

Minutes
AMERICAN RIVER AREA SERVICE COMMITTEE
June 5, 2026
(FUTURE ASC 07/03, 08/07)

I. Open

12 Traditions:
 12 Concepts:
 Purpose of ASC:
 Decorum Statement:
 Vision Statement:
 Announcements

II. Welcome New ASC Participants

III. GSR Reports

IV. ADMINISTRATIVE REPORTS

Chair	Teana C	pg. 2	H&I	Athena T	pg. 17
Vice Chair	April W	pg. 3	PR	Seth L	pg. 17
Secretary	Marquis B	pg. 3	Literature	Delita A	pg. 19
Treasurer	Janeice V	pg. 4	Activities	Charles M	pg. 19
Events Treasurer	Jennifer B	pg. 9	Campout	Morgan K	pg. 20
RCM I	Janie S	pg. 15	Softball		pg. 20
RCM II	Jim C.	pg. 15	NCCNA Registration Liaison		pg. 20

V. Quorum Call (Roll Call) attached results: of 43
 (Birthday Celebration - during tally of quorum count)

VI. Approval of Previous Months ASC Minutes (pages)

VII. Approval of Previous Months Treasurer’s Report (pages)

VIII. Open Forum/Parking Lot

IX. Elections:

PR Vice Chair
 Softball Chair/Vice Chair
 RCM I

FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:

Softball Chair/Vice Chair – January	Literature Chair/Vice Chair – July
PR Chair/Vice Chair – February	Chair/Vice Chair – July
Activities Chair. Vice - Chair April	Campout Chair/ Vice Chair – July
H&I Chair/Vice Chair –May	Treasurer/Alt. Treasurer - December
Secretary/Asst. Sec – May	Events Treasurer/Alt. Events Treasurer – December
RCM I – June – Even years	RCM II – June – Odd years

X. OLD BUSINESS

501	Motion: Approval of Basic Insurance plan of 2205.00 Annual Fees & \$758 Annual Policy for directors & officers rider to personally cover the 4 named signatories for the area renewal is on May 15 Intent: To Provide Insurance for our Meetings & Area events	Pass
502	Motion: To change guidelines as follows: Page 1 Section III Subsection E Admin members who drive over 75 miles in the performance of their duties to the fellowship may be reimbursed for mileage at the rate of 72.5 Intent: to increase mileage from .35 to 72.5 cents	Tabled
503	Motion: to pass new years budget Intent: to throw are event for our area	Pass

XI. NEW BUSINESS

ASC CHAIR

Good evening,

Thank you all for your participation in last month's breakout session. The responses have been summarized and shared with the appropriate subcommittees. Below is the summary related to how we manage NA funds responsibly:

- We are managing funds as responsibly as we can with the contributions currently being received.

- The Area should address the lack of donations with each group individually, as some groups are contributing and others are not.
- Some groups are struggling just to cover their own basic expenses and are asking: “If our group is barely making it on its own, how can we survive and still contribute?”
- The Area is using its limited funds responsibly, but low funds remain a challenge. The core question is whether individual members are doing the best they can so that groups are able to donate to the Area.

We have also signed a new agreement with the Church, and our rent will be increasing from \$30 to \$50 per month. You will see this increase reflected in the 2027 budget.

Campout is coming up in 2 weeks - can't wait to see everyone there.

As a reminder, literature is to be picked up after the closing prayer. Leaving early limits our ability to be productive and to work in the spirit of unity.

Thanks for letting be of service

Teana

ASC VICE CHAIR

Good evening family,

I attended activities and pr this month and planning for our events our coming events are well underway. Tonight I want to show everyone where the documents are located on our share drive to make requesting insurance easier. For meeting insurance I will need the legal name of your facility if they want to be listed as an additional insured. For events there are several things I need to know. Please have the information ready when you call. This insurance process is new and will be a bit clunky for a while so please bear with me while we dial it in. Feel free to make suggestions. If possible they will be implemented.

Thank you for letting me be of service,
April W

ASC SECRETARY

Good Evening,

Thank you to everyone that sent in reports in a timely manner. If you are a new GSR or New Alternate GSR please come and sign the sign in sheet, we will have it updated for the next area. Also want to inform you that Kyle is getting acclimated to his new position and has been shadowing me throughout this process.

Thank you for allowing us to be of service
Marquis and Kyle

ASC TREASURER

If you have donations, please feel free to mail them to the PO Box.

ARANA

PO box 417482

5420 Kohler Road

Sacramento, CA 95841

Good Evening.

We deposited \$4,428.76 this month.

Expenses from April Area Business was \$4,873.52.

Donation to NCRSC was \$135.00

We kept 2 months of the budget in Checking and a balance of \$2000.00 for WSLD reserve.

The amount left in Checking after the Prudent Reserve is \$-1,386.71.

Amount in Savings is:

Ending Ledger balance of	\$4,473.12
Less Prudent Reserve.....	\$2023.00
Less Accumulated Annual Expenses.....	\$2429.02
Less Accumulated Sales Taxes.....	\$199.18
Excess in Savings above budgeted Amounts.....	\$ -353.21

We will be putting in a motion to pass a budget for July to December. You can find it in our report on the following pages.

Lastly, you can find more about this position's duties along with others in the DOCS tab on the sacramentona.org website. Go to the "Guide to Local Service" document to find out more.

Thanks for letting us be of service.

