

**Minutes**  
**AMERICAN RIVER AREA SERVICE COMMITTEE**  
**03/01/24**  
**(FUTURE ASC 04/05, 05/03)**

**I. Open**

12 Traditions:  
 12 Concepts:  
 Purpose of ASC:  
 Decorum Statement:  
 Vision Statement:  
 Announcements

**II. Welcome New ASC Participants**

**III. GSR Reports**

**IV. ADMINISTRATIVE REPORTS**

Chair	Kim M	pg. 3	H&I	April	pg. 15
Vice Chair	Daniel M	pg. 3	Literature	Don	pg. 15
Secretary	Janeice V	pg. 4	PR	Josh B.	pg. 15
Treasurer	Athena	pg. 4	Activities	Faith P	pg.
Events Treasurer	Jennifer L	pg. 9	Campout	Jay Z	pg. 16
RCM I	Janie S	pg. 12	Softball	Sarah k	pg.
RCM II	Jim C.	pg. 12	Unity Day	Heather	pg.
			MAE	Lucy	pg.

**V. Quorum Call (Roll Call) attached results: of 41**  
 (Birthday Celebration - during tally of quorum count)

**VI. Approval of Previous Months ASC Minutes (pages 19 )**

**VII. Approval of Previous Months Treasurer's Report (pages 20 )**

**VIII. Open Forum/Parking Lot**

**IX. Elections: Alt Treasurer**

**FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:**

Softball Chair/Vice Chair – January  
 PR Chair/Vice Chair – February  
 Activities Chair. Vice - Chair April  
 H&I Chair/Vice Chair –May  
 Secretary/Asst. Sec – May  
 RCM I – June – Even years

Literature Chair/Vice Chair – July  
 Chair/Vice Chair – July  
 Campout Chair/ Vice Chair – July  
 Treasurer/Alt. Treasurer - December  
 Events Treasurer/Alt. Events Treasurer – December  
 RCM II – June – Odd years

**X. OLD BUSINESS**


**XI. NEW BUSINESS**


## **ASC CHAIR**

Good evening everyone,

We got the Host Subcommittee bid for NCCNA 2025 which will be here at Sacramento Convention Center!!!!

Please spread the word as this Subcommittee will need hundreds of volunteers!

This month I've been up to:

Stepwork with sponsor and sponsees

Campout Subcommittee meeting

Vice Chair & I rewrote Area Inventory questions

Paid rent for January thru June 2024

Admin meeting - thank you to those of service

H & I secretary @ Fair Oaks Recovery

Attended more meetings each week

Funeral & Celebrations of Life

Area Inventory Time!!!

Please take these sheets to your groups and discuss the questions completing the answers to bring back to Area 1st Friday of April. Only by groups completing these forms can we identify areas needing improvements to make those changes.

GSR Notes Outline

Did you use this form at last Area Meeting?

What do you think?

More are here to use tonight.

We can make changes to the form if needed.

We want to help you get Area information to your groups as streamline as possible.

Thank you for letting me be of service,

Kim M

ARANA Chair

## **ASC VICE CHAIR**

I met with Kim to get a started with this year's area inventory. The questions should be located on a different page in the agenda. Please work with your group to fill this out and turn it in to the Area Chair or Vice Chair by the Area meeting in May. We will be doing large group discussion on the answers in June.

I will not be at the May Area Service meeting because I'm having surgery that day.

This month's tip – What is a GSR part 2:

Taken From the "Local Guide to Service"

"Group service representatives link their groups with the rest of the NA service structure, particularly through the information conveyed in their reports to and from the area committee. At group business meetings, the GSR report provides a summary of area committee activities, often sparking discussions among group members that provide the GSR with a feel for how the area can better serve the group's needs. In group recovery meetings, GSRs make available fliers announcing area and regional activities. At area committee meetings, GSR reports provide perspectives on group growth vital to the committee's work. If a group is having problems, its GSR can share those problems with the committee in his or her reports. And if the group hasn't found solutions to those problems, the area chairperson will open a slot on the committee's "sharing session"2 agenda so that the GSR can gather the experience others have had in similar situations. If any helpful solutions arise from the sharing session, the GSR can report those back to the group."

For more information the link to the PDF version of the local Guide to service can be found at (its free):

<https://www.na.org/admin/include/spaw2/uploads/pdf/GLS.pdf>

## **ASC SECRETARY**

Hello all,

Please remember to only take one agenda packet per meeting. Also we have a new GSR note taking template available to help assist with taking notes. Feel free to come and grab one. Outside of that we do not have anything else to report.

Have a great evening.

Janeice and Felicia

## **ASC TREASURER**

**March Treasurer Report for Feb. numbers**

**If you have donations, please feel free to mail them to the PO Box.**

**ARANA**

**PO box 417482**

**5420 Kohler Road**

**Sacramento, CA 95841**

Good Evening.

