

LEGEND
(for abbreviations following meeting locations)

- BS...Book Study
- CC...Childcare Available
- CL... Closed Meeting, Addicts Only
- Dir ... Directions on schedule
- DS...Discussion Meeting
- GLBT ...Lesbian, Gay, Bisexual & Transgender
- INT...ASL Interpreter (hearing impaired)
- JFT...Just for Today
- M...Men's meeting
- NC...Meetings Oriented for Newcomers
- NCP ...No Children Please
- NS ... Non Smoking
- NWA ...Not Wheelchair Accessible

- SP....Spanish speaking
- SS....Step Study
- Topic...Topic Meeting
- W...Women's meeting
- Y...Young People's meeting
- ! ...Meetings Needing Support
- ☺...New Meeting

Note: Kaiser Facilities do not allow smoking anywhere on property

Any Addict is welcome at any meeting regardless of how it might be listed

Notes\Phone numbers

**NA meeting schedules may be photocopied.
Meetings are 1-1/2 hours unless otherwise specified.**

AMERICAN RIVER AREA NARCOTICS ANONYMOUS



Feb 2009

Meeting Directory



If you want to stop using drugs
or need help finding a meeting, call the

N.A. Helpline

To speak with an addict or hear about upcoming events call...

**(866) 565-2135 or
(800) 600-HOPE**

**Narcotics Anonymous
P.O. Box 418222
Sacramento, CA 95841-8222**

<http://www.SacramentoNA.org> <http://www.NA.org>

What is Narcotics Anonymous?

"N.A. is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion." NA Basic Text, page 9.

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MONDAY

8:00am	Downtown	Shasta Hotel Recovery	1017 10th St.	(1 hr) ☺
12:00pm	Tahoe Park	Group 55	6240 14th Avenue @14th Street Baptist Church	NC, (1hr) (Dir)
12:00pm	North Sac	North Sac Group	940 Eleanor Ave.	
12:00pm	Carmichael	Collective Conscience	5025 Manzanita @ Christ Community Church	(1hr) (Dir)
6:00pm	North Sac	North Sac Group	940 Eleanor Ave.	
6:00pm	North Sac	Fire in the Heights	810 Grand Ave. @Firehouse Community Center	W, SS CL (1hr)
6:00pm	Arden Arcade	Ladies Steppin Up	3342 Lerwick #1	
6:45pm	Davis	Davis Group of NA	1801 Oak Ave., Davis	
7:00pm	West Sac	Broderick Group	2125 Michigan Ave @First Southern Bap	BS (1hr) W (1 hr)
7:00pm	Citrus Heights	Women Helping Women	6201 Spruce, Off Garfield St. Andrews Church	
7:00pm	Carmichael	Recovery Inclined	4641 Marconi Ave. #1	BS
7:00pm	Orangevale	Serenity Friends	7801 Hazel Ave. @East Valley Church	
7:00pm	North Sac	Cleaning up the Heights	2980 Del Paso Blvd.	BS
7:00pm	Stockton	NA Uncut	1305 Tommydon @Chemical Dep. Rm.	
7:00pm	Rio Linda	Recovery in Rio Linda	5th & L St. @Calvary Lutheran Church	
7:00pm	South Sac	Keep it Clean	5401 Freeport Blvd. @Methodist Church	(1hr)
7:00pm	North Sac	Steppin' Up	731 Santa Ana Ave	NWA ☺
7:00pm	Foothill Farms	Our Daily Meditation	5435 Palm Ave. @Nothing But Recovery	M
7:00pm	South Sac	South Sac Recovery	4833 Tangerine Ave.	
7:30pm	Arden Arcade	Open Minded Group	2829 Watt Ave, Rm #1	
7:30pm	Citrus Heights	Three to Life	7605 Lauppe Ln. @"Kings House", across for Rush Park	.DS NSG
8:00pm	North Sac	North Sac Group	940 Eleanor Ave.	
8:00pm	South Sac	Amor Y Comprenicion	5660 Franklin Blvd Atras de Novedadas micelles	SP
8:00pm	Fair Oaks	Mad about Recovery	8938 Madison Avenue @Madison House	NWA SP
9:00 pm	North Sac	Vivir En Ti N.A.	477 El Camino Ave	
10:00pm	North Sac	North Sac Group	940 Eleanor Ave.	Candle Light

