

**Minutes**  
**AMERICAN RIVER AREA SERVICE COMMITTEE**  
**4/14/2023**  
**(FUTURE ASC 05/05, 06/02, 07/07)**

**I. Open**

12 Traditions:  
 12 Concepts:  
 Purpose of ASC:  
 Decorum Statement:  
 Announcements

**II. Welcome New ASC Participants**

**III. GSR Reports**

**IV. ADMINISTRATIVE REPORTS**

|                  |            |        |            |           |        |
|------------------|------------|--------|------------|-----------|--------|
| Chair            | Rob R      | pg. 3  | H&I        | April     | pg. 18 |
| Vice Chair       | Kim M      | pg. 3  | Literature | Marquis B | pg. 21 |
| Secretary        | Janeice V  | pg. 3  | PR         | Robert C. | pg. 21 |
| Treasurer        | Hank Z     | pg. 4  | Activities | Heather C | pg. 22 |
| Events Treasurer | Jennifer L | pg. 11 | Campout    | Jay Z     | pg.    |
| RCM I            | Janie S    | pg. 16 | Softball   | Vacant    | pg.    |
| RCM II           | Jim        | pg.    | Unity Day  | Vacant    | pg.    |

**V. Quorum Call (Roll Call) attached results: of 39**  
 (Birthday Celebration - during tally of quorum count)

**VI. Approval of Previous Months ASC Minutes (pages) 27**

**VII. Approval of Previous Months Treasurer's Report (pages) 29**

**VIII. Open Forum/Parking Lot**

**IV. Elections:**

Softball Chair/Vice Chair  
 PR Chair  
 Activities Chair/Vice Chair

**FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:**

|                                     |   |
|-------------------------------------|---|
| Softball Chair/Vice Chair – January | Literature Chair/Vice Chair – July                |
| PR Chair/Vice Chair – February      | Chair/Vice Chair – July                           |
| Activities Chair/Vice Chair - April | Campout Chair/ Vice Chair – July                  |
| H&I Chair/Vice Chair –May           | Treasurer/Alt. Treasurer - December               |
| Secretary/Asst. Sec – May           | Events Treasurer/Alt. Events Treasurer – December |
| RCM I – June – Even years           | RCM II – June – Odd years                         |

**X. OLD BUSINESS**

|     |   |               |
|-----|---|---------------|
| 304 | To update the Guidelines to reflect the prudent reserve in the ASC checking to 2 month or 3170.00<br><br>This will update the guidelines to match last months vote to up the amount to make sure we cover the \$3K daily minimum to avoid fees<br><br>Teana C      2nd Mark G | <b>Tabled</b> |
|     |   |               |
|     |   |               |

**XI. NEW BUSINESS**

|  |  |  |
|--|--|--|
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

## **ASC CHAIR**

Good evening all,  
I attended Activities and a campout meeting.  
I participated in the Sponsorship Breakfast.  
I also was able to attend 2 days of the convention  
There is a good chance that I will miss the May ASC meeting.  
Thank you for letting me be of service.  
Rob R.

## **ASC VICE CHAIR**

Hello Everyone!  
What an awesome Convention!!!  
Thank you very much to each of you who were of service at the Convention, at your meetings, and/or at both!

I did a few things this past month:  
3/9: Campout subcommittee meeting  
3/12: Chair @ Together In Recovery  
3/13: Activities subcommittee meeting  
3/16: PR subcommittee meeting  
3/20: H&I subcommittee meeting  
3/23: Campout subcommittee meeting  
3/25: Sponsorship Breakfast meeting  
3/25: Kathy's Celebration of Life  
3/26: Admin meeting  
4/2: Book for Crooks meeting  
4/2: Admin meeting  
4/6: Stepped down from Facilitator of Saturday Night Alive meeting  
4/6 - 4/9: NCCNA Convention  
4/7: line monitor for main speaker meeting  
4/8: line monitor for main speaker meeting  
4/9: Marathon Chair @ convention  
4/9: H&I Chair @ Center Point meeting  
4/10: H&I Chair @ Alpha Oaks meeting  
4/11: Chair @ Surrender Group  
I will be out of town attending my sister's wedding for our June Area meeting. I will soon find someone to fill in for me.  
Thank you for letting me be of service.  
Kim  
Addict

## **ASC SECRETARY**

Hello Family  
I appreciate everyone turning in their reports this month in a timely manner. If you could use a separate email thread, it would be helpful when organizing the agenda report.  
Thank you for allowing us to be of service  
Felicia & Janeice

**ASC TREASURER**

Apr's Treasurer Report for Mar numbers

If you have donations, please feel free to mail them to the PO Box.

ARANA

PO box 417482

5420 Kohler Road

Sacramento, CA 95841

Good Evening.

We deposited \$5,059.36 this month.

Expenses from Mar Area Business was \$2,197.94

We kept 2 months of the budget in Checking.

Amount left in Checking after Prudent Reserve is \$790.78 – we keep this to help cover the literature order that was not placed when this report was completed

Amount in Savings is:

Ending Ledger balance of .....\$ 3,120.28

Less Prudent Reserve..... 1,585.00

Less Accumulated Annual Expenses..... 864.54

Less Accumulated Sales Taxes..... 4670.57

Excess in Savings above budgeted Amounts.....\$ 0.17

Thanks for letting me be of service

Treasurer's Report

|    | DATE      |          | ACTIVITY   | Totals            |               |
|----|-----------|----------|--|-------------------|---------------|
| 1  | 2/28/2023 |          | BEGINNING BALANCE  | \$ 1,099.36       | \$ 1,099.36   |
|    |           |          | Venmo Domations  | \$ 317.27         | \$ 317.27     |
|    |           |          | Square   | \$ 311.05         | \$ 311.05     |
|    |           |          | Literature Sales   | \$ 2,559.63       | \$ 2,559.63   |
|    |           |          | Venmo Lit Sales  | \$ 179.28         | \$ 179.28     |
|    |           |          | Area Donations   | \$ 851.13         | \$ 851.13     |
|    |           |          | H&I Donation   |                   | \$ -          |
| 2  |           |          | 7th Tradition  | \$ 52.00          | \$ 52.00      |
|    |           |          | Transfer from Events   | \$ 183.00         | \$ 183.00     |
| 3  |           |          | Transfer from Savings  | \$ 606.00         | \$ 606.00     |
|    |           |          | Facilities Deposit Return                                    |                   | \$ -          |
| 13 |           |          | Total Deposits/Transfers                                     | \$ 5,059.36       |               |
| 14 |           |          |  |                   |               |
| 15 |           |          | Total before Expenses  | \$ 6,158.72       |               |
| 16 |           |          |  |                   |               |
| 17 |           | Transfer | To Cover Annual Expenses Mar                                 | \$ (320.00)       | \$ (320.00)   |
|    | 3/3/23    | 2207     | April W H&I Zoom   | \$ (14.99)        | \$ (14.99)    |
|    |           | 2208     | April W H&I Zoom   | \$ (14.99)        | \$ (14.99)    |
|    |           | 2209     | ARANA H&I Lit  | \$ (650.10)       | \$ (650.10)   |
|    |           | 2210     | VOID   |                   | \$ -          |
|    |           | 2211     | Hillsdales Bapitis Church                                    | \$ (35.00)        | \$ (35.00)    |
|    |           | 2212     | Robert C - PR  | \$ (236.46)       | \$ (236.46)   |
|    |           | 2213     | iStorage - Rent  | \$ (606.00)       | \$ (606.00)   |
|    |           | 2214     | NCRCO - Mar donation   | \$ (75.00)        | \$ (75.00)    |
|    |           | Transfer | Accumulated sales tax for Mar                                | \$ (245.40)       | \$ (245.40)   |
|    |           |          |  |                   | \$ -          |
| 33 |           |          | Total Transfers/Payments                                     | \$ (2,197.94)     |               |
| 34 |           |          |  |                   |               |
| 35 | 4/3/23    |          | <b>ENDING BALANCE (before correction see reconciliation)</b> | \$ 3,960.78       | \$ 3,960.78   |
| 36 |           |          |  |                   |               |
| 37 |           |          | Prudent Reserve - 2 mos.operating expense \$1585.00          | \$ (3,170.00)     | \$ (3,170.00) |
| 38 |           |          |  |                   |               |
| 40 |           |          | <b>Surplus/(Defect) from prudent reserve</b>                 | \$ 790.78         | \$ 790.78     |
| 41 |           |          |  |                   |               |
| 42 | 2/28/2023 |          | <b>Savings Account Beginning Ledger Balance</b>              | \$3,160.70        | \$3,160.70    |
|    |           |          | Interest Credit  | \$0.18            | \$0.18        |
|    |           | Transfer | To Cover Annual Expenses Mar                                 | \$320.00          | \$320.00      |
|    |           | Transfer | Accumulated sales tax for Mar                                | \$ 245.40         | \$245.40      |
|    |           |          |  |                   |               |
| 55 |           |          | <b>Balance after incoming transfers</b>                      | \$3,726.28        |               |
|    |           |          |  |                   |               |
|    |           | Transfer | To cover Annual Expenses                                     | \$ (606.00)       | \$ (606.00)   |
|    |           | Transfer | To Cover Sales Tax Payment Due                               |                   | \$ -          |
|    |           | Transfer | Excess in Savings  |                   |               |
|    |           |          |  |                   |               |
| 62 |           |          | <b>Less Total Transfers out of Savings</b>                   | <b>(\$606.00)</b> |               |
| 63 |           |          |  |                   |               |
| 64 | 4/4/23    |          | <b>Ending Ledger Balance</b>                                 | \$3,120.28        | \$3,120.28    |
| 65 |           |          | Prudent Reserve \$1585.00                                    | \$ (1,585.00)     |               |
| 66 |           |          | <b>Total in Savings</b>                                      | \$1,535.28        |               |
| 67 |           |          | Less Accumulated Annual Expenses                             | \$ (864.54)       |               |
| 68 |           |          | Less Accumulated sales taxes                                 | \$ (670.57)       |               |
| 69 |           |          | <b>Excess Savings Account</b>                                | \$ 0.17           |               |

