

**Minutes**  
**AMERICAN RIVER AREA SERVICE COMMITTEE**  
**3/3/2023**  
**(FUTURE ASC 03/03, 04/07, 05/05)**

**I. Open**

12 Traditions:  
 12 Concepts:  
 Purpose of ASC:  
 Decorum Statement:  
 Announcements

**II. Welcome New ASC Participants**

**III. GSR Reports**

**IV. ADMINISTRATIVE REPORTS**

Chair	Rob R	pg. 3	H&I	April	pg. 15
Vice Chair	Kim M	pg. 3	Literature	Marquis B	pg. 18
Secretary	Janeice V	pg.	PR	Robert C.	pg. 18
Treasurer	Hank Z	pg. 4	Activities	Heather C	pg. 19
Events Treasurer	Jennifer L	pg. 9	Campout	Jay Z	pg. 23
RCM I	Janie S	pg. 13	Softball	Vacant	pg.
RCM II	Jim	pg.	Unity Day	Vacant	pg.

**V. Quorum Call (Roll Call) attached results: of 39**  
 (Birthday Celebration - during tally of quorum count)

**VI. Approval of Previous Months ASC Minutes (pages)**

**VII. Approval of Previous Months Treasurer's Report (pages)**

**VIII. Open Forum/Parking Lot**

**IV. Elections:**

Softball Chair/Vice Chair  
 PR Chair

**FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:**

Softball Chair/Vice Chair – January  
 PR Chair/Vice Chair – February  
 Activities Chair. Vice - Chair April  
 H&I Chair/Vice Chair –May  
 Secretary/Asst. Sec – May  
 RCM I – June – Even years

Literature Chair/Vice Chair – July  
 Chair/Vice Chair – July  
 Campout Chair/ Vice Chair – July  
 Treasurer/Alt. Treasurer - December  
 Events Treasurer/Alt. Events Treasurer – December  
 RCM II – June – Odd years

**X. OLD BUSINESS**


**XI. NEW BUSINESS**


## ASC CHAIR

Good evening everyone,

I attended PR, Activities, and Campout meetings this month. I signed a contract for the Halloween event, which will be on October 21<sup>st</sup> this year. I have been in communication with Janie regarding equipment and planning for the CAR workshop that will be held at the Robertson's center on Norwood Ave tomorrow. I hope to see many of you there at some point.

Thank you for letting mee be of service,

**Rob R.**

## ASC VICE CHAIR

Good evening ARANA family.

After last months Area meeting I fell ill with bronchitis then Covid. I missed out on 2 weeks of in person meetings and our Sock Hop event, however, reconnected on ZOOM meetings.

The 3 chairs I was asked to give in February have all been rescheduled to March and April meetings.

I attended the following subcommittee meetings on ZOOM:

2/9: Campout

2/16: PR

2/20: H&I had no meeting as rescheduled to 2/27 then I forgot

2/21: Activities

2/21: Got keys to new location for Saturday Night Alive

2/23: Campout

2/25: Chair @ Growth and Change

2/26: Ran Admin meeting per Rob's request

3/2: packed up and moved Saturday Night Alive stuff to new location

In 1 month our Area will be hosting NCCNA here at Sacramento Convention Center. As GSR's and Alt. GSR's I ask each one of you to not just report service help is needed for this event, but I challenge you to say instead, "what slot can I put you in to be of service"

Let's fill up these service time slots!

NCCNA committee members please raise your hands - any questions on finding graph and filling it in, ask these folks.

I thank each one of you for being of service to ARANA, your group, most importantly, your Recovery & mine.

## ASC SECRETARY

## ASC TREASURER

Mar's Treasurer Report for Feb numbers

If you have donations, please feel free to mail them to the PO Box.

ARANA

PO box 417482

5420 Kohler Road

Sacramento, CA 95841

Good Evening.

We deposited \$4,403.24 this month.

Expenses from Jan Area Business was \$6,473.88

We kept 2 months of the budget in Checking.

Amount left in Checking after Prudent Reserve is **-\$ 2,070.64**

Amount in Savings is:

Ending Ledger balance of .....	\$ 3,160.70
Less Prudent Reserve.....	1,585.00
Less Accumulated Annual Expenses.....	1,150.54
Less Accumulated Sales Taxes.....	425.17
<b>Excess in Savings above budgeted Amounts.....</b>	<b>\$ 0.00</b>

Thanks for letting me be of service



**Account Statement**

If you have any questions  
about your account please call  
800-848-1088  
CUSTOMER SERVICE  
**ACCOUNT NUMBER**

AMERICAN RIVER AREA NARCOTICS ANONYM  
(ASC ACCOUNT)  
PO BOX 417482  
SACRAMENTO CA 95841

STATEMENT DATE CYCLE  
02/28/23 31  
ITEMS ENCLOSED PAGE  
0 1  
YEAR-TO-DATE INTEREST

PREVIOUS BALANCE	CHECKS AND WITHDRAWALS NUMBER	AMOUNT	DEPOSITS AND CREDITS NUMBER	AMOUNT	INTEREST MINUS CHARGES	NEW BALANCE
8,858.56	12	7,328.00	8	4,403.24	.00	5,933.80

**ACCOUNT ACTIVITY**

**BALANCE SUMMARY**

BUSINESS REGULAR CHECKING

DATE BALANCE

28 DAYS THIS CYCLE

DATE	DESCRIPTION	AMOUNT
- - - - - DEPOSITS - - - - -		
02/06	BRANCH DEPOSIT	2,351.17
02/06	BRANCH DEPOSIT	578.00
02/06	BRANCH DEPOSIT	414.27
02/06	BRANCH DEPOSIT	66.82
02/06	BRANCH DEPOSIT	25.75
02/07	VENMO - CASHOUT	552.10
02/07	VENMO - CASHOUT	338.84
02/15	VENMO - CASHOUT	76.29

PREVIOUS BALANCE	01/31	8,858.56
	02/06	11,570.37
	02/07	12,189.85
	02/09	12,139.85
	02/10	7,480.28
	02/13	5,857.51
	02/15	5,933.80
NEW BALANCE	02/28	5,933.80

DATE	DESCRIPTION	AMOUNT
- - - - - WITHDRAWALS-FEES-CHARGES - - - - -		
02/13	STARCONNECTPLUS WEB TRNSFR WEB TRANSFER TO SV#2294958364	320.00
02/13	STARCONNECTPLUS WEB TRNSFR WEB TRANSFER TO SV#2294958364	233.60

ITEM	DATE	AMOUNT	ITEM	DATE	AMOUNT
2180	02/06	44.97	2200	02/06	649.25
2190*	02/06	14.99	2201	02/10	198.14
2196*	02/07	35.00	2202	02/07	236.46
2198*	02/13	1,069.17	2203	02/06	14.99
2199	02/10	4,461.43	2204	02/09	50.00

\* INDICATES GAP IN CHECK SEQUENCE

PUT YOUR FUTURE IN FOCUS WITH A COMPLIMENTARY FINANCIAL  
REVIEW FROM SORRENTO PACIFIC FINANCIAL. SECURITIES ARE  
NOT INSURED, MAY LOSE VALUE AND HAVE NO BANK GUARANTEE.