Janeice V & Shaggy

Treasurer's Report

DATE	ACTIVITY	Totals	
6/1/2026	BEGINNING BALANCE	\$ 5,104.05	\$ 5,104.05
	PayPal Area Donations	\$ 718.27	\$ 718.27
	Square Literature sales	\$ 188.73	\$ 188.73
	Literature Sales	\$ 2,286.78	\$ 2,286.78
	Area Donations	\$ 1,182.98	\$ 1,182.98
	H&I Donation	\$ -	\$ -
	7th Tradition (includes paypal transfer)	\$ 52.00	\$ 52.00
	Transfer from Savings to cover storage	\$ -	\$ -
	Transfer from Events (Sponsorship)	\$ -	\$ -
	Transfer from Events (Softball)	\$ -	\$ -
	Transfer from Events (Tax Softball)	\$ -	\$ -
	Transfer Excess	\$ -	\$ -
	Total Deposits/Transfers	\$ 4,428.76	
	Total before Expenses	\$ 9,532.81	
	TRF To Cover Annual Expences	\$ (400.00)	\$ (400.00)
	TRF Accumilated Sales Tax-Event	\$ -	\$ -
	TRF Accumilated Sales Tax-	\$ (199.18)	\$ (199.18)
	TRF Go Daddy	\$ (239.98)	\$ (239.98)
	EFT Non Profit Insurance	\$ (385.90)	\$ (385.90)
	TRF Overdraft Fee - go daddy	\$ (35.00)	\$ (35.00)
	2430 Robert Calvo - PR Schedules & BS Cards	\$ (543.65)	\$ (543.65)
	2431 Janeice V - Agenda's	\$ (159.04)	\$ (159.04)
	2432 April W - Zoom	\$ (16.99)	\$ (16.99)
	2433 ARANA - H& I Lit	\$ (749.10)	\$ (749.10)
	2434 Kevin L - H&I Admin	\$ (32.30)	\$ (32.30)
	2435 Athena T - H& I Admin	\$ (63.92)	\$ (63.92)
	2436 ARANA H& I Admin	\$ (27.79)	\$ (27.79)
	2437 DOJ	\$ (50.00)	\$ (50.00)
	2438 NCRSO	\$ (1,835.67)	\$ (1,835.67)
	2439 NCRSC	\$ (135.00)	\$ (135.00)
	Total Transfers/Payments	\$ (4,873.52)	
	ENDING BALANCE	\$ 4,659.29	\$ 4,659.29
	Prudent Reserve - 2 mos.operating expense \$2023.00	\$ (4,046.00)	\$ (4,046.00)
	WSLD for PR and H&I Chairs	\$ (2,000.00)	\$ (2,000.00)
	Surplus/(Defect) from prudent reserve	\$ (1,386.71)	\$ (1,386.71)
	Savings Account Beginning Ledger Balance	\$3,873.94	\$3,873.94
	Interest Credit	\$0.00	\$0.00
	Transfer To Cover Annual Expenses May	\$400.00	\$400.00
	Transfer Accumulated sales tax for May	\$ 199.18	\$199.18
		\$ -	\$0.00
	Balance after incoming transfers	\$4,473.12	
	Transfer To cover Annual Expenses for storage (Qtrly)	\$ -	\$ -
	EFT To Cover Sales Tax Payment Due	\$ -	\$ -
	Transfer Excess in Savings	\$ -	\$ -
	Less Total Transfers out of Savings	\$ -	
	Ending Ledger Balance	\$4,473.12	\$4,473.12
	Prudent Reserve \$2023.00	\$ (2,023.00)	
	Total in Savings	\$2,450.12	
	Less Accumulated Annual Expenses	(\$2,429.02)	
	Less Accumulated sales taxes	\$ (374.31)	
	Excess Savings Account	\$ (353.21)	

1 Balance shown on statement
2 Deposits not shown

6/11/2026

\$10,536.35

Transfer	From Events			
Transfer	From Saving to cover expenses paid			\$ -
Transfer	From Saving - Excess			\$ -
	subtotal			\$ -
				\$10,536.35

11 Checks outstanding

CK #	Name	Amount	
2546	Dana H. Schedules	\$ 230.48	\$ 230.48
2578	Rob T - Literature Forms	\$ 77.21	\$ 77.21
2345	NCRSCO	\$ 2,073.73	\$ 2,073.73
2390	Steven O - Batteries Admin	\$ 7.09	\$ 7.09
2400	Arana H&I Literature	\$ 701.40	\$ 701.40
2429	NCRSC	\$ 135.00	\$ 135.00
2434	Kevin L - H&I Admin	\$ 32.30	\$ 32.30
2437	DOJ	\$ 50.00	\$ 50.00
2438	NCRSCO	\$ 1,835.67	\$ 1,835.67
2439	NCRSC	\$ 135.00	\$ 135.00
TRF	Accumulated Sales Tax	\$ 199.18	\$ 199.18
TRF	Annual Expenses	\$ 400.00	\$ 400.00
TRF	To Savings Sales Tax events	\$ -	\$ -
			\$ 5,877.06

40 Total Uncleared Checks

41 Adjusted Ending Bank Balance (Ledger balance)

\$4,659.29

Ending Ledger Balance

\$ 4,659.29

\$0.00

Savings Account Bank Reconciliation

Statement Balance

06/01/26

\$3,873.94

Additions to Account	Transfer	\$ 400.00	
		\$199.18	
		\$0.00	
		\$0.00	
			\$4,473.12