## Reconciliation

|   |   |                          |
|---|---|--------------------------|
| <b>1 Balance shown on statement</b>                     | 4/3/2023  | <u>\$4,679.10</u>        |
| <b>2 Deposits not shown</b>                             |   |                          |
|   |   |                          |
|   | Transfer From Saving to cover expenses paid                       | \$ 606.00                |
|   | Transfer From Saving - Excess                                     |                          |
| <b>10 Sub Total</b>                                     | subtotal  | \$ 606.00                |
|   |   | <u><b>\$5,285.10</b></u> |
| <b>11 Checks outstanding</b>                            |   |                          |
|   | <b>CK #                      Name                      Amount</b> |                          |
|   | 2156 April W  | \$ 14.99    \$ 14.99     |
|   | 2181 Hillsdale Baptist Church - Dec                               | \$ 35.00    \$ 35.00     |
|   | 2191 Hillsdales Baptist Chuch                                     | \$ 35.00    \$ 35.00     |
|   | 2208 April W  | \$ 14.99    \$ 14.99     |
|   | 2213 iStorage - Rent  | \$ 606.00    \$ 606.00   |
|   | 2214 NCRCO - Mar donation   | \$ 75.00    \$ 75.00     |
|   | txf To Cover Annual Expenses Mar                                  | \$ 320.00    \$ 320.00   |
|   | txf Accumulated sales tax for Mar                                 | \$ 245.40    \$ 245.40   |
|   |   | \$ -                     |
|   |   | \$ -                     |
|   |   | \$ -                     |
| <b>40 Total Uncleared Checks</b>                        |   | <u>\$ 1,346.38</u>       |
| <b>41 Adjusted Ending Bank Balance (Ledger balance)</b> |   | <b>\$3,938.72</b>        |
| <b>Ending Ledger Balance</b>                            |   | <b>\$ 3,960.78</b>       |
|   |   | (\$22.06)                |

### Savings Account Bank Reconciliation

|                                      |                 |                   |
|--------------------------------------|-----------------|-------------------|
| Statement Balance                    | 04/03/23        | <u>\$3,160.88</u> |
| <b>Additions to Account</b>          | <b>Transfer</b> | \$ 565.40         |
|                                      |                 | \$3,726.28        |
| <b>Subtractions from account</b>     |                 |                   |
| <b>Uncleared Transactions</b>        |                 | \$606.00          |
|                                      |                 | \$3,120.28        |
| <b>asc ledger</b>                    |                 |                   |
| <b>Savings Ledger ending balance</b> |                 | \$3,120.28        |
| <b>Adjusted Balance</b>              |                 |                   |
| <b>Bank Ending Balance</b>           |                 | <b>\$3,120.28</b> |
| Difference                           |                 | \$0.00            |



Account Statement

AMERICAN RIVER AREA NARCOTICS ANONYM
(ASC ACCOUNT)
PO BOX 417482
SACRAMENTO CA 95841

If you have any questions
about your account please call
800-848-1088
CUSTOMER SERVICE
ACCOUNT NUMBER -1
STATEMENT DATE CYCLE
03/31/23 31
ITEMS ENCLOSED PAGE
0 1
YEAR-TO-DATE INTEREST

Summary table with columns: PREVIOUS BALANCE, CHECKS AND WITHDRAWALS (NUMBER, AMOUNT), DEPOSITS AND CREDITS (NUMBER, AMOUNT), INTEREST MINUS CHARGES, NEW BALANCE.

ACCOUNT ACTIVITY

BALANCE SUMMARY

BUSINESS REGULAR CHECKING

DATE BALANCE

31 DAYS THIS CYCLE

Main activity table with columns: DATE, DESCRIPTION, AMOUNT. Includes sub-sections for DEPOSITS and CHECKS.

Balance summary table with columns: DATE, BALANCE. Shows previous balance and new balance.

\* INDICATES GAP IN CHECK SEQUENCE

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ON THE STARCONNECT PLUS MOBILE BANKING APP.
DOWNLOAD THE APP TO YOUR MOBILE DEVICE TODAY!

EXTRA CASH LINE OF CREDIT CUSTOMERS: YOUR ACCOUNT DETAILS ARE LISTED BELOW. LATE PAYMENT WARNING: IF YOUR
MINIMUM PAYMENT IS NOT RECEIVED BY THE PAYMENT DUE DATE YOU MAY BE CHARGED A LATE FEE OF \$5.

Summary table with columns: PREVIOUS BALANCE, ADVANCES AND DEBITS (NUMBER, AMOUNT), PAYMENTS AND CREDITS (NUMBER, AMOUNT), INTEREST CHARGED, FEES CHARGED, NEW BALANCE. Includes a line of credit section at the bottom.



Account Statement

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AMERICAN RIVER AREA NARCOTICS ANONYMO294
(ASC ACCOUNT)
PO BOX 417482
SACRAMENTO CA 95841

STATEMENT DATE
03/31/23

If you have any questions
about your account please call:
(800)848-1088
CUSTOMER SERVICE

OUR VISA CREDIT CARDS HAVE A GREAT INTRO OFFER, REWARDS
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THE CREDITOR & ISSUER IS ELAN FINANCIAL SERVICES.

\* \* \* \* \* ANNUAL PERCENTAGE YIELD EARNED .000000% 0 DAYS THIS CYCLE
\* \* \* \* \* SAVINGS \* \* \* \* \*

ACCOUNT NUMBER -4

Table with columns: DATE, DESCRIPTION, AMOUNT. Rows include: 12/31 PREVIOUS BALANCE 5,310.97; 01/18 STARCONNECTPLUS - WEB TRNSFR 1,106.00; 01/30 STARCONNECTPLUS - WEB TRNSFR 320.00; 01/31 STARCONNECTPLUS - WEB TRNSFR 191.57; 01/31 STARCONNECTPLUS - WEB TRNSFR 2,109.44; 02/13 STARCONNECTPLUS - WEB TRNSFR 233.60; 02/13 STARCONNECTPLUS - WEB TRNSFR 320.00; 03/31 INTEREST CREDIT 0.18; 03/31 NEW BALANCE 3,160.88; YEAR-TO-DATE INTEREST 0.18



| ITEM # | EXPENSE DESCRIPTION                  | 2022 ACTUAL   | 2023 PROPOSED |
|--------|--------------------------------------|---------------|---------------|
|        | SEED MONEY TO START EVENT \$4,000.00 |               |               |
|        | STARTING BANK                        | \$ 4,000.00   | \$ 4,000.00   |
| 1      | FLYERS                               | \$ -          | \$ -          |
| 1.1    | ADMINISTRATION PRINTING              | \$ -          | \$ -          |
| 3      | REGISTRATION SUPPLIES                | \$ (39.24)    | \$ (40.00)    |
| 4      | PARK PERMIT/APPLICATION FEE          | \$ (609.25)   | \$ (650.00)   |
| 4.1    | SITE SUPPLIES                        | \$ (45.00)    | \$ (50.00)    |
| 4.2    | FACILITY DEPOSIT                     | \$ -          | \$ -          |
| 5      | INSURANCE                            | \$ (40.00)    | \$ (50.00)    |
| 6      | NEWCOMER SHEET/BOOK                  | \$ (43.85)    | \$ (50.00)    |
| 7      | PRE-SALE MERCHANDISE                 | \$ -          | \$ -          |
| 7.1    | SALES TAX 8.75%                      | \$ -          | \$ -          |
| 7.2    | MERCHANDISE                          | \$ (597.00)   | \$ (650.00)   |
| 8      | MEETING ROOM RENT                    | \$ -          | \$ -          |
| 9      | GENERATOR                            | \$ -          | \$ -          |
| 10     | PORTA POTTY                          | \$ -          | \$ -          |
| 11     | OPENING BANK                         | \$ (300.00)   | TBD           |
| 12     | ENTERTAINMENT                        | \$ -          | \$ -          |
| 13     | CHILDREN ACTIVITIES                  | \$ (207.92)   | \$ (300.00)   |
| 14     | SNACK BAR                            | \$ (878.10)   | \$ (1,000.00) |
| 15     | ARTS & GRAPHICS                      | \$ -          | \$ -          |
| 16     | MISCELLANEOUS                        | \$ -          | \$ -          |
| 18     | ELECTRONIC PAYMENT FEES              | \$ (26.46)    | \$ (40.00)    |
|        |                                      | \$ (2,786.82) | \$ (2,830.00) |
|        |                                      | \$ -          | \$ -          |
|        | <b>TOTAL COSTS</b>                   | \$ 1,213.18   | \$ 1,170.00   |



## **EVENTS TREASURER**

Good evening!

