	\$2,000.00	\$2,000.00
	Ending Balance	\$13,710.15	\$10.15	\$1,200.00	\$3,500.00	\$0.00	\$1,500.00	\$2,000.00	\$2,000.00	\$2,000.00
					Reserve: \$7,000	Reserve: \$2,500	Reserve: \$1,500	Reserve: \$2,000	Reserve: \$2,000	Reserve: \$2,000

Bank Reconciliation
Month Ended February 2025

EVENTS CHECKING		
Particulars	Amount	
Balance as per bank statement		\$ 13,304.30
Add: Deposits not credited		
	\$ -	
	\$ -	
Total deposits not credited:		<u>\$ -</u>
Add: Returned Items		
Total returned items:		<u>\$ -</u>
Less: Outstanding checks		
No. 9999	\$ 3,500.00	
No.		
Total outstanding checks:		<u>\$ 3,500.00</u>
Less: Bank Error		
Total bank error:		<u>\$ -</u>
Adjusted balance per bank statement:		\$ 9,804.30
Balance as per ledger:		\$ 9,804.30
Difference:		\$ -

EVENTS SAVINGS		
Particulars	Amount	
Balance as per bank statement		\$ 13,710.15
Add: Deposits not credited		
	\$ -	
Total deposits not credited:		<u>\$ -</u>
Less: Outstanding withdrawals		
No.	\$ -	
Total outstanding withdrawals:		<u>\$ -</u>
Adjusted balance per bank statement:		\$ 13,710.15
Balance as per ledger:		\$ 13,710.15
Difference:		\$ -

RCMI & II

RCM REPORT MARCH 2025

NAWS (NARCOTICS ANONYMOUS WORLD SERVICE) NEWS

Website: www.na.org

- 1) **NAWS SURVEYS - Just a reminder** to our GSRs, please help get the word out to our groups: a request for all members to participate in the NAWs surveys (link below). This is the best way to have your voice heard at World. The current survey topics are listed below. Website Link for Surveys - www.na.org/news-projects-and-surveys/
 - A) WCNA Survey (asking you about the World Convention and how you want it to proceed)
 - B) Step Working Material Survey ends on 3-15-2025

RSC (REGIONAL SERVICE COMMITTEE) NEWS

Website: www.norcalna.org

2) **DISCUSSED AT REGION THIS MONTH:**

- A. There were a handful of Areas that announced last month that they will be changing their fund flow to put it in line with the 50+25+25 (as outlined in IPs 24 & 28) It will be interesting to see how this affects the contributions at the RSC.
- B. We currently have no Vice Chair at the RSC, as the previously elected Vice Chair stepped down after a “motion to remove the RSC Chair” failed. To further complicate things, the current RSC Chair is terming out this June. Please announce these crucial open positions at your meetings.
- C. There was some discussion last month about sending some funds to the Area(s) involved in all of the fires. We were asked to bring back input from our Areas on the topic-Do we support such a donation?.
- D. The Sonoma Area announced that they have begun printing cards (including the hotline number, link to meeting schedule etc) to outfit their local Mobile Crisis Units. Although the program is new, they are happy with the results so far. In Sacramento County we have a “Co-Response Crisis Intervention Team” (CCIT) According to their website, the CCIT “serves individuals of all ages and diversity in Sacramento County by responding to 911 emergency calls for immediate clinical assessment and crisis intervention for individuals experiencing a mental health crisis.

3) **WSLD (WESTERN SERVICE LEARNING DAYS)**

Website: www.WSLD.org

- A) A reminder that the WSLD is coming up in Reno (within the Sierra Sage Region) on September 18 thru the 21st, 2025. All are welcome to attend, the reservation/Hotel information is available on the link above.
- B) Our PR & H&I Representatives from PR and H&I need to make their reservations.
- C) Next year it is going to be within our own Region in Monterey.

4) **NCCNA 46 (NORTHERN CALIFORNIA CONVENTION OF NARCOTICS ANONYMOUS) www.NCCNA.org**

A reminder that our Northern California Convention is coming up next month.
April 17 - 20th, 2025 *Located downtown at the convention center.