**We deposited \$6177.27 this month.**

**Expenses from Feb Area Business was \$5363.15**

**We kept 2 months of the budget in Checking.**

**Amount left in Checking after Prudent Reserve is \$0**

**Amount in Savings is**

**Ending Ledger balance of .....\$4476.65**

**Less Prudent Reserve.....\$1721.67**

**Less Accumulated Annual Expenses..... \$2556.58**

**Less Accumulated Sales Taxes..... \$453.48**

**Excess in Savings above budgeted Amounts.....(\$255.08)**

**Thanks for letting me be of service.**

**Athena W.**

	DATE		ACTIVITY	Totals	
1	1/29/2024		BEGINNING BALANCE	\$ 2,629.22	\$ 2,629.22
			Square	\$ 279.88	\$ 279.88
			Literature Sales	\$ 3,276.22	\$ 3,276.22
			Area Donations	\$ 2,580.17	\$ 2,580.17
			H&I Donation		\$ -
2			7th Tradition	\$ 41.00	\$ 41.00
			Transfer from Events		\$ -
			Transfer from Events Sales Tax		\$ -
3			Transfer from Savings		\$ -
			Facilities Deposit Return		\$ -
13			Total Deposits/Transfers	\$ 6,177.27	
14					
15			Total before Expenses	\$ 8,806.49	
16					
17		TRF	To Cover Annual Expences for Feb	\$ (370.00)	\$ (370.00)
	2/26/24	2513	Robert C. PR	\$ (248.36)	\$ (248.36)
		2514	ARANA Lit.	\$ (554.40)	\$ (554.40)
		2515	Kevin L. Sponsorship behind walls-Admin.	\$ (87.52)	\$ (87.52)
		2516	Kim M. Admin printing	\$ (54.23)	\$ (54.23)
		2517	Hillsdale baptist church-rent (6 mons.)	\$ (210.00)	\$ (210.00)
		2518	NCRSO	\$ (3,438.32)	\$ (3,438.32)
		2519	NCRSC Feb donation	\$ (114.93)	\$ (114.93)
					\$ -
		Transfer	Accumilated Sales Tax-Feb	\$ (285.39)	\$ (285.39)
					\$ -
33			Total Transfers/Payments	\$ (5,363.15)	
34					
35			ENDING BALANCE (before correction see reconciliation)	\$ 3,443.34	\$ 3,443.34
36					
37			Prudent Reserve - 2 mos.operating expense \$1721.67	\$ (3,443.34)	\$ (3,443.34)
38					
40			Surplus/(Defect) from prudent reserve	\$ -	\$ -
41					
42			Savings Account Beginning Ledger Balance	\$3,821.26	\$3,821.26
			Interest Credit		\$0.00
		Transfer	To Cover Annual Expenses Feb	\$370.00	
		Transfer	Accumulated sales tax for Feb	\$ 285.39	
55			Balance after incoming transfers	\$4,476.65	
		Transfer	To cover Annual Expenses		\$ -
		Transfer	To Cover Sales Tax Payment Due		\$ -
		Transfer	Excess in Savings		
62			Less Total Transfers out of Savings	\$0.00	
63					
64			Ending Ledger Balance	\$4,476.65	\$4,476.65
65			Prudent Reserve \$1721.67	\$ (1,721.67)	
66			Total in Savings	\$2,754.98	
67			Less Accumulated Annual Expenses	\$ (2,556.58)	
68			Less Accumulated sales taxes	\$ (453.48)	
69			Excess Savings Account	\$ (255.08)	

Balance shown on statement 2/26/2024 \$9,665.93  
 Deposits not shown

Sub Total

Checks outstanding

Transfer	From Saving to cover expenses paid		
Transfer	From Saving - Excess		
		subtotal	\$ -
			<u><b>\$9,665.93</b></u>
CK #	Name	Amount	
2156	April W	\$ 14.99	\$ 14.99
2181	Hillsdale Baptist Church - Dec	\$ 35.00	\$ 35.00
2191	Hillsdales Baptist Church	\$ 35.00	\$ 35.00
Transfer	To Cover Annual Expences for Feb	\$ 370.00	\$ 370.00
Transfer	Accumilated Sales Tax-Feb	\$ 285.39	\$ 285.39
2510	NCRSO Lit	\$ 1,631.44	\$ 1,631.44
2515	Kevin L. Sponsorship behind walls-Admin.	\$ 87.52	\$ 87.52
2517	Hillsdale baptist church-rent (6 mons.)	\$ 210.00	\$ 210.00
2518	NCRSO	\$ 3,438.32	\$ 3,438.32
2519	NCRSC Feb donation	\$ 114.93	\$ 114.93
			\$ -
			\$ -
			\$ -
			\$ -
			\$ -

Total Uncleared Checks \$ 6,222.59

Adjusted Ending Bank Balance (Ledger balance) **\$3,443.34**

Ending Ledger Balance **\$ 3,443.34**

\$0.00

### Savings Account Bank Reconciliation

Statement Balance 02/26/24 \$3,821.26

Additions to Account Transfer \$ 655.39

\$4,476.65

Subtractions from account

Uncleared Transactions		

\$4,476.65

asc ledger  
 Savings Ledger ending balance \$4,476.65  
 Adjusted Balance  
 Bank Ending Balance **\$4,476.65**  
 Difference \$0.00

1	Approved	Admin	ASC Rent	H&I Admin.	H&I	Lit.	PR	Accum	Totals BY	Regional
2	Budget per	\$150.00	\$35.00	\$83.33	\$650.00	\$83.34	\$350.00	\$370.00	\$1,721.67	\$ 75.00
3	Jan			\$229.22	\$543.47		\$248.36	\$370.00	\$1,391.05	\$ 75.00
4	Feb	\$54.23	\$210.00	\$87.52	\$554.40		\$248.36	\$370.00	\$1,524.51	\$ 114.93
5	Mar								\$0.00	
6	Apr								\$0.00	
7	May								\$0.00	
8	Jun								\$0.00	
9	Total Expense	\$54.23	\$210.00	\$316.74	\$1,097.87	\$0.00	\$496.72	\$740.00	\$2,915.56	\$189.93
10										
11	Budget x 6 mo.	\$900.00	\$210.00	\$499.98	\$3,900.00	\$240.00	\$2,100.00	\$1,920.00	\$9,769.98	\$450.00
12	Difference	\$845.77	\$0.00	\$183.24	\$2,802.13	\$240.00	\$1,603.28	\$1,180.00	\$6,854.42	\$260.07
13	Average	\$54.23	\$210.00	\$158.37	\$548.94	#DIV/0!	\$248.36	\$370.00	\$485.93	\$94.97
14	Months To Aver	1	1	2	2	0	2	2	6	2
15	INCOME	7th Trad	Group Don.	H&I Don	Events	PR	Accum	Annual Exp	Totals BY	Income less
16	Jan	\$76.00	\$1,147.68				\$168.09		\$1,223.68	\$1,055.59
17	Feb	\$41.00	\$2,580.17				\$ 284.39		\$2,621.17	\$2,336.78
18	Mar								\$0.00	\$0.00
19	Apr								\$0.00	\$0.00
20	May								\$0.00	\$0.00
21	Jun								\$0.00	\$0.00
22	Total Income								\$0.00	\$0.00
23										
24	Average	\$0.00	\$0.00	#DIV/0!	#DIV/0!	#DIV/0!	\$0.00	#DIV/0!	\$0.00	\$0.00
25	Months to Avera	2	2	0	0	0	2	0	6	6

Approved Jan - Jun 2024 Budget										
		Admin	ASC Rent	H&I Admin.	H&I	Lit Admin	PR	Annual Expenses	Total	2 Month's Expenses
Proposed	Proposed	\$150.00	\$35.00	\$83.33	\$650.00	\$83.34	\$350.00	\$370.00	\$1,721.67	\$3,443.34
6 month	6 month total	\$ 900.00	\$ 210.00	\$ 499.98	\$ 3,900.00	\$ 500.04	\$ 2,100.00	\$ 2,220.00	\$ 10,330.02	

