

DIRECTIONS & PARKING INFORMATION

Directions to: North Sac Group: Take Business 80 to El Camino, go West to Del Paso Blvd., turn right. Go to Intersection of Del Paso & Lampasas. Turn Left on Lampasas and immediately turn into alley on right. **Keep it Simple & Changing Lanes :** Highway 50 to Mather Field Road, go South and veer to the right at the split, left on Peter McCuen Rd, which turns into Femoyer St, Right on Schirra Ave, and it is in the third row of buildings Rm #3. **Group W:** Located behind Cooks Hardware at the North Sacramento United Methodist Church 650 El Camino Ave **Silver Eagle:** From Northgate turn on W. Silver Eagle Rd near El Polo Loco go to the end of street on corner of Mobile Way & W. Silver Eagle. **Off 99:** Hwy 99 to 47th Ave East on corner of 44th St. & 47th Ave. Enter through south walkway, through gate, by the storage place.

Regardless of how it might be listed

NA meeting schedules may be photocopied. Meetings are 1-1/2 hours unless otherwise specified.

Notes\Phone numbers

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

LEGEND

(for abbreviations following meeting locations)

- ! ...Meetings Needing Support
- ©...New Meeting
- 1hr...Meeting is one hour in length
- BS...Book Study
- CC...Childcare Available
- CL...Closed Meeting, Addicts Only
- CM...Candle Light Meeting
- Dir ... Directions on schedule
- DS...Discussion Meeting
- GLBT ...Lesbian, Gay, Bisexual & Transgender
- JFT...Just for Today

- M...Men's Meeting
- NC...Meetings Oriented for Newcomers
- NCP ...No Children Please
- NS ... Non Smoking
- NWA ...Not Wheelchair Accessible
- SD...Speaker Discussion Meeting
- SP....Spanish speaking (Junta en Español)
- SS....Step Study
- T...Topic Meeting
- W...Women's Meeting
- Y...Young People's Meeting

Notes:

Kaiser Facilities do not allow smoking anywhere on property
Any Addict is welcome at any meeting



AMERICAN NARCOTICS ANONYM

Sept



If you want to stop using meeting, call the N.A. H or hear about upcoming e (866) 565-2135 Narcoti P.O. Box 418222, Sacram http://www.SacramentoN

What is Narcotics Anony

"N.A. is a nonprofit Fellowship or society of men and w major problem. We are recovering addicts who meet reg This is a program of complete abstinence from all drug membership, the desire to stop using. We suggest tha yourself a break. Our program is a set of principles w them in our daily lives. The most important thing about strings attached to N.A. We are not affiliated with an initiation fees or dues, no pledges to sign, no promis connected with any political, religious or law enfor surveillance at any time. Anyone may join us, regardless religion or lack of religion." NA Basic Text, page Anonymous World Services, Inc. Reprinted by permission

MONDAY

7:30p

Carmichael

12:00pm **Collective Conscience** 5025 Manzanita 1hr 6:45p
7:00pm **Recovery Inclined** 4641 Marconi Ave #1 BS 8:00p

Citrus Heights

7:00pm **Women Helping Women** 6201 Spruce (Off Garfield) 1hr,W 7:00p
7:00pm **We Owe U1 NA** 4901 Little Oak Ln. !

MONDAY
Con't

Elk Grove
6:30pm Mon Night Grab Bag 9145 Franklin Blvd 1hr,T

Orangevale
7:00pm Point to Recovery 5810 Pecan Ave. 7:00pm Serenity Friends 7801 Hazel Ave @Church

Rio Linda
7:00pm Recovery in Rio Linda 5th & L St @Church

Roseville
7:00pm Letting Go Group 109 Washington Blvd @ church SD

Rio Linda
7:00pm Recovery in Rio Linda 5th & L St @Church

Roseville
7:00pm Letting Go Group 109 Washington Blvd @ church SD

Sacramento-Arden Arcade
7:30pm Open Minded Group 2829 Watt Ave, Rm #1

Sacramento-Downtown/Midtown
8:00am Shasta Hotel Recovery 1027 10th St 1hr,SD,! LGBT, NWA