I attended the Campout and Activities subcommittees as well as the Unity Day subcommittee, Multi-Area Ad Hoc meeting, and Sponsorship event last month.

The 2023 Valentine's Day Event generated a total ASC donation of \$183 which has been transferred to the ASC checking account. The final budget is attached to this report.

The 2023 Sponsorship Event was a huge success generating an ASC donation of \$3,070.17. The ASC donation will be reflected in the May report as the transfer will occur in April. I will have the final budget and ASC donation confirmation at next month's ASC.

The Unity Day Subcommittee and SacFNA has proposed and passed a budget that will be presented to the ASC along with the request of the \$2,000 seed money (which is already reserved per the ARANA ASC Guidelines) to start funding the event. Motions have passed in both areas to have ARANA Events hold and distribute funds for the event. Once the budget is approved and ARANA agrees to co-host the event, SacFNA will issue ARANA Events their \$2,000 seed money to be deposited into the account.

The checking and savings accounts have been reconciled with a \$0 variance.

Thank you for allowing me to be of service!

Jennifer L.

**April 2023  
EVENTS TREASURER REPORT  
Checking Account Ledger  
For Month Ended March 31, 2023**

| March 2023 Activity      |        |  | Checking                               |             | Valentine's Day                            |            | Activities                           |             |                   | Campout    |                          | Softball   |                           |           |
|--------------------------|--------|--|--|-------------|--|------------|--------------------------------------|-------------|-------------------|------------|--------------------------|------------|---------------------------|-----------|
|                          |        |  | + or -                                 | =           | + or -                                     | =          | + or -                               | =           | + or -            | =          | + or -                   | =          | + or -                    | =         |
| <b>Beginning Balance</b> |        |  |  | \$7,535.49  |  | \$4,269.92 |                                      | \$415.00    |                   | \$246.04   |                          | \$2,736.49 |                           | -\$131.96 |
| <b>TRAN</b>              |        |  |  |             |  |            |                                      |             |                   |            |                          |            |                           |           |
|                          | 1-Mar  | Transfer to Debit Card- Pool Party 1.0             | -\$710.00                              |             |  |            |                                      |             |                   | -\$710.00  |                          |            |                           |           |
|                          | 3-Mar  | Transfer Reserve from Sponsorship to Pool Party    |  |             |  |            |                                      | -\$1,500.00 |                   | \$1,500.00 |                          |            |                           |           |
|                          | 5-Mar  | Return Reserve to Savings                          | -\$4,000.00                            |             | -\$4,000.00                                |            |                                      |             |                   |            |                          |            |                           |           |
|                          | 5-Mar  | Transfer to ASC Checking- Valentine's Day Donation | -\$183.00                              |             | -\$183.00                                  |            |                                      |             |                   |            |                          |            |                           |           |
|                          | 5-Mar  | Transfer Remainder Campout Reserve from Savings    | \$3,500.00                             |             |  |            |                                      |             |                   |            | \$3,500.00               |            |                           |           |
| <b>Dep</b>               |        |  |  |             |  |            |                                      |             |                   |            |                          |            |                           |           |
|                          | 3-Mar  | Valentine's Day- Pre-Reg                           | \$40.00                                |             | \$40.00                                    |            |                                      |             |                   |            |                          |            |                           |           |
|                          | 3-Mar  | Valentine's Day- Pre-Reg                           | \$60.00                                |             | \$60.00                                    |            |                                      |             |                   |            |                          |            |                           |           |
|                          | 3-Mar  | Sponsorship Registration                           | \$930.00                               |             |  |            |                                      | \$930.00    |                   |            |                          |            |                           |           |
|                          | 3-Mar  | Sponsorship Registration                           | \$675.00                               |             |  |            |                                      | \$675.00    |                   |            |                          |            |                           |           |
|                          | 5-Mar  | Campout Pre-Registration                           | \$4,495.00                             |             |  |            |                                      |             |                   |            | \$4,495.00               |            |                           |           |
|                          | 5-Mar  | Campout Donation                                   | \$30.00                                |             |  |            |                                      |             |                   |            | \$30.00                  |            |                           |           |
|                          | 25-Mar | Pool Party- Pre-Reg                                | \$120.00                               |             |  |            |                                      |             |                   | \$120.00   |                          |            |                           |           |
|                          | 25-Mar | Pool Party- Donation                               | \$4.00                                 |             |  |            |                                      |             |                   | \$4.00     |                          |            |                           |           |
|                          | 25-Mar | Sponsorship- Registration                          | \$2,160.00                             |             |  |            |                                      | \$2,160.00  |                   |            |                          |            |                           |           |
|                          | 25-Mar | Sponsorship- Registration                          | \$300.00                               |             |  |            |                                      | \$300.00    |                   |            |                          |            |                           |           |
|                          | 25-Mar | Sponsorship- Registration                          | \$15.00                                |             |  |            |                                      | \$15.00     |                   |            |                          |            |                           |           |
|                          | 25-Mar | Sponsorship- 7th Tradition                         | \$347.00                               |             |  |            |                                      | \$347.00    |                   |            |                          |            |                           |           |
|                          | 25-Mar | Sponsorship- Opening Bank Return                   | \$100.00                               |             |  |            |                                      | \$100.00    |                   |            |                          |            |                           |           |
|                          | 25-Mar | Sponsorship- Sponsorship Grams                     | \$22.00                                |             |  |            |                                      | \$22.00     |                   |            |                          |            |                           |           |
|                          | 25-Mar | Sponsorship- Vendor Donation                       | \$556.00                               |             |  |            |                                      | \$556.00    |                   |            |                          |            |                           |           |
| <b>CHK</b>               |        |  |  |             |  |            |                                      |             |                   |            |                          |            |                           |           |
|                          | 2115   | 3-Mar  | Valentine's- Line 2.2, 3.0, 5.3, & 5.4 | -\$186.92   |  | -\$186.92  |                                      |             |                   |            |                          |            |                           |           |
|                          | 2116   | 3-Mar  | Campout- Line 2.2 & 14.0               | -\$45.11    |  |            |                                      |             |                   |            | -\$45.11                 |            |                           |           |
|                          | 2117   | 3-Mar  | Sponsorship- Line 10.0 & 14.0          | -\$28.58    |  |            |                                      | -\$28.58    |                   |            |                          |            |                           |           |
|                          | 2118   | 25-Mar   | Campout- Line 8.1                      | -\$1,500.00 |  |            |                                      |             |                   |            | -\$1,500.00              |            |                           |           |
|                          | 2119   | 25-Mar   | Sponsorship- Line 6.0                  | -\$122.24   |  |            |                                      | -\$122.24   |                   |            |                          |            |                           |           |
|                          | 2120   | 25-Mar   | Sponsorship- Line 5.0                  | -\$100.00   |  |            |                                      | -\$100.00   |                   |            |                          |            |                           |           |
|                          | 2121   | 25-Mar   | VOID                                   | \$0.00      |  |            |                                      |             |                   |            |                          |            |                           |           |
|                          | 2122   | 25-Mar   | Sponsorship- Line 7.0, 7.2, & 7.3      | -\$766.55   |  |            |                                      | -\$766.55   |                   |            |                          |            |                           |           |
|                          | 2123   | 25-Mar   | Sponsorship- Line 7.0                  | -\$31.86    |  |            |                                      | -\$31.86    |                   |            |                          |            |                           |           |
|                          | 2124   | 25-Mar   | Sponsorship- Line 7.2                  | -\$44.96    |  |            |                                      | -\$44.96    |                   |            |                          |            |                           |           |
|                          | 2125   | 25-Mar   | Sponsorship- Line 7.0                  | -\$107.98   |  |            |                                      | -\$107.98   |                   |            |                          |            |                           |           |
|                          | 2126   | 25-Mar   | Sponsorship- Line 6.0                  | -\$50.13    |  |            |                                      | -\$50.13    |                   |            |                          |            |                           |           |
|                          | 2127   | 25-Mar   | Sponsorship- Line 7.0                  | -\$23.68    |  |            |                                      | -\$23.68    |                   |            |                          |            |                           |           |
|                          | 2128   | 25-Mar   | Sponsorship- Line 7.0                  | -\$20.00    |  |            |                                      | -\$20.00    |                   |            |                          |            |                           |           |
|                          | 2129   | 25-Mar   | VOID                                   | \$0.00      |  |            |                                      |             |                   |            |                          |            |                           |           |
|                          | 2130   | 28-Mar   | Sponsorship- Line 3.1                  | -\$53.85    |  |            |                                      | -\$53.85    |                   |            |                          |            |                           |           |
| <b>RTN</b>               |        |  |  |             |  |            |                                      |             |                   |            |                          |            |                           |           |
|                          | 8-Mar  | Campout- Returned Item                             | -\$80.00                               |             |  |            |                                      |             |                   |            | -\$80.00                 |            |                           |           |
|                          | 9-Mar  | Campout- Returned Item                             | -\$60.00                               |             |  |            |                                      |             |                   |            | -\$60.00                 |            |                           |           |
| <b>ENDING BALANCE</b>    |        |  | \$5,379.14                             | \$12,914.63 | -\$4,269.92                                | \$0.00     | \$2,255.17                           | \$2,670.17  | \$914.00          | \$1,160.04 | \$6,479.89               | \$9,216.38 | \$0.00                    | -\$131.96 |
|                          |        |  |  |             | RESERVE @ \$0                              |            | RESERVE @ \$0                        |             | RESERVE @ \$2,500 |            | RESERVE @ \$7,000        |            |                           |           |
|                          |        |  | \$12,914.63                            | \$0.00      |  |            |                                      |             |                   |            |                          |            |                           |           |
|                          |        |  |  |             | Reserve Transferred from NYE for 2023 Only |            | Activities Combined Reserve: \$2,500 |             |                   |            | Campout Reserve: \$7,000 |            | Softball Reserve: \$1,500 |           |