2024 Annual Expenses							
	Month	Storage-Due Quarterly 2023	ASC PO Box Due Oct. Oct 2023	Charitable Trusts - Due With Taxes - Around	Tax Preparation Paperwork Due to CPA by May	Excess Annual Expense	Total Annual Expenses
Yearly Total		\$ 2,964.00	\$ 222.00	\$ 49.00	\$ 1,200.00	\$ 5.04	\$ 4,440.04
Monthly Total		\$ 247.00	\$ 18.50	\$ 4.08	\$ 100.00	\$ 0.42	\$ 370.00
Beginning Balance	Jan 01	\$ 29.00	\$ (152.86)	\$ 62.50	\$ 3,163.31	\$ 84.74	\$ 2,340.57
		\$ (524.00)					\$ (524.00)
Annual Expense	January	\$ 247.00	\$ 18.50	\$ 4.08	\$ 100.00	\$ 0.42	\$ 370.00
Annual Expense	February	\$ 247.00	\$ 18.50	\$ 4.08	\$ 100.00	\$ 0.42	\$ 370.00
Annual Expense	March						\$ -
							\$ -
Annual Expense	April						\$ -
Annual Exp. Accu	May						\$ -
Annual Expense	June						\$ -
							\$ -
Annual Expense	July						\$ -
Annual Expense	August						\$ -
Annual Expense	September						\$ -
	September						\$ -
Annual Expense	October						\$ -
	October						\$ -
Annual Expense	November						\$ -
Annual Expense	December						\$ -
	December						\$ -
Total Annual Expenses for 2023		\$ (1.00)	\$ (115.86)	\$ 70.67	\$ 3,363.31	\$ 85.58	\$ 2,556.58

Annual Exp \$ 2,556.58

1st quarter Sales Taxes				
Month	Sales	Nontaxable Sales	Taxable Income	Taxes
Jan	\$ 2,089.10		\$ 1,921.01	\$ 168.09
Feb	\$ 3,547.01		\$ 3,261.62	\$ 285.39
Mar				\$ -
Event				\$ -
Event				\$ -
Event				\$ -
Event				\$ -
Totals	\$ 5,636.11	\$ -	\$ 5,182.63	\$ 453.48

Qtrly Taxes \$ 453.48

Total Saving \$ 3,010.06

Prudent Res \$ 1,721.67

Savings \$ 4,731.73

4th quarter Sales Taxes				
Month	Sales	Nontaxable Sales	Less Taxes Taxable	Taxes
Oct	\$ 2,703.03		\$ 2,703.03	\$ 236.52
Nov	\$ 2,084.95		\$ 1,917.19	\$ 167.75
Dec	\$ 2,551.16		\$ 2,345.89	\$ 205.27
Event	\$ 570.11	\$ -	\$ 570.12	\$ 49.89
Totals	\$ 7,909.25	\$ -	\$ 7,536.23	\$ 659.42



## 9

**March 2024**  
**EVENTS TREASURER REPORT**  
**Savings Account Ledger**  
**For Month Ended February 29, 2024**

February 2024 Activity			Savings Account		Interest/		Insurance		Campout		Activities		Monthly Activities		Softball		Unity Day		MAE		NY Dance	
			+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=
		Beginning Balance		\$11,706.29		\$6.29		\$1,200.00		\$3,500.00		\$0.00		\$0.00		\$1,500.00		\$2,000.00		\$1,500.00		\$2,000.00
TRAN																						
DEBIT																						
DEP																						
INT																						
		Ending Balance	\$0.00	\$11,706.29	\$0.00	\$6.29	\$0.00	\$1,200.00	\$0.00	\$3,500.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,500.00	\$0.00	\$2,000.00	\$0.00	\$1,500.00	\$0.00	\$2,000.00
									Reserve: \$7,000		Reserve: \$2,500		Reserve: \$1,500		Reserve: \$1,500		Reserve: \$2,000		Reserve: \$2,000		Reserve: \$2,000	

**Bank Reconciliation**  
**Month Ended February, 2024**

EVENTS CHECKING	
Particulars	Amount
Balance as per bank statement	\$ 9,811.58
Add: Deposits not credited	
	\$ -
	\$ -
Total deposits not credited:	\$ -
Add: Returned Items	
Total returned items:	\$ -
Less: Outstanding checks	
No. 2175	\$ 30.00
No.	
No.	
Total outstanding checks:	\$ 30.00
Adjusted balance per bank statement:	\$ 9,781.58
Balance as per ledger:	\$ 9,781.58
Difference:	\$ -

EVENTS SAVINGS	
Particulars	Amount
Balance as per bank statement	\$ 11,706.29
Add: Deposits not credited	
	\$ -
Total deposits not credited:	\$ -
Less: Outstanding withdrawals	
No.	\$ -
Total outstanding withdrawals:	\$ -
Adjusted balance per bank statement:	\$ 11,706.29
Balance as per ledger:	\$ 11,706.29
Difference:	\$ -

**1) WCNA (WORLD CONVENTION OF NARCOTICS ANONYMOUS) 38** will be held in Washington, DC 8/29/2024 - 9/1/2024

**2) 2026 WORLD CONFERENCE IDTs (Issue Discussion Topics):** Below are discussion topics for the upcoming 2026 World Conference. Over the next 18 months, we will be discussing and brainstorming with you in order to take feedback to our Regional Delegates. Please keep in mind as we walk through these IDTs that these are issue **discussion** topics only. We are not making decisions at this time.

2026 Issue Discussion Topics-

- A. Gender-Neutral and Inclusive Language in NA Literature
- B. Dealing with Disruptive and Predatory Behavior
- C. DRT/MAT as It Relates to NA. All of these IDTs are connected to surveys
- D. Reimagining and Revitalizing Service Committees

This month we will continue our discussions, with the topic of "Dealing with Disruptive and Predatory Behavior".

**Published by NAWS. Below are examples of disruptive and predatory behaviors:**

- Bullying/picking on/harassing
- Racist words or actions
- Theft
- Private messaging members (virtual)
- Stalking
- Use phone to record during meeting
- Disruptive children (in-person)
- Making unwanted sexual advances
- Threatening physical violence
- Homophobic words or actions
- Asking members for money
- Distribution of non-approved literature
- Violating restraining orders
- Loud family members/pets (virtual)
- Interrupting when member sharing

**Some examples of solutions:**

Add a paragraph to the group format.