Sacramento-North
11:00am Llegamos a Creer 3291 True Rd #27 SP,! 12:00pm North Sac Group 940 Eleanor Ave. Dir 6:00pm North Sac Group 940 Eleanor Ave. Dir 6:00pm Fire in the Heights 810 Grand Ave. @Firehouse Community Center ! 7:00pm Cleaning up the Heights 2980 Del Paso Blvd. BS 7:00pm Life After Dope 450 W El Camino near Northgate 1hr,CL 7:00pm Steppin' Up 731 Santa Ana Ave NWA 7:00pm We OU1 N.A. 4901 Little Oak Ln. Sienna Vista Apts Club House 8:00pm North Sac Group 940 Eleanor Ave. NSG 9:00pm Vivir En Ti N.A. 2830 Northgate Blvd Suite 2 SP 10:00pm North Sac Group 940 Eleanor Ave. CM

Sacramento-South
12:00pm Group 55 6240 14th Ave @Church 1hr,NC 6:30pm Off 99@Saybrook 4390 47th Ave

MONDAY
Con't

6:30pm Crossroads to Recovery 7128 Florin-Perkins Rd 1hr
7:00pm The RAW 916 Group 6240 14th Ave BS
7:00pm Keep it Clean 5401 Freeport Blvd. @Church
7:00pm South Sac Recovery 4833 Tangerine Ave.
8:00pm Amor Y Comprencon 5660 Franklin Blvd Esquina en la Franklin y 32 Ave SP
8:00pm Tools of Recovery 7128 Florin Perkins Rd @church 1hr,BS

Sacramento-West (West Sacramento)
7:00pm Broderick Group 2124 Michigan Blvd @church 1hr,BS

Stockton
7:00pm NA Uncut 1305 Tommydon @Chemical Dependency Rm.

Woodland
6:00pm Recovery is Real 100 Woodland Ave 1hr,M
8:00pm New Beginnings 515 2nd St

TUESDAY

Davis
7:00pm The Young-ins 1801 Oak Ave 1hr, T,Y

Folsom
8:00pm Folsom Home Group 1255 Iron Point Rd. (med office, 3rd flr.) 1hr

Foothill Farms
7:00pm Surrender Group Madison & Hemlock @Church CC
7:00pm Never too Young 5435 Palm Ave @ Nothing But Recovery 1hr,Y

North Highlands
7:00pm The Highlands Group 5846 Sante Fe Way 1hr,CL,NCP

Orangevale
6:00pm Spirituality in Recovery 9079 Greenback Lane @church SD

Rancho Cordova
7:00pm No Frills 10497 Coloma Rd @church CC
7:30pm Changing Lanes 10630 Schirra Ave Room 3

Roseville
7:00pm Dopeless Hope Fiends 109 Washington Blvd @church CM,SD

Sacramento-Arden Arcade
7:00pm Tuesday at a Time Edison & Bell @Church
7:30pm Without Parallel 2829 Watt Ave

American River Area Service C

AREA SERVICE: 1st Friday each month 7:30pm Hagginwood Community Center 3271 Marysville Blvd (New GSR orientation 7:00pm)
Chair: Jody B 916-730-4635 ascchair@sacramentona.org
Vice: Steve 479-3962 ascvicechair@sacramentona.org
Secretary: Mike A. 916-606-0153 ascsecretary@sacramentona.org
Asst. Secretary: Vicky P 916-320-5464
ASC Treasurer: Shannon M 530-400-7750 treasurer@sacramentona.org
ASC Alt. Treasurer: Tim 916 402 8065 alltreasurer@sacramentona.org
ASC Events Treasurer: Melody D. 916-532-6313 eventstreasurer@sacramentona.org
ASC Alt. Events Treasurer: VACANT alteventstreasurer@sacramentona.org
ASC AGENDA: Meets the 2nd Sunday of each month at 4:00pm at 2008 Morse Ave, Conf #117
Across from Kaiser Hosp
RCM: Lynne B. 916747-1060 rcm1@sacramentona.org
RCM: Tony G. 916-215-3252 rcm2@sacramentona.org
CAMPOUT : Meets 2nd and 4th Thurs of month at 7:00pm 2008 Morse Ave, Conf Rm. #117
Chair: Valerie L. 916-332-3384 campoutchair@sacramentona.org
Vice: Tom P. 916-600-4126 campoutvicechair@sacramentona.org

