

**Minutes**  
**AMERICAN RIVER AREA SERVICE COMMITTEE**  
**December 3, 2021**  
**(FUTURE ASC 1/7, 2/4, 3/4)**

**I. Open**

12 Traditions:  
 12 Concepts:  
 Purpose of ASC:  
 Decorum Statement:  
 Announcements

**II. Welcome New ASC Participants**

**III. GSR Reports**

**IV. ADMINISTRATIVE REPORTS**

Chair	Barbara W	pg.	H&I	Robert G	pg.
Vice Chair	Rob R	pg.	Literature	Arvie R	pg.
Secretary	Janeice V	pg.	PR	Jennifer L.	pg.
Treasurer	Teana S	pg.	Activities	Mimi H.	pg.
Events Treasurer	Vacant	pg.	Campout	Brian B	pg.
RCM I	David P	pg.	Softball	Arty E	pg.
RCM II	Kevin A.	pg.	Unity Day	Vacant	pg.

**V. Quorum Call (Roll Call) attached results: of 31**  
 (Birthday Celebration - during tally of quorum count)

**VI. Approval of Previous Months ASC Minutes (pages)**

**VII. Approval of Previous Months Treasurer's Report (pages)**

**VIII. Open Forum/Parking Lot**

**VIV. Elections:**

Events Treasurer/Alt Events Treasurer  
 Treasurer/ Alt Treasurer

**FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:**

Softball Chair/Vice Chair – January  
 PR Chair/Vice Chair – February  
 Activities Chair. Vice - Chair April  
 H&I Chair/Vice Chair –May  
 Secretary/Asst. Sec – May  
 RCM I – June – Even years

Literature Chair/Vice Chair – July  
 Chair/Vice Chair – July (January)  
 Campout Chair/ Vice Chair – July (January)  
 Treasurer/Alt. Treasurer - December  
 Events Treasurer/Alt. Events Treasurer – December  
 RCM II – June – Odd years

One tap mobile

[+1-669-900-9128](tel:+16699009128),[460788992#](tel:+16699009128)

**X. OLD BUSINESS**

	Joint Unity Day for American River & Sacramento. We do not have a set committee for this event. Sacramento already has a subcommittee. They are meeting every third Sunday of every month. We will be looking for a liaison for Unity Day before we commit	<b>Tabled</b>

**XI. NEW BUSINESS**


## **ASC CHAIR**

Good evening all,

Welcome back to in person meetings! It has been about 20 months since we have met in person and I for one am grateful to be meeting again. For those of you that have endured Zoom through all of this, thank you. Your commitment to service has not gone unnoticed by me.

I attended the campout subcommittee and things are moving along as planned.

The chair for the Sacramento Fellowship Unity day reached out to me again last night. She is really hoping that we will commit to partnering with them. They are currently meeting on zoom with their next meeting in January. They have a tentative date for the event of September 17, 2022.

Thank you for letting me be of service.

Barbara

916-532-1757

## **ASC VICE CHAIR**

Good evening everybody.

I attended a couple of Activities meetings and the PR meeting this past month.

I have begun updating our Area Guidelines. Most of the changes amount to number and formatting changes. I have been getting some feedback from the subcommittees. If anyone else would like to recommend a change, feel free to let me know.

I expect to be able to present the new guidelines at the January meeting to be voted on at the March ASC meeting.

Thank you for letting me be of service

Rob R

## **ASC SECRETARY**

Good evening,

Thank you for letting me be of service. I appreciate the consistent reports. Hope everyone has a wonderful Christmas.

Janeice

# ASC TREASURER

**Dec's Treasurer Report for Nov's numbers**

**If you have donations, please feel free to mail them to the PO Box.**

**ARANA**

**PO box 417482**

**5420 Kohler Road**

**Sacramento, CA 95841**

Good Evening.