**EXTRA CASH LINE OF CREDIT CUSTOMERS:** YOUR ACCOUNT DETAILS ARE LISTED BELOW. **LATE PAYMENT WARNING:** IF YOUR  
MINIMUM PAYMENT IS NOT RECEIVED BY THE PAYMENT DUE DATE YOU MAY BE CHARGED A LATE FEE OF \$5.

PREVIOUS BALANCE	ADVANCES AND DEBITS NUMBER	AMOUNT	PAYMENTS AND CREDITS NUMBER	AMOUNT	INTEREST CHARGED	FEES CHARGED	NEW BALANCE
LINE OF CREDIT	CREDIT AVAILABLE	ANNUAL PERCENTAGE RATE	DAILY PERIODIC RATE	PAYMENT PAST DUE + PAYMENT THIS PERIOD =	MINIMUM PAYMENT DUE	PAYMENT DUE DATE	YEAR-TO-DATE INTEREST PAID



Account Statement

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AMERICAN RIVER AREA NARCOTICS ANONYMO294
(ASC ACCOUNT)
PO BOX 417482
SACRAMENTO CA 95841

STATEMENT DATE
02/28/23

If you have any questions
about your account please call:
(800)848-1088
CUSTOMER SERVICE

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REVIEW FROM SORRENTO PACIFIC FINANCIAL. SECURITIES ARE
NOT INSURED, MAY LOSE VALUE AND HAVE NO BANK GUARANTEE.

\* \* \* \* \* SAVINGS \* \* \* \* \*

ACCOUNT NUMBER

Table with columns: DATE, DESCRIPTION, AMOUNT. Rows include: 12/31 PREVIOUS BALANCE 5,310.97; 01/18 STARCONNECTPLUS - WEB TRNSFR 1,106.00; 01/30 STARCONNECTPLUS - WEB TRNSFR 320.00; 01/31 STARCONNECTPLUS - WEB TRNSFR 191.57; 01/31 STARCONNECTPLUS - WEB TRNSFR 2,109.44; 02/13 STARCONNECTPLUS - WEB TRNSFR 233.60; 02/13 STARCONNECTPLUS - WEB TRNSFR 320.00; 02/28 NEW BALANCE 3,160.70; YEAR-TO-DATE INTEREST 0.00

Treasurer's Report

	DATE		ACTIVITY	Totals	
1	2/1/2023		BEGINNING BALANCE	\$ 3,170.00	\$ 3,170.00
			Venmo Domations	\$ 415.13	\$ 415.13
			Square		\$ -
			Literature Sales	\$ 2,351.17	\$ 2,351.17
			Venmo Lit Sales	\$ 552.10	\$ 552.10
			Area Donations	\$ 1,018.02	\$ 1,018.02
			H&I Donation		\$ -
2			7th Tradition	\$ 66.82	\$ 66.82
			Transfer from Events		\$ -
3			Transfer from Savings		\$ -
			Facilities Deposit Return		\$ -
13			Total Deposits/Transfers	\$ 4,403.24	
14					
15			Total before Expenses	\$ 7,573.24	
16					
17		Transfer	To Cover Annual Expenses Feb	\$ (320.00)	\$ (320.00)
	2/3/23	2200	ARANA - H&I Lit	\$ (649.25)	\$ (649.25)
		2201	Janeice V - Admin Ink	\$ (198.14)	\$ (198.14)
		2202	Robert C - PR Schedules	\$ (236.46)	\$ (236.46)
		2203	April W - H&I Zoom	\$ (14.99)	\$ (14.99)
		2204	Janie S - CAR Fylers	\$ (50.00)	\$ (50.00)
		2205	NCRSO - Lit	\$ (4,696.44)	\$ (4,696.44)
		2206	NCRCO Jan Donation	\$ (75.00)	\$ (75.00)
		Transfer	Accumulated sales tax for Feb	\$ (233.60)	\$ (233.60)
					\$ -
33			Total Transfers/Payments	\$ (6,473.88)	
34					
35	2/27/23		<b>ENDING BALANCE (before correction see reconciliation)</b>	<b>\$ 1,099.36</b>	\$ 1,099.36
36					
37			Prudent Reserve - 2 mos.operating expense \$1585.00	\$ (3,170.00)	\$ (3,170.00)
38					
40			<b>Surplus/(Defect) from prudent reserve</b>	<b>\$ (2,070.64)</b>	\$ (2,070.64)
41					
42	2/1/2023		<b>Savings Account Beginning Ledger Balance</b>	<b>\$2,607.10</b>	\$2,607.10
			Interest Credit		\$0.00
		Transfer	To Cover Annual Expenses Feb	\$320.00	\$320.00
		Transfer	Accumulated sales tax for Feb	\$ 233.60	\$233.60
55			<b>Balance after incoming transfers</b>	<b>\$3,160.70</b>	
		Transfer	To cover Annual Expenses		\$ -
		Transfer	To Cover Sales Tax Payment Due		\$ -
		Transfer	Excess in Savings		
62			<b>Less Total Transfers out of Savings</b>	<b>\$0.00</b>	
63					
64	2/27/23		<b>Ending Ledger Balance</b>	<b>\$3,160.70</b>	\$3,160.70
65			Prudent Reserve \$1585.00	\$ (1,585.00)	
66			<b>Total in Savings</b>	<b>\$1,575.70</b>	
67			Less Accumulated Annual Expenses	\$ (1,150.54)	
68			Less Accumulated sales taxes	\$ (425.17)	
69			<b>Excess Savings Account</b>	<b>\$ (0.00)</b>	

## Reconciliation

1 Balance shown on statement	2/27/2023	<u>\$5,933.80</u>
2 Deposits not shown		
	Transfer From Saving to cover expenses paid	\$ -
	Transfer From Saving - Excess	
10 Sub Total	subtotal	\$ -
		<u>\$5,933.80</u>
11 Checks outstanding		
	<b>CK #                      Name                      Amount</b>	
	2156 April W	\$ 14.99    \$ 14.99
	2181 Hillsdale Baptist Church - Dec	\$ 35.00    \$ 35.00
	2191 Hillsdales Baptist Chuch	\$ 35.00    \$ 35.00
	2205 NCRSO - Lit	\$ 4,696.44    \$ 4,696.44
	2206 NCRCO Jan Donation	\$ 75.00    \$ 75.00
		\$ -
		\$ -
		\$ -
		\$ -
		\$ -
		\$ -
40 Total Uncleared Checks		<u>\$ 4,856.43</u>
41 Adjusted Ending Bank Balance (Ledger balance)		<b>\$1,077.37</b>
Ending Ledger Balance		<b>\$ 1,099.36</b>
		(\$21.99)

### Savings Account Bank Reconciliation

Statement Balance                      02/27/23                      \$3,160.70

Additions to Account                      Transfer                     

\$3,160.70

Subtractions from account                      \_\_\_\_\_

<b>Uncleared Transactions</b>		
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\$3,160.70

asc ledger

Savings Ledger ending balance                      \$3,160.70

Adjusted Balance

**Bank Ending Balance                      \$3,160.70**

Difference                      \$0.00



## **ASC EVENTS TREASURER**

Good evening!

