

**DIRECTIONS & PARKING INFORMATION**

**Directions to: North Sac Group:** Take Business 80 to El Camino, go West to Del Paso Blvd., turn right. Go to Intersection of Del Paso & Lampasas. Turn Left on Lampasas and immediately turn into alley on right. **Keep it Simple & Changing Lanes :** Highway 50 to Mather Field Road, go South and veer to the right at the split, left on Peter McCuen Rd, which turns into Femoyer St, Right on Schirra Ave, and it is in the third row of buildings Rm #3. **Group W:** Located behind Cooks Hardware at the North Sacramento United Methodist Church 650 El Camino Ave **Silver Eagle:** From Northgate turn on W. Silver Eagle Rd near El Polo Loco go to the end of street on corner of Mobile Way & W. Silver Eagle. **Off 99:** Hwy 99 to 47th Ave East on corner of 44th St. & 47th Ave. Enter through south walkway, through gate, by the storage place.

Regardless of how it might be listed

NA meeting schedules may be photocopied. Meetings are 1-1/2 hours unless otherwise specified.

**Notes\Phone numbers**

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**LEGEND**

**(for abbreviations following meeting locations)**

- ! ...Meetings Needing Support
- ©...New Meeting
- 1hr...Meeting is one hour in length
- BS...Book Study
- CC...Childcare Available
- CL...Closed Meeting, Addicts Only
- CM...Candle Light Meeting
- Dir ... Directions on schedule
- DS...Discussion Meeting
- GLBT ...Lesbian, Gay, Bisexual & Transgender
- JFT...Just for Today

- M...Men's Meeting
- NC...Meetings Oriented for Newcomers
- NCP ...No Children Please
- NS ... Non Smoking
- NWA ...Not Wheelchair Accessible
- SD...Speaker Discussion Meeting
- SP....Spanish speaking (Junta en Español )
- SS....Step Study
- T...Topic Meeting
- W...Women's Meeting
- Y...Young People's Meeting

**Notes:**

Kaiser Facilities do not allow smoking anywhere on property  
Any Addict is welcome at any meeting



**AMERICAN NARCOTICS ANONYMOUS**

**September**



If you want to stop using... meeting, call the N.A. H... or hear about upcoming e... (866) 565-2135... Narcoti... P.O. Box 418222, Sacram... http://www.SacramentoN...

What is Narcotics Anonym...

"N.A. is a nonprofit Fellowship or society of men and w... major problem. We are recovering addicts who meet reg... This is a program of complete abstinence from all drug... membership, the desire to stop using. We suggest tha... yourself a break. Our program is a set of principles w... them in our daily lives. The most important thing about... strings attached to N.A. We are not affiliated with an... initiation fees or dues, no pledges to sign, no promis... connected with any political, religious or law enfor... surveillance at any time. Anyone may join us, regardless... religion or lack of religion." NA Basic Text, page... Anonymous World Services, Inc. Reprinted by permission

**MONDAY**

7:30p

**Carmichael**

12:00pm **Collective Conscience** 6:45p  
5025 Manzanita 1hr  
7:00pm **Recovery Inclined** BS 8:00p  
4641 Marconi Ave #1

**Citrus Heights**

7:00pm **Women Helping Women** 1hr,W 7:00p  
6201 Spruce (Off Garfield)  
7:00pm **We Owe U1 NA** !  
4901 Little Oak Ln.