- Approach new members and make sure they feel welcome.
- Join up with other members and pull aside the member exhibiting the behavior and try to talk to them.

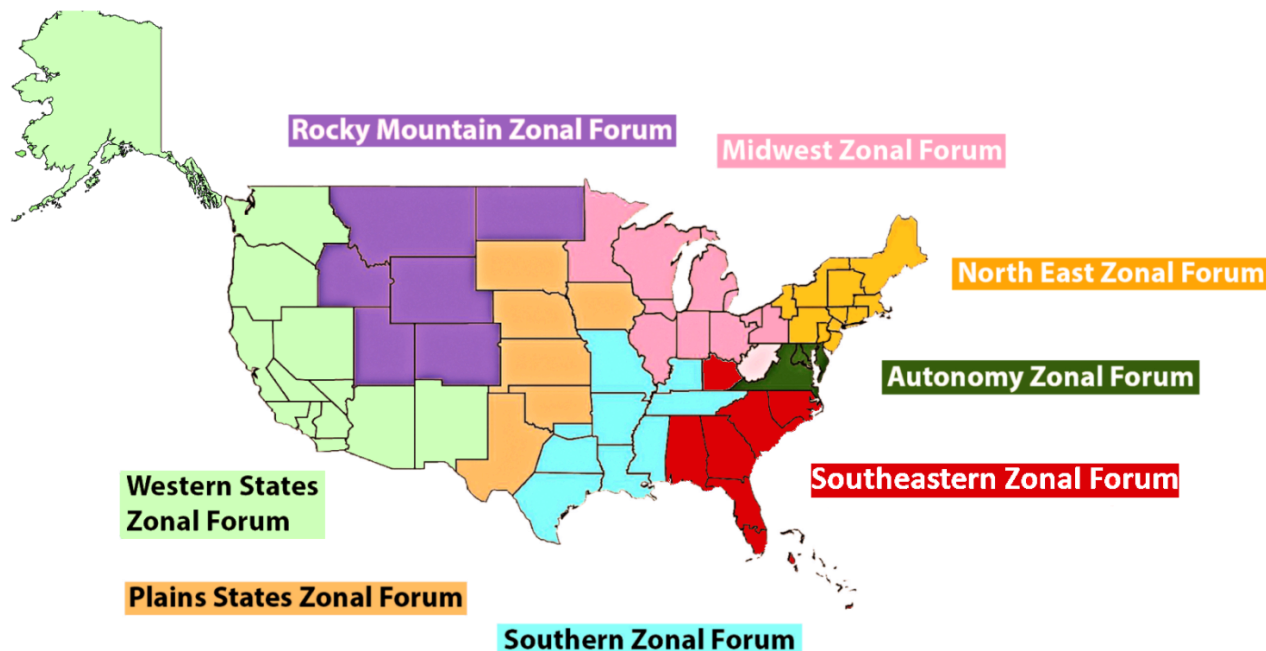
-If someone is violating a protective order, have a couple of people offer to go to another meeting with them.

- For Virtual meetings only: Turn off camera/put a member in the waiting room
- Discuss behavior in a group business meeting.
- Chairperson/leader/group secretary can request a short break or ask the group to join in a prayer.
- Hold a recovery meeting focused on a discussion about the atmosphere of recovery.
- Discuss with other groups at a local service body meeting.
- Approach the member in a loving and caring way.
- Temporarily suspend or close the meeting.

**3) WSZF (WESTERN STATES ZONAL FORUM):** About WSZF-Some of the services they provide include Fellowship Development, PR, H&I services, IT (Information Technology), and Target Task Force groups (similar to an Ad-Hoc, with temporary focus/goals). For more information about our WSZF, see their website: [www.wszf.org](http://www.wszf.org)

**3.5) US-NA.ORG - COLLABORATION OF US ZONAL FORUMS:** We have been tasked with getting your vote on whether your Group/Our Area supports the Collaboration of all the US Zonal Forums. We discussed this last October, but our ASC was rather split. The concept is for all 8 of the US Zonal forums to Collaborate and begin working together on a national level, focusing on: Communication, Technology, and a National PR effort. The concept would be to address issues that only a US body could accomplish, such as: creating a centralized point of contact for Narcotics Anonymous with a national website and phone line, provide national PSA's, and communicate/coordinate information and attendance at national conferences.  
For more information, see their website: [www.usa-na.org](http://www.usa-na.org)

- A) Do we support the concept of our Western States Zonal Forum working together with this US Collaboration?
- B) What projects would we like to see them take on? (i.e.: a national PSA? a national hotline number? etc.)



**4) ANNUAL WSZF (WESTERN STATES ZONAL FORUM):** Last month our Regional Delegates attended the WSZF annual meeting. Among the topics they covered:

- A) **Online payment systems.** Most of the other Regions reported that they utilize the “Square” payment system. Many noted not only is it comparable (to Pay-Pal and Venmo etc) when it comes to additional services, but it is the cheapest (a flat 3% fee).
- B) An **H&I / PR task group** has worked to create 6 brand new presentations that are now available for these subcommittees.
- C) A **new task group** has been created to focus on getting “e-literature” into our California state prisons.

## REGIONAL SERVICE COMMITTEE (RSC)

Website: [www.norcalna.org](http://www.norcalna.org)

**5) NCCNA:** Convention is only a few weeks away - March 28-31, 2024.

**6) REGIONAL H&I / PR :** Your Regional H&I and PR subcommittees invite YOU to their bi-monthly Sharing Forum! Everyone is welcome to attend, they meet every odd numbered month, the 4th Saturday of the month. . Meeting ID: 917 628 744 Passcode: 006363.

**7) AB506-ASSEMBLY BILL #506** This has been a topic at the RSC for a few months now. Some Areas were concerned that their Groups that are utilizing Church facilities could be considered an extension of that churches ‘volunteers or youth services’. The Assembly Bill 506 (AB 506) requires administrators, employees, and regular volunteers of youth service organizations to complete training in child abuse, and neglect identification. We had our Regional Vice chair look into this, who determined we need not be concerned, as we do not meet the criteria outlined in the bill.