\*\*Halloween, Unity Day and New Years Dance Column hidden from report as ending balances both \$0 with no activity to report\*\*

**April 2023  
EVENTS TREASURER REPORT  
Savings Account Ledger  
For Month Ended March 31, 2023**

| March 2023 Activity |        |                    | Savings Account |             | Interest/ |        | Insurance |            | Campout          |            | Activities       |        | Softball         |            | Unity Day        |            | NY Dance         |            |
|---------------------|--------|--------------------|-----------------|-------------|-----------|--------|-----------|------------|------------------|------------|------------------|--------|------------------|------------|------------------|------------|------------------|------------|
|                     |        |                    | + or -          | =           | + or -    | =      | + or -    | =          | + or -           | =          | + or -           | =      | + or -           | =          | + or -           | =          | + or -           | =          |
|                     |        | Beginning Balance  |                 | \$8,203.20  |           | \$3.20 |           | \$1,200.00 |                  | \$3,500.00 |                  | \$0.00 |                  | \$1,500.00 |                  | \$2,000.00 |                  | \$0.00     |
| TRAN                |        |                    |                 |             |           |        |           |            |                  |            |                  |        |                  |            |                  |            |                  |            |
|                     | 5-Mar  | Return of Reserve  |                 | \$4,000.00  |           |        |           |            |                  |            |                  |        |                  |            |                  |            |                  | \$4,000.00 |
|                     | 5-Mar  | Reserve to Campout |                 | -\$3,500.00 |           |        |           |            | -\$3,500.00      |            |                  |        |                  |            |                  |            |                  |            |
|                     |        |                    |                 |             |           |        |           |            |                  |            |                  |        |                  |            |                  |            |                  |            |
| DEBIT               |        |                    |                 |             |           |        |           |            |                  |            |                  |        |                  |            |                  |            |                  |            |
|                     |        |                    |                 |             |           |        |           |            |                  |            |                  |        |                  |            |                  |            |                  |            |
| DEP                 |        |                    |                 |             |           |        |           |            |                  |            |                  |        |                  |            |                  |            |                  |            |
|                     |        |                    |                 |             |           |        |           |            |                  |            |                  |        |                  |            |                  |            |                  |            |
|                     |        |                    |                 |             |           |        |           |            |                  |            |                  |        |                  |            |                  |            |                  |            |
| INT                 | 31-Mar | Interest Credit    |                 | \$0.41      |           | \$0.41 |           |            |                  |            |                  |        |                  |            |                  |            |                  |            |
|                     |        |                    |                 |             |           |        |           |            |                  |            |                  |        |                  |            |                  |            |                  |            |
|                     |        |                    |                 |             |           |        |           |            |                  |            |                  |        |                  |            |                  |            |                  |            |
|                     |        | Ending Balance     | \$500.41        | \$8,703.61  | \$0.41    | \$3.61 | \$0.00    | \$1,200.00 | -\$3,500.00      | \$0.00     | \$0.00           | \$0.00 | \$0.00           | \$1,500.00 | \$0.00           | \$2,000.00 | \$4,000.00       | \$4,000.00 |
|                     |        |                    |                 |             |           |        |           |            | Reserve: \$7,000 |            | Reserve: \$2,500 |        | Reserve: \$1,500 |            | Reserve: \$2,000 |            | Reserve: \$4,000 |            |

**Bank Reconciliation**  
**Month Ended March 31, 2023**

| EVENTS CHECKING                             |             |                     |
|---|-------------|---------------------|
| Particulars                                 | Amount      |                     |
| <b>Balance as per bank statement</b>        |             | <b>\$ 14,430.47</b> |
| <b>Add: Deposits not credited</b>           |             |                     |
|   | \$ -        |                     |
|   | \$ -        |                     |
| <b>Total deposits not credited:</b>         |             | <b>\$ -</b>         |
| <b>Add: Returned Items</b>                  |             |                     |
| Campout Registration                        | \$ 60.00    |                     |
| Campout Registration                        | \$ 80.00    |                     |
| <b>Total returned items:</b>                |             | <b>\$ 140.00</b>    |
| <b>Less: Outstanding checks</b>             |             |                     |
| No. 2118                                    | \$ 1,500.00 |                     |
| No. 2123                                    | \$ 31.86    |                     |
| No. 2126                                    | \$ 50.13    |                     |
| No. 2128                                    | \$ 20.00    |                     |
| No. 2130                                    | \$ 53.85    |                     |
| <b>Total outstanding checks:</b>            |             | <b>\$ 1,655.84</b>  |
| <b>Adjusted balance per bank statement:</b> |             | <b>\$ 12,914.63</b> |
| <b>Balance as per ledger:</b>               |             | <b>\$ 12,914.63</b> |
| <b>Difference:</b>                          |             | <b>\$ -</b>         |

| EVENTS SAVINGS                              |        |                    |
|---|--------|--------------------|
| Particulars                                 | Amount |                    |
| <b>Balance as per bank statement</b>        |        | <b>\$ 8,703.61</b> |
| <b>Add: Deposits not credited</b>           |        |                    |
|   | \$ -   |                    |
| <b>Total deposits not credited:</b>         |        | <b>\$ -</b>        |
| <b>Less: Outstanding withdrawals</b>        |        |                    |
| No.   | \$ -   |                    |
| <b>Total outstanding withdrawals:</b>       |        | <b>\$ -</b>        |
| <b>Adjusted balance per bank statement:</b> |        | <b>\$ 8,703.61</b> |
| <b>Balance as per ledger:</b>               |        | <b>\$ 8,703.61</b> |
| <b>Difference:</b>                          |        | <b>\$ -</b>        |