DANCE & NEW YEAR DANCE: Meets the 4th day 4250 Auburn Blvd. tage Oaks Hosp. 6:30-8:30pm
Chair: Cheri 988-4235 Dance@sacramentona.org
Vice: VACANT dancevicechair@sacramentona.org
H&I: Meets the 3rd Monday 7:00pm at Sierra School St and 4th Ave.
Chair: Mel D. 916-215-1111 hichair@sacramentona.org
Vice: Vacant hivicechair@sacramentona.org
LITERATURE: meets 1st Sunday after 4:00pm on the Sunday after 4:00pm at 4040 American River Dr.
Chair: Al S. 224-4784 literature@sacramentona.org
Vice: JoAnn 916-205-0111 literaturevicechair@sacramentona.org
NEWSLETTER: Seco Sun. 10:30am:2731 K. Sacramento @ Blimpie (Park in back)
Chair: Megan L. 289-9111 newsletter@sacramentona.org
Vice: Johnnie S. 285-5111

Birthdays: birthdays@sacramentona.org
OUTREACH: Meets 3rd Wednesday, 6:30pm at 4300 Auburn Blvd, Sacramento Admin Building @ Her Oaks Building
Chair: Robert C. 916-821-7002 outreach@sacramentona.org
Vice: Sarah R. 410-1311 outreachvicechair@sacramentona.org

TUESDAY

Sacramento-Downtown/Midtown

- 12:00pm Clunie Group 2620 Capitol Ave 1hr
- 6:30pm Midtown Recovery 1723 L St. upstairs in Youth Room 1hr,NWA
- 7:00pm Making a Difference 1200 North B St 1hr

Sacramento-North

- 12:00pm North Sac Group 940 Eleanor Ave.
- 6:00pm North Sac Group 940 Eleanor Ave. W
- 7:00pm Seeking Serenity 250 Cleveland St. 1hr
- 8:00pm North Sac Group 940 Eleanor Ave Dir
- 9:00pm Vivir En Ti N.A. 2830 Northgate Blvd Suite 2 SP
- 10:00pm North Sac Group 940 Eleanor Ave. CM, Dir

Sacramento-South Area/Oak Park

- 12:00pm Hump Day Hope 4445 Fruitridge @church 1hr
- 7:00pm Cope Without Dope 7128 Florin Perkins Rd @church 1hr
- 7:00pm Oak Park Fellowship 3425 Martin L. King Jr Blvd
- 7:00pm By the Book 1900 Potrero Way BS
- 8:00pm Amor Y Comprenccion 5660 Franklin Blvd Esquina en la Franklin y 32 Ave CL,SP
- 8:00pm Just Recovery 6600 Bruceville Rd (DB Moore gymnasium) NC

Sacramento-West

- 7:00pm Making a Difference Salvation Army Ctr. 1200 North B St 1hr
- 7:00pm Broderick Group 2124 Michigan Blvd. @church 1hr

Woodland

- 12:00pm New Beginnings 515 2nd St 1hr
- 6:00pm Recovery is Real 100 Woodland Ave 1hr
- 8:30pm New Beginnings 515 2nd St 1hr

WEDNESDAY

Davis

- 7:00pm Davis Group of NA Russell & Arthur @church

Foothill Farms

- 6:30pm Our Own Recovery 5132 Elkhorn Blvd. Rm. #216 @ church (Men's Writing Group)
- 7:30pm Wednesday Night Unity 6201 Spruce off Garfield 2 block north of Antelope NC
- 8:00pm Farfromusin 5435 Palm Ave @ Nothing But Recovery 1hr