TUESDAY

12:00pm	North Sac	North Sac Group	940 Eleanor Ave.	
6:00pm	North Sac	North Sac Group	940 Eleanor Ave.	W
7:00pm	South Sac	By the Book	1900 Potrero Way	BS
7:00pm	Downtown	Making a Difference	Salvation Army Ctr. 1200 North B St	(1hr)
7:00pm	Foothill Farms	Surrender Group	@ Madison & Hemlock First Evangelical Free Church	CC
7:00pm	West Sac	Broderick Group	2124 Michigan Ave. @ First Southern Baptist	(1hr)
7:00pm	Arden Arcade	Tuesday at a Time	St. Mathews Church, Edison & Bell. @ St Mathews Church	

American River Area Service Committee Information

AREA SERVICE:

Meets 1st Friday of each month at 7:30pm at Hagginwood Community Center 3271 Marysville Blvd (New GSR orientation 7:00pm)

Area Service Committee (ASC)

Chair:Jody B 916-730-4635

ascchair@sacramentona.org

Vice: Jason 916-247-4697

Secretary: Mike A

916-606-0153

Email reports to secretary at:

ascsecretary@sacramentona.org

Asst. Secretary: Vicky P

916-320-5464 Pvl69@aol.com

ASC Treasurer:Shannon M

530-400-7750

Smcpartland@sbcglobal.net

ASC Alt. Treasurer:VACANT

ASC Events Treasurer:

Melody D. 916-532-6313

Flybigits@yahoo.com

ASC Alt. Events Treasurer:

VACANT

ASC AGENDA: Meets the 2nd

Sunday of each month at 4:00pm

at 2008 Morse Ave, Conf #117

Across from Kaiser Hosp

RCM: Daniel M. 916-459-8485

rcm1@sacramentona.org

RCM: Lynne B. 916-747-1060

rcm2@sacramentona.org

DANCE & NEW YEARS

DANCE: Meets the 4th Monday

4250 Auburn Blvd. Heritage

Oaks Hosp. 6:30-8:00 pm

Chair: Cheri 988-4235

Dance@sacramentona.org

Vice: VACANT

H&I: Meets the 3rd Monday

7:00pm at Sierra School, 24th St

and 4th Ave.

Chair: Steve L. 806-6411

slint@mindspring.com

Vice: Carrolyn L 856-2855

Universalkindnes@yahoo.com

LITERATURE: meets 10:00 am

on the Sunday after ASC.

4040 American River Dr.

Chair: Al S. 224-4784

Literature@sacramentona.org

Vice: JoAnn 916-205-0714

shaker1011@comcast.net

NEWSLETTER: Second Sun.

10:30am:2731 K. St. Sacramento

@ Blimpie's (Park in back)

Chair: Megan L. 289-9858

arananewsletter@yahoo.com

Vice: Johnnie S. 285-5214

Birthdays: Kitty 247-3031

yittycat@aol.com

OUTREACH: Meets 3rd

Wed., 6:30pm at 4250 Auburn

Bld, Sacramento: Admin Build-

ing @ Heritage Oaks Building

Chair:Robert C. 916-821-7002

Outreach@sacramentona.org

Vice: Sarah R. 410-1312

sarah18ann@yahoo.com

PUBLIC INFORMATION:

Meets the 3rd Thurs of the

month at 6:30pm at Kaiser Hos-

pital 2025 Morse Ave Conf Rm 2

Chair: Michael P 916-821-2170

pichair@sacramentona.org

Vice: Steve C. 916-479-3962

Pivicechair@sacramentona.org

Helpline Coordinator:

Denise P. 916-912-7920

daybear64@sbcglobal.net

Website: Robert C.

webservant@sacramentona.org

Schedule Coordinator:

Erik M. 650-996-3184

schedule@sacramentona.org

SOFTBALL: Meets the 2nd

Monday of the month at 6:30pm

at Heritage Oaks Hospital 4250

Auburn Blvd

Chair: Tom L. 916-676-5920

Tom.LaCorte@yahoo.com

Vice: Dale 916-459-9255

Buffalodale@sbcglobal.net

UNITY DAY : Meets the 2nd

Wednesday at 7:00pm at Trinity

Cathedral at 2620 Capitol Ave.