Subtractions from account

\$0.00

Uncleared Transactions		\$0.00
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\$4,473.12

asc ledger
Savings Ledger ending balance

\$4,473.12

Adjusted Balance

Bank Ending Balance

\$4,473.12

Difference

\$0.00

	Approved	Admin	ASC Rent	H&I Admin.	H&I Lit	Lit Admin.	PR-sch	Accum Annual Exp	Insurance	Totals BY Month	Regional Donations
1	Budget per mo.	\$200.00	\$35.00	\$50.00	\$750.00	\$35.00	\$350.00	\$400.00	\$203.00	\$2,023.00	
2		\$225.72	\$0.00	\$0.00	\$1,390.06	\$103.44	\$187.78	\$400.00	\$203.20	\$2,510.20	\$ 135.00
3	Jan	\$184.24	\$0.00	\$111.98	\$747.60	\$0.00	\$154.73	\$400.00	\$203.20	\$1,801.75	\$ 135.00
4	Feb	\$185.15	\$0.00	\$16.99	\$742.66	\$0.00	\$240.92	\$400.00	\$203.20	\$1,788.92	\$ 135.00
5	Mar	\$159.04	\$210.00	\$16.99	\$746.76	\$0.00	\$187.70	\$400.00	\$0.00	\$1,720.49	\$ 135.00
6	Apr	\$159.04	\$0.00	\$141.00	\$749.10	\$0.00	\$543.65	\$400.00	\$385.90	\$2,378.69	\$ 135.00
7	May	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
8	Jun	\$913.19	\$210.00	\$286.96	\$4,376.18	\$103.44	\$1,314.78	\$2,000.00	\$995.50	\$9,204.55	\$675.00
9	Total Expense										
10											
11	Budget x 6 mo.	\$1,200.00	\$210.00	\$300.00	\$4,500.00	\$210.00	\$2,100.00	\$2,400.00	\$1,218.00	\$10,920.00	
12	Difference	\$286.81	\$0.00	\$13.04	\$123.82	\$106.56	\$785.22	\$400.00	\$222.50	\$1,715.45	(\$669.00)
13	Average	\$152.20	\$35.00	\$47.83	\$729.36	\$17.24	\$219.13	\$333.33	\$165.92	\$1,534.09	\$112.50
14	Months To Aver	6	6	6	6	6	6	6	6	6	6
15	INCOME	7th Trad	Group Don.	H&I Don	Events Transfers	PR	Accum Sales Tax	Annual Exp Paid	Totals BY Month	Income less Events & Annual Exp	
16	Jan	\$33.50	\$1,294.90	\$0.00	\$0.00	\$0.00	\$184.05	\$485.00	\$1,997.45	\$1,997.45	
17	Feb	\$322.32	\$1,303.29	\$25.00	\$0.00	\$0.00	\$225.97	\$0.00	\$1,876.58	\$1,876.58	
18	Mar	\$84.00	\$1,157.37	\$0.00	\$0.00	\$0.00	\$178.86	\$0.00	\$1,420.23	\$1,420.23	
19	Apr	\$28.00	\$1,186.93	\$0.00	\$1,907.56	\$0.00	\$175.13	\$1,464.00	\$4,761.62	\$2,854.06	
20	May	\$52.00	\$1,182.98	\$0.00	\$0.00	\$0.00	\$199.18	\$50.00	\$1,484.16	\$1,484.16	
21	June	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
22	Total Income	\$519.82	\$6,125.47	\$25.00	\$1,907.56	\$0.00	\$963.19	\$1,999.00	\$11,540.04	\$9,632.48	
23											
24	Average	\$1,039.64	\$12,250.94	\$4.17	\$3,815.12	\$0.00	\$1,926.38	\$3,998.00	\$23,080.08	\$1,605.41	
25	Months to Avera	6	6	6	6	6	6	6	6	6	6

Approved Jan - Jun 2026 Budget											
	Admin	ASC Rent	H&I Admin.	H&I	Lit Admin	PR	Annual Expenses	Insurance	Total		
Approved	\$200.00	\$35.00	\$50.00	\$750.00	\$35.00	\$350.00	\$400.00	\$203.00	\$2,023.00		
6 month total	\$ 1,200.00	\$ 210.00	\$ 300.00	\$ 4,500.00	\$ 210.00	\$ 2,100.00	\$ 2,400.00	\$ 1,218.00	\$ 10,920.00		

Proposed Jul - Dec 2026 Budget											
	Admin	ASC Rent	H&I Admin.	H&I	Lit Admin	PR	Annual Expenses	Insurance	Total	2 Month's Expenses	
Approved	\$200.00	\$35.00	\$60.00	\$750.00	\$35.00	\$350.00	\$425.00	\$310.00	\$2,165.00	\$4,330.00	
6 month total	\$ 1,200.00	\$ 210.00	\$ 360.00	\$ 4,500.00	\$ 210.00	\$ 2,100.00	\$ 2,550.00	\$ 1,860.00	\$ 12,990.00		

2026 Annual Expenses							
	Month	Storage-Due Quarterly 2026	ASC PO Box Due Oct. Oct 2026	Charitable Trusts - Due With Taxes - Around	Tax Preparation Paperwork Due to CPA by May	Excess Annual Expense	Total Annual Expenses
Beginning Balance	Jan 01	(\$159.00)	\$555.64	\$74.50	\$1,719.12	\$113.76	\$2,304.02
		\$ -			\$ (1,000.00)		\$ (1,000.00)
Annual Expense	January	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
Annual Expense	February	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
Annual Expense	March	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
		\$ (875.00)					\$ (875.00)
Annual Expense	April	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
Annual Exp. Accum	May	\$ 275.00	\$ 23.42	\$ 4.17	\$ 95.42	\$ 2.00	\$ 400.00
Annual Expense	June						\$ -
							\$ -
Annual Expense	July						\$ -
Annual Expense	August						\$ -
Annual Expense	September						\$ -
	September						\$ -
Annual Expense	October						\$ -
	October						\$ -
Annual Expense	November						\$ -
Annual Expense	December						\$ -
	December						\$ -
Total Annual Expenses for 2026		\$ 341.00	\$ 672.72	\$ 95.33	\$ 1,196.20	\$ 123.76	\$2,429.02

Annual Exp \$ 2,429.02

1st quarter Sales Taxes				
Month	Sales	Nontaxable Sales	Taxable Income	Taxes
Jan	\$ 2,287.50		\$ 2,103.45	\$ 184.05
Feb	\$ 2,808.53		\$ 2,582.56	\$ 225.97
Mar	\$ 2,229.35		\$ 2,049.98	\$ 179.37
Event Pool Party				\$ -
Event				\$ -
Event				\$ -
Event				\$ -
Totals	\$ 7,325.38	\$ -	\$ 6,735.99	\$ 589.40