## 8) FINANCIAL STUFF - JAN 2024

RSC Expenses totaled= \$5,578

RSC 7<sup>th</sup> tradition donations received from areas= \$9,446

RSC Donation to NAWS (NA World Service) = \$2,803

American River (ARANA) RSC Donation= \$75

## 9) RSC OLD/NEW BUSINESS MOTIONS & HOW WE VOTED

**2024-02-01**

**VOTE: 22-0-2**

**Disposition : passed**

2/4/2024 12:25:16	Tom H., RSC H&I Chair	Jim C., ARANA RCM II	To change FST Guidelines, V. Fellowship Services Team Membership, 6. PR Chair, G. Participation at NCCNA, 1. Work closely along with the Regional H&I Chair/Vice Chair and the Regional Events Coordinator to ensure that meeting rooms are provided at NCCNA for at least six (6) hours of PR and H&I workshops combined....., to read 1. Work closely along with the Regional H&I Chair/Vice Chair and the RSC Representative to NCCNA to ensure that meeting rooms are provided at NCCNA for at least two(2) hours of PR and H&I workshops combined. To change FST Guidelines V. Fellowship Services Team Membership, 7. H&I Chair, F. Participation at NCCNA, 1. Work closely along with the Regional PR Chair/Vice Chair and the Regional Events Coordinator to ensure that meeting rooms are provided at NCCNA for at least six (6) hours of PR and H&I workshops combined....., to read 1. Work closely along with the Regional PR Chair/Vice Chair and the RSC Representative to NCCNA to ensure that meeting rooms are provided at NCCNA for at least two(2) hours of PR and H&I workshops combined.	In September, 2023, and then in October, 2023 the RSC approved two(2) combined H&I/PR workshops for NCCNA XLV. This Guideline change request reflects this most recent fellowship approval. The operative word in this particular Guideline paragraph is "at least". The Regional Sharing Forum can still schedule more than two hours of workshops but we believe this change matches the reality of recent lower attendance at a number of PR/H&I workshops and the current volunteer resources at the Regional Sharing Forum
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**Motion 2024-02-02 VOTE: 22-0-2**

**Disposition: passed**

2/10/24	Brianna V	Jim C., ARANA RCM II	Motion that Section VII NCCNA COMMITTEE – ELECTED MEMBERS. A CHAIR, 2. DUTIES: j. be amended to add as follows. FROM: The outgoing, current year's Chair shall remain responsible to NCRSC and NCRSO until such time as the final financial report is presented. TO: The outgoing, current year's Chair shall remain responsible to NCRSC and NCRSO until such time as the final financial report is presented. The final financial report will be presented, first, to the NCCNA Committee, then the NCRSO BOD, for advice and consent, before finally to the NCRSC.	To include NCCNA and the NCRSO in the oversight process of the Final Financial report prior to that report being submitted to the NCRSC, in order to ensure the highest level of accuracy.
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## 10) DID YOU KNOW ???

That Narcotics Anonymous Literature is currently translated into **82 different languages!** In 1985, we began our translation projects at NAWS with our first batch of translations: French, German, Spanish, Italian, and Japanese. NAWS and its translations team is currently working on an additional 16 languages.

## **H&I**

### Open Positions-

1. Mather facility needs a secretary for the 2<sup>nd</sup> Monday's of the month. From 7-8pm. The clean time is 6 months.
2. A men's recovery home in Orangevale needs a male secretary for the 2<sup>nd</sup> Sunday of the month from 7-8:15pm. The clean time is 6 months.
3. Men and women for sponsorship behind the walls. (1 year clean, worked the steps)
4. People to take meetings into Folsom prison.
5. We need facility coordinators for two facilities and 8 secretaries that are willing to be of service 1 day a month. We provide support and mentorship for anyone at all curious or considering being of service. The addicts we serve are always so excited and grateful to see us each time we show up. It will warm your heart. Give yourself the chance to experience this.

We sent 40 books to our recovery homes and psych facilities and 100 ip's.

HR Facilities Guide is attached to the end of this packet.

Thank you for allowing us to be of service,

April W- Chair

Robert G- Vice Chair

## **LITERATURE CHAIR**

Hello Family.

Once again we had a busy month last month. We took in \$3,276.22 in checks, \$270.79 in credit cards, received \$1.00 in credit vouchers and gave \$195.07 in credit vouchers.

Total amount brought in was \$3,547.01 and total in vouchers \$196.07.

I place a literature order totaling in \$3,492.80. A 8% discount in the sum of \$279.42. Shipping was \$224.94.

This gives a grand total of \$3,438.32. Thank you for allowing us to be of service.

Literature chair Don H. Literature vice chair Bob T.

## **PUBLIC RELATIONS CHAIR**

- Website, Printed Schedules and Helpline are up to date and fully functional.
- All events have been posted. We will not be creating "Save the Date" notices on the website. If you would like an event posted, please submit a flyer.

### **Monthly Services Statistics and Information:**

- Helpline Statistics for the last 30 days:
- 44 Volunteer Lookup Calls
- 16 Meeting Lookup Calls
- 28 Unanswered Calls (64%)
- 1 Meeting Lookup Via Texts
- Website Statistics for the last 30 days:
- 5,236 Distinct Visitors

### **Did You Know?**

- Public Relations has moved their monthly meeting to the third Wednesday of each month.

**We meet on the 3<sup>rd</sup> Wednesday of every month at 7:00 PM via Zoom**

## Meeting ID: 460 788 992 Passcode: 1953.

Please submit meeting changes here tonight, on our website via the change form or email [changes@sacramentona.org](mailto:changes@sacramentona.org). Please do not submit changes at [na.org](http://na.org). Email fliers to [webservant@sacramentona.org](mailto:webservant@sacramentona.org) for consideration on our events page. Also, all meetings changes for upcoming schedules must be submitted 7 days prior to the ASC for inclusion in new schedule.

### Service Opportunities:

- Presentations Coordinator (2 year clean time)

### Monthly Finances:

Schedules	\$	
Phoneline	\$12.17	We still have a credit with this provider.
Miscellaneous	\$	
Total:	\$	

### Subcommittee Coordinator Contact Information:

Vice Chair	Dana H.	279-203-5826	<a href="mailto:prvicechair@sacramentona.org">prvicechair@sacramentona.org</a>
Helpline Coordinator	Ashley	916-947-0107	<a href="mailto:helpline@sacramentona.org">helpline@sacramentona.org</a>

Thank you for letting me be of Service,

Josh B.