5) **NCCNA 47 - PROGRAM SUBCOMMITTEE**

Our Area has been awarded the bid for the Program subcommittee and we now need to elect a Program Vice Chair to send to Region to qualify. The NCCNA Chair assigns the Program Chair position from its committee members. So we only have to elect a Vice Chair. PLEASE Announce at your meetings for the next 3 weeks, that our Formation meeting will be held on March 30th 5pm Virtual Meeting ID: 460 788 992 PW 1953

6) **H&I /PR/H&A WORKSHOPS AT NCCNA** The following workshops will be at this years conventions. The RSC workshops usually need support.

H&I Friday Topic - “Firecamp Program/Sponsorship Behind The Walls”

H&I Saturday Topic - “Hope and Inspiration in H&I”

PR Topic - Attraction Rather than Promotion

PR Topic - Accessibility for All - How do we ensure everyone can hear the message?

H&A Friday Topic - History of the NA Message -Presented by Ron H (previous NA Way editor)

H&A Saturday Topic - History of the Basic Text (including how NorCal Region contributed) Presented by Chris B & Boyd P

7) **H&I/PR SHARING FORUM-** the next Sharing forum Saturday, March 22, 2025 10:00 A.M. – 2:00 P.M.

This is an open meeting for all to attend. Virtual Meeting ID: 917 628 744 PW 006363

8) **FINANCIAL STUFF for OCTOBER 2024**

RSC Expenses totaled= \$8361

RSC 7th tradition donations received from areas= \$9436

RSC Donation to NAWS (NA World Service) = \$860

American River RSC Donation= \$130

American River RSC Donations year to date= \$206.53

9) DID YOU KNOW???

NAWS has an Instagram profile @narcoticanonymous

10) MOTIONS FROM FEBRUARY

MAKER OF MOTION: FST

MOTION:

Guidelines to be updated to the following:

Add in section 8. Item C.

C. RRC will check, manage and post regularly on the NorCal Regional Facebook page.

1. This includes posting appropriate area requests such as events. Accept friend requests and/or group invite requests. Post regional happenings such as regional updates, service and volunteer opportunities, events, NCCNA, etc.

2. RRC will have an understanding of Facebook and know how to use it. RRC will follow the approved permissions set in place by the RSC (Found in Appendix A-5 NCRSC Facebook page.)

Appendix A-5 NCRSC Facebook page:

Our Facebook page only allows comments to posts. Areas/Members outside of the FST are not permitted to write or make posts.

NCRSC allows members to comment but must follow the page requirements that state any personal attacks on character or misinformation will not be tolerated. Such comments will be removed and the member will be notified that they can be removed from the group if this behavior continues. All are asked to adhere to the principles in the steps and traditions when commenting.

INTENT: To ensure the NorCal Regional Facebook page is managed regularly.

DISPOSITION: 2025-02-03 2/8/25 PBA

MAKER OF MOTION: Denise S. H&A Vice Chair / Raymond A GSJ RCM

MOTION:

Print a banner for the History and Archives table at NCCNA. Cost not to exceed \$700.

INTENT: To match the PR & H&I banners at NCCNA

DISPOSITION: 2025-02-08 PBA

NCCNA XLVII



Northern California Convention
Of Narcotics Anonymous

Be a part of the NCCNA 47

PROGRAM SUBCOMMITTEE

American River Area
NCCNA PROGRAM SUBCOMMITTEE
Formation Meeting

MARCH 30, 2025 5PM

Virtual Meeting ID:

460 788 992

Password: 1953

For More Information Contact:

American River ASC

Daniel - Chair

(916) 459-8485

Teana - Vice Chair

(916) 868-7433

H&I

Open Positions

Facilities:

1. Men and women for sponsorship behind the walls. (1 year clean, worked the steps)
2. Sponsorship Behind the Walls needs a Co-coordinator. (2 years clean, 1 year commitment)
3. 2-3 more volunteers to facilitate meetings in Folsom prison

For anyone interested in any of the Sponsorship Behind the Walls positions and information please have them reach out to Kevin L at 916-532-0755 or email at sponsorshipbtw@sacramentona.org

For anyone interested in facilitating meetings in Folsom Prison please reach out to Steve L. at 916-806-6411 or email at slint@att.net

We sent English step working guides to Folsom Prison. We ordered some How It Works & some Spanish Basic Texts to put in our facilities. We also distributed Survival Kits (which are 6 books, 2 steps per book) that were donated by The Popup Convention. Thank you Popup Convention for this donation.