WEDNESDAY

Con't

North Highlands

- 7:30pm Serenity Seekers 7850 Watt Ave @church
- 7:30pm Serenity Seekers 7850 Watt Ave @church

Rancho Cordova

- 7:00pm Youth Seeking Truth 2201 Benita Dr Y
- 7:00pm Wednesday Night Connection 2721 Barbara Way gate by grocery
- 7:00pm Women's Teahouse 3520 Bradshaw Rd W

Roseville

- 7:00pm Spiffs Without Spliffs Weber Park on Main St SD

Sacramento-Arden Arcade

- 7:30pm Recovery in Action 2829 Watt Ave Rm 2

Sacramento - Midtown/Downtown

- 8:00am Shasta Hotel Recovery 1027 10th St
- 12:00pm Clunie Group 2620 Capitol Ave SD downstairs + NC upstairs 1hr
- 12:00pm 1500 NA Group 1500 North A St 1hr
- 7:00pm Clean on Capitol 2100 J St (upstairs) 1hr
- 7:00pm H.O.W. 1200 North B. St 1hr,BS
- 8:00pm Sacramento ARC 500 9th St 1hr

Sacramento-North/Natomas

- 7:00pm Silver Eagle 3500 Mobile Way @corner W Silver Eagle
- 12:00pm North Sac Group 940 Eleanor Ave. Dir
- 6:00pm North Sac Group 940 Eleanor Ave. Dir,M
- 6:30pm Serenity Sisters 445 Jefferson Ave 1hr,CC,W
- 8:00pm North Sac Group 940 Eleanor Ave CL,Dir
- 9:00pm Vivir En Ti N.A. 2830 Northgate Blvd Suite 2 SP
- 10:00pm North Sac Group 940 Eleanor Ave. CM, Dir

Sacramento-South/Tahoe Park/Oak

Park

- 12:00pm Group 55 6240 14th Ave @church 1hr,NC
- 12:00pm Hump Day Hope 4445 Fruitridge @church 1hr

- 6:00pm Oak Park Fellowship 3425 Martin L. King Jr. Blvd W
- 8:00pm Amor Y Comprenccion 5660 Franklin Blvd Esquina en la Franklin y 32 Ave SP
- 8:00pm Southside Group 4445 Fruitridge Road

Stockton

- 7:00pm NA Uncut 1305 Tommy Don, in Chemical Dependency Room

Woodland

- 6:00pm Recovery is Real 100 Woodland Ave 1hr,CL

WEDNESDAY

Con't

- 7:00pm Progress House 15450 County Rd 99 CL,NCP,W 7:00pm
- 8:00pm New Beginnings 515 2nd St 1hr,CL,BS 7:00pm

THURSDAY

Carmichael

- 12:00pm Not High Noon 4641 Marconi Mission @church 8:00pm
- 8:00pm Road To Freedom 4641 Marconi @church 9:00pm

Citrus Heights

- 6:30pm Rush to Recovery 7521 Community Dr. @Lyons Club 12:00pm
- 7:00pm Rebels with a Cause 7801 Rosswood Dr @church 6:00pm

Davis

- 7:00pm Davis Group Steppin' Out 770 Poleline Rd. @church 1hr,BS 8:00pm

Elk Grove

- 8:00pm Just for Today 8986 Elk Grove Blvd @church 1hr 7:00pm
- 7:00pm Elk Grove Home Group Book Study 9201 Big Horn Blvd 2nd floor conf rm #3 7:00pm

Fair Oaks

- 8:00pm Mad about Recovery 8938 Madison Ave @Madison House NWA 8:00pm

Foothill Farms

- 7:00pm Came to Believe 5435 Palm Ave @Nothing but Recovery DS 6:00pm

Orangevale

- 6:00pm Recovery Together 9079 Greenback Lane. 7:00pm

Rancho Cordova

- 1:00pm Veterans Anonymous 10535 Hospital Way Bldg. 649 (Mather) 1hr,D,JFT 7:00pm
- 7:30pm Made a Decision 2201 Benita Dr @church 7:00pm