**MONDAY**

**Con't**

**6:30pm** Elk Grove  
**Mon Night Grab Bag** 9145 Franklin Blvd **1hr,T**

**Orangevale**

**7:00pm** **Point to Recovery** 5810 Pecan Ave. **7:00pm**  
**Serenity Friends** 7801 Hazel Ave @Church

**Rio Linda**

**7:00pm** **Recovery in Rio Linda** 5th & L St @Church

**Roseville**

**7:00pm** **Letting Go Group** 109 Washington Blvd @ church **SD**

**Rio Linda**

**7:00pm** **Recovery in Rio Linda** 5th & L St @Church

**Roseville**

**7:00pm** **Letting Go Group** 109 Washington Blvd @ church **SD**

**Sacramento-Arden Arcade**

**7:30pm** **Open Minded Group** 2829 Watt Ave, Rm #1

**Sacramento-Downtown/Midtown**

**8:00am** **Shasta Hotel Recovery** 1027 10th St **1hr,SD,!**

**12:00pm** **Clunie Group** 2620 Capitol Ave **1hr,BS**

**7:00pm** **Young, Clean and Full of Recovery** 1701 L St, Hearth Rm **1hr,Y**

**7:00pm** **H.O.W.** 1200 North B St **1hr,BS**

**7:00pm** **Time & Change** 2620 Capitol Ave (church, upstairs) **1hr,T**

**8:00pm** **Over the Rainbow** 1927 L St (downstairs) **LGBT, NWA**

**Sacramento-North**

**11:00am** **Llegamos a Creer** 3291 True Rd #27 **SP,! Dir**

**12:00pm** **North Sac Group** 940 Eleanor Ave. **Dir**

**6:00pm** **North Sac Group** 940 Eleanor Ave. **Dir**

**6:00pm** **Fire in the Heights** 810 Grand Ave. @Firehouse Community Center **!**

**7:00pm** **Cleaning up the Heights** 2980 Del Paso Blvd. **BS**

**7:00pm** **Life After Dope** 450 W El Camino near Northgate **1hr,CL**

**7:00pm** **Steppin' Up** 731 Santa Ana Ave **NWA**

**7:00pm** **We OU1 N.A.** 4901 Little Oak Ln. Sienna Vista Apts Club House

**8:00pm** **North Sac Group** 940 Eleanor Ave. **NSG**

**9:00pm** **Vivir En Ti N.A.** 2830 Northgate Blvd Suite 2 **SP**

**10:00pm** **North Sac Group** 940 Eleanor Ave. **CM**

**Sacramento-South**

**12:00pm** **Group 55** 6240 14th Ave @Church **1hr,NC**

**6:30pm** **Off 99@Saybrook** 4390 47th Ave

**MONDAY**

**Con't**

**6:30pm** **Crossroads to Recovery** 7128 Florin-Perkins Rd 1hr

**7:00pm** **The RAW 916 Group** 6240 14th Ave **BS**

**7:00pm** **Keep it Clean** 5401 Freeport Blvd. @Church

**7:00pm** **South Sac Recovery** 4833 Tangerine Ave.

**8:00pm** **Amor Y Comprencon** 5660 Franklin Blvd Esquina en la Franklin y 32 Ave **SP**

**8:00pm** **Tools of Recovery** 7128 Florin Perkins Rd @church **1hr,BS**

**Sacramento-West (West Sacramento)**

**7:00pm** **Broderick Group** 2124 Michigan Blvd @church **1hr,BS**

**Stockton**

**7:00pm** **NA Uncut** 1305 Tommydon @Chemical Dependency Rm.

**Woodland**

**6:00pm** **Recovery is Real** 100 Woodland Ave **1hr,M**

**8:00pm** **New Beginnings** 515 2nd St

**TUESDAY**

**Davis**

**7:00pm** **The Young-ins** 1801 Oak Ave **1hr, T,Y**

**Folsom**

**8:00pm** **Folsom Home Group** 1255 Iron Point Rd. (med office, 3rd flr.) **1hr**

**Foothill Farms**

**7:00pm** **Surrender Group** Madison & Hemlock @Church **CC**

**7:00pm** **Never too Young** 5435 Palm Ave @ Nothing But Recovery **1hr,Y**

**North Highlands**

**7:00pm** **The Highlands Group** 5846 Sante Fe Way **1hr,CL,NCP**

**Orangevale**

**6:00pm** **Spirituality in Recovery** 9079 Greenback Lane @church **SD**

**Rancho Cordova**

**7:00pm** **No Frills** 10497 Coloma Rd @church **CC**

**7:30pm** **Changing Lanes** 10630 Schirra Ave Room 3

**Roseville**

**7:00pm** **Dopeless Hope Fiends** 109 Washington Blvd @church **CM,SD**

**Sacramento-Arden Arcade**

**7:00pm** **Tuesday at a Time** Edison & Bell @Church

**7:30pm** **Without Parallel** 2829 Watt Ave

**American River Area Service C**

**AREA SERVICE:** 1st Friday each month 7:30pm Hagginwood Community Center 3271 Marysville Blvd (New GSR orientation 7:00pm)