Qtrly Taxes \$ 374.31

Total Saving: \$ 2,803.33

Prudent Res \$ 2,023.00

Savings \$ 4,826.33

2nd quarter Sales Taxes				
Month	Sales	Nontaxable Sales	Less Taxes Taxable	Taxes
Apr	\$ 2,176.61		\$ 2,001.48	\$ 175.13
May	\$ 2,475.51		\$ 2,276.33	\$ 199.18
Jun				\$ -
Event				\$ -
Event				\$ -
Event				\$ -
Event				\$ -
Totals	\$ 4,652.12	\$ -	\$ 4,277.81	\$ 374.31

EVENTS TREASURER

Good evening,

I attended the Activities, Campout, and Admin subcommittees last month as well as the Recovery in the Park event. The Recovery in the Park event did not generate an ASC donation. There was a loss of \$180.33. Final budget attached. The checking and savings accounts have been reconciled with a \$0 variance.

Thank you for allowing me to be of service.

Jennifer B.

**Bank Reconciliation
Month Ended May 2026**

EVENTS CHECKING	
Particulars	Amount
Balance as per bank statement	\$ 13,711.64
Add: Deposits not credited	
Total deposits not credited:	\$ -
Add: Returned Items	
Total returned items:	\$ -
Less: Outstanding checks/transfers	
No. 9999	\$ 3,500.00
No. 2303	\$ 18.77
Total outstanding checks:	\$ 3,518.77
Less: Bank Error	
Total bank error:	\$ -
Adjusted balance per bank statement:	\$ 10,192.87
Balance as per ledger:	\$ 10,192.87
Difference:	\$ -

EVENTS SAVINGS	
Particulars	Amount
Balance as per bank statement	\$ 12,215.26
Add: Deposits not credited	
Total deposits not credited:	\$ -
Less: Outstanding withdrawals	
No.	\$ -
Total outstanding withdrawals:	\$ -
Adjusted balance per bank statement:	\$ 12,215.26
Balance as per ledger:	\$ 12,215.26
Difference:	\$ -

May 2026 Event

Budget: \$1,500

FINAL

Expenses

Line #	Description	Amount
1.0	Rent	\$185.00
2.0	Flyers	\$70.03
3.0	Snack bar	\$394.68
4.0	Games/Activities	\$81.83
5.0	Opening Bank	\$100.00
6.0	Square Fees	\$5.84
Expenses Total		\$837.38

Earned Income

Description	Amount
Snack Bar	\$447.00
7th Tradition	\$110.05
Opening Bank	\$100.00
Actual Earned Income	\$657.05

Earnings (ASC Donation)	-\$180.33
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P.O. Box 1200
Suisun City, CA 94585-1200

Account Statement

If you have any questions
about your account, please call:

800-848-1088
CUSTOMER SERVICE

ACCOUNT NUMBER

[REDACTED]

STATEMENT DATE 05/29/26 CYCLE 31

ITEMS ENCLOSED 0 PAGE 1

YEAR-TO-DATE INTEREST

AMERICAN RIVER AREA NARCOTICS ANONYM
(EVENTS ACCOUNT)
PO BOX 417482
SACRAMENTO CA 95841

REVIOUS BALANCE	HE KS AND W NUMBER	HDRA ALS AMOUNT	DE OS S AND NUMBER	REDITS AMOUNT	INTERES MINUS CHARGES	NE BA AN E
12,137.01	5	897.49	8	2,472.12	.00	13,711.64

ACCOUNT ACTIVITY

BALANCE SUMMARY

BUSINESS REGULAR CHECKING

DATE BALANCE

29 DAYS THIS CYCLE

DATE	DESCRIPTION	DEPOSITS AMOUNT	PREVIOUS BALANCE
04/30			12,137.01
05/18	SQUARE INC - SQ260518	149.16	05/18 11,891.49
05/19	BRANCH DEPOSIT	1,700.00	05/19 13,892.59
05/19	BRANCH DEPOSIT	342.00	05/20 13,822.06
05/19	BRANCH DEPOSIT	100.00	05/21 13,602.03
05/19	BRANCH DEPOSIT	60.05	05/27 13,711.64
05/20	SQUARE INC - SQ260520	11.30	
05/27	STARCONNECTPLUS WEB TRNSFR	86.70	NEW BALANCE
05/27	WEB TRANSFER FROM DD# [REDACTED]		05/29 13,711.64
05/27	SQUARE INC - SQ260527	22.91	

CHECKS

ITEM	DATE	AMOUNT	ITEM	DATE	AMOUNT
2304	05/21	220.03	2307	05/19	100.00
2305	05/18	394.68	2308	05/19	100.95
2306	05/20	81.83			

ENJOY THE CONVENIENCE OF MOBILE CHECK DEPOSIT
WITH THE WESTAMERICA MOBILE BANKING APP.
DOWNLOAD THE APP TO YOUR MOBILE DEVICE TODAY!

RCMI & II

NAWS (NARCOTICS ANONYMOUS WORLD SERVICE) NEWS

Website: www.na.org

- 1) **NAWS SURVEYS** - There are new surveys that will be posted as a result of the World Service Conference (WSC). Be sure to check it periodically, and provide your input.
Website: <https://na.org/naws-projects-and-surveys/>
- 2) **CAR WORKSHOP VOTE COUNTS** - We have an error to correct. There were actually 396 total votes cast, not the 192 we reported. Still not impressive, but a little better. The adjusted numbers did not change the outcomes for the votes, and our Regional Delegate voted accordingly.