**We received group donations of .....\$742.49**

**We received donation from Events ..... 0.00**

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## **Expenses from Area Business**

Bank Fees.....	00.00
I Storage.....	0.00
NCRSC Donation.....	50.00
One Box/Twilio.....	0.00
ISlip.....	680.00
Transfer for Annual Expenses in June .....	300.00

**Expenses from Area Business .....\$ 1,030.00**

**Amount left in Checking is \$4,042.49**

**Amount in Savings is:**

**Ending Ledger balance of .....\$ 6,779.25**

Less Prudent Reserve.....\$ 3,660.00

Less Accumulated Annual Expenses.....\$1,118.57

Less saved for Microphone & Speakers \$ 2,000.00

Less Accumulated Sales Taxes..... \$ 00.00

**Excess in Savings above budgeted Amounts.....\$( 0.68)**

**Also please remember to plug with the groups that we are looking for an Alt Treasurer as well some fun loving individuals to be Events Treasurer and Alt Events Treasurer.**

**I wrote the last check for the Halloween event and will have final numbers at next area.**

**I will be putting myself forward for a second term as Area Treasurer for tonight's election.**

Treasurer's Report

	DATE		ACTIVITY	Totals	
1	10/29/21		BEGINNING BALANCE	\$ 3,660.00	\$ 3,660.00
		11/18/2021	Venmo Domations	\$ 742.49	\$ 742.49
			Area Donations		\$ -
		Transfer	To cover Tax Preparation	\$ 680.00	\$ 680.00
					\$ -
2					\$ -
3					
13			Total Deposits/Transfers	\$ 1,422.49	
14					
15			Total before Expenses	\$ 5,082.49	
16					
17	12/1/21	Transfer	To Cover Annual Expenses Nov	\$ (300.00)	\$ (300.00)
	11/28/21	2100	Islip	\$ (680.00)	\$ (680.00)
		2102	NCRSC Nov	\$ (50.00)	\$ (50.00)
					\$ -
					\$ -
					\$ -
					\$ -
33			Total Transfers/Payments	\$ (1,030.00)	
34					
35	10/28/21		<b>ENDING BALANCE (before correction see reconciliation)</b>	<b>\$ 4,052.49</b>	\$ 4,052.49
36					
37			Prudent Reserve - 2 mos.operating expense \$3660.00)	\$ (3,660.00)	\$ (3,660.00)
38					
40			<b>Surplus/(Defect) from prudent reserve</b>	<b>\$ 392.49</b>	\$ 392.49
41					
42	10/29/2021		<b>Savings Account Beginning Ledger Balance</b>	<b>\$7,159.25</b>	\$7,159.25
			Interest Credit	\$0.00	\$0.00
		Transfer	To Cover Annual Expenses Nov	\$300.00	\$300.00
55			<b>Balance after incoming transfers</b>	<b>\$7,459.25</b>	
		Transfer	To cover Tax Preparation	\$ (680.00)	\$ (680.00)
62			<b>Less Total Transfers out of Savings</b>	<b>(\$680.00)</b>	
63					
64			<b>Ending Ledger Balance</b>	<b>\$6,779.25</b>	\$6,779.25
65			Prudent Reserve \$3660.00	\$ (3,660.00)	
66			<b>Total in Savings</b>	<b>\$3,119.25</b>	
67			Less Accumulated Annual Expenses	\$ (1,118.57)	
			ACCUMULATED FOR MICROPHONE & SPEAKERS	\$ (2,000.00)	
68			Less Accumulated sales taxes	\$ -	
69			<b>Excess Savings Account</b>	<b>\$ 0.68</b>	