Rio Linda

- 7:00pm Recovery in Rio Linda 5th & L St @church 7:00pm

Roseville

- 7:00pm Our Choice Group 109 Washington Blvd. @church 1hr 7:30pm

Sacramento Arden Arcade

- 7:00pm In Order To Keep It 3610 Auburn Blvd #12 8:00pm

Sacramento - Midtown/Downtown

- 12:00pm Clunie Group 2620 Capitol Ave 1hr 8:00pm
- 5:22 pm Happy Hour 1820 28th St at S @church 1hr,D,T 12:00pm

Sacramento-North/ Del Paso Heights

- 12:00pm North Sac Group 940 Eleanor Ave. NSG 7:00pm
- 6:00pm Newcomer Workshop 940 Eleanor Ave Dir
- 7:00pm Group W 650 El Camino @church

FRIDAY

Con't

Orangevale

6:00pm Journey of Recovery 6826 Hazel Ave (Orangevale Youth Ctr.) 1hr,SS

6:30pm Mad About Recovery 8938 Madison Ave @Madison House

Rancho Cordova

8:00pm Recovery Connection 2101 Zinfandel @church CL,NCP

Sacramento – Midtown/Downtown

8:00am Shasta Hotel Recovery 1027 10th St 1hr,D,! 1hr,D,! 1hr

12:00pm Clunie Group 2620 Capitol Ave W upstairs + SD Down 1hr

6:00pm Keeping it Real 2620 Capitol Ave @church, upstairs 1hr

Sacramento-North/Del Paso Heights/Natomas

12:00pm North Sac Group 940 Eleanor Ave. Dir

6:00pm North Sac Group 940 Eleanor Ave. Dir

7:00pm Natomas Group 3291 True Road #26 (behind pizza place)

8:00pm North Sac Group 940 Eleanor Ave. Dir

9:00pm Vivir En Ti N.A. 2830 Northgate Blvd Suite 2 SP

10:00pm North Sac Group 940 Eleanor Ave CM, Dir

Sacramento-South/Tahoe Park/Oak Park

12:00pm Group 55 6240 14th Ave @church 1hr, BS,NC

3:15pm Serenity for Today 4343 Williamsborough Dr

6:00pm Oak Park TGIF 3425 Martin Luther King Jr Blvd BS

8:00pm Friday Night South Sac 4445 Fruitridge Rd

8:00pm Amor Y Comprencon 5660 Franklin Blvd Esquina en la Franklin y 32 Ave SP

Sacramento-West (West Sacramento)

6:00pm Keeping It Real 2620 Capitol Ave. 1hr

7:00pm Broderick Group 2124 Michigan Blvd @church 1hr

Williams

7:00pm Road to Recovery 8th & B

Woodland

6:00pm Recovery is Real 100 Woodland Ave

8:00pm New Beginnings 515 2nd St

10.00pm Recovery is Real 100 Woodland Ave 1hr,CM

SATURDAY

Davis

7:00pm Davis Group of NA 1801 Oak Ave.

SATURDAY

Con't

Fair Oaks

10:00pm Mad House 8934 Madison Ave 1hr

Foothill Farms

8:00pm No Matter What 5435 Palm Ave. DS

8:00pm Saturday Night Alive 6201 Hillsdale Blvd. (across from Foothill HS)

North Highlands

7:00pm Young Pups in Recovery 5836 Dudley Blvd. McClellan Park 1hr,CC,Y

Rancho Cordova

10:00am Principles Before Personalities 2376 Zinfandel Dr 1hr,DS

1:00pm Keep it Simple 10630 Schirra Ave Classroom 3 (at Mather)

8:00pm Nope to Dope 2201 Benita Dr. @church

Rio Linda

12:00pm Recovery in Rio Linda 5th and L @church

Roseville

6:00pm Being Clean is Happening 101 Riverside Ave Physician's Room bldg faces Cirby