I attended the Campout and Activities subcommittees as well as the Unity Day subcommittee, Multi-Area Ad Hoc meeting, and Valentine's Day event last month.

The 2023 Valentine's Day Event was a success and generated an ASC donation. I am unable to close out the event as I am waiting on additional pre-registration ticket funds and reimbursement requests. I will have the final budget and ASC donation at next month's ASC.

I paid for the Events PO Box renewal which had increased to \$176. The charge was split between Campout and Softball. I also ordered more deposit slips for the Events checking account which totaled \$131.88. The charge was evenly split between the Activities subcommittee, Campout, and Softball.

The checking and savings accounts have been reconciled with a \$0 variance.

Thank you for allowing me to be of service!

Jennifer L.

**March 2023  
EVENTS TREASURER REPORT  
Checking Account Ledger**

February 2023 Activity		Checking		Activities				Campout		Softball				
				Valentine's Day		Sponsorship		Pool Party						
		+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=			
<b>Beginning Balance</b>			\$8,716.85		\$3,566.50		\$1,500.00		\$290.00		\$3,360.35		\$0.00	
<b>TRAN</b>														
	3-Feb	Transfer to Debit Card- Valentine's- Line 1.0	-\$550.00		-\$550.00									
	24-Feb	Deposit Return & Transfer		\$400.00		-\$400.00								
	24-Feb	Transfer to Debit Card - Sponsorship- Line 1.0	-\$550.00			-\$550.00								
<b>Dep</b>														
	3-Feb	Valentine's- Pre-Reg	\$368.00		\$368.00									
	3-Feb	Valentine's- Donation	\$1.00		\$1.00									
	11-Feb	Valentine's- Pre-Reg	\$478.00		\$478.00									
	11-Feb	Valentine's- Snack bar	\$433.00		\$433.00									
	11-Feb	Valentine's- 7th Tradition	\$113.00		\$113.00									
	11-Feb	Valentine's- Silent Auction	\$202.00		\$202.00									
	11-Feb	Valentine's- Door Tickets	\$108.00		\$108.00									
	11-Feb	Valentine's- Opening Bank	\$100.00		\$100.00									
	13-Feb	Valentine's- Square Deposit	\$361.51		\$361.51									
<b>CHK</b>														
	2104	6-Feb	PO Box (1 year)	-\$176.00						-\$88.00		-\$88.00		
	2105	3-Feb	Valentine's- Line 2.1 & 5.4	-\$90.46		-\$90.46								
	2106	VOID	VOID											
	2107	3-Feb	Sponsorship- Line 4.0 & 4.1	-\$95.00			-\$95.00							
	2108	9-Feb	Valentine's- Line 8.2	-\$100.00		-\$100.00								
	2109	11-Feb	Valentine's- Line 4.0	-\$350.00		-\$350.00								
	2110	11-Feb	Valentine's- Line 5.0	-\$341.11		-\$341.11								
	2111	23-Feb	Valentine's- Line 3.0	-\$103.50		-\$103.50								
	2112	11-Feb	Sponsorship- Line 9.0	-\$40.00			-\$40.00							
	2113	11-Feb	Valentine's- Line 6.0, 5.1, 7.0	-\$326.02		-\$326.02								
	2113	17-Feb	Campout- Line 3.2	-\$491.90						-\$491.90				
<b>ONLN</b>														
	14-Feb	Deposit Slips	-\$131.88						-\$43.96		-\$43.96		-\$43.96	
		<b>ENDING BALANCE</b>	-\$1,181.36	\$7,535.49	\$703.42	\$4,269.92	-\$1,085.00	\$415.00	-\$43.96	\$246.04	-\$623.86	\$2,736.49	-\$131.96	-\$131.96
			\$7,535.49											
			\$0.00											
					RESERVE @ \$4,000		RESERVE @ \$1,500		RESERVE @ \$1,000		RESERVE @ \$3,500			
					Reserve Transferred from NYE for 2023 Only		Activities Combined Reserve: \$2,500		Campout Reserve: \$7,000		Softball Reserve: \$1,500			

\*\*Halloween, Unity Day and New Years Dance Column hidden from report as ending balances both \$0 with no activity to report\*\*

**March 2023  
EVENTS TREASURER REPORT  
Savings Account Ledger**

February 2023 Activity		Savings Account		Interest/		Insurance		Campout		Activities		Softball		Unity Day		NY Dance	
		+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=	+ or -	=
	Beginning Balance		\$8,203.20		\$3.20		\$1,200.00		\$3,500.00		\$0.00		\$1,500.00		\$2,000.00		\$0.00
TRAN																	
DEBIT																	
DEP																	
INT																	
	Ending Balance	\$0.00	\$8,203.20	\$0.00	\$3.20	\$0.00	\$1,200.00	\$0.00	\$3,500.00	\$0.00	\$0.00	\$0.00	\$1,500.00	\$0.00	\$2,000.00	\$0.00	\$0.00
									Reserve: \$7,000	Reserve: \$2,500	Reserve: \$1,500	Reserve: \$2,000	Reserve: \$4,000				

**Bank Reconciliation**  
**Month Ended February 28, 2023**

EVENTS CHECKING		
Particulars	Amount	
Balance as per bank statement		\$ 7,535.49
Add: Deposits not credited		
	\$ -	
	\$ -	
Total deposit(s) not credited:	-	\$ -
Less: Outstanding checks		
No.	\$ -	
No.	\$ -	
No.	\$ -	
Total outstanding checks:	-	\$ -
Adjusted balance per bank statement:		\$ 7,535.49
Balance as per ledger:		\$ 7,535.49
Difference:		\$ -

EVENTS SAVINGS		
Particulars	Amount	
Balance as per bank statement		\$ 8,203.20
Add: Deposits not credited		
	\$ -	
	\$ -	
Total deposit(s) not credited:	-	\$ -
Less: Outstanding withdrawals		
No.	\$ -	
No.	\$ -	
No.	\$ -	
Total outstanding withdrawals:	-	\$ -
Adjusted balance per bank statement:		\$ 8,203.20
Balance as per ledger:		\$ 8,203.20
Difference:		\$ -

## RCMI & II

### NARCOTICS ANONYMOUS WORLD SERVICE (NAWS) NEWS

--CAR (Conference Agenda Report) Workshop is TOMORROW! This is your opportunity to provide your input and vote, providing World with direction on numerous motions & literature projects. We hope to see you all there! It is a Hybrid meeting... feel free to participate via Zoom if you are not able to make it in person. The CAR report is available for review (or printing) **Robertson Community Center 3525 Norwood Ave, Sacramento** **Zoom 871 3182 4344 PW: 2023WSC**  
[www.na.org/conference](http://www.na.org/conference).