# 2023 Valentine's Day Event Budget

Budget: \$4,195

## FINAL

### Expenses

| Line #                | Description               | Budget 2023       | Actual 2023       | Delta             |
|-----------------------|---------------------------|-------------------|-------------------|-------------------|
| 1.0                   | Facility Rent             | \$1,300.00        | \$550.00          | \$750.00          |
| 1.1                   | Facility Deposit          | \$500.00          | \$400.00          | \$100.00          |
| 2.0                   | Printing Event Flyers     | \$100.00          | \$0.00            | \$100.00          |
| 2.1                   | Ticket Printing           | \$135.00          | \$51.71           | \$83.29           |
| 2.2                   | Wristbands                | \$25.00           | \$15.03           | \$9.97            |
| 3.0                   | Decorations               | \$200.00          | \$122.39          | \$77.61           |
| 4.0                   | Entertainment             | \$400.00          | \$350.00          | \$50.00           |
| 5.0                   | Snack Bar                 | \$500.00          | \$341.11          | \$158.89          |
| 5.1                   | Sweet Treats/Desserts     | \$200.00          | \$260.43          | (60.43)           |
| 5.2                   | Ice                       | \$50.00           | \$0.00            | 50.00             |
| 5.3                   | Coffee Products           | \$200.00          | \$88.50           | 111.50            |
| 5.4                   | Paper Products            | \$100.00          | \$103.25          | (3.25)            |
| 6.0                   | Silent Auction            | \$200.00          | \$25.59           | 174.41            |
| 7.0                   | Insurance                 | \$40.00           | \$40.00           | \$0.00            |
| 8.0                   | Events Treasurer Expenses | \$25.00           | \$0.00            | \$25.00           |
| 8.1                   | Administrative Cost       | \$50.00           | \$0.00            | \$50.00           |
| 8.2                   | Opening Bank              | \$100.00          | \$100.00          | \$0.00            |
| 8.3                   | Misc. Expenses            | \$50.00           | \$33.50           | \$16.50           |
| 8.4                   | EPD Fees                  | \$20.00           | \$11.49           | \$8.51            |
| <b>Expenses Total</b> |                           | <b>\$4,195.00</b> | <b>\$2,493.00</b> | <b>\$1,702.00</b> |

### Earned Income

| Description                 | Projected 2023    | Actual 2023       | Delta               |
|-----------------------------|-------------------|-------------------|---------------------|
| Tickets @ 2 for \$ 20       | \$1,200.00        | \$730.00          | (\$470.00)          |
| Tickets @ \$12 (individual) | \$1,200.00        | \$348.00          | (\$852.00)          |
| 7th Tradition               | \$100.00          | \$114.00          | \$14.00             |
| Opening Bank Return         | \$100.00          | \$100.00          | \$0.00              |
| Silent Auction              | \$500.00          | \$444.00          | (\$56.00)           |
| Snack Bar/Dessert Bar       | \$1,000.00        | \$540.00          | (\$460.00)          |
| Facility Deposit Return     | \$500.00          | \$400.00          | (\$100.00)          |
| <b>Actual Earned Income</b> | <b>\$4,600.00</b> | <b>\$2,676.00</b> | <b>(\$1,924.00)</b> |

|  |                 |                 |                   |
|--|-----------------|-----------------|-------------------|
| <b>Sponsorship Profit (ASC Donation)</b> | <b>\$405.00</b> | <b>\$183.00</b> | <b>(\$222.00)</b> |
|--|-----------------|-----------------|-------------------|

| Attendance At Event | Projected 2023 | Actual 2023 | Delta          |
|---------------------|----------------|-------------|----------------|
| 2 for \$20          | 60 (sets)      | 36.5        | (23.50)        |
| \$12 Individual     | 100            | 29          | (71.00)        |
| <b>TOTAL</b>        | <b>220</b>     | <b>102</b>  | <b>(94.50)</b> |

\*\* Math does not work for total ticket sales.

\*\* Estimated amounts based on values

## RCM I & RCM II

### NARCOTICS ANONYMOUS WORLD SERVICE (NAWS) NEWS

--CAR WORKSHOPS: We held our CAR Workshop on March 4th, approx 50 members came and went throughout the day. 17 members participated in voting on the motions. The RCM's from American River, SacFNA and Sierra Foothills all joined together to plan and facilitate the workshop. It was a pleasure to Co-host and work with the SacFNA and a big thank you to Gabe, Sheila and Heather from ARANA for providing lunch for everyone. However, it was concerning that our Regional Delegate (who facilitated the workshop) did not have any onsite support from the RSC and seemed to struggle somewhat. It was a rather difficult task for any one trusted servant to be asked to facilitate, host zoom attendees, orchestrate slide presentations, and tally votes....all while standing at a podium for 5 hours straight with minimal breaks. We did include our concerns last month in our RSC report, and it was discussed at length among the RCM's

--Sadly, only 140 individual votes (representing all of the Northern California Region) were submitted for the World Conference motions during the 7 CAR Workshops. That's an estimated .005% of the members who attend the 1305 registered meetings throughout the Region.

--RSC TRUSTED SERVANTS: We are in desperate need of Trusted Servant support at the RSC. We currently only have 4 out of 10 positions filled, and in June, 3 of those will term out. Our Vice-Chair is doing the job of 3 positions since we have been without a treasurer and secretary for a year now. In June we hope to elect a Chair, Vice-Chair, Delegate, alt-Delegate, Treasurer, Alt-Treasurer, Recording Secretary, Regional Resource Coordinator, PR and H&I Chairs. Please consider submitting your service resume (at any time) on the RSC website-link below.

[www.norcalna.org/regional\\_service\\_opportunities](http://www.norcalna.org/regional_service_opportunities)

### REGIONAL SERVICE COMMITTEE (RSC) FINANCIAL \$ NEWS

[www.norcalna.org](http://www.norcalna.org)

-Total of Area donations received in December = \$15,868

- Total RSC Expenses = \$6462

-RSC's Donation to World = \$4911

### NA WORLD SERVICE (NAWS) ANNUAL REPORT/PPP LOANS

[www.na.org/?ID=ar-2022](http://www.na.org/?ID=ar-2022)

Every year NAWS publishes an annual report. It includes a complete financial report, and a written summary of projects NAWS addressed throughout the year. There's a great deal of information included in this report....so each month we will attempt to bring a small section of the report so it can be discussed.

When the pandemic hit, meetings shut down and literature sales dried up immediately. NAWS nearly experienced a catastrophic collapse. At its worst point, the majority of special workers had been laid off, and we only had enough operating funds to cover 37 days and then the doors were going to close. On 4/2020 and 2/2021, NAWS entered into loan agreements for \$676,740 and \$517,150, under the Paycheck Protection Program ("PPP").

At the time, there were many members that expressed concerns about NAWS actions being in conflict with our 'self supporting' Tradition.

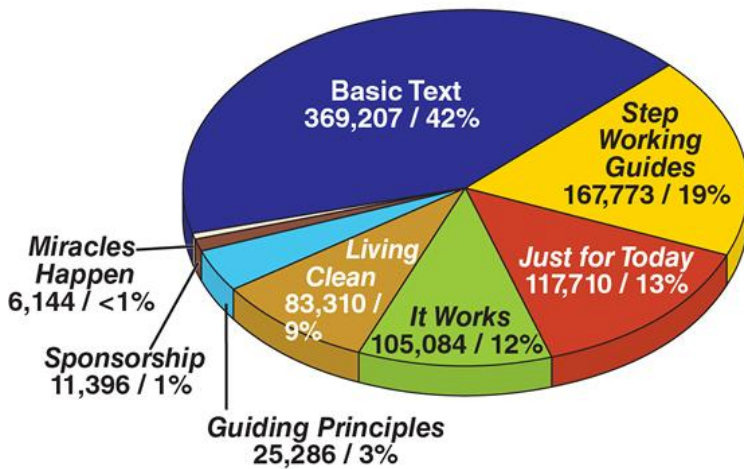
Background: The PPP, established as part of the CARES Act, provided loans for qualifying businesses for certain expenses, including payroll costs, continuation of group health care benefits, rent, utilities, and interest on certain other debt obligations. The loans bear interest at a rate of 1.0% per annum and mature 4/2022 and 2/2026. The loans could be forgivable under some circumstances, after an application was submitted.



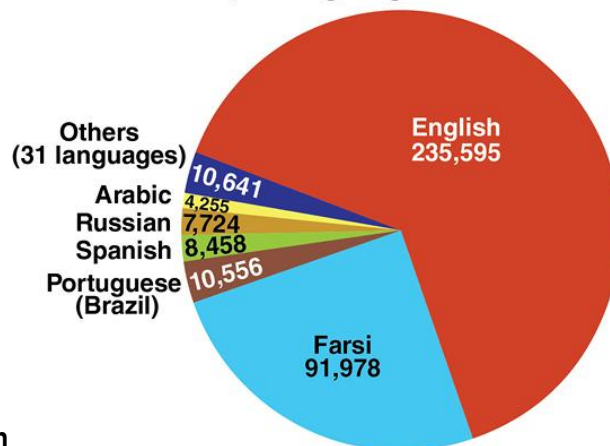
10/2021 NAWS received notice that the Small Business Administration (SBA) approved its forgiveness application on the first PPP loan in the amount of \$563,362. The remaining balance of \$113,378 was paid in full during the fiscal year ending on 6/2022. On 9/2022, NAWS received notice from the SBA their second PPP loan was forgiven entirely.