Budget to Actual for July to December  
2019

1	Approved Budget per mo.	Admin	ASC Rent	H&I Admin.	H&I	Lit. Admin.	PR	Accum Annual Exp	Totals BY Month	Regional Donations
2		\$150.00	\$300.00	\$40.00	\$650.00	\$40.00	\$350.00	\$300.00	\$1,830.00	
3	July		(\$160.00)					\$300.00	\$140.00	\$ 50.00
4	August						\$129.05	\$300.00	\$429.05	\$ 546.25
5	September		\$586.00		\$34.64		\$42.51	\$300.00	\$963.15	\$ 449.66
6	October							\$300.00	\$300.00	\$ 1,227.48
7	November							\$300.00	\$300.00	\$ 50.00
8	December								\$0.00	
9	<b>Total Expense</b>	\$0.00	\$426.00	\$0.00	\$34.64	\$0.00	\$171.56	\$1,500.00	\$2,132.20	\$2,323.39
10										
11	Budget x 6 mo.	\$900.00	\$1,800.00	\$240.00	\$3,900.00	\$240.00	\$2,100.00	\$1,800.00	\$10,980.00	\$ 300.00
12	<b>Difference</b>	\$900.00	\$1,374.00	\$240.00	\$3,865.36	\$240.00	\$1,928.44	\$300.00	\$8,847.80	(\$2,023.39)
13	Average	#DIV/0!	\$213.00	#DIV/0!	\$34.64	#DIV/0!	\$85.78	\$300.00	\$355.37	\$464.68
14	Months To Average	0	2	0	1	0	2	5	6	5
15	<b>INCOME</b>	7th Trad	Group Don.	H&I Don	Events Transfers	PR	Accum Sales Tax	Annual Exp Paid	Totals BY Month	Income less Events & Annual Exp
16	July		\$758.00					\$606.00	\$1,364.00	\$1,364.00
17	August		\$1,870.51					\$0.00	\$1,870.51	\$1,870.51
18	September		\$61.09				\$33.00	\$606.00	\$700.09	\$667.09
19	October		\$567.84		\$992.64		(\$33.00)	\$134.00	\$1,661.48	\$701.84
20	November		\$742.49					\$680.00	\$1,422.49	\$1,422.49
21	December								\$0.00	\$0.00
22	<b>Total Income</b>	\$0.00	\$3,999.93	\$0.00	\$992.64	\$0.00	\$0.00	\$2,026.00	\$7,018.57	\$6,025.93
23										
24	Average	#DIV/0!	\$799.99	#DIV/0!	\$992.64	#DIV/0!	\$0.00	\$405.20	\$1,169.76	\$1,004.32
25	Months to Average	0	5	0	1	0	2	5	6	6

Approved July 2021 - Dec 2021 Budget										
		Admin	ASC Rent	H&I Admin.	H&I	Lit Admin	PR	Annual Expenses	Total	2 Month's Expenses
Proposed	Proposed	\$150.00	\$300.00	\$40.00	\$650.00	\$40.00	\$350.00	\$300.00	\$1,830.00	\$3,660.00
<b>6 month total</b>	<b>6 month total</b>	<b>\$ 900.00</b>	<b>\$ 1,800.00</b>	<b>\$ 240.00</b>	<b>\$ 3,900.00</b>	<b>\$ 240.00</b>	<b>\$ 2,100.00</b>	<b>\$ 1,800.00</b>	<b>\$ 10,980.00</b>	

# Reconciliation

## Checking Account

1 Balance shown on statement	12/1/2021	<u>\$6,079.63</u>
2 Deposits not shown		
	Transfer To Cover Annual Expenses Tax Prep	\$ 680.00
		\$ 680.00
10 Sub Total		subtotal \$ 680.00
		<u>\$6,759.63</u>
11 Checks outstanding		
	<b>CK #</b>	<b>Name</b>
	<b>Amount</b>	<b>Amount</b>
	2095	NCRSC Sept
		\$ 50.00
	2096	NCRSC Sept Excess Donation
		\$ 399.66
	2099	NCRSC Oct
		\$ 50.00
	2101	NCRSC excess Donation Oct
		\$ 1,177.48
	2100	Islip
		\$ 680.00
	Transfer	To Cover Annual Expenses Nov
		\$ 300.00
	2102	NCRSC Nov
		\$ 50.00
40 Total Uncleared Checks		<u>\$ 2,707.14</u>
41 Adjusted Ending Bank Balance (Ledger balance)		<b>\$4,052.49</b>
Ending Ledger Balance		<b>\$ 4,052.49</b>
		\$0.00

## Savings Account Bank Reconciliation

Statement Balance	12/01/21	<u>\$7,159.25</u>
Additions to Account	Transfer	\$ 300.00
		\$7,459.25
Subtractions from account		
Uncleared Transactions	Transfer	(\$680.00)
		\$6,779.25
<b>asc ledger</b>		
<b>Savings Ledger ending balance</b>		\$6,779.25
<b>Adjusted Balance</b>		
<b>Bank Ending Balance</b>		<b>\$6,779.25</b>
	Difference	\$0.00