Public Relations Chair

916-844-6795

[prchair@sacramentona.org](mailto:prchair@sacramentona.org)

## ACTIVITIES CHAIR

## CAMPOUT CHAIR

I'm glad to report glad to report all positions have been filled  
and we are on schedule registration is open we currently have 13  
camp sites left .i brought volunteer signup sheets we need volunteers  
come join us for fellow ship and fun ty jz

## SOFTBALL CHAIR

## UNITY DAY LIASION

<u>ARANA ASC Quorum Roll Call</u>						
<u>ADMIN COMMITTEE</u>	<u>NAME</u>	<u>PHONE #</u>	<u>12/23</u>	<u>1/24</u>	<u>2/24</u>	<u>3/24</u>
<u>1. Chairperson</u>	<u>Kim</u>	<u>916-519-1476</u>				
<u>2. Vice-Chair</u>	<u>Daniel</u>	<u>916-459-8485</u>				
<u>3. Secretary</u>	<u>Janeice V</u>	<u>916-821-4531</u>				
<u>4. Treasurer</u>	<u>Athena W</u>	<u>717-609-5246</u>				
<u>5. RCM1</u>	<u>Jaine S.</u>	<u>916-817-9144</u>				



<u>6. RCM2</u>	<u>Jim C</u>	<u>916-704-2361</u>				
<u>7. Literature Subcommittee</u>	<u>Don</u>	<u>916-470-0307</u>				
<u>8. Activities Subcommittee Chair</u>	<u>Faith A</u>	<u>916-598-1419</u>				
<u>9. Public Relations Subcommittee</u>	<u>Josh B.</u>					
<u>10. Campout Subcommittee</u>	<u>Jay Z</u>	<u>916-541-0960</u>				
<u>11. Softball Subcommittee</u>	<u>Sarah K</u>	<u>916-718-1528</u>				
<u>12. Events Treasurer</u>	<u>Jennifer L.</u>	<u>916-410-1370</u>				
<u>13. H&amp;I Subcommittee</u>	<u>April</u>	<u>916 342-5539</u>				
<u>14. Asst Secretary</u>	<u>Felicia A</u>	<u>916-297-5236</u>				
<u>15. Alt Treasurer</u>	<u>Vacant</u>					
<u>16. Alt Events Treasurer</u>	<u>Rob R</u>	<u>916-524-8042</u>				
<u>17. Literature vice Chair</u>	<u>Bob T</u>	<u>401-219-2733</u>				
<u>18. Public Relations vice chair</u>	<u>Dana H.</u>	<u>279-203-5826</u>				
<u>19. H&amp;I Vice Chair</u>	<u>Robert G</u>	<u>916-459-7649</u>				
<u>20. Softball vice Chair</u>	<u>Arty E.</u>	<u>916-203-2252</u>				
<u>21. Campout vice Chair</u>	<u>Morgan K</u>	<u>916-410-0881</u>				
<u>22. Activities vice Chair</u>	<u>Charles M</u>	<u>915-519-2871</u>				
<b>MULTI-MEETING GROUPS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>12/23</b>	<b>1/24</b>	<b>2/24</b>	<b>3/24</b>
<u>22. Broadrick Group</u>	<u>Steve L</u>	<u>916-519-2084</u>	x		x	
<u>104. Davis Group</u>	<u>Avery</u>	<u>530-601-8872</u>	x	x	x	
<u>47. Without Parallel</u>	<u>Kristine Mc</u>	<u>916-947-8240</u>	x	x	x	
<u>25. North Sac Group</u>	<u>Hanna</u>	<u>707-344-2928</u>	x	x	x	
<u>160. Honesty Openmindedness Willing</u>	<u>Joslyn S</u>	<u>297-220-9171</u>	x	x	x	
<u>161. Morning Fix in the 916</u>	<u>Kevin W</u>	<u>9165327851</u>	x	x	x	
<u>99. Recovery in Rio Linda</u>	<u>Jerry D</u>	<u>916-585-2237</u>	x	x	x	
<u>71. Mad About Recovery</u>	<u>Matteo L</u>	<u>916-310-1297</u>		x	x	
<b>MONDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>12/23</b>	<b>1/24</b>	<b>2/24</b>	<b>3/24</b>
<u>35. Women Helping Women</u>	<u>Pam M</u>	<u>530-360-8877</u>	x	x	x	
<u>110. Carmichael Recovery Inclined</u>	<u>Christina A</u>	<u>916-817-9187</u>		x	x	
<u>118. Three to Life</u>	<u>Mark G</u>	<u>916-224-6318</u>		x	x	
<u>163. Willingness at Noon Time</u>	<u>Dreamer</u>	<u>916-495-5623</u>	x		x	
<b>TUESDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>12/23</b>	<b>1/24</b>	<b>2/24</b>	<b>3/24</b>
<u>41. By the Book</u>	<u>Barry W</u>	<u>916 600-1425</u>	x	x		
<u>156. One Addict Helping Another</u>	<u>Karina S.</u>	<u>916-706-7944</u>		x	x	
<u>77. Addicts in Action</u>	<u>Jimmy M.</u>	<u>916-712-0300</u>		x		
<u>162. RAW Group of Sacramento</u>	<u>Gregory M</u>	<u>914-299-4123</u>	x	x	x	
<u>46. Surrender Group</u>	<u>Paul p.</u>	<u>916-662-2932</u>	x	x	x	
<u>167. Leave It Alone Group</u>	<u>Greg B</u>	<u>209-484-4322</u>			x	
<u>72. Back to Basics</u>	<u>Kelly M</u>	<u>916-547-7523</u>		x		