Chair: Renee R 709-0291

Naesfloristnat@yahoo.com

Vice Chair: Ray A. 717-9395

TUESDAY CONTINUED

7:00pm	Davis	The Young-ins	1801 Oak Ave	Y,Topic (1hr)
7:00pm	Foothill Farms	Never too Young	5435 Palm Ave @ Nothing But Recovery	1hr Y (1hr)
7:00pm	North Sac	Seeking Serenity	250 Cleveland St.	
7:30pm	Arden Arcade	Without Parallel	2829 Watt Ave @ Kaiser C.D.R.P	
8:00pm	North Sac	North Sac Group	940 Eleanor Ave	(dir)
8:00pm	South Sac	Amor Y Comprencon	5660 Franklin Blvd Atras de Novedadas michelles	CL SP
8:00pm	South Sac	Just Recovery	6600 Bruceville Road Kaiser D.B. Moore Bld.	NC SP
9:00 pm	North Sac	Vivir En Ti N.A.	477 El Camino Ave	
10:00pm	North Sac	North Sac Group	940 Eleanor Ave.	*Candle Light*(dir)

WEDNESDAY

8:00am	Downtown	Shasta Hotel Recovery	1017 10th St.	(1 hr) ☺
12:00pm	Tahoe Park	Group 55	6240 14th Ave @ 14th Street Baptist Church	NC (1hr) !
12:00pm	North Sac	1500 NA Group	1500 North A Street	(1hr)
12:00pm	North Sac	North Sac Group	940 Eleanor Ave.	(dir)
6:00pm	North Sac	North Sac Group	940 Eleanor Ave.	(dir) M
7:00pm	Stockton	NA Uncut	1305 Tommy Don, in Chemical Dependency Room	
7:00pm	Natomas	Silver Eagle	3500 Mobile Way at corner W Silver Eagle	
7:00pm	Davis	Davis Group of NA	Russell & Arthur @ Lutheran Church,	
7:30pm	Arden Arcade	Recovery in Action	2829 Watt Avenue in Conference Room 2	
7:30pm	N. Highlands	Serenity Seekers	7850 Watt Avenue @ St Andrews Church	
7:30 pm	Foothill Farms	Wednesday Night Unity	6201 Spruce off Garfield 2 block north of Antelope	NCP
8:00pm	North Sac	North Sac Group	940 Eleanor Avenue	(dir) CL
8:00pm	Foothill Farms	Farfromusin	5435 Palm Ave @ Nothing But Recovery	(1HR)
8:00pm	South Sac	Amor Y Comprencon	5660 Franklin Blvd Atras de Novedadas Michelles	SP
8:00pm	South Sac	Southside Group	4445 Fruitridge Road	
9:00 pm	North Sac	Vivir En Ti N.A.	477 El Camino Ave	SP
10:00pm	North Sac	North Sac Group	940 Eleanor Ave.	*Candle Light* (dir)

THURSDAY

12:00pm	Carmichael	Not High Noon	4641 Marconi Mission Lutheran Church	☺
12:00pm	North Sac	North Sac Group	940 Eleanor Ave.	NSG
12:00pm	Mather	Veterans Anonymous	10535 Hospital Way Bldg 649	(1hr)
6:00pm	Orangevale	Recovery Together	9079 Greenback Lane.	
6:00pm	North Sac	Newcomer Workshop	940 Eleanor Avenue 1st & 3rd Thursday	(dir)