**DID YOU KNOW???** That our Basic Text book accounts for 42% of all our book sales?? See below! (Click on the annual report link for full color pie-charts)

### FY 2022 Book Distribution



### FY 2022 Basic Text Distributed by Language



Farsi=Iran

## **H&I**

### Open Positions-

1. Zoom secretary 1 st Thursday of the month.
2. Mather facility all Saturdays of the month 7-8pm
3. Men and women for sponsorship behind the walls. (1 year clean, worked the steps)
4. People to take meetings into Folsom prison.

We are hoping to add people to the sponsorship behind the walls service group as there is a lot of work into keeping this running smoothly and is critical for many addicts serving time. Please consider being of service.

### Literature Dispersed:

98-IP's, 10- White books, 10- Books

Thank you for allowing us to be of service,

Robert G- Chair

April W- Vice Chair

## National Psychiatric Care Sacramento

Thursdays 7:00-8:00 PM

Coordinator: Dean C (916) 257-6410

NPCS is 16 bed co-ed crisis residential facility serving adults with mental health issues and accompanying substance abuse challenges. Facility provides person-centered treatment with an emphasis on relapse prevention and long-term recovery. Volunteers can be male or female with one-year clean time. Meeting is standard chairperson and sharing format. Standard H&I dress code applies.

## Folsom State Prison (FSP)

2nd & 4th Sundays of the month, 3 one-hour meetings 9:30-10:30, 11:00-Noon & 12:30-1:30

Every Wednesday of the month 6:30-8:30 PM

Facility Coordinator: Steve 916-806-6411

Meeting Coordinator: Vacant Position

FSP Houses medium security general population level II inmates. Volunteers can be both male and female. The meeting is a standard format and is run by the inmates. It includes readings, share and discussion. There are 3 meetings on Wednesday nights in which one is a Spanish speaking meeting.

## Folsom Womens Prison (FWF)

Wednesdays 6:30-8:00 PM

Facility Coordinator: Steve 916-806-6411

Meeting Coordinator: Vacant Position

FWF opened January 2013, 806 bed medium and minimum-security facility. Volunteers can be both male and female. The meeting is a standard format and is run by the inmates. It includes readings, share and discussion.

**Note to Volunteers:** An 11-page application is to be filled out and submitted. Listing arrest history is standard procedure. If you have an extensive arrest history, we will ask volunteers to write a reference letter and at times obtain their DOJ to be attached to the application.

**Dress Code:** It is always best to wear black clothing. No blue or green. No denim or blue jeans. We avoid color or clothing worn by inmates. No hats, shorts, sandals, halter tops, tank tops, no logos on shirts. Best not to have any wire in Bra's. No revealing clothing or opened towed shoes. The only items allowed in are your ID and car keys.

## C & S Recovery Center

Sunday 7:00-8:00

Coordinator: Robert H (916) 821-8167

CSRC is a co-ed 1 to 6-month behavior modification program with a 6-day black out period. Facility has a 6-month clean time requirement for volunteers. Standard H&I dress code applies.

## California State Prison Sacramento CSPSac

Monday B & C yard 5:00-7:00 PM

Tuesday B & C yard 5:00-7:00 PM

Wednesday C & Minimum Yard

Thursday B & C yard 5:00-7:00 PM

Friday B & C yard 5:00-7:00 PM

Saturday B & C yard 5:00-7:00 PM

Sunday B & C yard 5:00-7:00 PM

Facility Coordinator: Lee K (916) 903-3667

Meeting Coordinator: Vacant

This is a level IV maximum security facility. Also housing inmates requiring specialized mental health programming as well as high risk medical concerns. Volunteers can be both male and female. The meeting is a standard format and is run by the inmates. It includes readings, share and discussion. The application and dress code are the same as Folsom Prison.

## Fair Oaks Recovery

Tuesdays 6:30-7:30 PM

Coordinator: Irene M (530) 919-1626

Fair Oaks Recovery is a co-ed facility is a structured treatment facility that doesn't go to outside meetings. The residents are accepted in several ways from a voluntary basis. Private pay and insurance referred. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies. Meeting is standard chairperson and sharing format. There is a one-year clean time requirement for volunteers. Standard H&I dress code. Masks are currently required.

### **Why Get Involved?**

*Hospitals and Institutions service offers addicts an opportunity to demonstrate gratitude, fulfill responsibility, and share the NA message without expectations. It is also an effective tool that helps us stay clean and keeps us coming back. The H & I message is the same as the NA message: "That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live."™ The gift we share is hope and freedom from active addiction through the program of Narcotics Anonymous. Any NA member who wants to carry this message is encouraged to get involved with H & I service. There are many ways to serve in Narcotics Anonymous, and many of us have found H & I service to be the most*



**Purpose of this Guide**

This guide provides information on all of the H & I meetings supported by the American River Area of Narcotics Anonymous. You'll find a brief description of each facility we serve and learn when meetings are held, what requirements must be met to enter, and who coordinates each meeting. If you're interested in volunteering, please contact the facility coordinator directly.

**DOs & DON'Ts of H & I Service**

**DO**

- Emphasize that NA recovery is available to all addicts regardless of drugs used.
- Make directories of outside meetings available to residents.
- Start and end on time!
- Obey the dress code & exercise common sense.
- Adhere to each facility's rules and security regulations.
- Involve residents with the meeting, especially those in long term facilities.

**DON'T**

- Emphasize "using days" while sharing an NA message of recovery.
- Use profanity.
- Break another person's anonymity.
- Debate any issues involving facility rules, regulations, or other programs.
- Get involved in discussions on outside issues, including opinions regarding psych meds.
- Take messages or carry letters in or out of the facility.

**Akua mind body**

Coed facility- Mondays 6:30-7:30pm  
Coordinator: Anastasia (916) 613-3220

Akua mind body is a 35 bed facility that has both detox and residential beds. Clients are admitted on a voluntary only basis. Masks are currently required.

**Heritage Oaks**

Tuesdays 7:00-8:00 PM  
Thursdays 7:00-8:00 PM  
Coordinator: Athena T (530) 771-5920

Heritage Oaks is a co-ed lockdown acute psychiatric hospital offering co-occurring psychiatric treatment and chemical dependency treatment. Meeting is standard chairperson and sharing format. There is a one-year clean time requirement for volunteers. Standard H&I dress code.

**Alpha Oaks**

Monday 7:00-8:00 PM  
Coordinator: Caroline O (916) 459-8300

Cornerstone is a residential facility for women located in Carmichael. This is a 1-3 month program housing up to 11 women. Cornerstone is a structured treatment facility that doesn't go to outside meetings. The residents are accepted in several ways from a voluntary basis to court ordered. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies. Masks are currently required

**Mather Community Campus**

Mondays and Thursdays 7:00-8:00 pm  
Coordinator: Jenna R (916) 879-5927

Mather Community Campus focuses on helping formerly homeless individuals and families rebuild their lives through intensive employment and rapid housing services. The 12-month co-ed program provides transitional housing, case management, employment readiness and life skills workshops, educational and job referrals.

**Center Point**

**Criminal Justice Recovery Facility**  
Saturdays 7:00 – 8:15 PM  
Coordinator: Rob G (916) 459-7649

Center Point is a 6-month male lock down facility for parolees located in Fair Oaks. Meetings are a standard chairperson sharing format with a 6-month volunteer clean time requirement. Standard H&I dress code applies.

**Cornerstone**

Wednesday 7:00-8:00 PM  
Coordinator: April W (916) 342-5539

Cornerstone is a residential facility for women located in Carmichael. This is a 1-3 month program housing up to 11 women. Cornerstone is a structured treatment facility that doesn't go to outside meetings. The residents are accepted in several ways from a voluntary basis to court ordered. The meeting follows a standard chair format with a 6-month volunteer clean time requirement. Standard H&I dress code applies.

**Our H&I committee meeting is held the third Monday of each month at 7pm on zoom:**

**ID: 5779611818  
Password: 1953**

## **LITERATURE CHAIR**

Hi Family,

Here is your literature report:

Total Literature Sales for the Month of March: \$3,049.58

Checks and Money Order: \$2,559.63

Venmo/Credit Card total sales of: \$489.95

Total Literature on Hand (After March Area): \$4,210.62

March Literature Order:

1st Literature Order: \$2,727.24

Discount of \$163.63

Shipping Cost: \$327.27

For a total of: \$2,890.88

Total literature on hand for month of February: \$7,101.50

June my position will be up from taking over for Arvie. Just want to put that out there so we can start looking for members who might be interested in stepping into a Literature position.

Thank you for allowing us to be of service,

In Gratitude,

Marquis B. Literature Chair and Jerry M. Literature Vice Chair

## **PUBLIC RELATIONS CHAIR**

Website, Printed Schedules and Helpline are up to date and fully functional.