REGIONAL SERVICE COMMITTEE (RSC) NEWS

Website: www.norcalna.org

- 3) **NCCNA (NORTHERN CALIFORNIA CONVENTION NARCOTICS ANONYMOUS) 48 REGISTRATION SUB-COMMITTEE** - The Multi Area (*American River Area & Marin Area*) Registration Sub-Committee's next meeting is HYBRID and is set for Sat. June 6th at 11:00a.m. - 1:00p.m. The meeting reoccurs every first Saturday of the month unless otherwise specified. The Registration Sub-committee members will be meeting in-person in Vacaville at Round Table Pizza at 140 Browns Valley Pkwy, Vacaville CA 95688; and also virtually with the Meeting ID: 577 961 1818 PW: 1953
- 4) **NCCNA 48 BUDGET** - We reviewed the budget for NCCNA 48. The committee stayed as true as possible to the numbers for NCCNA 47.
Expenses \$372,150.00
Income \$374,840.00
Net income \$2690.00
- 5) **NCCNA SURVEY** - Has everyone taken the NCCNA 47 survey? NCCNA has created a survey for all those that attended the convention this year in April. Please take a few minutes to complete, and provide them with the tools to plan ahead. Click here for the [Survey link](#)
Or use the following URL:
https://docs.google.com/forms/d/e/1FAIpQLSehZXCgGYDbU0_7R_YoKO8uUHg6h3REGKoKrCxCycRe6qTx5A/viewform
- 6) **WESTERN SERVICE LEARNING DAYS (WSLD XL) 2026** - Western Service Learning Days (WSLD) is an annual conference that focuses on Narcotics Anonymous services in Public Information (PI)/Public Relations (PR), Phonelines, Web Pages, Outreach, and Hospitals and Institutions (H&I). WLSL XL is happening in Burbank, CA from October 16-18. Information can be found at the link below-everyone is welcome to attend; in addition, ARANA sends a representative from H&I and PR.
Link to the Website: [Western Service Learning Days – A Narcotics Anonymous Service Conference](#) Website: www.wsld.org/
- 7) **PR / H&I REGIONAL SHARING FORUM** - The next H&I/PR Sharing Forum is on Sat. July 25th from 10:00 a.m. to 2:00 p.m. The meeting virtually and reoccurs on the 4th Saturday of every odd month unless otherwise specified.
MEETING ID: 917-628-744, PW: 006363. Everyone is welcome.
- 8) **H&I - GOALS FOR 2026**
 1. Compile and share detailed facility clearance requirements for local jails and prisons.
 2. Restart outreach to Sponsorship-behind-the-walls coordinators across the region.
- 9) **HISTORY & ARCHIVES COMMITTEE (H&A)** - Last month, we reported on the History and Archive Committee request of asking the Area's within the Northern California Region if we are interested in an elected position on their committee, "Area Liaison". What did you find out when you discussed this with your group? Is there any interest in creating a liaison position for the American River Area?
- 10) **FINANCIAL STUFF for MAR 2026** - In April, we took in \$3789.54 and had expenses of \$8381.32. Per guidelines, when expenses exceed income, we transfer the difference from our prudent reserve. We also make a minimum donation to NAWS of \$100. In this case, we moved a total of \$4691.78 to cover those costs.
American River RSC Donation = \$135
American River RSC Donations for the year 2025-2026 = \$7488
- 11) **REGIONAL INSURANCE:**
 - 1) Insurance Costs: June 2026 - June 2027 Insurance policy renewal is going to be \$43,199.00. Our previous policy cost was \$39,556.94; therefore, the net increase is \$3642.06 or 9.21%.
 - 2) USPS Rate Hike: An 8% shipping rate increase occurred on April 26, 2026.

- 12) RSC INVENTORY** - We took our Regional inventory this month during the RSC meeting. Two of the questions that were very thought provoking were:
- A) What function(s) do our Area's need help with today?
 - B) What do Area's/GSR's want included in Regional Reports?
 - C) In addition, some of the ideas brought up were: evaluating current expenses, changing the NCCNA convection to an every other year cycle-instead consider bi-annual Service/Learning day Regional event.
- 13) RSC MOTIONS** - We passed several guideline changes/updates. Among them was a motion to set the mileage reimbursement at .45 cents a mile.

14) RSO SALES NUMBERS

2026	Feb	Mar	Apr
Gift Items 112:	\$10,979.29	\$12,452.60	\$26,538.39
Literature 114:	\$66,242.31	\$29,005.31	\$39,293.90
Total:	\$77,221.60	\$41,457.91	\$65,832.29
2025	\$50,528.96	\$46,401.90	\$76,281.72

15) AREA ACTIVITIES THROUGHOUT THE REGION

- San Jose Learning Day, Saturday June 6, 2026, 16548 Ferris Ave, Los Gatos
- 4th of July Celebration of Freedom, July 4th, 21661 Shillingsburg Ave, San Jose
- 1st Annual Greater San Jose Unity Campout, July 10th, Lake Camanche, 2000 Camanche Rd, Ione
- 2026 Mens Single Problem Study Group Mens Breakfast, Saturday July 18th, 2026
- Mission Peak, Serenity Under the Stars Women's Campout, August 6 -9th, Pioneer Trails Campground, Pinecrest CA
- Contra Costa Carry on for John Men's Breakfast, November 7. 2026, 4800 Golf Course Road

16) OPEN FORUM TOPICS DISCUSSED:

NO RCM Initiated Open Forum Topics due to Inventory

- Straw Poll vote - **passed** by simple majority during Agenda Review & Edits

FST Initiated:

- Webinar on MAT/DRT Confirmed date June 6, 2026
 - Straw Poll for vote of confidence for PR Subcommittee to move forward - **passed**
 - In Favor = 24
 - Opposed = 1
 - Abstentions = 4
- Learning Day (**Tabled**)
- Travel Request (**Tabled**)

17) ITEMS TO REPORT TO YOUR GROUPS

The Regional Service Committee (RSC) meets monthly on the 2nd Saturday of the month starting at noon. The meeting is hybrid. The meeting location for in-person attendance is at the Northern California Regional Service Office, 1820 Walters Ct., Fairfield, CA 94533. If attending virtual, the Meeting ID: 821 4507 9115 PW: recovery

- ➔ Share that the RSC will also be holding elections on Sat. June 13th at 3:00p.m. for all FST (Fellowship Services Team) positions. If you or someone you know is looking to step into service, we are actively seeking trusted servants including but not limited to:
 - Assistant Treasurer
 - Regional Resource Coordinator
 - Alternate Delegate
 - Public Relations (PR)
 - Open Board Positions

Please use this link [Regional Service Opportunities](https://norcalna.org/service-opportunities/) or use this URL: <https://norcalna.org/service-opportunities/> for more details.