THURSDAY CONTINUED

6:30pm	Citrus Heights	Rusch to Recovery	7521 Community Dr . Lyons Club	☺
7:00pm	North Sac	Group W	650 El Camino United Methodist Church	
7:00pm	West Sac	Broderick Group	2124 Michigan Avenue First Southern Baptist	(1hr)
7:00pm	Citrus Heights	Rebels with a Cause	7801 Rosswood Drive Messiah Lutheran Church	
7:00pm	Davis	Davis Group - Steppin' Out	770 Poleline Rd. @ Baptist Church	BS (1hr)
7:00pm	Oak Park	Quest for Serenity	2515 48th Avenue 48th & Wooddine	
7:00pm	Rio Linda	Recovery in Rio Linda	5th & L Street @ Calvary Lutheran Church	NWA
7:00pm	Foothill Farms	Came to Believe	5435 Palm Ave (@Nothing but Recovery)	DS
7:00pm	Sacramento	In Order to keep it	3610 Auburn Blvd @ Auburn Village #12	
7:00pm	North Sac	Serenity Happens in Recovery	1196 Arcade Blvd	(1hr) ☺!
8:00pm	South Sac	Amor Y Comprencon	5660 Franklin Blvd Atras de Novedadas michelles	CL SP
8:00pm	Carmichael	Road To Freedom	4641 Marconi @ Mission Lutheran Church	
8:00pm	Elk Grove	Just for Today	8986 Elk Grove Blvd, United Methodist Church	(1hr)
8:00pm	North Sac	North Sac Group	940 Eleanor Ave	(dir) BS
8:00pm	Fair Oaks	Mad about Recovery	8938 Madison Avenue, Madison House	NWA
9:00 pm	North Sac	Vivir En Ti N.A.	477 El Camino Ave	SP
10:00pm	North Sac	North Sac Group	940 Eleanor Ave.	*Candle Light*(dir)

FRIDAY

8:00am	Downtown	Shasta Hotel Recovery	1017 10th St.	(1 hr) ☺
12:00pm	North Sac	North Sac Group	940 Eleanor Ave.	(dir)
12:00pm	Tahoe Park	Group 55	6240 14th Ave @ 14th Street Baptist Church	NC BS (1hr) !
6:00pm	Davis	Davis Group - Spirit of Friday	1801 Oak Ave.	
6:00pm	Orangevale	Journey of Recovery	6826 Hazel Avenue Orangevale Youth Ctr. in the Classroom Main Bldg.	(1hr) SS
6:00pm	North Sac	North Sac Group	940 Eleanor Ave.	(dir)
6:00pm	Downtown	Keeping It Real	2620 Capitol Ave.	(1hr)
6:30pm	Orangevale	Mad About Recovery	8938 Madison Ave Madison House	
7:00pm	West Sac	Broderick Group	2124 Michigan Avenue First Southern Baptist	(1hr)
7:00pm	N. Highlands	Peaceful Progress	5836 Dudley Blvd , McClellan Park (air base)	
7:30pm	Foothill Farms	Recovery in Progress	5300 Madison Ave First Evangelical Church	NCP NWA
8:00pm	North Sac	North Sac Group	940 Eleanor Ave.	(dir)

FRIDAY CONTINUED

8:00pm	South Sac	Amor Y Comprencon	5660 Franklin Blvd Atras de Novedadas micelles	CL SP
8:00pm	Foothill Farms	Addicts in Action	Saint Andrews Church, 6201 Spruce	
9:00 pm	North Sac	Vivir En Ti N.A.	477 El Camino Ave	SP
10:00pm	North Sac	North Sac Group	940 Eleanor Ave.	*Candle Light*(dir)
12:00am	Foothill Farms	Something for Recovery	5435 Palm Ave	(1hr)!

SATURDAY

8:00am	N. Highlands	Meat & Potatoes	3520 Auburn Blvd @ Denny's	
10:00am	North Sac	North Sac Group	940 Eleanor Ave.	(dir)
10:00am	R. Cordova	Principles Before	2376 Zinfandel Drive	DS (1hr)
12:00pm	West Sac	Broderick Group	2124 Michigan Avenue First Southern Baptist	(1hr)
12:00pm	Rio Linda	Recovery in Rio Linda	5th and L St. @ Calvary Lutheran Church	!
4:00pm	North Sac	North Sac Group	940 Eleanor	(dir)!
6:00pm	Roseville	Being Clean is Happening	101 Riverside Ave Physician's Room bldg faces Cirby	
6:00pm	North Sac	North Sac Group	940 Eleanor Ave.	(dir)
6:00pm	South Sac	Amor Y Comprencon	5660 Franklin Blvd Atras de Novedadas micelles	CL SP
7:00pm	West Sac	Broderick Group	2124 Michigan Ave First Southern Baptist	(1hr)
7:00pm	Arden Arcade	Desire To Stop	1615 Morse Ave Choir Room (last Sat of every month Topic meeting)	(1hr)
7:00pm	Davis	Davis Group of NA	1801 Oak Ave., in choir room Pot Luck last Sat 5:30pm	(1hr)
7:00pm	N. Highlands	Young Pups in Recovery	5836 Dudley Blvd. McClellan Park	CC Y (1hr)
8:00pm	South Sac	Amor Y Comprencon	5660 Franklin Blvd Atras de Novedadas micelles	1st Saturday Marathon CL SP
8:00pm	R. Cordova	Nope to Dope	2201 Benita Dr. @ Grace Lutheran Church	
8:00pm	South Sac	Saturday Night Live	6600 Bruceville Road @ Kaiser D.B. Moore Bldg Conference	Riverside Conference Room
8:00pm	South Sac	After The Fog	2515 48th Ave. at Woodbine	CL
8:00pm	Foothill Farms	No Matter What	5435 Palm Ave.	DS
9:00 pm	North Sac	Vivir En Ti N.A.	477 El Camino Avenue	SP
10:00pm	North Sac	North Sac Group	940 Eleanor	*Candle Light* (dir)
10:00pm	Fair Oaks	Mad House	8934 Madison Avenue	(1hr)