--“*Reaching Out*” is back! A Revised publication-ALL can participate! *From the Inside* is filled with letters and artwork from incarcerated addicts who share their experience, strength and hope, & *From the Outside* features stories from members who are now living drug free in the community. [www.na.org/reachingout](http://www.na.org/reachingout)

--At the RSC we discussed addicts who are deaf and hard of hearing that are seeking recovery in NA. Please be aware of our “**Never Alone Deaf Group of NA**” that offers the following ASL (American Sign Language) resources. Please share this information with any addict who uses ASL. [www.na.org/asl](http://www.na.org/asl)

--We have MANY Trusted servant positions open at the RSC...Please consider submitting your service resume (at any time) on the Regional website [www.norcalna.org/regional\\_service\\_opportunities](http://www.norcalna.org/regional_service_opportunities)

--Follow NAWS on Instagram for some awesome daily spiritual content! They are working to expand and modernize our online presence-sharing memes, videos, and other media. [@narcoticsanonymous](https://www.instagram.com/narcoticsanonymous)

--AREA EVENTS: For Northern California Activities/Events refer to the “Event Calendar” on our Regional website. RSC link follows: <https://norcalna.org/calendar.php>

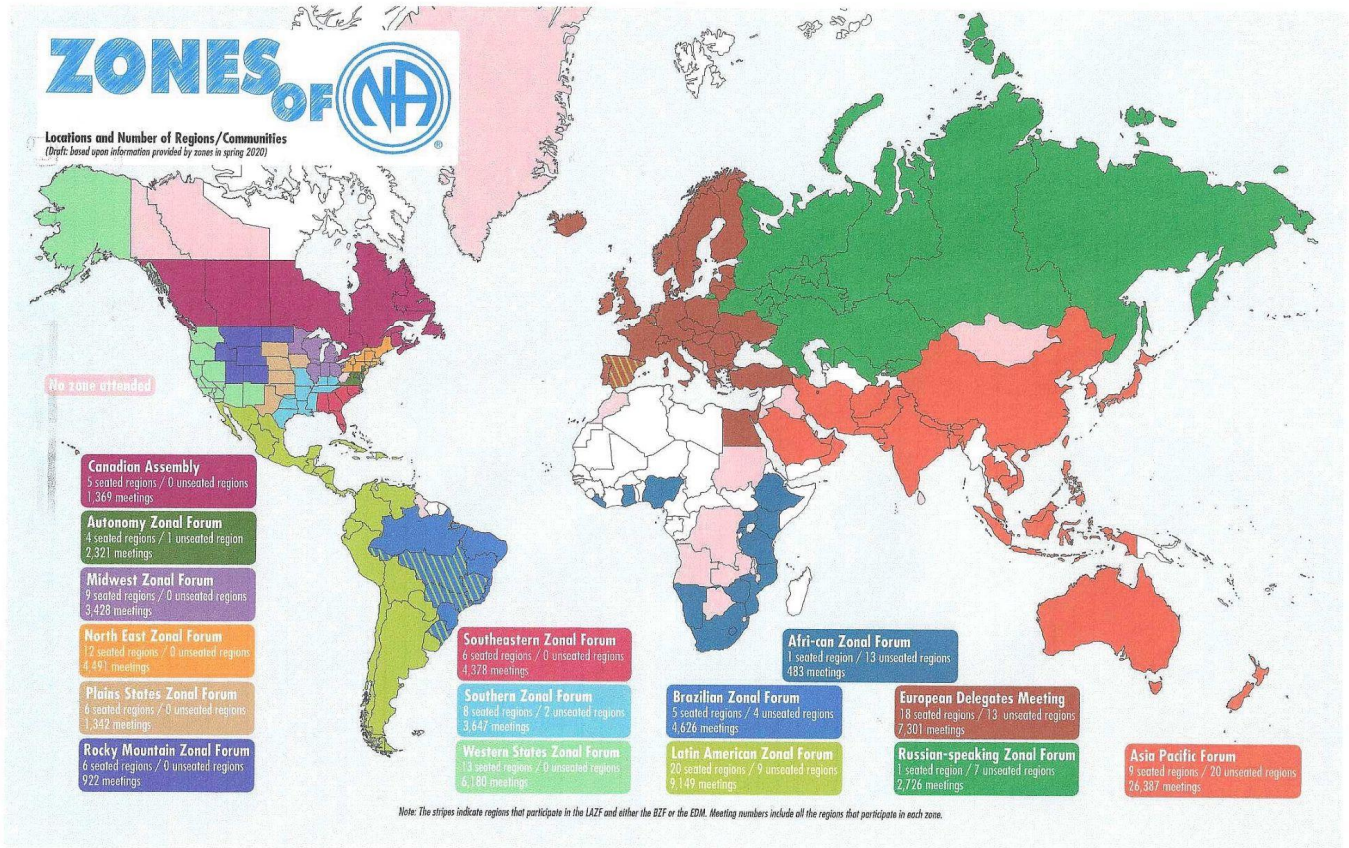
### REGIONAL SERVICE COMMITTEE (RSC) FINANCIAL \$\$\$ NEWS [www.norcalna.org](http://www.norcalna.org)

- Total of Area donations received in December = \$17,090 (A
- Whopping \$8461 donation made by the Sonoma area this mo!)
- FYI-2023 RSC annual budget requires an average of \$7650 monthly in area donations
- Total RSC Expenses = \$6462
- RSC's Donation to World = \$4911

### DID YOU KNOW?

That World published more than 100 pieces of newly translated literature last year?? (including: many newly translated pamphlets, booklets, the new “Spiritual Principals” Book, making audio versions of the Basic Text available in multiple languages, and facilitating access to digitized NA literature for incarcerated members).

[www.na.org/IPs](http://www.na.org/IPs).



<https://www.na.org/admin/include/spaw2/uploads/media/web/Zonal%20map%202020.pdf>

## What is a “Zonal Forum” in Narcotics anonymous??

An NA “Zonal Forum” is a group of neighboring Regions that work together as a service-oriented body in order to share information (ie: sharing challenges and or solutions to these challenges), provide training, support, and fellowship development. The Western States Zonal Forum originated in 1994 and currently consists of 13 Regions, including all the Regions within California, Alaska, Arizona, Oregon, Idaho, New Mexico, Utah, Nevada, & Washington. More info can be found on their website: [www.WSZF.org](http://www.WSZF.org)

\*More information to come about Zonal Forums in the months to come....

In service, *Janie S & Jim C*

## H&I

Good evening family:

Open Positions-

Recovery facility in fair oaks (men's): Meeting time 7-8 pm

3rd Sunday of the month

Homeless&veterans recovery facility: Meeting time 7-8pm

2<sup>nd</sup> and 4<sup>th</sup> Monday's of the month

Sponsorship behind the walls:

Men and Women who willing to work steps through the mail with prisoners.

We need people who are willing to take meetings into Folsom prison.

Literature Dispersed: 27 books given, 50 white books, and 714 IP's were given out.