**Chair:** Jody B 916-730-4635 ascchair@sacramentona.org  
**Vice:** Steve 479-3962 ascvicechair@sacramentona.org

**Secretary:** Mike A. 916-606-0153 ascsecretary@sacramentona.org

**Asst. Secretary:** Vicky P 916-320-5464

**ASC Treasurer:** Shannon M 530-400-7750 treasurer@sacramentona.org

**ASC Alt. Treasurer:** Tim 916 402 8065 alltreasurer@sacramentona.org

**ASC Events Treasurer:** Melody D. 916-532-6313 eventstreasurer@sacramentona.org

**ASC Alt. Events Treasurer:** VACANT alteventstreasurer@sacramentona.org

**ASC AGENDA:** Meets the 2nd Sunday of each month at 4:00pm at 2008 Morse Ave, Conf #117

Across from Kaiser Hosp **RCM:** Lynne B. 916747-1060 rcm1@sacramentona.org

**RCM:** Tony G. 916-215-3252 rcm2@sacramentona.org

**CAMPOUT :** Meets 2nd and 4th Thurs of month at 7:00pm 2008 Morse Ave, Conf Rm. #117 **Chair:** Valerie L. 916-332-3384 campoutchair@sacramentona.org

**Vice:** Tom P. 916-600-4126 campoutvicechair@sacramentona.org

**DANCE & NEW YEAR DANCE:** Meets the 4th day 4250 Auburn Blvd. tage Oaks Hosp. 6:30-8:30pm

**Chair:** Cheri 988-4235 Dance@sacramentona.org

**Vice:** VACANT dancevicechair@sacramentona.org

**H&I:** Meets the 3rd Monday 7:00pm at Sierra School St and 4th Ave.

**Chair:** Mel D. 916-215-1515 hichair@sacramentona.org

**Vice:** Vacant hivicechair@sacramentona.org

**LITERATURE:** meets 1st am on the Sunday after 4040 American River Dr

**Chair:** Al S. 224-4784 literature@sacramentona.org

**Vice:** JoAnn 916-205-0117 literaturevicechair@sacramentona.org

**NEWSLETTER:** Seco Sun. 10:30am:2731 K. Sacramento @ Blimpie (Park in back)

**Chair:** Megan L. 289-9117 newsletter@sacramentona.org

**Vice:** Johnnie S. 285-5211 Birthdays: birthdays@sacramentona.org

**OUTREACH:** Meets 3rd Wed., 6:30pm at 4300 Auburn Blvd, Sacramento Admin Building @ Her Oaks Building

**Chair:** Robert C. 916-821-7002 outreach@sacramentona.org

**Vice:** Sarah R. 410-1311 outreachvicechair@sacramentona.org

**TUESDAY**

**Sacramento-Downtown/Midtown**

- 12:00pm Clunie Group 2620 Capitol Ave 1hr
- 6:30pm Midtown Recovery 1723 L St. upstairs in Youth Room 1hr,NWA
- 7:00pm Making a Difference 1200 North B St 1hr

**Sacramento-North**

- 12:00pm North Sac Group 940 Eleanor Ave. W
- 6:00pm North Sac Group 940 Eleanor Ave. W
- 7:00pm Seeking Serenity 250 Cleveland St. 1hr
- 8:00pm North Sac Group 940 Eleanor Ave Dir
- 9:00pm Vivir En Ti N.A. 2830 Northgate Blvd Suite 2 SP
- 10:00pm North Sac Group 940 Eleanor Ave. CM, Dir

**Sacramento-South Area/Oak Park**

- 12:00pm Hump Day Hope 4445 Fruitridge @church 1hr
- 7:00pm Cope Without Dope 7128 Florin Perkins Rd @church 1hr
- 7:00pm Oak Park Fellowship 3425 Martin L. King Jr Blvd
- 7:00pm By the Book 1900 Potrero Way BS
- 8:00pm Amor Y Comprenccion 5660 Franklin Blvd Esquina en la Franklin y 32 Ave CL,SP
- 8:00pm Just Recovery 6600 Bruceville Rd (DB Moore gymnasium) NC

**Sacramento-West**

- 7:00pm Making a Difference Salvation Army Ctr. 1200 North B St 1hr
- 7:00pm Broderick Group 2124 Michigan Blvd. @church 1hr