For anyone interested in attending our business meeting, it is held on the 3rd Monday of every month at 7pm over zoom.

ID: 5779611818

Password: 1953

If you have any further questions, please reach out to Chair Rob G. or Vice Chair Athena T.



American River Area of Narcotics Anonymous Hospitals & Institutions Facilities Guide Last Updated 12/11/24

Purpose of this Guide

This guide provides information on all of the H & I meetings supported by the American River Area of Narcotics Anonymous. You'll find a brief description of each facility we serve and learn when meetings are held, what requirements must be met to enter, and who coordinates each meeting. ~~If you're interested in~~ volunteering, please contact the facility coordinator directly.

DOs & DON'Ts of H&I Service

DO

- Emphasize that NA recovery is available to all addicts regardless of drugs used.
- Make directories of outside meetings available to residents.
- Start and end on time!
- Obey the dress code & exercise common sense.
- Adhere to each facility's rules and security regulations.
- Involve residents with the meeting, especially those in long term facilities.

DON'T

- Emphasize "using days" while sharing an NA message of recovery.
- Use profanity.
- Break another person's anonymity.
- Debate any issues involving facility rules, regulations, or other programs.
- Get involved in discussions on outside issues, including opinions regarding psych meds.
- Take messages or carry letters in or out of the facility.

Akua mind body

Coed facility- Mondays 6:30-7:30pm
Coordinator: Anastasia (916) 613-3220

Akua mind body is a 35 bed facility that has both detox and residential beds. Clients are admitted on a voluntary only basis. Masks are currently required.

New Dawn

Thursdays 6:00-7:00 PM
Coordinator: Candi S (916) 308-5166

New Dawn is a residential facility for women located in Fair Oaks. This is a 1-3 month program housing up to 9 women. New Dawn is a structured treatment facility. The residents are accepted in several ways from a voluntary basis to court ordered. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies.

Center Point

Criminal Justice Recovery Facility
Saturdays 7:00 – 8:15 PM
Coordinator: Rob G (916) 459-7649

Center Point is a 6-month male lock down facility for parolees located in Fair Oaks. Meetings are a standard chairperson sharing format with a 6-month volunteer clean time requirement. Standard H&I dress code applies.

Cornerstone

Wednesday 7:00-8:00 PM
Coordinator: Dorothy Yanke (916) 417-0843

Cornerstone is a residential facility for women located in Carmichael. This is a 1-3 month program housing up to 11 women. Cornerstone is a structured treatment facility. The residents are accepted in several ways from a voluntary basis to court ordered. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies.

Folsom State Prison (FSP)

2nd & 4th Sundays of the month, 3 one-hour meetings
9:30-10:30, 11:00-Noon & 12:30-1:30
Every Wednesday of the month 6:30-8:30 PM
Facility Coordinator: Steve 916-806-6411
Meeting Coordinator: Vacant Position

FSP Houses medium security general population level II inmates. Volunteers can be both male and female. The meeting is a standard format and is run by the inmates. It includes readings, share and discussion. There are 3 meetings on Wednesday nights in which one is a Spanish speaking meeting..

Note to Volunteers: An 11-page application is to be filled out and submitted. Listing arrest history is standard procedure. If you have an extensive arrest history, we will ask volunteers to write a reference letter and at times obtain their DOJ to be attached to the application.

Dress Code: It is always best to wear black clothing. No blue or green. No denim or blue jeans. We avoid color or clothing worn by inmates. No hats, shorts, sandals, halter tops, tank tops, no logos on shirts. Best not to have any wire in Bra's. No revealing clothing or opened toed shoes. The only items allowed in are your ID and car keys.