2021 Annual Expenses							
	Month	Storage-Due Quarterly 2021	ASC PO Box Due Oct. Oct 2021	Charitable Trusts - Due With Taxes - Around	Tax Preparation Paperwork Due to CPA by May	Excess Annual Expense	Total Annual Expenses
Yearly Total		\$ 1,920.00	\$ 92.00	\$ 25.00	\$ 1,000.00	\$ 23.04	\$ 3,060.04
	Quarterly Pmt	\$ 480.00					
Monthly Total		\$ 160.00	\$ 7.67	\$ 2.08	\$ 83.33	\$ 1.92	\$ 255.00
Beginning Balance	Jan 01	\$ 9.00	\$ 15.14	\$ 12.50	\$ 583.31	\$ 10.58	\$ 510.53
							\$ -
Annual Expense	January	\$ 160.00	\$ 7.67	\$ 2.08	\$ 83.33	\$ 1.92	\$ 255.00
Annual Expense	February	\$ 160.00	\$ 7.67	\$ 2.08	\$ 83.33	\$ 1.92	\$ 255.00
Annual Expense	March	\$ 160.00	\$ 7.67	\$ 2.08	\$ 83.33	\$ 1.92	\$ 255.00
		\$ (546.00)					\$ (546.00)
Annual Expense	April	\$ 160.00	\$ 7.67	\$ 2.08	\$ 83.33	\$ 1.92	\$ 255.00
Annual Exp. Accum	May	\$ 285.00	\$ 7.67	\$ 2.08	\$ 83.33	\$ 1.92	\$ 380.00
Annual Expense	June	\$ 185.00	\$ 7.67	\$ 2.08	\$ 83.33	\$ 1.92	\$ 280.00
		\$ (606.00)					\$ (606.00)
Annual Expense	July	\$ 205.00	\$ 7.67	\$ 2.08	\$ 83.33	\$ 1.92	\$ 300.00
Annual Expense	August	\$ 205.00	\$ 7.67	\$ 2.08	\$ 83.33	\$ 1.92	\$ 300.00
Annual Expense	September	\$ 205.00	\$ 7.67	\$ 2.08	\$ 83.33	\$ 1.92	\$ 300.00
	September	\$ (606.00)		\$ -	\$ (680.00)		\$ (1,286.00)
Annual Expense	October	\$ 205.00	\$ 7.67	\$ 2.08	\$ 83.33	\$ 1.92	\$ 300.00
	October		\$ (134.00)				\$ (134.00)
Annual Expense	November	\$ 205.00	\$ 7.67	\$ 2.08	\$ 83.33	\$ 1.92	\$ 300.00
Annual Expense	December						\$ -
	December						\$ -
<b>Total Annual Expenses for 2020</b>		\$ 386.00	\$ (34.53)	\$ 35.42	\$ 819.98	\$ 31.70	\$ 1,118.57

Annual Exp \$ 1,118.57

3rd quarter Sales Taxes				
Month	Sales	Nontaxable Sales	Taxable Income	Taxes
Jul	\$ -	\$ -	\$ -	\$ -
Aug	\$ -	\$ -	\$ -	\$ -
Sept	\$ 2,872.41	\$ 2,500.00	\$ 372.41	\$ 32.59
<b>Totals</b>	\$ 2,872.41	\$ 2,500.00	\$ 372.41	\$ 32.59

Qtrly Taxes \$ -

Total Saving \$ 1,118.57

Prudent Res \$ 3,660.00

Savings \$ 4,778.57

4th quarter Sales Taxes				
Month	Sales	Nontaxable	Less Taxes Taxable	Taxes
Oct	\$ -	\$ -	\$ -	\$ -
Nov	\$ -	\$ -	\$ -	\$ -
Dec			\$ -	\$ -
<b>Totals</b>	\$ -	\$ -	\$ -	\$ -

\$ - no sales

\$ - no sales

\$ - NO SALES

## EVENTS TREASURER

### RCM I & II

The region was dark for the month of November, an RCM will be attending region this month.  
THANK YOU FOR LETTING US BE OF SERVICE, KEVIN AND DAVE

### H&I

Open Positions- We have filled all positions for in-person secretaries. Thanks to all. We still need men to work steps with inmates through the mail. Current meeting status- No additional meetings have reopened this month. If you feel any of these positions may be right for you please reach out to either Robert G or myself. We can answer any questions.