- ➔ Share that the Multi Area (*American River Area & Marin Area*) Registration Sub-Committee's next meeting is HYBRID and is set for Sat. June 6th at 11:00a.m. - 1:00p.m. The meeting reoccurs every first Saturday of the month unless otherwise specified. The Registration Sub-committee members will be meeting in-person in Vacaville at Round Table Pizza at 140 Browns Valley Pkwy, Vacaville CA 95688; and also virtually with the Meeting ID: 577 961 1818 PW: 1953

H&I

AVAILABLE POSITIONS

Fair Oaks Recovery, co-ed facility located in Arden-Arcade. Standard chair format. Needs 4th Thursday secretary 6:30-7:30pm. (6 months clean, 6 month commitment)
Coordinator: Stephanie G (279) 220-6500

Gramercy Court, a co-ed facility located in Arden. Standard chair format. Needs 4th Thursday secretary 7-8pm. (6 months clean, 6 month commitment)
Coordinator: Billy G (530) 270-2780

* **NEW** * Foundation living in Orangevale is a mens facility, however, secretary & chair can be co-ed. Standard chair format. Needs ALL positions filled for Tuesdays 6:30-7:30 pm. (6 months clean, 6 month commitment)
Coordinator: (temp) Danielle C. (916) 770-1871

For Sponsorship Behind the Walls (SBTW), we need some folks that can speak, write, read, & comprehend Spanish to do steps with the Spanish speaking community behind the walls. For more information about this or SBTW in general please reach out to Kevin W at sponsorshipbtw@sacramentona.org or (916) 532-7851

If you are interested in being of service to Folsom Prison, please contact Steve L at slint@att.net or (916) 806-6400.

We joined PR at Recovery in the Park and the event went well. We look forward to working alongside PR and attending many more events. PR will be coming to our business meeting to do PR training. Our Vice Chair Danielle will be attending WSLD this year.

This month we ordered a case of stepworking guides for Folsom Prison. We ordered 6 JFT, 6 Living Clean, 3 sets of Group readings, 10 It Works, & 5 Basic Text to replenish our stock.

If you are interested in H&I, please speak with me or join us at our business meeting! Our business meeting is held on the 3rd Monday of every month at 7pm over zoom. All are welcome & encouraged to join.

ID: 5779611818

Password: 1953

If you have any further questions, please reach out to Chair Athena T. 530-771-5920 or Vice Chair Danielle C. (916) 770-1871

PUBLIC RELATIONS CHAIR

Hey everyone,

The Public Relations Subcommittee continues working to ensure that Narcotics Anonymous remains visible and accessible to the addict seeking recovery throughout the greater Sacramento area.

This Month's Accomplishments

- Held a **Train the Trainers** workshop to strengthen our ability to carry the message and prepare trusted servants for future PR efforts.
- Continued discussions regarding PR priorities and identified areas requiring updates and improvements.
- Met with the **Street Overdose Response Team (SORT)** and provided schedules, informational pamphlets, and a presentation on Narcotics Anonymous and the services we offer.

- Began discussions with SACFNA regarding the possibility of promoting a shared **1-800 helpline number** for the greater Sacramento area. The goal is to provide addicts seeking recovery with one clear and consistent point of contact. This topic will be brought to the area body as a parking lot item for future consensus.
- Printed and distributed updated meeting schedules.
- Updated and maintained the American River Area website.
- Added a new section to the website allowing meetings to submit flyers for posting. All submissions will continue to follow the established approval process before publication.

Helpline Activity:

- Monthly helpline cost: **\$11.07**
- Volunteer lookup calls: **15**
- Unanswered: **7**
- Meeting lookup calls: **32**
- Meeting lookup text inquiries: **14**

Website Activity

- **8,109 distinct visitors** accessed our website during the last 30 days.

These numbers demonstrate that addicts, family members, professionals, and community members continue to rely on our online resources and helpline to connect with Narcotics Anonymous.

Expenses:

- Helpline: \$11.07
- Schedules: \$182.70
- I.P's: \$65.96

Service Opportunities

The PR Subcommittee currently has several trusted servant positions available for election:

- Vice Chair
- Outreach Coordinator
- Recording Secretary
- Helpline Coordinator

If you have a passion for carrying the message and helping ensure that addicts can find Narcotics Anonymous, please consider joining us. PR meets virtually on the **third Wednesday of each month**. All are welcome.

PR Week

This week is Public Relations Week. Public Relations is often one of the first points of contact between Narcotics Anonymous and the addict who still suffers. Every schedule placed, every phone call answered, every website update, every presentation, and every community relationship helps ensure that when someone reaches out for help, NA is there. Many of us found Narcotics Anonymous because someone before us was willing to be of service. Today we have the opportunity to do the same for the next addict. The work we do in Public Relations isn't about promoting ourselves—it's about making recovery visible and available to anyone seeking freedom from active addiction.

Thank you to everyone who continues to serve and help carry our message of hope.