California State Prison Sacramento **CSPSac**

Monday B & C yard 5:00-7:00 PM
Tuesday B & C yard 5:00-7:00 PM
Wednesday C & Minimum Yard
Thursday B & C yard 5:00-7:00 PM
Friday B & C yard 5:00-7:00 PM
Saturday B & C yard 5:00-7:00 PM
Sunday B & C yard 5:00-7:00 PM
Facility Coordinator: Lee K (916) 903-3667
Meeting Coordinator: Vacant

This is a level IV maximum security facility. Also housing inmates requiring specialized mental health programing as well as high risk medical concerns. Volunteers can be both male and female. The meeting is a standard format and is run by the inmates. It includes readings, share and discussion. The application and dress code are the same as Folsom Prison.

Questions? Call or text

Rob G- Chair (916) 459-7649

Athena T- Vice Chair (530)771-5920

Our H&I committee meeting is held the third Monday of each month at 7pm on zoom:

ID: 5779611818

Password: 1953

Fair Oaks Recovery

Tuesdays 6:30-7:30 PM
Coordinator: Samantha B (916) 515-6624

Fair Oaks Recovery is a co-ed facility is a structured treatment facility. The residents are accepted in several ways from a voluntary basis. Private pay and insurance referred. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies Meeting is standard chairperson and sharing format.

Why Get Involved?

Hospitals and Institutions service offers addicts an opportunity to demonstrate gratitude, fulfill responsibility, and share the NA message without expectations. It is also an effective tool that helps us stay clean and keeps us coming back. The H & I message is the same as the NA message: "That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live." The gift we share is hope and freedom from active addiction through the program of Narcotics Anonymous. Any NA member who wants to carry this

LITERATURE CHAIR

Hello Family,

As of today, we are at the required minimum inventory as per the guidelines. Last month we collected \$2,545.97 in Money orders. \$ 353.90 through credit cards.

Credit Voucher Redeemed \$138.00. Credit Vouchers Given. \$27.74

Our total income was \$ 2,899.87

On February 25th we placed an order with the RSO in the amount of \$2,583.25. We received a volume discount of \$206.66 which brought the total to \$ 2,376.66. Tax was \$184.14. Shipping was \$190.13

The total cost for literature this month is \$2,750.86

In loving service Bob T

PUBLIC RELATIONS CHAIR

PR Subcommittee Highlights:

- Website, Printed Schedules and Helpline are up to date and fully functional.
- Our monthly subcommittee meeting is the 3rd Wednesday of each month via Zoom at <https://us02web.zoom.us/j/460788992?pwd=eDZmdkVGbloyYk5pZ3J2cFBIbXhFZz09>
- We will be having a Presentations Training on Tuesday, March 11th at 6pm via Zoom. Meeting ID: 460 788 992 Passcode:1953. If you are a new committee member that deals with outside entities for any reason, this training is for you.
- I have lowered schedule order to 1000 copies with hopes of leaving with no extras.

Monthly Services Statistics and Information:

- Helpline Statistics for the last 30 days:
 - o We have had **26** volunteer lookup calls with **10 missed calls** which equates to **38% failure rate**. We also had 51 meeting lookups to our system.
 - o Our helpline cost for the last billed month was **\$11.96** with a **\$105.83** balance on our account. This information is about 30 days old.
- Website Statistics for the last 30 days:
 - o Our website had **6,810** distinct visitors with a total of **8,187** site visits.

Did You Know?

- o Public Relations has moved their monthly meeting to the third Wednesday of each month.

**We meet on the 3rd Wednesday of every month at 7:00 PM via Zoom
Meeting ID: 460 788 992 Passcode: 1953.**

Please submit meeting changes here tonight, on our website via the change form or email changes@sacramentona.org. Please do not submit changes at na.org. Email fliers to webservant@sacramentona.org for consideration on our events page. Also, all meetings changes for upcoming schedules must be submitted 7 days prior to the ASC for inclusion in new schedule.

Service Opportunities:

•

Monthly Finances:

Schedules	\$		
Phoneline	\$11.96		Current credit with provider \$17.64
Miscellaneous	\$		
Total:	\$		

Subcommittee Coordinator Contact Information:

Vice Chair	Vacant		pvicechair@sacramentona.org
Helpline Coordinator	Ashley	916-947-0107	helpline@sacramentona.org

**Thank you for letting me be of Service,
Robert C.,
Public Relations Chair
916-821-7002
prchair@sacramentona.org**

ACTIVITIES CHAIR

Good evening

The Sponsorship appreciation breakfast is March 22, there are still limited tickets available. In April the Chair and Vice Chair will be up for election. We are still working on a date for the pool party. There are a couple positions open, we meet the second Monday of the month at 6:30pm on Zoom 5779611818 Password 1953.