Thank you, Robert G- Chair April W- Vice chair

### LITERATURE CHAIR

Hello Family,

Thank you for letting me be of service. I look forward to serving you all at our first in-person meeting on 12/03/2021. We finally have a new literature Vice-Chair Marquis B! Thank you for stepping-up and being of service. Please feel free to contact me if you have any questions or concerns at 916-224-4100.

In Gratitude,

Arvie R and Marquis B

Literature Chair and Vice Literature Chair

### PUBLIC RELATIONS CHAIR

Good evening!

The American River Area currently has a total of 67 active meetings throughout the week consisting of 45 in-person meetings, 19 virtual meetings, and 3 hybrid meetings listed on the Area website.

There is now a map-based meeting search link available on our website. All meetings worldwide that are on the BMLT can be found located (about 33%). There is a box that you can select search "near me" or "text search" to enter a location and it will show you the locations of meetings in that area that are on the BMLT.

There has been no change to the current Public Health Orders.

We have resumed printing the schedules and they will be distributed to the groups at Area. At this time, quantities are limited until we get a better idea of how many we need. If you need additional schedules or were unable to attend Area, there is a link at the top of the meetings page on the website that you can download and print the schedule.

The monthly finance for the schedules for December 2021 was:\_\_\_\_\_.

The monthly finance for the phone line for October was \$11.89 however no payment was due.

**Total monthly finances for December 2021:**\_\_\_\_\_.

As always, please notify PR of any schedule changes by submitting an official schedule change request. The forms are available at the PR table or you may submit a request at [changes@sacramentona.org](mailto:changes@sacramentona.org) or via the link on the website. Announcing changes during Area via your announcements or in the chat via Zoom will **NOT** get your meeting information updated. A formal request must be made via the means previously mentioned above.

PR currently meets virtually on the 3<sup>rd</sup> Thursday of the month if you would like to join us. We are currently in need of a Recording Secretary and Literature Distribution Coordinator.

Thank you for allowing me to be of service,

Jennifer L.

## **ACTIVITIES CHAIR**

Good evening family,

I apologize I couldn't be here myself tonight but we had an urgent family matter to tend to. I'm sure Heather is going to do a fantastic job filling in.

A huge thank you to everyone that came out and helped make the Halloween speaker meeting and dance a success! Are you ready for New Year's Eve? WE ARE! We have an awesome speaker coming from southern California that you won't want to miss! Tickets are available tonight for \$10 in advance. If you would like to take responsibility and sell some tickets please see Vlad.

We are not serving a main meal however, we will have a small amount of meals available, first come first serve.

We also have a few positions still available. Alternate snack bar coordinator, merchandise and decorations, alternate merchandise and decorations, set up clean up and alternate set up and clean up. If you would like to join our committee, we are meeting every Monday night in December at 7:30 on Zoom.

I look forward to another fun event!

In loving service,

Mimi H and Heather C

Activites Chair and Vice Chair

## **CAMPOUT CHAIR**

We are doing well on our timeline, but we have several positions open,

If you like to have fun, and have control issues,  
WE NEED YOUR HELP!!!!

Open positions

assistant registration, 2 years clean time

entertainment, 2 years clean time

assistant entertainment, 1 year clean time

grounds monitor, 2 years clean time

volunteer coordinator, 1 year clean time

treasurer, 3 years clean time

committee members get first pick at campsite locations!