<u>WEDNESDAY MEETINGS</u>	<u>NAME</u>	<u>PHONE #</u>	<u>12/23</u>	<u>1/24</u>	<u>2/24</u>	<u>3/24</u>
<u>33. Fahrfromusin</u>	<u>Sharina</u>	<u>209-810-3084</u>	x	x	x	
<u>158. We do Recover</u>	<u>Anthony</u>	<u>916-617-8455</u>	x	x		
<u>49. Here, Try This</u>	<u>Mikey E</u>	<u>916-670-3757</u>	x	x	x	
<u>29. Women's Tea House</u>	<u>Johnnie S</u>	<u>916-402-6098</u>	x		x	
<u>165. Avoiding Addiction</u>	<u>Aamina P</u>	<u>916-692-4850</u>	x	x	x	
<u>THURSDAY MEETINGS</u>	<u>NAME</u>	<u>PHONE #</u>	<u>12/23</u>	<u>1/24</u>	<u>2/24</u>	<u>3/24</u>
<u>45. Rebels With A Cause</u>	<u>Amanda F</u>	<u>916-532-0859</u>	x	x	x	
<u>75. New Attitude</u>	<u>Chantal O</u>	<u>916-912-1500</u>	x	x	x	
<u>76. Not High Noon</u>	<u>Nola A</u>	<u>916-402-9957</u>	x	x	x	
<u>FRIDAY MEETINGS</u>	<u>NAME</u>	<u>PHONE #</u>	<u>12/23</u>	<u>1/24</u>	<u>2/24</u>	<u>3/24</u>
<u>164 Folsom Friendly Fridays</u>	<u>Tim M</u>	<u>916-425-9597</u>	x	x	x	
<u>98. Recovery in Progress</u>	<u>Erik M</u>	<u>916-910-3174</u>	x	x	x	
<u>30. DASP</u>	<u>Neal</u>	<u>916-267-9927</u>	x	x	x	
<u>SATURDAY MEETINGS</u>	<u>NAME</u>	<u>PHONE #</u>	<u>12/23</u>	<u>1/24</u>	<u>2/24</u>	<u>3/24</u>
<u>48. Desire to Stop</u>	<u>Ed M</u>	<u>916-764-1489</u>	x	x	x	
<u>83. Saturday Night Alive</u>	<u>Kayla</u>	<u>916-417-0146</u>	x	x	x	
<u>74. Growth &amp; Change</u>	<u>Denise P</u>	<u>916-912-7920</u>		x	x	
<u>139. Young Pups in Recovery</u>	<u>Miranda A</u>	<u>916-969-4259</u>		x		
<u>82. Being Clean Is Happening</u>	<u>Melinda L</u>	<u>916-410-2202</u>	x	x	x	
<u>SUNDAY MEETINGS</u>	<u>NAME</u>	<u>PHONE #</u>	<u>12/23</u>	<u>1/24</u>	<u>2/24</u>	<u>3/24</u>
<u>61. Have Mercy</u>	<u>Warren</u>	<u>916-494-3839</u>	x	x	x	
<u>92. Sunday Night Serenity</u>	<u>Amy N</u>	<u>916-826-7932</u>	x	x	x	
<u>69. Journey Within</u>	<u>Rob H</u>	<u>916849-9791</u>	x	x	x	
<u>157. Hugs not Drugs</u>	<u>Bobby W</u>	<u>916-531-7469</u>	x	x		
<u>21. Together In Recovery</u>	<u>Edward c</u>	<u>916-706-4113</u>	x	x	x	
<u>88. Ashes to Diamonds</u>	<u>Sean A.</u>	<u>916-768-1296</u>	x	x	x	
<u>GROUPS IN ATTENDANCE</u>			<u>32</u>	<u>39</u>	<u>35</u>	
<u>TOTAL COUNT OF GROUPS</u>			<u>39</u>	<u>40</u>	<u>41</u>	
			<u>12/23</u>	<u>1/24</u>	<u>2/24</u>	<u>3/24</u>
<b>Meetings removed for missing more then two meetings</b>						
<u>130. Steppin-Up</u>	<u>Theresa S.</u>	<u>916-889-5722</u>				
<u>51. Wednesday Night Unity</u>	<u>Julie C.</u>	<u>916-290-3190</u>				
<u>155. Women Seeking Serenity</u>	<u>Tonya</u>	<u>916-844-9153</u>				
<u>54. We Believe in You - multi</u>	<u>Taryn</u>	<u>916-969-6039</u>				
<u>166. NA Uncut</u>	<u>Michael S</u>	<u>916-208-5037</u>				
<u>20. Leave the Drama at the Door</u>	<u>Shay R</u>	<u>279-666-8300</u>				
<u>159. Principles before Personalities</u>	<u>Stephen</u>	<u>916-968-1385</u>				

**Previous Months Minutes**  
**AMERICAN RIVER AREA SERVICE COMMITTEE**  
**02/01/24**  
**(FUTURE ASC 03/01, 04/05)**

**I. Open**

12 Traditions: Jake  
12 Concepts: Dreamer  
Purpose of ASC: Lucy  
Decorum Statement: James  
Vision Statement: Ashley  
Announcements Kim

**II. Welcome New ASC Participants**

**III. GSR Reports**

**IV. ADMINISTRATIVE REPORTS**

Chair	Kim M	pg. <sup>3</sup>	H&I	April	pg. <sup>14</sup>
Vice Chair	Daniel M	pg. 3	Literature	Don	pg.
Secretary	Janeice V	pg. 4	PR	Robert	pg.14
Treasurer	Athena	pg. 4	Activities	Faith P	pg.15
Events Treasurer	Jennifer L	pg. 7	Campout	Jay Z	pg.15
RCM I	Janie S	pg. 14	Softball	Sarah K	pg.15
RCM II	Jim C.	pg. 14	Unity Day	Heather	pg,
			MAE	Lucy	pg,16

**V. Quorum Call (Roll Call) attached results: of 41**

(Birthday Celebration - during tally of quorum count)

**VI. Approval of Previous Months ASC**

**VII. Approval of Previous Months Treasurer's**

**VIII. Open Forum/Parking Lot:**

Loretta - Sacfna Book for crooks  
Daniel - NCCNA - Straw pole for Host or Reg  
Janie - WSLD & Social Media discussion

**IX. Elections:**

PR Chair/Vice Chair – February - Josh B. / Dana H.  
Alt Treasurer

**FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:**

Softball Chair/Vice Chair – January Literature Chair/Vice Chair – July  
PR Chair/Vice Chair – February Chair/Vice Chair – July  
Activities Chair. Vice - Chair April Campout Chair/ Vice Chair – July  
H&I Chair/Vice Chair –May Treasurer/Alt. Treasurer - December  
Secretary/Asst. Sec – May Events Treasurer/Alt. Events Treasurer – December  
RCM I – June – Even years RCM II – June – Odd years <sup>1</sup>

## **X. OLD BUSINESS**

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## **XI. NEW BUSINESS**

<b>201 Paul Bryan</b>	<b>Direct chair and vice chair to submit a bid for the host committee of NCCNA 2025</b>	<b>PBA</b>
<b>202</b>	<b>To fund WSLD participation for PR &amp; H&amp; Chairs not to exceed \$2,000.00</b>	<b>PBA</b>

## **ASC TREASURER**

Feb Treasurer Report for Jan numbers

If you have donations, please feel free to mail them to the PO Box.

ARANA

PO box 417482

5420 Kohler Road

Sacramento, CA 95841

Good Evening.

We deposited \$4,641.66 this month.

Expenses from Jan Area Business was \$4,452.58

We kept 2 months of the budget in Checking.