Thank you for letting us be of service Faith and Charles

CAMPOUT CHAIR

Good evening family,

Registration for Campout opened on February 1st and we were able to hold our first round of registrations. We opened 31 registrations for a total of 107 paid campers so far. (84 adults, 4 children, and 19 free children. There are still lots of sites open so please get in those registrations. As a reminder, this year's registration cost will include parking. If you have any further questions please feel free to contact me or anyone else on the committee. As always, thank you for allowing us to be of service.

Campout

SOFTBALL CHAIR

ARANA ASC Quorum Roll Call

<u>ADMIN COMMITTEE</u>	<u>NAME</u>	<u>PHONE #</u>	<u>1/25</u>	<u>2/25</u>	<u>3/25</u>
<u>1. Chairperson</u>	<u>Daniel M</u>	<u>916-459-8485</u>	x	x	
<u>2. Vice-Chair</u>	<u>Teana C</u>	<u>916-868-7433</u>	x	x	
<u>3. Secretary</u>	<u>Felicia A</u>	<u>916-297-5236</u>		x	
<u>4. Treasurer</u>	<u>Athena W</u>	<u>717-609-5246</u>		x	
<u>5. RCM1</u>	<u>Jaine S.</u>	<u>916-817-9144</u>	x	x	
<u>6. RCM2</u>	<u>Jim C</u>	<u>916-704-2361</u>	x	x	
<u>7. Literature Subcommittee</u>	<u>Bob T</u>	<u>401-219-2733</u>	x	x	
<u>8. Activities Subcommittee Chair</u>	<u>Faith A</u>	<u>916-598-1419</u>		x	
<u>9. Public Relations Subcommittee</u>	<u>Rob C</u>	<u>916-821-7002</u>	x	x	
<u>10. Campout Subcommittee</u>	<u>Morgan K</u>	<u>916-410-0881</u>	x	x	
<u>11. Softball Subcommittee</u>	<u>Sarah K</u>	<u>916-718-1528</u>			
<u>12. Events Treasurer</u>	<u>Rob R</u>	<u>916-524-8042</u>		x	
<u>13. H&I Subcommittee</u>	<u>Robert G</u>	<u>916-459-7649</u>	x	x	
<u>14. Asst Secretary</u>	<u>Marquis B</u>	<u>707-623-8204</u>		x	
<u>15. Alt Treasurer</u>	<u>Janeice V</u>	<u>916-821-4531</u>	x	x	
<u>16. Alt Events Treasurer</u>	<u>Jennifer B</u>	<u>916-410-1370</u>		x	
<u>17. Literature vice Chair</u>			x		
<u>18. Public Relations vice chair</u>			x		
<u>19. H&I Vice Chair</u>	<u>Athena T</u>	<u>530-77-15920</u>	x	x	
<u>20. Softball vice Chair</u>	<u>Arty E.</u>	<u>916-203-2252</u>			
<u>21. Campout vice Chair</u>	<u>Brian B</u>	<u>916-743-1743</u>		x	
<u>22.. Activities vice Chair</u>	<u>Charles M</u>	<u>915-519-2871</u>		x	
<u>MULTI-MEETING GROUPS</u>	<u>NAME</u>	<u>PHONE #</u>	<u>1/25</u>	<u>2/25</u>	<u>3/25</u>
<u>22. Broadrick Group</u>	<u>Steve L</u>	<u>916-519-2084</u>	x	x	
<u>104. Davis Group</u>	<u>Milly W.</u>	<u>314-330-7185</u>	x	x	
<u>47. Without Parallel</u>	<u>Henry T</u>	<u>916-676-5082</u>	x	x	
<u>25. North Sac Group</u>	<u>Hanna</u>	<u>707-344-2928</u>	x	x	
<u>160. Honesty Open Mindedness Willing</u>	<u>Cesare</u>	<u>916-281-1140</u>	x	x	
<u>161. Morning Fix in the 916</u>	<u>Rachel</u>	<u>916-968-9940</u>	x	x	
<u>99. Recovery in Rio Linda</u>	<u>Shannon S</u>	<u>916-432-0713</u>	x	x	
<u>71. Mad About Recovery</u>	<u>Jeremy C</u>	<u>971-601-5847</u>	x	x	
<u>20. Leave the Drama at the Door</u>	<u>Shay R</u>	<u>279-666-8300</u>		x	
<u>23. It's a We Program</u>	<u>Joslyn S</u>	<u>279-220-0971</u>	x	x	
<u>MONDAY MEETINGS</u>	<u>NAME</u>	<u>PHONE #</u>	<u>1/25</u>	<u>2/25</u>	<u>3/25</u>