Thank you for letting me be of service

Brian B

## **SOFTBALL CHAIR**

## **UNITY DAY LIASION**

# ARANA ASC Quorum Roll Call

ADMIN COMMITTEE			8/21	9/21	10/21	11/21	12/21
	NAME	PHONE #					
1. Chairperson	Barbara W	916-532-1757					
2. Vice-Chair	Robert R	916-524-8042					
3. Secretary	Janeice V	916-821-4531					
4. Treasurer	Teana S	916-868-7433					
5. RCM1	David P	415-240-5400					
6. RCM2	Kevin A	916-968-0768					
7. Literature Subcommittee	Arvie R	916-224-4100					
8. Activities Subcommittee Chair	Mimi H.	916-821-1271					
9. Public Relations Subcommittee	Jennifer L.	916-410-1370					
10. Campout Subcommittee	Brian B	916-743-1743					
11. Softball Subcommittee	Arty E.	916-203-2252					
12. Events Treasurer	Vacant						
13. H&I Subcommittee	Robert G	916-459-7649					
14. Asst Secretary	Jessica W	916-969-4250					
15. Alt Treasurer	Vacant						
16. Alt Events Treasurer	Vacant						
17. Literature vice Chair	Marquis B						
18. Public Relations vice chair	Robert C	916 821-7002					
19. H&I Vice Chair	April	916 342-5539					
20. Softball vice Chair	Julie C.	916-290-3190					
21. Campout vice Chair	Jay Z	916-541-0960					
22.. Activities vice Chair	Heather C	530-923-6429					
MULTI-MEETING GROUPS	NAME	PHONE #	8/21	9/21	10/21	11/21	12/21
104. Davis Group	Jim C	916-704-2361	x	x	x		
47. Without Parallel	Max W	916-835-2933	x	x	x	x	
25. North Sac Group	Felicia A	916-297-5236	x	x			
20. Leave the Drama at the Door	Ryan S.	916-893-6239	x	x		x	
154. No Half Measures	Kelley M	916-547-7523			x		
22. Broderick Group	Kelly C	916-290-3869		x	x		
99. Recovery in Rio Linda	Virgil R	916-757-4992	x	x	x	x	
30. DASP	Danika V	916-224-2561	x	x	x		
71. Mad About Recovery	Matt S	510-323-3497			x	x	
MONDAY MEETINGS	NAME	PHONE #	8/21	9/21	10/21	11/21	12/21
35. Women Helping Women	Janie S	916-817-9144	x	x	x	x	
110. Carmichael Recovery Inclined	Glenn S	916-335-4691	x	x	x	x	
118. Three to Life	Hank	650-799-9195		x	x	x	
60. Text Book Recovery	Lee K.	916-903-3667	x		x	x	
TUESDAY MEETINGS	NAME	PHONE #	8/21	9/21	10/21	11/21	12/21
41. By the Book	Philip	916-204-1187	x				x
46. Surrender Group	Ron P.	503-933-4386		x	x		x

72. Back to Basics	Dennis	916-862-4381	x	x	x		
<b>WEDNESDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>8/21</b>	<b>9/21</b>	<b>10/21</b>	<b>11/21</b>	<b>12/21</b>
33. Fahrfromusin	Dallas L	916-837-8589	x	x	x		
49. Here, Try This	Monica	916-420-7428	x		x		
29. Women's Tea House	Tiffany	916-494-8281		x	x	x	
<b>THURSDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>8/21</b>	<b>9/21</b>	<b>10/21</b>	<b>11/21</b>	<b>12/21</b>
62. Just For Today	Becky M	916-213-4725	x		x	x	
75. New Attitude	Kristine	916-947-8240	x	x	x	x	
<b>FRIDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>8/21</b>	<b>9/21</b>	<b>10/21</b>	<b>11/21</b>	<b>12/21</b>
98. Recovery in Progress	Nicoli	210-330-6995	x	x	x	x	
<b>SATURDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>8/21</b>	<b>9/21</b>	<b>10/21</b>	<b>11/21</b>	<b>12/21</b>
83. Saturday Night Alive	Athena W	717-609-5246	x	x	x		
74. Growth & Change	Denise	916-912-7920	x	x	x	x	
82. Being Clean Is Happening	Donna A.	916-847-0080	x	x	x	x	
<b>SUNDAY MEETINGS</b>	<b>NAME</b>	<b>PHONE #</b>	<b>8/21</b>	<b>9/21</b>	<b>10/21</b>	<b>11/21</b>	<b>12/21</b>
21. Together In Recovery	Ed	916-706-4113	x	x	x		
61. Have Mercy	Heidi	916-912-1602	x	x	x	x	
88. Ashes to Diamonds	Dreamer	916-271-3745	x		x	x	
92. Sunday Night Serenity	Justine V	916-718-8546	x	x	x		
69. Journey Within	Mike L	916-868-2540	x		x		
<b>GROUPS IN ATTENDANCE</b>			<b>25</b>	<b>23</b>		<b>18</b>	
<b>TOTAL COUNT OF GROUPS</b>			<b>29</b>	<b>30</b>		<b>32</b>	
			<b>8/21</b>	<b>9/21</b>	<b>10/21</b>	<b>11/21</b>	<b>12/21</b>
<b>Meetings removed for missing more than two meetings</b>							
130. Steppin-Up	Theresa S.	916-889-5722					
51. Wednesday Night Unity	Julie C.	916-290-3190					
76. Midnight Experience	Otter	916-410-2936					
77. Addicts in Action	Jimmy M.	916-712-0300					
155. Women Seeking Serenity	Tonya	916-844-9153					
139. Young Pups in Recovery	Matt B.	916-459-1476					
54. We Believe in You - multi	Taryn	916-969-6039	x	x			
45. Rebels With A Cause - Thu	Charles M	916-519-2871	x	x			