Our Website has been updated with a new events page, service calendar and other useful links to find NA resources and meetings worldwide. There are new links for Deaf/Hard of Hearing and worldwide virtual meetings on the meetings page. Please check it out and let me know if there is anything unfavorable.

Started the process updating our committee guidelines to better reflect our current services and tasks.

Monthly Services Statistics and Information:

Helpline Statistics for last month:

- o 59 Volunteer Lookup Calls
- o 21 Meeting Lookup Calls
- o 41 Unanswered Calls (69%)
- o 13 Meeting Lookup Texts

Website Statistics for last month:

- o Visitors "Coming Soon"
- o Page Views "Coming Soon"

We meet on the 3rd Thursday of every month at 7:00 PM via Zoom

Meeting ID: 460 788 992 Passcode: 1953.

Please submit meeting changes here tonight, on our website via the change form or email [changes@sacramentona.org](mailto:changes@sacramentona.org). Please do not submit changes at [na.org](http://na.org). Email fliers to [webservant@sacramentona.org](mailto:webservant@sacramentona.org) for consideration on our events page. Also, all meetings changes for upcoming schedules must be submitted 7 days prior to the ASC for inclusion in new schedule.

Service Opportunities:

Presentations Coordinator  
Outreach Coordinator

Monthly Finances:

Schedules \$  
Phoneline \$15.26  
Miscellaneous \$  
Total: \$

Subcommittee Coordinator Contact Information:

Vice Chair Dana H. 279-203-5826 [prvicechair@sacramentona.org](mailto:prvicechair@sacramentona.org)  
Schedule Coordinator Chris C. 916-333-8703 [schedule@sacramentona.org](mailto:schedule@sacramentona.org)  
Helpline Coordinator Ashley 916-947-0107 [helpline@sacramentona.org](mailto:helpline@sacramentona.org)  
Presentations Coordinator Vacant [presentations@sacramentona.org](mailto:presentations@sacramentona.org)

Thank you for letting me be of Service,  
Robert C.,  
Public Relations Chair  
916-821-7002  
[prchair@sacramentona.org](mailto:prchair@sacramentona.org)

## **ACTIVITIES CHAIR**

Good Evening Everyone,

The sponsorship appreciation was such a success. Thank you to the GSR's, Ticket sellers, volunteers, activities committee and the fellowship for supporting this event.

We still have 3 positions available.

Recording Secretary  
Co-Merchandise  
Arts & Graphics

Our Next Event is Pool Party and Speaker Meeting. On July 15. See flyers for more details.

Thank you for your support and allowing me to be of service.

## **CAMPOUT CHAIR**

## **SOFTBALL CHAIR**

## **UNITY DAY LIASION**



# APRIL UNITY DAY COMMITTEE

**SUBMIT YOUR THEME IDEAS  
UNTIL APRIL 26**

4th WEDNESDAY, starts at 6pm

VOTING ON THEME, EVENT LOCATION AND DATE



ZOOM ID 497 828 9316    PASSCODE unityday



questions? contact **Sasha T.** [unityday.sacfna@gmail.com](mailto:unityday.sacfna@gmail.com)  
more details at [sacfna.org](http://sacfna.org) > NA Service > Unity Day Task Group



| <b>ARANA ASC Quorum Roll Call</b>   |             |                |             |             |             |             |
|-------------------------------------|-------------|----------------|-------------|-------------|-------------|-------------|
| <b>ADMIN COMMITTEE</b>              | <b>NAME</b> | <b>PHONE #</b> | <b>1/23</b> | <b>2/23</b> | <b>3/23</b> | <b>4/23</b> |
| 1. Chairperson                      | Robert R    | 916-524-8042   |             |             |             |             |
| 2. Vice-Chair                       | Kim         | 916-519-1476   |             |             |             |             |
| 3. Secretary                        | Janeice V   | 916-821-4531   |             |             |             |             |
| 4. Treasurer                        | Hank Z.     | 650-799-9195   |             |             |             |             |
| 5. RCM1                             | Jaine S.    | 916-817-9144   |             |             |             |             |
| 6. RCM2                             | Jim C       | 916-704-2361   |             |             |             |             |
| 7. Literature Subcommittee          | Marquis B   | 707-623-8204   |             |             |             |             |
| 8. Activities Subcommittee Chair    | Heather C   | 530-923-6429   |             |             |             |             |
| 9. Public Relations Subcommittee    | Robert C    | 916 821-7002   |             |             |             |             |
| 10. Campout Subcommittee            | Jay Z       | 916-541-0960   |             |             |             |             |
| 11. Softball Subcommittee           | Arty E.     | 916-203-2252   |             |             |             |             |
| 12. Events Treasurer                | Jennifer L. | 916-410-1370   |             |             |             |             |
| 13. H&I Subcommittee                | April       | 916 342-5539   |             |             |             |             |
| 14. Asst Secretary                  | Felicia A   | 916-297-5236   |             |             |             |             |
| 15. Alt Treasurer                   | Athena W    | 717-609-5246   |             |             |             |             |
| 16. Alt Events Treasurer            | Sonny D     | 916-807-3675   |             |             |             |             |
| 17. Literature vice Chair           | Jerry M     | 916-912-0080   |             |             |             |             |
| 18. Public Relations vice chair     | Dana H.     | 279-203-5826   |             |             |             |             |
| 19. H&I Vice Chair                  | Robert G    | 916-459-7649   |             |             |             |             |
| 20. Softball vice Chair             | Sara K      | 916-718-1528   |             |             |             |             |
| 21. Campout vice Chair              | Cynthia D   | 916-952-9960   |             |             |             |             |
| 22.. Activities vice Chair          | Faith A     | 916-598-1419   |             |             |             |             |
| <b>MULTI-MEETING GROUPS</b>         | <b>NAME</b> | <b>PHONE #</b> | <b>1/23</b> | <b>2/23</b> | <b>3/23</b> | <b>4/23</b> |
| 20. Leave the Drama at the Door     | Tonya C     | 916-289-7393   |             | x           |             |             |
| 22. Broadrick Group                 | Kelley C    | 916-290-3869   | x           | x           | x           |             |
| 104. Davis Group                    | Amy M       | 707-316-0709   | x           | x           | x           |             |
| 47. Without Parallel                | Kristine Mc | 916-947-8240   | x           | x           | x           |             |
| 25. North Sac Group                 | Hanna       | 707-344-2928   | x           | x           | x           |             |
| 160. Honesty Openmindedness Willing | Cesar E.    | 916-281-1140   | x           |             |             |             |
| 161. Morning Fix in the 916         | Zach J.     | 209-423-5113   | x           | x           | x           |             |
| 99. Recovery in Rio Linda           | Julio A     | 916-692-6006   | x           | x           | x           |             |
| 30. DASP                            | Karson K    | 916-241-6810   |             | x           | x           |             |
| 154. No Half Measures               | Kelley M    | 916-547-7523   | x           | x           | x           |             |
| 71. Mad About Recovery              | Travis M.   | 650-202-0052   | x           | x           |             |             |
| 21. Together In Recovery            | Teana C     | 916-868-7433   |             |             | x           |             |
| <b>MONDAY MEETINGS</b>              | <b>NAME</b> | <b>PHONE #</b> | <b>1/23</b> | <b>2/23</b> | <b>3/23</b> | <b>4/23</b> |
| 35. Women Helping Women             | Nicole M.   | 512-317-9229   | x           | x           | x           |             |
| 110. Carmichael Recovery Inclined   | Trey B      | 916-342-5004   | x           | x           | x           |             |