**Woodland**

- 12:00pm New Beginnings 515 2nd St 1hr
- 6:00pm Recovery is Real 100 Woodland Ave 1hr
- 8:30pm New Beginnings 515 2nd St 1hr

**WEDNESDAY**

**Davis**

- 7:00pm Davis Group of NA Russell & Arthur @church

**Foothill Farms**

- 6:30pm Our Own Recovery 5132 Elkhorn Blvd. Rm. #216 @ church (Men's Writing Group)
- 7:30pm Wednesday Night Unity 6201 Spruce off Garfield 2 block north of Antelope NC
- 8:00pm Farfromusin 5435 Palm Ave @ Nothing But Recovery 1hr

**WEDNESDAY**

**Con't**

**North Highlands**

- 7:30pm Serenity Seekers 7850 Watt Ave @church
- 7:30pm Serenity Seekers 7850 Watt Ave @church

**Rancho Cordova**

- 7:00pm Youth Seeking Truth 2201 Benita Dr Y
- 7:00pm Wednesday Night Connection 2721 Barbara Way gate by grocery
- 7:00pm Women's Teahouse 3520 Bradshaw Rd W

**Roseville**

- 7:00pm Spiffs Without Spliffs Weber Park on Main St SD

**Sacramento-Arden Arcade**

- 7:30pm Recovery in Action 2829 Watt Ave Rm 2

**Sacramento - Midtown/Downtown**

- 8:00am Shasta Hotel Recovery 1027 10th St
- 12:00pm Clunie Group 2620 Capitol Ave SD downstairs + NC upstairs 1hr
- 12:00pm 1500 NA Group 1500 North A St 1hr
- 7:00pm Clean on Capitol 2100 J St (upstairs) 1hr
- 7:00pm H.O.W. 1200 North B. St 1hr,BS
- 8:00pm Sacramento ARC 500 9th St 1hr

**Sacramento-North/Natomas**

- 7:00pm Silver Eagle 3500 Mobile Way @corner W Silver Eagle
- 12:00pm North Sac Group 940 Eleanor Ave. Dir
- 6:00pm North Sac Group 940 Eleanor Ave. Dir,M
- 6:30pm Serenity Sisters 445 Jefferson Ave 1hr,CC,W
- 8:00pm North Sac Group 940 Eleanor Ave CL,Dir
- 9:00pm Vivir En Ti N.A. 2830 Northgate Blvd Suite 2 SP
- 10:00pm North Sac Group 940 Eleanor Ave. CM, Dir

**Sacramento-South/Tahoe Park/Oak**

**Park**

- 12:00pm Group 55 6240 14th Ave @church 1hr,NC
- 12:00pm Hump Day Hope 4445 Fruitridge @church 1hr

- 6:00pm Oak Park Fellowship 3425 Martin L. King Jr. Blvd W

- 8:00pm Amor Y Comprenccion 5660 Franklin Blvd Esquina en la Franklin y 32 Ave SP

- 8:00pm Southside Group 4445 Fruitridge Road

**Stockton**

- 7:00pm NA Uncut 1305 Tommy Don, in Chemical Dependency Room

**Woodland**

- 6:00pm Recovery is Real 100 Woodland Ave 1hr,CL

**WEDNESDAY**

**Con't**

- 7:00pm Progress House 15450 County Rd 99 CL,NCP,W 7:00pm
- 8:00pm New Beginnings 515 2nd St 1hr,CL,BS 7:00pm

**THURSDAY**

**Carmichael**

- 12:00pm Not High Noon 4641 Marconi Mission @church 8:00pm
- 8:00pm Road To Freedom 4641 Marconi @church 9:00pm

**Citrus Heights**

- 6:30pm Rush to Recovery 7521 Community Dr. @Lyons Club 12:00pm
- 7:00pm Rebels with a Cause 7801 Rosswood Dr @church 6:00pm

**Davis**

- 7:00pm Davis Group Steppin' Out 770 Poleline Rd. @church 1hr,BS 8:00pm

**Elk Grove**

- 8:00pm Just for Today 8986 Elk Grove Blvd @church 1hr 7:00pm
- 7:00pm Elk Grove Home Group Book Study 9201 Big Horn Blvd 2nd floor conf rm #3 7:00pm