<u>35. Women Helping Women</u>	<u>Ashley</u>	<u>916-947-0107</u>	x	x	
<u>110. Carmichael Recovery Inclined</u>	<u>Chris C</u>	<u>916-333-8763</u>	x	x	
<u>118. Three to Life</u>	<u>Jon R</u>	<u>916-671-4830</u>		x	
TUESDAY MEETINGS	NAME	PHONE #	1/25	2/25	3/25
<u>41. By the Book</u>	<u>Keith</u>	<u>916-572-2967</u>	x	x	
<u>156. One Addict Helping Another</u>	<u>Karina S.</u>	<u>916-706-7944</u>	x		
<u>163. Willingness at Noon Time</u>	<u>Dreamer</u>	<u>916-495-5623</u>	x	x	
<u>72. Back to Basics</u>	<u>Edward G</u>	<u>916-308-6985</u>		x	
<u>162. RAW Group of Sacramento</u>	<u>Jacob S</u>	<u>530-760-5108</u>		x	
<u>46. Surrender Group</u>	<u>Shaggy</u>	<u>916-662-9096</u>	x	x	
WEDNESDAY MEETINGS	NAME	PHONE #	1/25	2/25	3/25
<u>33. Fahrfromusin</u>	<u>Jose A</u>	<u>916-602-6024</u>	x	x	
<u>158. We do Recover</u>	<u>Priscilla M</u>	<u>916-202-0152</u>	x	x	
<u>49. Here, Try This</u>	<u>Shannon H</u>	<u>916-798-3110</u>	x	x	
<u>29. Women's Tea House</u>	<u>Cynthia D</u>	<u>916-952-9960</u>	x		
<u>165. Avoiding Addiction</u>	<u>Aamina P</u>	<u>916-692-4850</u>		x	
THURSDAY MEETINGS	NAME	PHONE #	1/25	2/25	3/25
<u>24. Book Around and Find Out</u>	<u>Dan R</u>	<u>484-767-2048</u>	x		
<u>45. Rebels With A Cause</u>	<u>Anna L</u>	<u>916-532-0859</u>	x	x	
<u>75. New Attitude</u>	<u>Chantal O</u>	<u>916-432-0382</u>	x	x	
<u>76. Not High Noon</u>	<u>Glenn S</u>	<u>916-467-3290</u>	x	x	
FRIDAY MEETINGS	NAME	PHONE #	1/25	2/25	3/25
<u>164 Folsom Friendly Fridays</u>	<u>Ryan O</u>	<u>916-996-6084</u>		x	
<u>27. "Get Fed" Friday Night Recovery</u>	<u>Samantha B</u>	<u>916-515-6624</u>		x	
<u>98. Recovery in Progress</u>	<u>Allyse B</u>	<u>916-910-3103</u>	x	x	
SATURDAY MEETINGS	NAME	PHONE #	1/25	2/25	3/25
<u>48. Desire to Stop</u>	<u>Ed M</u>	<u>916-764-1489</u>	x	x	
<u>83. Saturday Night Alive</u>	<u>Chip B</u>	<u>916-308-8873</u>	x		
<u>159. Principles before Personalities</u>	<u>Stephen</u>	<u>916-968-1385</u>	x	x	
<u>74. Growth & Change</u>	<u>Denise P</u>	<u>916-912-7920</u>	x	x	
<u>139. Young Pups in Recovery</u>	<u>Matt B</u>	<u>916-459-7329</u>	x	x	
<u>82. Being Clean Is Happening</u>	<u>Jay Z</u>	<u>916-541-0960</u>	x	x	
<u>28. Woman to Woman</u>	<u>Leslie F</u>	<u>916-7694383</u>	x	x	
SUNDAY MEETINGS	NAME	PHONE #	1/25	2/25	3/25
<u>61. Have Mercy</u>	<u>Joey N</u>	<u>916-912-0948</u>	x	x	
<u>92. Sunday Night Serenity</u>	<u>Sasha O</u>	<u>916-953-9491</u>	x	x	
<u>69. Journey Within</u>	<u>Ryan C</u>	<u>916-507-8582</u>	x	x	
<u>157. Hugs not Drugs</u>	<u>Travis</u>	<u>650-302-0052</u>	x	x	