Regional H&I report-

1. The Books for Crooks event is April 2<sup>nd</sup> this year.
2. There is a volunteer advisory task force that was created to plan upcoming events and projects to get people more involved in H&I work in the prisons. There will be more to report when events have been scheduled
3. Efforts are being explored regarding the sponsorship behind the walls program not being limited to serving only the members of a particular area, but serve the overall population of Californian inmates. Some areas have more people willing to sponsor than people wanting to be sponsored, and some have more people looking for sponsors than we have them available (ARANA needs more sponsors). Also we don't have need for female sponsors within the prison system in our area, but do have women to be sponsors that are vital in other areas of the state.
4. There will be an ad hoc committee created to review the regional H&I guidelines as to the criteria required for providing H&I meetings. Currently there is a black out period requirement to provide meetings. This would exclude homeless shelters. Several areas did report that they do facilitate meetings at homeless Shelters. We want to be sure that we care for the addicts at these facilities in the most compassionate and appropriate way possible.

Thank you for allowing us to be of service,

April W-Chair

Robert G- Vice Chair

### National Psychiatric Care Sacramento

Thursdays 7:00-8:00 PM

Coordinator: Dean C (916) 257-6410

NPCS is 16 bed co-ed crisis residential facility serving adults with mental health issues and accompanying substance abuse challenges. Facility provides person-centered treatment with an emphasis on relapse prevention and long-term recovery. Volunteers can be male or female with one-year clean time. Meeting is standard chairperson and sharing format. Standard H&I dress code applies.

### Folsom State Prison (FSP)

2nd & 4th Sundays of the month, 3 one-hour meetings  
9:30-10:30, 11:00-Noon & 12:30-1:30

Every Wednesday of the month 6:30-8:30 PM

Facility Coordinator: Steve 916-806-6411

Meeting Coordinator: Vacant Position

FSP Houses medium security general population level II inmates. Volunteers can be both male and female. The meeting is a standard format and is run by the inmates. It includes readings, share and discussion. There are 3 meetings on Wednesday nights in which one is a Spanish speaking meeting.

### Folsom Womens Prison (FWF)

Wednesdays 6:30-8:00 PM

Facility Coordinator: Steve 916-806-6411

Meeting Coordinator: Vacant Position

FWF opened January 2013, 806 bed medium and minimum-security facility. Volunteers can be both male and female. The meeting is a standard format and is run by the inmates. It includes readings, share and discussion.

**Note to Volunteers:** An 11-page application is to be filled out and submitted. Listing arrest history is standard procedure. If you have an extensive arrest history, we will ask volunteers to write a reference letter and at times obtain their DOJ to be attached to the application.

**Dress Code:** It is always best to wear black clothing. No blue or green. No denim or blue jeans. We avoid color or clothing worn by inmates. No hats, shorts, sandals, halter tops, tank tops, no logos on shirts. Best not to have any wire in Bra's. No revealing clothing or opened towed shoes. The only items allowed in are your ID and car keys.

### C & S Recovery Center

### California State Prison Sacramento

#### **CSPSac**

Monday B & C yard 5:00-7:00 PM

Tuesday B & C yard 5:00-7:00 PM

Wednesday C & Minimum Yard

Thursday B & C yard 5:00-7:00 PM

Friday B & C yard 5:00-7:00 PM

Saturday B & C yard 5:00-7:00 PM

Sunday B & C yard 5:00-7:00 PM

Facility Coordinator: Lee K (916) 903-3667

Meeting Coordinator: Vacant

This is a level IV maximum security facility. Also housing inmates requiring specialized mental health programming as well as high risk medical concerns. Volunteers can be both male and female. The meeting is a standard format and is run by the inmates. It includes readings, share and discussion. The application and dress code are the same as Folsom Prison.

### Fair Oaks Recovery

Tuesdays 6:30-7:30 PM

Coordinator: Irene M (530) 919-1626

Fair Oaks Recovery is a co-ed facility is a structured treatment facility that doesn't go to outside meetings. The residents are accepted in several ways from a voluntary basis. Private pay and insurance referred. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies. Meeting is standard chairperson and sharing format. There is a one-year clean time requirement for volunteers. Standard H&I dress code. Masks are currently required.

#### **Why Get Involved?**

*Hospitals and Institutions service offers addicts an opportunity to demonstrate gratitude, fulfill responsibility, and share the NA message without expectations. It is also an effective tool that helps us stay clean and keeps us coming back. The H & I message is the same as the NA message: "That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live." The gift we share is hope and freedom from active addiction through the program of Narcotics Anonymous. Any NA member who wants to carry this message is encouraged to get involved with H & I service. There are many ways to serve in Narcotics Anonymous, and many of us have found H & I service to be the most rewarding aspect of our recovery.*



## Purpose of this Guide

This guide provides information on all of the H & I meetings supported by the American River Area of Narcotics Anonymous. You'll find a brief description of each facility we serve and learn when meetings are held, what requirements must be met to enter, and who coordinates each meeting. If you're interested in volunteering, please contact the facility coordinator directly.

## DOs & DON'Ts of H & I Service

### DO

- Emphasize that NA recovery is available to all addicts regardless of drugs used.
- Make directories of outside meetings available to residents.
- Start and end on time!
- Obey the dress code & exercise common sense.
- Adhere to each facility's rules and security regulations.
- Involve residents with the meeting, especially those in long term facilities.

### DON'T

- Emphasize "using days" while sharing an NA message of recovery.
- Use profanity.
- Break another person's anonymity.
- Debate any issues involving facility rules, regulations, or other programs.
- Get involved in discussions on outside issues, including opinions regarding psych

### Akua mind body

Coed facility- Mondays 6:30-7:30pm  
Coordinator: Anastasia (916) 613-3220

Akua mind body is a 35 bed facility that has both detox and residential beds. Clients are admitted on a voluntary only basis. Masks are currently required.

### Heritage Oaks

Tuesdays 7:00-8:00 PM  
Thursdays 7:00-8:00 PM  
Coordinator: Athena T (530) 771-5920

Heritage Oaks is a co-ed lockdown acute psychiatric hospital offering co-occurring psychiatric treatment and chemical dependency treatment. Meeting is standard chairperson and sharing format. There is a one-year clean time requirement for volunteers. Standard H&I dress code.

### Alpha Oaks

Monday 7:00-8:00 PM  
Coordinator: Caroline O (916) 459-8300

Cornerstone is a residential facility for women located in Carmichael. This is a 1-3 month program housing up to 11 women. Cornerstone is a structured treatment facility that doesn't go to outside meetings. The residents are accepted in several ways from a voluntary basis to court ordered. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies. Masks are currently required

### Mather Community Campus

Mondays and Thursdays 7:00-8:00 pm  
Coordinator: Jenna R (916) 879-5927

Mather Community Campus focuses on helping formerly homeless individuals and families rebuild their lives through intensive employment and rapid housing services. The 12-month co-ed program provides transitional housing, case management, employment readiness and life skills workshops, educational and job referrals.

### Center Point

#### Criminal Justice Recovery Facility

Saturdays 7:00 – 8:15 PM  
Coordinator: Rob G (916) 459-7649

Center Point is a 6-month male lock down facility for parolees located in Fair Oaks. Meetings are a standard chairperson sharing format with a 6-month volunteer clean time requirement. Standard H&I dress code applies.