## **The Twelve Traditions of Narcotics Anonymous**

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our Group purpose there is but one ultimate authority - a loving God as He may express Himself in our Group conscience, our leaders are but trusted servants, they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each Group should be autonomous , except in matters affecting other Groups, or NA, as a whole.
5. Each Group has but one primary purpose--to carry the message to the addict who still suffers.
6. An NA Group ought never endorse, finance or lend the NA name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
7. Every NA Group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our Service Centers may employ special workers.
9. NA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. NA has no opinion on outside issues; hence, the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

## **The Twelve Concepts of NA Service**

1. To fulfill our fellowship 's primary purpose, the NA groups have joined together to create a structure which develops, coordinates, and maintains services on behalf of NA as a whole.
2. The final responsibility and authority for NA services rests with the NA groups.
3. The NA groups delegate to the service structure the authority necessary to fulfil the responsibilities assigned to it.
4. Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.
5. For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined.
6. Group conscience is the spiritual means by which we invite a loving God to influence our decisions.
7. All members of a service body bear substantial responsibility for that body' s decisions and should be allowed to fully participate in its decision-making processes.
8. Our service structure depends on the integrity and effectiveness of our communications.
9. All elements of our service structure have the responsibility to carefully consider all viewpoints in their decision-making processes.
10. Any member of a service body can petition that body for the redress of a personal grievance, without fear of reprisal.
11. NA funds are to be used to further our primary purpose and must be managed responsibly.
12. In keeping with the spiritual nature of Narcotics Anonymous, our structure should always be one of service, never of government.

## **Purpose of NA**

American River Area Service Committee of Narcotics Anonymous purpose is to further the unity of the fellowship within the American River Area by serving the specific needs of its member groups and maintaining a channel of communication between the American River Area and the rest of NA as a whole; to communicate with one another on all matters pertaining to our common welfare (unity) and our common purpose (to carry the message to the addict who still suffers) in the spirit of strengthening the fellowship as they arise, and to abide by the Twelve Traditions and Twelve Concepts in all our affairs. This body shall coordinate NA functions common to the various area subcommittees in accordance with the Twelve Traditions and Twelve Concepts of NA. In addition this body shall be available for coordination of group functions or activities. This all will take place in the State (or Commonwealth) of California in the county of Sacramento.

## **DECORUM STATEMENT**

Meetings will be conducted according to these rules of order, adapted from Robert's Rules of Order. This timehonored system for conducting business is the clearest way yet devised for getting a maximum amount of business done in a minimum of time, regardless of the degree of disagreement among the participants. These rules are meant to be used as tools to help us make orderly collective decisions in a cooperative, respectful way in the spirit of our Twelve Concepts; please do not use them as weapons against one another. We encourage all participants to become familiar with these rules of order and conduct themselves accordingly. Once the meeting is under way, only one matter will be before the committee at any one time and no other discussion is in order. Please respect the chairperson's right to be in control of the process of this meeting so that you can have maximum benefit of its content.