<u>21. Together In Recovery</u>	<u>Pamela K</u>	<u>916-335-9599</u>	<u>x</u>	<u>x</u>	
<u>88. Ashes to Diamonds</u>	<u>Billy J</u>	<u>279-226-0206</u>	<u>x</u>	<u>x</u>	
<u>30. Sunday Night Solutions</u>	<u>Nick G</u>	<u>916-969-6415</u>	<u>x</u>	<u>x</u>	
<u>GROUPS IN ATTENDANCE</u>			<u>38</u>	<u>41</u>	
<u>TOTAL COUNT OF GROUPS</u>			<u>43</u>	<u>45</u>	<u>45</u>
			<u>1/25</u>	<u>2/25</u>	<u>3/25</u>
<u>Meetings removed for missing more then two meetings</u>					
<u>166. NA Uncut</u>	<u>Michael S</u>	<u>916-208-5037</u>			
<u>77. Addicts in Action</u>	<u>Jimmy M.</u>	<u>916-712-0300</u>			
<u>154. Promise of Freedom</u>	<u>Harry A</u>	<u>916-261-7455</u>			

Minutes
AMERICAN RIVER AREA SERVICE COMMITTEE
2/07/25
(FUTURE ASC 03/07, 04/04)

I. Open

12 Traditions: Jose A
12 Concepts: Edward G
Purpose of ASC: Mike P
Decorum Statement: Shay
Vision Statement: Allen E
Announcements

II. Welcome New ASC Participants

III. GSR Reports

IV. ADMINISTRATIVE REPORTS

Chair	Daniel M	pg. 3	H&I	Robert G	pg. 15
Vice Chair	Teana C	pg. 3	Literature	Bob T	pg. 18
Secretary	Felicia A	pg. 3	PR	Robert C	pg. 18
Treasurer	Athena W	pg. 4	Activities	Faith P	pg.
Events Treasurer	Rob B	pg. 9	Campout	Morgan K	pg.
RCM I	Janie S	pg. 13	Softball	Sarah k	pg.
RCM II	Jim C.	pg. 13	Unity Day		pg,

V. Quorum Call (Roll Call) attached results: of 44
(Birthday Celebration - during tally of quorum count)

VI. Approval of Previous Months ASC Minutes (pages)PBA

VII. Approval of Previous Months Treasurer's Report (pages) PBA

VIII. Open Forum/Parking Lot

Janie - Unity Day

Jim -History & Archives- Area Activist Position ??

Robert C - Printing schedules every other month??

IX. Elections:

Vice PR-

Vice Literature-

FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:

Softball Chair/Vice Chair – January
 PR Chair/Vice Chair – February
 Activities Chair. Vice - Chair April
 H&I Chair/Vice Chair –May
 Secretary/Asst. Sec – May
 RCM I – June – Even years

Literature Chair/Vice Chair – July
 Chair/Vice Chair – July
 Campout Chair/ Vice Chair – July
 Treasurer/Alt. Treasurer - December
 Events Treasurer/Alt. Events Treasurer – December
 RCM II – June – Odd years

X. OLD BUSINESS

1103	To Amend and update Section “C” Subcommittees Section “E” Activities to update Guidelines- See page	PBA
102	V. Participants , A.8 An elect admin committee shall be present until the close of the ARANA Service meeting each month Intent: To have committee chairs or Vice Chairs available to answer questions during the meeting, but especially during motions and parking lot	Tabled