### Cornerstone

Wednesday 7:00-8:00 PM  
Coordinator: April W (916) 342-5539

Cornerstone is a residential facility for women located in Carmichael. This is a 1-3 month program housing up to 11 women. Cornerstone is a structured treatment facility that doesn't go to outside meetings. The residents are accepted in several ways from a voluntary basis to court ordered. The meeting follows a standard chair format with a 6-month

**Our H&I committee meeting is held the third Monday of each month at 7pm on zoom:**

**ID: 5779611818**

**Password: 1953**

## LITERATURE CHAIR

Hi Family,

Here is your literature report:

Total Literature Sales for the Month of February: \$2,903.27

Checks and Money Order: \$2,351.17

Venmo/Credit Card total sales of: \$552.10

Total Literature on Hand (After February Area): \$2,689.54

February Literature Order:

1st Literature Order: \$4,460.90

Discount of \$267.65

Shipping Cost: \$503.19

For a total of: \$4,696.44

Total literature on hand for month of February: \$7,385.98

Jerry and I updated the order form to resemble the updated prices, however they do not have the shipping cost added into. So, we will utilize the forms that we have for now and when those get low, we will update the order forms again to input the shipping cost with the updated prices.

Sorry for the inconvenience.

Thank you for allowing us to be of service,

In Gratitude,

Marquis B. Literature Chair and Jerry M. Literature Vice Chair

## PUBLIC RELATIONS CHAIR

### Subcommittee Highlights

- **The printed schedule, website and NAWS data are current and up to date.**
- **We will be making some changes to our email address list. I will be reaching out to all ASC/Subcommittees with respect to these changes.**
- **We will be going through our guidelines/positions and making adjustments and changes to reflect the current practices of our committee.**
- **Our website has a new events page for local events and we are working on a service calendar also.**

### Other Committee Information

- **We meet on the 3<sup>rd</sup> Thursday of the month at 7:00 PM via Zoom and the meeting information can be found on the service calendar or service page on our website.**
- Any meeting schedule changes can be done at the PR table tonight, on "our" website at [sacramentona.org/changes/](http://sacramentona.org/changes/) or via email to [changes@sacramentona.org](mailto:changes@sacramentona.org). **Do not submit "any" changes at na.org.** Event fliers can be sent to [webservant@sacramentona.org](mailto:webservant@sacramentona.org) for consideration.

- As a reminder, all ASC and Subcommittee members should start using our email addresses and Google Drive for files and archives. If you need assistance, let me know.

### **Service Opportunities**

- Presentations Coordinator
- Schools Coordinator

### **Monthly Finances**

	<i>Expenses</i>	<i>Other</i>	<i>Expenses</i>
Schedules	\$		\$
Phoneline	\$		
	<i>Total</i>		
	\$		

#### **Subcommittee Coordinator Contact Information:**

Vice Chair	Dana H.	279-203-5826	prvicechair@sacramentona.org
Schedule Coordinator	Chris C.	916-333-8703	schedule@sacramentona.org
Helpline Coordinator	vacant		helpline@sacramentona.org
Presentations Coordinator	vacant		presentations@sacramentona.org

**Thank you for letting me be of Service,  
Robert C.,  
Public Relations Chair  
916-821-7002**

[prchair@sacramentona.org](mailto:prchair@sacramentona.org)

## **ACTIVITIES CHAIR**

Hello everyone,

We had our 1st round of elections and we still have several positions available. These positions are:

Recording Secretary  
Co Facilities and Entertainment  
Co Snack Bar  
Co Merchandise and Decorations  
Alt and Co Set Up and Clean up  
Art & Graphics

We also have the Chair and Vice Chair elections are happening the first meeting in April.

We also took a vote to move our meeting to the second Monday of the month at 6:30 PM. Our next meeting is Monday March 13th @ 6:30. Down below is the new Zoom Number. 577 961 1818 password 1953

Also attached is a flyer for GSR's please take news letter flyer and hang it up at each home group. This might help to get the word out about up coming events.

The committee is also asking for 2 budgets to be approved. Pool Party Event and Halloween Event as well.

Next event is sponsorship breakfast on March 25th.

Thank you for allowing me to be of service.

## Monthly Activities Newsletter - March 2023

March 4<sup>th</sup> 11AM

### **CAR (a.k.a. Conference Agenda Report) Workshop**

All members welcome! Your opportunity to submit your vote in preparation for the 2023 World Conference.

Robertson Community Center

3525 Norwood Ave - Sacramento CA

March 25<sup>th</sup> 10AM

### **Sponsorship Appreciation Breakfast**

“The Legacy of Sponsorship”

Tickets \$15

5325 Engle Road - Carmichael CA 95608

June 16<sup>th</sup> –18<sup>th</sup> (opens 8am June 16<sup>th</sup>)

### **33<sup>rd</sup> American River Campout**

“Hope – Service - Unity”

Orchard Springs Resort

19085 Larsen Road - Grass Valley CA

July 15<sup>th</sup> 5:30PM

### **American River Annual Pool Party**

Aquatic Center

7990 Palmerson Dr - Antelope CA 95842

Oct 21<sup>st</sup>

### **Annual Halloween Event**

5325 Engle Road - Carmichael CA 95608

\*Help us to get the word out! Please announce our Area’s upcoming activities in your meeting!

# 2023 Halloween Event Budget

**Proposed Budget: \$3,010**

## Expenses

Line #	Description	2022 Budget	2022 Actual	2023 Purposed
1.0	Facility Rent (7 hours)	\$1,300.00	\$675.00	\$675.00
1.1	Facility Deposit	\$700.00	\$400.00	\$400.00
2.0	Printing Flyers	\$45.00	\$0.00	\$75.00
2.1	Ticket Printing	\$135.00	\$87.26	\$50.00
2.2	Wristbands			\$20.00
3.0	Decorations	\$200.00	\$159.18	\$200.00
4.0	Entertainment	\$600.00	\$0.00	\$600.00
4.1	Halloween Candy	\$70.00	\$64.50	\$70.00
4.2	Prizes / Ribbons	\$50.00	\$25.13	\$50.00
5.0	Snack Bar	\$500.00	\$330.15	\$500.00
5.1	Ice	\$50.00	\$23.94	\$50.00
5.2	Coffee Products	\$50.00	\$50.00	\$100.00
6.0	Insurance	\$40.00	\$0.00	\$40.00
7.0	Event Treas. Expense	\$25.00	\$0.00	\$25.00
7.1	Admin Expenses	\$20.00	\$0.00	\$20.00
7.2	Opening Bank	\$90.00	\$90.00	\$100.00
7.3	Misc. Expenses	\$15.00	\$0.00	\$15.00
7.4	EPD Fees	\$5.00	\$5.75	\$20.00
	Meeting Place Rent	\$50.00	\$0.00	
<b>Expenses Total</b>		<b>\$3,945.00</b>	<b>\$1,910.91</b>	<b>\$3,010.00</b>