|  |              |                |             |             |             |             |
|--|--------------|----------------|-------------|-------------|-------------|-------------|
| 118. Three to Life   | Mark G       | 916-224-6318   | x           | x           | x           |             |
| 163. Willingness at Noon Time                              | Dreamer      | 916-495-5623   | x           | x           | x           |             |
| <b>TUESDAY MEETINGS</b>                                    | <b>NAME</b>  | <b>PHONE #</b> | <b>1/23</b> | <b>2/23</b> | <b>3/23</b> | <b>4/23</b> |
| 41. By the Book  | Barry W      | 916 600-1425   | x           | x           | x           |             |
| 46. Surrender Group  | Paul p.      | 916-662-2932   | x           | x           | x           |             |
| 72. Back to Basics   | Cindy G.     | 916-752-4520   |             | x           | x           |             |
| 156. One Addict Helping Another                            | Kristinia J. | 530-368-4184   | x           | x           | x           |             |
| <b>WEDNESDAY MEETINGS</b>                                  | <b>NAME</b>  | <b>PHONE #</b> | <b>1/23</b> | <b>2/23</b> | <b>3/23</b> | <b>4/23</b> |
| 33. Fahrfromusin   | Pink C.      | 916-291-9093   |             | x           | x           |             |
| 158. We do Recover   | Aamina P     | 916-692-4850   | x           | x           | x           |             |
| 49. Here, Try This   | Alex W       | 279-758-4381   | x           | x           | x           |             |
| 29. Women's Tea House                                      | Lucy F       | 916-666-5080   | x           | x           |             |             |
| 165. Avoiding Addiction                                    | Aamina P     | 916-692-4850   |             | x           | x           |             |
| <b>THURSDAY MEETINGS</b>                                   | <b>NAME</b>  | <b>PHONE #</b> | <b>1/23</b> | <b>2/23</b> | <b>3/23</b> | <b>4/23</b> |
| 45. Rebels With A Cause                                    | Charles M    | 916-519-2871   | x           | x           | x           |             |
| 167. Leave It Alone Group                                  | Greg B       | 209-484-4322   |             |             | x           |             |
| 166. NA Uncut  | Michael S    | 916-208-5037   |             |             | x           |             |
| 75. New Attitude   | Chantal O    | 916-912-1500   | x           | x           | x           |             |
| 76. Not High Noon  | Glenn        | 916-467-3290   | x           | x           | x           |             |
| <b>FRIDAY MEETINGS</b>                                     | <b>NAME</b>  | <b>PHONE #</b> | <b>1/23</b> | <b>2/23</b> | <b>3/23</b> | <b>4/23</b> |
| 164 Folsom Friendly Fridays                                | Josh B.      | 916-472-9019   | x           | x           | x           |             |
| 98. Recovery in Progress                                   | Stephanie M  | 916-390-8089   | x           | x           | x           |             |
| 162. RAW Group of Sacramento                               | Gregory M    | 914-299-4123   |             | x           | x           |             |
| <b>SATURDAY MEETINGS</b>                                   | <b>NAME</b>  | <b>PHONE #</b> | <b>1/23</b> | <b>2/23</b> | <b>3/23</b> | <b>4/23</b> |
| 48. Desire to Stop   | Ed M         | 916-764-1489   | x           | x           | x           |             |
| 83. Saturday Night Alive                                   | Cory P       | 916-202-2440   | x           | x           | x           |             |
| 74. Growth & Change  | Denise P     | 916-912-7920   | x           | x           | x           |             |
| 139. Young Pups in Recovery                                | Miranda A    | 916-969-4259   | x           | x           | x           |             |
| 159. Principles before Personalities                       | Stephen      | 916-968-1385   |             | x           | x           |             |
| 82. Being Clean Is Happening                               | Melinda L    | 916-410-2202   |             | x           | x           |             |
| <b>SUNDAY MEETINGS</b>                                     | <b>NAME</b>  | <b>PHONE #</b> | <b>1/23</b> | <b>2/23</b> | <b>3/23</b> | <b>4/23</b> |
| 61. Have Mercy   | Kenny P      | 916-293-6423   | x           | x           | x           |             |
| 88. Ashes to Diamonds                                      | Christian J  | 916-642-6923   | x           | x           |             |             |
| 92. Sunday Night Serenity                                  | Bob T        | 401-219-2733   | x           | x           | x           |             |
| 69. Journey Within   | Matthew B    | 209-712-5567   | x           | x           | x           |             |
| 93. Sunday Night in Recovery                               | Michelle B   | 916-271-0288   | x           |             | x           |             |
| 157. Hugs not Drugs  | Greg (Guicy) | 916-291-5328   |             |             | x           |             |
| <b>GROUPS IN ATTENDANCE</b>                                |              |                | <b>33</b>   | <b>37</b>   | <b>40</b>   |             |
| <b>TOTAL COUNT OF GROUPS</b>                               |              |                | <b>40</b>   | <b>42</b>   | <b>44</b>   | <b>45</b>   |
|  |              |                | <b>1/23</b> | <b>2/23</b> | <b>3/23</b> | <b>4/23</b> |
| <b>Meetings removed for missing more then two meetings</b> |              |                |             |             |             |             |

|                                      |                   |                     |  |  |  |  |
|--------------------------------------|-------------------|---------------------|--|--|--|--|
| <b>130. Steppin-Up</b>               | <b>Theresa S.</b> | <b>916-889-5722</b> |  |  |  |  |
| <b>51. Wednesday Night Unity</b>     | <b>Julie C.</b>   | <b>916-290-3190</b> |  |  |  |  |
| <b>77. Addicts in Action</b>         | <b>Jimmy M.</b>   | <b>916-712-0300</b> |  |  |  |  |
| <b>155. Women Seeking Serenity</b>   | <b>Tonya</b>      | <b>916-844-9153</b> |  |  |  |  |
| <b>54. We Believe in You - multi</b> | <b>Taryn</b>      | <b>916-969-6039</b> |  |  |  |  |

**Minutes**  
**AMERICAN RIVER AREA SERVICE COMMITTEE**  
**3/3/2023**  
**(FUTURE ASC 04/07, 05/05)**

**I. Open**

12 Traditions: Kenny  
 12 Concepts: Teanna  
 Purpose of ASC: Bob  
 Decorum Statement: Nicole  
 Announcements

**II. Welcome New ASC Participants**

**III. GSR Reports**

**IV. ADMINISTRATIVE REPORTS**

|                  |            |     |            |           |     |
|------------------|------------|-----|------------|-----------|-----|
| Chair            | Rob R      | pg. | H&I        | April     | pg. |
| Vice Chair       | Kim M      | pg. | Literature | Marquis B | pg. |
| Secretary        | Janeice V  | pg. | PR         | Robert C. | pg. |
| Treasurer        | Hank Z     | pg. | Activities | Heather C | pg. |
| Events Treasurer | Jennifer L | pg. | Campout    | Jay Z     | pg. |
| RCM I            | Janie S    | pg. | Softball   | Vacant    | pg. |
| RCM II           | Jim        | pg. | Unity Day  | Vacant    | pg. |

**V. Quorum Call (Roll Call) attached results: of 39**  
 (Birthday Celebration - during tally of quorum count)

**VI. Approval of Previous Months ASC Minutes (pages)**

**VII. Approval of Previous Months Treasurer's Report (pages)**

**VIII. Open Forum/Parking Lot: Dreamer/ Graft**

**VIV. Elections:**

Softball Chair/Vice Chair  
 PR Chair

**FYI – per guidelines, elections for subcommittee Chairpersons (and administrative committee) occurs as follows:**

Softball Chair/Vice Chair – January  
 PR Chair/Vice Chair – February  
 Activities Chair. Vice - Chair April  
 H&I Chair/Vice Chair – May  
 Secretary/Asst. Sec – May  
 RCM I – June – Even years

Literature Chair/Vice Chair – July  
 Chair/Vice Chair – July  
 Campout Chair/ Vice Chair – July  
 Treasurer/Alt. Treasurer - December  
 Events Treasurer/Alt. Events Treasurer – December  
 RCM II – June – Odd years

**X. OLD BUSINESS**

|  |  |  |
|--|--|--|
|  |  |  |
|  |  |  |
|  |  |  |

**XI. NEW BUSINESS**

|     |  |              |
|-----|--|--------------|
| 301 | To add the following to the RCM duties to the ARANA guidelines: January of each year, to initiate the discussion with GSR's as to the willingness to submit for a bid for a NCCNA Sub-committees late in the convention year cycle<br><br>-Jaime RCM                     | <b>Pass</b>  |
| 302 | Motion to improve approve the pool party budget for 2023<br><br>Heather C 2nd Robert T   | <b>Pass</b>  |
| 303 | Motion to Approve the Halloween Budget 2023<br><br>Heather C 2nd Robert T  | <b>Pass</b>  |
| 304 | To update the Guidelines to reflect the prudent reserve in the ASC checking to 2 month or 3170.00<br><br>This will update the guidelines to match last months vote to up the amount to make sure we cover the \$3K daily minimum to avoid fees<br><br>Teana C 2nd Mark G | <b>Table</b> |

## ASC TREASURER

**Mar's Treasurer Report for Feb numbers**

**If you have donations, please feel free to mail them to the PO Box.**

**ARANA**

**PO box 417482**

**5420 Kohler Road**

**Sacramento, CA 95841**

Good Evening.

**We deposited \$4,403.24 this month.**

**Expenses from Jan Area Business was \$6,473.88**

**We kept 2 months of the budget in Checking.**

**Amount left in Checking after Prudent Reserve is **-\$ 2,070.64****

**Amount in Savings is:**

|  |                    |
|--|--------------------|
| <b>Ending Ledger balance of .....</b>                | <b>\$ 3,160.70</b> |
| Less Prudent Reserve.....                            | 1,585.00           |
| Less Accumulated Annual Expenses.....                | 1,150.54           |
| <u>Less Accumulated Sales Taxes.....</u>             | <u>425.17</u>      |
| <b>Excess in Savings above budgeted Amounts.....</b> | <b>\$ 0.00</b>     |

**Thanks for letting me be of service**