**Motion Number** \_\_\_\_\_

**Motion**

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**Intent**

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**Maker Signature**

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**2nded by**

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**For**

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**Against**

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**Abstentions**

**Motion Number** \_\_\_\_\_

**Motion**

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**Intent**

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**Maker Signature**

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**2nded by**

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**For**

\_\_\_\_\_  
**Against**

\_\_\_\_\_  
**Abstentions**

### **ARANA Chair**

Barbara W (916) 532-1757

Email: [ascchair@sacramentona.org](mailto:ascchair@sacramentona.org)

### **ARANA Vice Chair**

Robert R (916) 534-8042

Email: [ascvicechair@sacramentona.org](mailto:ascvicechair@sacramentona.org)

### **Secretary**

Janeice V (916) 821-4531

Email: [ascsecretary@sacramentona.org](mailto:ascsecretary@sacramentona.org)

### **Asst. Secretary**

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Email: [ascaltsecretary@sacramentona.org](mailto:ascaltsecretary@sacramentona.org)

### **Treasurer**

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Vacant

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### **Events Treasurer**

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### **RCM 1**

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### **RCM 2**

Kevin A. 916-968-0768

Email: [rcm2@sacramentona.org](mailto:rcm2@sacramentona.org)

### **Literature Subcommittee**

Meets the Sunday after Area at 12:00 pm

4040 American River Dr.

Sacramento, CA

**Chair–** Arvie R (916)224-4100

Email: [literature@sacramentona.org](mailto:literature@sacramentona.org)

**Vice Chair-** Vacant

Email: [literaturevice\\_chair@sacramentona.org](mailto:literaturevice_chair@sacramentona.org)

### **Public Relations Subcommittee**

(includes: Outreach and Newsletter)

Meets the third Thursday of the month.

7:00pm @ Heritage Oaks Hospital

4300 Auburn Blvd.

**Chair –** Jennifer L (916)410-1370

Email: [prchair@sacramentona.org](mailto:prchair@sacramentona.org)

**Vice Chair –** Robert C (916) 821-7002

[prvicechair@sacramentona.org](mailto:prvicechair@sacramentona.org)

### **Hospitals & Institutions Subcommittee**

Meets the third Monday of the month

7:00 p.m. @ Heritage Oaks Hospital

4300 Auburn Blvd.

**Chair –** Robert G (916) 821-8167

Email: [hichair@sacramentona.org](mailto:hichair@sacramentona.org)

**Vice Chair –** April (916) 342-5539

Email: [hivicechair@sacramentona.org](mailto:hivicechair@sacramentona.org)

### **Softball Subcommittee**

Meets the 2nd Monday of the month

6:30 p.m. @ Heritage Oaks Hospital

4300 Auburn Blvd.

**Chair –** Arty E (916)203-2252 (916) 402-1300

Email: [softballchair@sacramentona.org](mailto:softballchair@sacramentona.org)

**Vice Chair –** Julie C. (916) 290-3190

Email: [softballvicechair@sacramentona.org](mailto:softballvicechair@sacramentona.org)

### **Campout Subcommittee**

Meets 2<sup>nd</sup>& 4th Thursday of the month

7:00 p.m. @ 6201 Spruce Ave.

**Chair –** Brian B (916)743-1743

Email: [campoutchair@sacramentona.org](mailto:campoutchair@sacramentona.org)

**Vice Chair –** Jay Z (916)541-0960

Email: [campoutvicechair@sacramentona.org](mailto:campoutvicechair@sacramentona.org)

### **Activities Chair**

Meets the 2nd Monday

7:30 p.m. @ Heritage Oaks Hospital

4300 Auburn Blvd.

**Chair-** Mimi (916) 821-1271

Email: [activities@sacramentona.org](mailto:activities@sacramentona.org)

**Vice Chair-Vacant**

[activitiesvicechair@sacramentona.org](mailto:activitiesvicechair@sacramentona.org)