## Earned Income

Description	2022 Budget	2022 Actual	2023 Purposed
Pre-Sale Tickets @ \$12	\$1,800.00	\$780.00	\$960.00
Door Entry @ \$15	\$900.00	\$732.00	\$1,125.00
7th Tradition	\$0.00	\$107.00	\$20.00
Donations	\$0.00	\$20.00	\$0.00
Snack Bar	\$750.00	\$660.00	\$750.00
Opening Bank Return	\$90.00	\$90.00	\$100.00
Facility Deposit Return	\$750.00	\$400.00	\$400.00
<b>Actual Earned Income</b>	<b>\$4,290.00</b>	<b>\$2,789.00</b>	<b>\$3,355.00</b>

<b>Halloween Profit (ASC Donation)</b>	<b>\$345.00</b>	<b>\$878.09</b>	<b>\$345.00</b>
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Attendance At Event	2021	2022	2023 Projected
Door	56	61	75
Pre-paid Tickets	134	78	80
Newcomers			

Members at speaker mtg.			
<b>Total Participants</b>	<b>190</b>	<b>139</b>	
Ages 5 and under are Free			

## Pool Party 2023 Budget

Proposed Budget: \$2,740

### Expenses

Line #	Description	2022 Budget	2022 Actual	Proposed 2023
1.0	Facility Rent	\$1,100.00	\$1,020.00	\$1,170.00
1.1	Facility Rent Deposit	\$200.00	\$75.00	\$250.00
2.0	Printing Fliers	\$75.00	\$0.00	\$75.00
2.1	Ticket Printing/ wristbands	\$100.00	\$100.00	\$50.00
2.2	Wristbands			\$20.00
3.0	Decorations	\$300.00	\$27.11	\$200.00
4.0	Entertainment	\$50.00	\$0.00	\$50.00
5.0	Snack Bar	\$450.00	\$377.64	\$450.00
5.1	Ice Cream	\$175.00	\$84.00	\$125.00
5.2	Ice	\$40.00	\$0.00	\$40.00
5.3	Paper Products	\$60.00	\$0.00	\$60.00
6.0	Insurance	\$40.00	\$0.00	\$40.00
7.0	Events Treasurer Expense	\$25.00	\$0.00	\$45.00
7.1	Admin. Expensees	\$20.00	\$0.00	\$20.00
7.2	Opening Bank	\$150.00	\$150.00	\$100.00
7.3	Misc. Expenses	\$25.00	\$0.00	\$25.00
7.4	EPD FEES	\$5.00	\$7.41	\$20.00
<b>Expenses Total</b>		<b>\$2,815.00</b>	<b>\$1,841.16</b>	<b>\$2,740.00</b>

### Earned Income

Description	2022 Budget	2022 Actual	2023 Purposed
Pre-Sale Tickets @ \$12	\$1,200.00	\$1,120.00	\$1,440.00
Door Entry @ \$15	\$900.00	\$648.00	\$1,125.00
7th Tradition	\$20.00	\$103.00	\$20.00
Donations	\$0.00	\$0.00	\$0.00
Snack Bar	\$900.00	\$495.00	\$600.00
Opening Bank Return	\$150.00	\$150.00	\$100.00
Facility Depost Returned	\$75.00	\$75.00	\$250.00
<b>Actual Earned Income</b>	<b>\$3,245.00</b>	<b>\$2,591.00</b>	<b>\$3,535.00</b>

<b>Pool Party Profit (ASC Donation)</b>	<b>\$430.00</b>	<b>\$749.84</b>	<b>\$795.00</b>
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<b>Attendance At Event</b>	<b>2021</b>	<b>2022</b>	<b>2023 Projected</b>
Door Ages 6+	65	54	75
Door Ages 3-5		5	Free
Pre-paid Tickets Age 6+	160	106	120
Pre-paid Tickets Age 3-5		9	Free
Newcomers			
<b>Total Participants</b>	<b>225</b>	<b>174</b>	
	Ages 5 and under are Free		

### **CAMPOUT CHAIR**

I am happy to report all service positions have been filled .  
 We still have camp sites available. and will need volunteers .  
 we have brought flyers for sign up sheet for volunteers for gsr  
 to bring to your groups. we also have chili cook of flyers .  
 registration closes 4/1/23 ty jz

### **SOFTBALL CHAIR**

### **UNITY DAY LIASION**

<b>ARANA ASC Quorum Roll Call</b>						
<b>ADMIN COMMITTEE</b>	<b>NAME</b>	<b>PHONE #</b>	<b>12/22</b>	<b>1/23</b>	<b>2/23</b>	<b>3/23</b>
1. Chairperson	Robert R	916-524-8042				
2. Vice-Chair	Kim	916-519-1476				
3. Secretary	Janeice V	916-821-4531				
4. Treasurer	Hank Z.	650-799-9195				
5. RCM1	Jaine S.	916-817-9144				
6. RCM2	Jim C	916-704-2361				
7. Literature Subcommittee	Marquis B	707-623-8204				
8. Activities Subcommittee Chair	Heather C	530-923-6429				
9. Public Relations Subcommittee	Robert C	916 821-7002				
10. Campout Subcommittee	Jay Z	916-541-0960				
11. Softball Subcommittee	Arty E.	916-203-2252				
12. Events Treasurer	Jennifer L.	916-410-1370				
13. H&I Subcommittee	April	916 342-5539				
14. Asst Secretary	Felicia A	916-297-5236				
15. Alt Treasurer	Athena W	717-609-5246				
16. Alt Events Treasurer	Sonny D	916-807-3675				
17. Literature vice Chair	Jerry M	916-912-0080				
18. Public Relations vice chair	Dana H.	279-203-5826				
19. H&I Vice Chair	Robert G	916-459-7649				
20. Softball vice Chair	Sara K	916-718-1528				
21. Campout vice Chair	Cynthia D	916-952-9960				
22.. Activities vice Chair	Faith A	916-598-1419				
<b>MULTI-MEETING GROUPS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>12/22</b>	<b>1/23</b>	<b>2/23</b>	<b>3/23</b>
20. Leave the Drama at the Door	Tonya C	916-289-7393			x	
22. Broadrick Group	Kelley C	916-290-3869	x	x	x	
104. Davis Group	Amy M	707-316-0709	x	x	x	
47. Without Parallel	Brian S	916-601-1601	x	x	x	
25. North Sac Group	Hanna	707-344-2928	x	x	x	
160. Honesty Openmindedness Willing	Cesar E.	916-281-1140		x		
161. Morning Fix in the 916	Zach J.	209-423-5113	x	x	x	
99. Recovery in Rio Linda	Julio A	916-692-6006	x	x	x	
30. DASP	Karson K	916-241-6810	x		x	
154. No Half Measures	Kelley M	916-547-7523	x	x	x	
71. Mad About Recovery	Travis M.	650-202-0052	x	x	x	
<b>MONDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>12/22</b>	<b>1/23</b>	<b>2/23</b>	<b>3/23</b>
35. Women Helping Women	Nicole M.	512-317-9229	x	x	x	
110. Carmichael Recovery Inclined	Trey B	916-342-5004	x	x	x	
118. Three to Life	Mark G	916-224-6318	x	x	x	