Amount left in Checking after Prudent Reserve is  $-\$(814.12)$

Amount in Savings is

Ending Ledger balance of .....\$3821.26

Less Prudent Reserve.....\$1721.67

Less Accumulated Annual Expenses..... \$2186.57

Less Accumulated Sales Taxes..... \$168.09

Excess in Savings above budgeted Amounts..... $-\$(255.07)$

Thanks for letting me be of service.

Athena W.

### National Psychiatric Care Sacramento

Thursdays 7:00-8:00 PM

Coordinator: Danielle C (916) 996-1824

NPCS is 16 bed co-ed crisis residential facility serving adults with mental health issues and accompanying substance abuse challenges. Facility provides person-centered treatment with an emphasis on relapse prevention and long-term recovery. Volunteers can be male or female with one-year clean time. Meeting is standard chairperson and sharing format. Standard H&I dress code applies.

### Folsom State Prison (FSP)

2nd & 4th Sundays of the month, 3 one-hour meetings  
9:30-10:30, 11:00-Noon & 12:30-1:30

Every Wednesday of the month 6:30-8:30 PM

Facility Coordinator: Steve 916-806-6411

Meeting Coordinator: Vacant Position

FSP Houses medium security general population level II inmates. Volunteers can be both male and female. The meeting is a standard format and is run by the inmates. It includes readings, share and discussion. There are 3 meetings on Wednesday nights in which one is a Spanish speaking meeting.

**Note to Volunteers:** An 11-page application is to be filled out and submitted. Listing arrest history is standard procedure. If you have an extensive arrest history, we will ask volunteers to write a reference letter and at times obtain their DOJ to be attached to the application.

**Dress Code:** It is always best to wear black clothing. No blue or green. No denim or blue jeans. We avoid color or clothing worn by inmates. No hats, shorts, sandals, halter tops, tank tops, no logos on shirts. Best not to have any wire in Bra's. No revealing clothing or opened towed shoes. The only items allowed in are your ID and car keys.

### California State Prison Sacramento **CSPSac**

Monday B & C yard 5:00-7:00 PM

Tuesday B & C yard 5:00-7:00 PM

Wednesday C & Minimum Yard

Thursday B & C yard 5:00-7:00 PM

Friday B & C yard 5:00-7:00 PM

Saturday B & C yard 5:00-7:00 PM

Sunday B & C yard 5:00-7:00 PM

Facility Coordinator: Lee K (916) 903-3667

Meeting Coordinator: Vacant

This is a level IV maximum security facility. Also housing inmates requiring specialized mental health programming as well as high risk medical concerns. Volunteers can be both male and female. The meeting is a standard format and is run by the inmates. It includes readings, share and discussion. The application and dress code are the same as Folsom Prison.

### Fair Oaks Recovery

Tuesdays 6:30-7:30 PM

Coordinator: Irene M (530) 919-1626

Fair Oaks Recovery is a co-ed facility is a structured treatment facility that doesn't go to outside meetings. The residents are accepted in several ways from a voluntary basis. Private pay and insurance referred. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies. Meeting is standard chairperson and sharing format. There is a one-year clean time requirement for volunteers. Standard H&I dress code. Masks are currently required.

#### **Why Get Involved?**

*Hospitals and Institutions service offers addicts an opportunity to demonstrate gratitude, fulfill responsibility, and share the NA message without expectations. It is also an effective tool that helps us stay clean and keeps us coming back. The H & I message is the same as the NA message: "That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live." The gift we share is hope and freedom from active addiction through the program of Narcotics Anonymous. Any NA member who wants to carry this message is encouraged to get involved with H & I service. There are many ways to serve in Narcotics Anonymous, and many of us have found H & I service to be the most rewarding aspect of our recovery.*

## Purpose of this Guide

This guide provides information on all of the H & I meetings supported by the American River Area of Narcotics Anonymous. You'll find a brief description of each facility we serve and learn when meetings are held, what requirements must be met to enter, and who coordinates each meeting. If you're interested in volunteering, please contact the facility coordinator directly.

## DOs & DON'Ts of H & I Service

### DO

- Emphasize that NA recovery is available to all addicts regardless of drugs used.
- Make directories of outside meetings available to residents.
- Start and end on time!
- Obey the dress code & exercise common sense.
- Adhere to each facility's rules and security regulations.
- Involve residents with the meeting, especially those in long term facilities.

### DON'T

- Emphasize "using days" while sharing an NA message of recovery.
- Use profanity.
- Break another person's anonymity.
- Debate any issues involving facility rules, regulations, or other programs.
- Get involved in discussions on outside issues, including opinions regarding psych

## Akua mind body

Coed facility- Mondays 6:30-7:30pm  
Coordinator: Anastasia (916) 613-3220

Akua mind body is a 35 bed facility that has both detox and residential beds. Clients are admitted on a voluntary only basis. Masks are currently required.

## Alpha Oaks

Monday 7:00-8:00 PM  
Coordinator: Caroline O (916) 459-8300

Cornerstone is a residential facility for women located in Carmichael. This is a 1-3 month program housing up to 11 women. Cornerstone is a structured treatment facility that doesn't go to outside meetings. The residents are accepted in several ways from a voluntary basis to court ordered. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies. Masks are currently required

## Mather Community Campus

Mondays and Thursdays 7:00-8:00 pm  
Coordinator: April W (916) 342-5539

Mather Community Campus focuses on helping formerly homeless individuals and families rebuild their lives through intensive employment and rapid housing services. The 12-month co-ed program provides transitional housing, case management, employment readiness and life skills workshops, educational and job referrals.

## Center Point

### Criminal Justice Recovery Facility

Saturdays 7:00 – 8:15 PM  
Coordinator: Rob G (916) 459-7649

Center Point is a 6-month male lock down facility for parolees located in Fair Oaks. Meetings are a standard chairperson sharing format with a 6-month volunteer clean time requirement. Standard H&I dress code applies.

## Cornerstone

Wednesday 7:00-8:00 PM  
Coordinator: April W (916) 342-5539

Cornerstone is a residential facility for women located in Carmichael. This is a 1-3 month program housing up to 11 women. Cornerstone is a structured treatment facility that doesn't go to outside meetings. The residents are accepted in several ways from a voluntary basis to court ordered. The meeting follows a standard chair format with a 6-month

**Our H&I committee meeting is held the third Monday of each month at 7pm on zoom:**

**ID: 5779611818**

**Password: 1953**