Sacramento-Arden Arcade

10:00am Woman to Woman 2829 Watt Ave med office rm #4 W

10:00am Learning to Care 1615 Morse Ave @church M

7:30pm Saturday Night Substitute 3337 Arden Way

7:00pm Desire To Stop 1615 Morse Ave Choir Room (last Sat of every month T) 1hr

Sacramento – Midtown/Downtown

10:00am E St Book Study 2620 Capitol Ave @church upstairs BS,NWA

7:00pm Sat Night Traditions 2529 K St 1hr,NCP

Sacramento-North

10:00am North Sac Group 940 Eleanor Ave. Dir

9:00pm Vivir En Ti N.A. 2830 Northgate Blvd Suite 2 SP,W,! 1hr

4:00pm North Sac Group 940 Eleanor Ave. Dir

6:00pm North Sac Group 940 Eleanor Ave. Dir

9:00pm Vivir En Ti N.A. 2830 Northgate Blvd Suite 2 SP

10:00pm North Sac Group 940 Eleanor Ave. CM, Dir

Sacramento-South

12:00pm TU Women 4445 Fruitridge Rd LGBT,W

12:00pm New Crossroads 7595 Center Parkway @church 1hr

12:00pm Oak Park Men's 3425 Martin Luther King Jr Blvd M

SATURDAY

Con't

6:00pm Amor Y Comprencon 5660 Franklin Blvd Esquina en Franklin y32Ave Junta Estudio BS,SP 10:00am

7:00pm Oak Park Speaker Mtg. Martin L K Blvd 11:00am

7:00pm Quest for Serenity Too 3900 47th Ave.

8:00pm After The Fog 2515 48th Avenue CL 8:00pm

8:00pm Amor Y Comprencon 5660 Franklin Blvd Esquina en Franklin y32Ave 1st Sat. Marathon SP 6:00pm

8:00pm Saturday Night Live 6600 Bruceville Road @ Kaiser D.B.Moore Bldg Riverside Conf Sacramento

Sacramento-West (West Sacramento)

12:00pm Broderick Group 2124 Michigan Blvd @church 1hr 2:00pm

7:00pm Broderick Group 2124 Michigan Blvd @church 1hr 6:30pm

7:00pm Broderick Group 2124 Michigan Blvd @church 1hr 7:00pm

Woodland

12:00pm Recovery is Real 100 Woodland Ave Newcomer 1st Saturday only 9:00am

6:00pm Recovery is Real 100 Woodland Ave 5:00pm

SUNDAY

Carmichael

10:00am Breakfast for Recovery 2025 Morse Ave. Kaiser Hospital Conference Rms 1&2 no mee

4:00pm Have Mercy 5709 Cypress Ave. 7:00pm

Citrus Heights

7:00pm Sun Night Serenity 5901 San Juan@church Suite 2 9:00pm

Davis

11:00am Davis Group Steppin' Out 2040 Sutter Place @Comm. Care Health Clinic 2:30pm

7:00pm Davis Group Sisters of NA 770 Poleline Rd. @church 1hr,W Moore

8:30pm Davis Group Men's Meeting 770 Poleline Rd. @church 1hr,M Moore

Folsom

4:00pm Hugs Not Drugs 320 Montrose Dr @church NCP 7:00pm

Foothill Farms

2:00pm Concrete Recovery 5435 Palm Ave @ Nothing But Recovery 1hr 5:30pm

7:00pm NA 101 5435 Palm Ave 1hr,BS gan BL 7:00pm

Rancho Cordova

2:00pm Dopeless Hope Fiends 2201 Benita Dr @church 9:00am

5:00pm Skip to Recovery 2721 Barbera Way @ detox enter thru gate on side near grocery 6:00pm

7:00pm Surrender for Serenity 2201 Benita Dr. 8:00pm

Roseville

6:00pm A Better Opportunity 900 Douglas Blvd.