163. Willingness at Noon Time	Dreamer	916-495-5623	x	x	x	
<b>TUESDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>12/22</b>	<b>1/23</b>	<b>2/23</b>	<b>3/23</b>
41. By the Book	Barry W	916 600-1425	x	x	x	
46. Surrender Group	Paul p.	916-662-2932	x	x	x	
72. Back to Basics	Cindy G.	916-752-4520	x		x	
156. One Addict Helping Another	Kristinia J.	530-368-4184	x	x	x	
<b>WEDNESDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>12/22</b>	<b>1/23</b>	<b>2/23</b>	<b>3/23</b>
33. Fahrfromusin	Pink C.	916-291-9093	x		x	
158. We do Recover	Aamina P	916-692-4850	x	x	x	
49. Here, Try This	Alex W	279-758-4381		x	x	
29. Women's Tea House	Lucy F	916-666-5080	x	x	x	
165. Avoiding Addiction	Pamela P	916-662-4850			x	
<b>THURSDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>12/22</b>	<b>1/23</b>	<b>2/23</b>	<b>3/23</b>
45. Rebels With A Cause	Charles M	916-519-2871	x	x	x	
75. New Attitude	Dreamer	916-271-3745	x	x	x	
76. Not High Noon	Glenn	916-467-3290	x	x	x	
<b>FRIDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>12/22</b>	<b>1/23</b>	<b>2/23</b>	<b>3/23</b>
164 Folsom Friendly Fridays	Josh B.	916-472-9019	x	x	x	
98. Recovery in Progress	Stephanie M	916-390-8089	x	x	x	
162. RAW Group of Sacramento	Gregory M	914-299-4123	x		x	
<b>SATURDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>12/22</b>	<b>1/23</b>	<b>2/23</b>	<b>3/23</b>
48. Desire to Stop	Ed M	916-764-1489	x	x	x	
83. Saturday Night Alive	Cory P	916-202-2440	x	x	x	
74. Growth & Change	Dennis M	916-912-7920	x	x	x	
139. Young Pups in Recovery	Miranda A	916-969-4259	x	x	x	
159. Principles before Personalities	Stephen	916-968-1385			x	
82. Being Clean Is Happening	Melinda L	916-410-2201			x	
<b>SUNDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>12/22</b>	<b>1/23</b>	<b>2/23</b>	<b>3/23</b>
61. Have Mercy	Dennis M	916-261-7078	x	x	x	
88. Ashes to Diamonds	Christian J	916-642-6923	x	x	x	
92. Sunday Night Serenity	Jim C	916-809-1785	x	x	x	
69. Journey Within	Matthew B	209-712-5567	x	x	x	
93. Sunday Night in Recovery	Michelle B	916-271-0288	x	x		
<b>GROUPS IN ATTENDANCE</b>			35	33	37	
<b>TOTAL COUNT OF GROUPS</b>			40	40	42	
			<b>12/22</b>	<b>1/23</b>	<b>2/23</b>	<b>3/23</b>
<b>Meetings removed for missing more then two meetings</b>						
130. Steppin-Up	Theresa S.	916-889-5722				
51. Wednesday Night Unity	Julie C.	916-290-3190				
77. Addicts in Action	Jimmy M.	916-712-0300				
155. Women Seeking Serenity	Tonya	916-844-9153				

54. We Believe in You - multi	Taryn	916-969-6039				
60. Text Book Recovery	Lee K.	916-903-3667				
21. Together In Recovery	Allyse B	916-910-3103				
157. Hugs not Drugs	Charlie R	916-519-5809	x			

**Minutes**  
**AMERICAN RIVER AREA SERVICE COMMITTEE**  
**2/3/2023**  
**(FUTURE ASC 02/03, 03/03, 04/07)**

**I. Open**

12 Traditions: Daryl  
 12 Concepts: Dreamer  
 Purpose of ASC: Nichole  
 Decorum Statement:  
 Announcements

**II. Welcome New ASC Participants**

**III. GSR Reports**

**IV. ADMINISTRATIVE REPORTS**

Chair	Rob R	pg.	H&I	April	pg.27
Vice Chair	Kim M	pg. 3	Literature	Marquis B	pg.30
Secretary	Janeice V	pg.	PR	Robert C.	pg.30
Treasurer	Hank Z	pg. 3	Activities	Heather C	pg.31
Events Treasurer	Jennifer L	pg. 19	Campout	Jay Z	pg.31
RCM I	Janie S	pg. 25	Softball	Vacant	pg.
RCM II	Jim	pg. 25	Unity Day	Vacant	pg.

**V. Quorum Call (Roll Call) attached results: of 39**

(Birthday Celebration - during tally of quorum count)

**VI. Approval of Previous Months ASC Minutes (pages) 35**

**VII. Approval of Previous Months Treasurer's Report (pages) 37**

**VIII. Open Forum/Parking Lot**

Teana - Extra funds in ASC Mtg / Dreamer The Graft/ Kelley - Money for zoom/new mtg/ Janie - Flag

**IX. Elections:**

Alt Treasurer - Athena  
 Softball Chair/Vice Chair  
 PR Chair / PR Vice

**FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:**

Softball Chair/Vice Chair – January Literature Chair/Vice Chair – July  
 PR Chair/Vice Chair – February Chair/Vice Chair – July  
 Activities Chair. Vice - Chair April Campout Chair/ Vice Chair – July  
 H&I Chair/Vice Chair –May Treasurer/Alt. Treasurer - December  
 Secretary/Asst. Sec – May Events Treasurer/Alt. Events Treasurer – December RCM I – June –  
 Even years RCM II – June – Odd years

**X. OLD BUSINESS**


**XI. NEW BUSINESS**

<b>201 Sonny B</b>	Sac fellowship wants to ask arac if they will be willing to take care of the treasury for unity day.	
<b>202 Janie S</b>	To approve funding in the amount of \$300 for snack bar food to be at the 2023 CAR workshop. Funds will be temporarily borrowed from our prudent reserve. To supply attendee's with lunch. Tickets will be sold to recover funds.	
<b>203 Teana K</b>	To keep at least 3k in reserve in the asc checking account	
<b>204 Rob R.</b>	To budget \$50 for printing CAR workshop flyers Intent is to advertise the CAR workshop to promote participation.	

## ASC TREASURER

Feb's Treasurer Report for Jan numbers

If you have donations, please feel free to mail them to the PO Box.

ARANA

PO box 417482

5420 Kohler Road

Sacramento, CA 95841

Good Evening.

We deposited \$7,751.80 this month.

Expenses from Jan Area Business was \$10,329.80

We kept 2 months of the budget in Checking.

Amount left in Checking after Prudent Reserve is \$ 0.00

Amount in Savings is:

Ending Ledger balance of .....	\$ 2,607.10
Less Prudent Reserve.....	1,585.00
Less Accumulated Annual Expenses.....	830.53
Less Accumulated Sales Taxes.....	191.57
Excess in Savings above budgeted Amounts.....	\$ 0.00