SUNDAY

9:00am	North Sac	Biscuits & Gravy	940 Eleanor 1-1/2 hr	!☺
10:00am	Carmichael	Breakfast for Recovery	2025 Morse Ave. Main Hosp Basement Conf Rm 1&2	
11:00am	Arden Arcade	Together in Recovery	2829 Watt Ave. Room #1	Y
11:00am	Davis	Davis Group - Steppin' Out	2040 Sutter Place @ Community Care Health Clinic	BS NC (1hr)
2:00pm	R. Cordova	Dopeless Hope Fiends	2201 Benita Drive @ Grace Lutheran Church	
2:00pm	South Sac	West Coast Flat Book of NA	4320 Stockton Blvd	CL SS (2 hr) ☺

SUNDAY CONTINUED

2:00pm	N. Highlands	Concrete Recovery	5901 Watt Avenue Suite 1A	(1 hr) ☺
2:30pm	South Sac	Women of NA	6600 Bruceville Rd. D.B. Moore Bld. Front Conference Room	W
4:00pm	Carmichael	Have Mercy	5079 Cypress Ave.	
5:00pm	North Sac	North Sac Group	940 Eleanor Ave.	Y (dir)
5:30pm	West Sac	Broderick Women's Group	2124 Michigan Ave First Southern Baptist	W (1 hr) (dir)
7:00pm	North Sac	North Sac Group	940 Eleanor Ave.	
7:00pm	Citrus Heights	Sunday Night Serenity	5901 San Juan, Advent Lutheran Church	
7:00pm	Davis	Davis Group - Sisters of NA	4th and D St. Room #151 Davis Comm. Church Education Wing	W (1hr)
7:00pm	West Sac	Broderick Group NA 101	2124 Michigan Ave First Southern Baptist	(1 hr) BS (1 hr)
7:00pm	Foothill Farms	NA 101	5435 Palm Ave.	
8:00pm	Arden Arcade	Ashes to Diamonds	Kaiser Hospital, 3120 Cottage	
8:00 pm	North Sac	Vivir En Ti N.A.	477 El Camino Avenue	SP
8:00pm	South Sac	Amor Y Comprencon	5660 Franklin Blvd Atras de Novedadas micelles	CL SP
8:30pm	Davis	Davis Group - Men's Meeting	4th and D St. Room #151 Davis Comm. Church Education Wing	M (1hr)
9:00pm	North Sac	North Sac Group	940 Eleanor Ave.	NS



Narcotics Anonymous®



DIRECTIONS & PARKING INFORMATION

Directions to North Sac Group: Take Business 80 to El Camino, go West to Del Paso Blvd., turn right. Go to Intersection of Del Paso & Lampasas. Turn Left on Lampasas and immediately turn into alley on right. **Keep it Simple & Changing Lanes :** Highway 50 to Mather Field Road, go South and veer to the right at the split, left on Peter McCuen Rd, which turns into Femoyer St, Right on Schirra Ave, and it is in the third row of buildings Rm #3. **Group W-** Located behind Cooks Hardware at the North Sacramento United Methodist Church 650 El Camino Ave **Silver Eagle:** From Northgate turn on W. Silver Eagle Rd near El Polo Loco go to the end of street on corner of Mobile Way & W. Silver Eagle.