In Loving Service,

Seth L

PR Chairperson

American River Area Narcotics Anonymous

LITERATURE CHAIR

Greetings awesome service members and yep it's getting warm out there,

We ordered this month with the continued new pricing in mind. We ordered according to what was needed stocking up on and almost half of our order is H&I submitted needs So, FYI!! We did order some group readings this month and please let us know if we need to order more. We have pocket size just for today's and maybe you can gift them to a newcomer or a sponsee? I need some clarity regarding the H&I ordering protocol. This ordering has significantly changed in the last few years (my assumption), but wanted to know what we are doing to review the ordering of essential literature and if there is a cap on the budget for the H&I line item. Last month we collected \$2286.78 in Checks and Money orders, 194.39 through credit cards.

Total Credit Vouchers Redeemed \$6.44. Credit Vouchers Given 2.85

Our total income was \$2481.17

On 5/22/26 we placed an order with the RSO for the amount of \$ 1817.85

We received a total volume discount of \$118.16 which brought the total down to \$ 1699.69

Total Shipping was \$135.98 which brought the total cost for literature up to \$ 1835.67

In addition to this order, we had to place a supplemental order for the just for today soft cover books. It appears the ones we had are misplaced and we hope to find them and that no one has come into my garage. Eek, that is scary!! I can't imagine that happened, but we shall see. We had done a book count prior to ordering and thought we had enough to not need to order those in particular. I hope as I am reporting that we received the additional order and/or we found the misplaced books. My humble apologies for now. I will report back if they are not found and let the ASC know what the loss is monetarily.

Thank you for allowing us to be of service!!

Continued gratitude in service.

Delita A and Kathleen C

ACTIVITIES CHAIR

Good Evening Everyone,

Recovery in the Park was a great success. We were fortunate to have two outstanding speakers, and the fellowship was warm, uplifting, and well attended. Thank you to all who attended and were of service.

Our Next Events:

Pool Party - July 18th

Movie Night - (TBH October)

New Year's Eve Dance - (TBH December 31)

We are looking forward to our upcoming Pool Party and hope everyone can join us for an afternoon of fun and fellowship. The flyers will be distributed tonight and you can buy your tickets with the QR code.

Our meetings are held on Zoom, the second Monday of the month. Our next meeting will be held Monday 6/8/2026 at 6:30

5779611818 Password 1953.

We hope to see y'all there.

Thank you for allowing us to be of service Charles and Summer

CAMPOUT CHAIR

Good evening family,

We are only 2 weeks away from our campout event and are getting excited.

We finished processing the preregistrations. We have 247 registered campers (188 adults, 28 children, 30 under 7 and 3 day passes).

There are a couple of campsites still available and registration will hand them out as first come first serve and sites picked randomly. Again, I wanna remind everybody about the policy on boats and making sure that they have been quarantined and tagged before trying to enter the campgrounds.

We are excited to have another great event this year.

Campout

SOFTBALL CHAIR

No Report

NCCNA PROGRAM LIAISON FOR ASC

No Report

ARANA ASC Quorum Roll Call					
ADMIN COMMITTEE	NAME	PHONE #	04/26	05/01	06/05
1. Chairperson	Teana C	916-868-7433	x	x	
2. Vice-Chair	April W	916-342-5532	x	x	
3. Secretary	Marquis B	707-623-8204	x	x	
4. Treasurer	Janeice V	916-821-4531	x	x	
5. RCM1	Jaine S.	916-817-9144	x	x	
6. RCM2	Jim C	916-704-2361			
7. Literature Chair	Delita A	279-895-4575	x	x	
8. Activities Chair	Charles M	916-519-2871	x	x	
9. Public Relations Chair	Seth L	279-666-8302	x	x	
10. Campout Chair	Morgan K	916-410-0881		x	
11. Softball Chair	Sarah K	916-718-1528			
12. Events Treasurer	Jennifer B	916-410-1370	x		
13. H&I Chair	Athena T	530-77-15920	x	x	
14. Alt Secretary	Kyle H	916-225-3022	x	x	
15. Alt Treasurer	Shaggy	916-662-9096	x	x	

16. Alt Events Treasurer	Vacant				
17. Literature vice Chair	Kathleen	916-202-2811	x	x	
18. Public Relations vice chair	Vacant				
19. H&I Vice Chair	Danielle C	279-289-6591	x		
20. Softball vice Chair	Vacant				
21. Campout vice Chair	Brian B	916-743-1743			
22.. Activities vice Chair	Summer L	279-228-9893		x	
MULTI-MEETING GROUPS	NAME	PHONE #	4/26	5/1	6/5
22. Broadrick Group	Steve R	916-826-9918	x	x	
104. Davis Group	Milly W.	314-330-7185	x	x	
23. It's a We Program	Priscilla M	916-202-0152	x	x	
20. Leave the Drama at the Door	Ace D	346-709-1218	x		
47. Without Parallel	Jack	916-289-9552	x	x	
25. North Sac Group	Leonard S	916-345-6226	x	x	
160. Honesty Openmindedness Willing	Shawna T	530-499-0036		x	
161. Morning Fix in the 916	Rachel	916-968-9940	x	x	
99. Recovery in Rio Linda	Dan D	916-271-3187	x	x	
71. Mad About Recovery	Jenn V	916-410-6226	x	x	
MONDAY MEETINGS	NAME	PHONE #	4/26	5/1	6/5
35. Women Helping Women	Stevie G	510-565-2662		x	
110. Carmichael Recovery Inclined	Kristina T	530-368-4184	x	x	
TUESDAY MEETINGS	NAME	PHONE #	4/26	5/1	6/5
41. By the Book	David W	279-218-2626	x	x	
156. One Addict Helping Another	Jennifer M	916-544-3213		x	
163. Willingness at Nite Time	Dreamer	530-450-9718		x	
72. Back to Basics	Joel S	916-802-0406	x	x	
46. Surrender Group	Kelly	916-547-7523	x		
WEDNESDAY MEETINGS	NAME	PHONE #	4/26	5/1	6/5
49. Here, Try This	Michelle G	916-256-7173	x	x	
158. We do Recover	Julio A	916-692-6006	x	x	
29. Women's Tea House	Willy M	916-719-3862	x		
165, Avoiding Addiction	Aamina P	916-692-4850		x	
THURSDAY MEETINGS	NAME	PHONE #	4/26	5/1	6/5
24. Book Around and Find Out	Joe C	916-600-7752	x	x	
45. Rebels With A Cause	Will R	916-886-4415	x	x	
75. New Attitude	Chantal O	916-432-0382	x	x	
76. Not High Noon	Terry B	916-710-4982	x	x	
FRIDAY MEETINGS	NAME	PHONE #	4/26	5/1	6/5

164 Folsom Friendly Fridays	Apollo E	925-768-9735		x	
27. "Get Fed" Friday Night Recovery	Rochelle G	916-534-6374	x	x	
98. Recovery in Progress	Anna S	916-370-1087	x	x	
SATURDAY MEETINGS	NAME	PHONE #	4/26	5/1	6/5
48. Desire to Stop	Ed M	916-764-1489	x	x	
83. Saturday Night Alive	Eric R.	916-826-9636		x	
159. Principles before Personalities	Stephen	916-968-1385		x	
74. Growth & Change	Denise P	916-912-7920	x	x	
139. Young Pups in Recovery	Felicia S	916-745-5169	x	x	
82. Being Clean Is Happening	Dodie O	916-230-5328	x	x	
28. Woman to Woman	Jacqueline B	916-213-0121	x	x	
SUNDAY MEETINGS	NAME	PHONE #	4/26	5/1	6/5
61. Have Mercy	Joey N	916-912-0948	x		
92. Sunday Night Serenity	Kristy	916-613-8962	x	x	
69. Journey Within	Dan T	916-969-6998	x	x	
157. Hugs not Drugs	Travis	650-302-0052	x	x	
21. Together In Recovery	Edward C.	916-706-4113	x	x	
88. Ashes to Diamonds	Tim M	916-582-5221	x	x	
30. Sunday Night Solutions	Heath S	916-349-6947		x	
			33	38	
TOTAL COUNT OF GROUPS			43	43	43
			4/26	5/1	6/5
Meetings removed for missing more then two meetings					
166. NA Uncut	Michael S	916-208-5037			
77. Addicts in Action	Jimmy M.	916-712-0300			
154. Promise of Freedom					
51. Stepping Stone NA Recovery	Brandy C	916-912-5342			
130. Evening Fix in 916	Chris K	916-728-8270			
Available Numbers					
54, 155, 167					
Number available					

Minutes
AMERICAN RIVER AREA SERVICE COMMITTEE
May 1, 2026
(FUTURE ASC 06/05, 07/03)

- I. Open**
 12 Traditions: Ryan
 12 Concepts: Dan T
 Purpose of ASC: Rochelle
 Decorum Statement: Heath
 Vision Statement: Ed
 Announcements
- II. Welcome New ASC Participants**
- III. GSR Reports**
- IV. ADMINISTRATIVE REPORTS**

Chair	Teana C	pg.	H&I	Athena T	pg.
Vice Chair	April W	pg.	PR	Seth L	pg.
Secretary	Felicia A	pg.	Literature	Delita A	pg.
Treasurer	Janeice V	pg.	Activities	Charles M	pg.
Events Treasurer	Jennifer B	pg.	Campout	Morgan K	pg.
RCM I	Janie S	pg.	Softball		pg.
RCM II	Jim C.	pg.	NCCNA Registration Liaison		pg.

- V. Quorum Call (Roll Call) attached results: 38 of 43**
 (Birthday Celebration - during tally of quorum count)
- VI. Approval of Previous Months ASC Minutes (pg 31) Approved**
- VII. Approval of Previous Months Treasurer’s Report (pg 35) Approved**
- VIII. Open Forum/Parking Lot**
 Inventory Items - Teana
 H&I - WSLD budget to include gas for driving to event when in ca - athena
 Activities talk about new year event - Charles

- IX. Elections:**
 PR Vice Chair - Tabled
 Softball Chair/Vice Chair - Tabled
 Activities Vice Chair
 Secretary - Marquis Pass
 Asst Secretary - Kyle Pass

FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:

- | | |
|--------------------------------------|---|
| Softball Chair/Vice Chair – January | Literature Chair/Vice Chair – July |
| PR Chair/Vice Chair – February | Chair/Vice Chair – July |
| Activities Chair. Vice - Chair April | Campout Chair/ Vice Chair – July |
| H&I Chair/Vice Chair –May | Treasurer/Alt. Treasurer - December |
| Secretary/Asst. Sec – May | Events Treasurer/Alt. Events Treasurer – December |
| RCM I – June – Even years | RCM II – June – Odd years |

XII. OLD BUSINESS

401	<p>Motion: To pass the 2026 Pool Party Budget</p> <p>Intent: So we can have a pool in July</p> <p>Jennifer B 2nded by Charles M</p>	PBA
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XIII. NEW BUSINESS

501	<p>Motion: Approval of Basic Insurance plan of 2205.00 Annual Fees & \$758 Annual Policy for directors & officers rider to personally cover the 4 named signatories for the area renewal is on May 15</p> <p>Intent: To Provide Insurance for our Meetings & Area events</p>	Pass
502	<p>Motion: To change guidelines as follows: Page 1 Section III Subsection E Admin members who drive over 75 miles in the performance of their duties to the fellowship may be reimbursed for mileage at the rate of 72.5</p> <p>Intent: to increase mileage from .35 to 72.5 cents</p>	Tabled
503	<p>Motion: to pass new years budget</p> <p>Intent: to throw are event for our area</p>	Pass

Treasurer's Report

			Less Accumulated sales taxes	\$ 175.13	
			Excess Savings Account	\$ (2,577.95)	