**Fair Oaks**

- 8:00pm Mad about Recovery 8938 Madison Ave @Madison House NWA 8:00pm

**Foothill Farms**

- 7:00pm Came to Believe 5435 Palm Ave @Nothing but Recovery DS 6:00pm

**Orangevale**

- 6:00pm Recovery Together 9079 Greenback Lane. 7:00pm

**Rancho Cordova**

- 1:00pm Veterans Anonymous 10535 Hospital Way Bldg. 649 (Mather) 1hr,D,JFT 7:00pm
- 7:30pm Made a Decision 2201 Benita Dr @church 7:00pm

**Rio Linda**

- 7:00pm Recovery in Rio Linda 5th & L St @church 7:00pm

**Roseville**

- 7:00pm Our Choice Group 109 Washington Blvd. @church 1hr 7:30pm

**Sacramento Arden Arcade**

- 7:00pm In Order To Keep It 3610 Auburn Blvd #12 8:00pm

**Sacramento - Midtown/Downtown**

- 12:00pm Clunie Group 2620 Capitol Ave 1hr 8:00pm
- 5:22 pm Happy Hour 1820 28th St at S @church 1hr,D,T 12:00pm

**Sacramento-North/ Del Paso Heights**

- 12:00pm North Sac Group 940 Eleanor Ave. NSG 7:00pm
- 6:00pm Newcomer Workshop 940 Eleanor Ave Dir
- 7:00pm Group W 650 El Camino @church

**FRIDAY**

**Con't**

**Orangevale**

- 6:00pm Journey of Recovery 6826 Hazel Ave (Orangevale Youth Ctr.) 1hr,SS
- 6:30pm Mad About Recovery 8938 Madison Ave @Madison House

**Rancho Cordova**

- 8:00pm Recovery Connection 2101 Zinfandel @church CL,NCP

**Sacramento – Midtown/Downtown**

- 8:00am Shasta Hotel Recovery 1027 10th St 1hr,D,!
  - 12:00pm Clunie Group 2620 Capitol Ave W upstairs + SD Down 1hr

- 6:00pm Keeping it Real 2620 Capitol Ave @church, upstairs 1hr

**Sacramento-North/Del Paso Heights/Natomas**

- 12:00pm North Sac Group 940 Eleanor Ave. Dir

- 6:00pm North Sac Group 940 Eleanor Ave. Dir
- 7:00pm Natomas Group 3291 True Road #26 (behind pizza place)

- 8:00pm North Sac Group 940 Eleanor Ave. Dir

- 9:00pm Vivir En Ti N.A. 2830 Northgate Blvd Suite 2 SP

- 10:00pm North Sac Group 940 Eleanor Ave CM, Dir

**Sacramento-South/Tahoe Park/Oak Park**

- 12:00pm Group 55 6240 14th Ave @church 1hr, BS,NC

- 3:15pm Serenity for Today 4343 Williamsborough Dr
- 6:00pm Oak Park TGIF 3425 Martin Luther King Jr Blvd BS

- 8:00pm Friday Night South Sac 4445 Fruitridge Rd
- 8:00pm Amor Y Comprencon 5660 Franklin Blvd Esquina en la Franklin y 32 Ave SP

**Sacramento-West (West Sacramento)**

- 6:00pm Keeping It Real 2620 Capitol Ave. 1hr
- 7:00pm Broderick Group 2124 Michigan Blvd @church 1hr

**Williams**

- 7:00pm Road to Recovery 8th & B

**Woodland**

- 6:00pm Recovery is Real 100 Woodland Ave
- 8:00pm New Beginnings 515 2nd St
- 10.00pm Recovery is Real 100 Woodland Ave 1hr,CM

**SATURDAY**

**Davis**

- 7:00pm Davis Group of NA 1801 Oak Ave.

**SATURDAY**

**Con't**

**Fair Oaks**

- 10:00pm Mad House 8934 Madison Ave 1hr

**Foothill Farms**

- 8:00pm No Matter What 5435 Palm Ave. DS
- 8:00pm Saturday Night Alive 6201 Hillsdale Blvd. (across from Foothill HS)

**North Highlands**

- 7:00pm Young Pups in Recovery 5836 Dudley Blvd. McClellan Park 1hr,CC,Y

**Rancho Cordova**

- 10:00am Principles Before Personalities 2376 Zinfandel Dr 1hr,DS

- 1:00pm Keep it Simple 10630 Schirra Ave Classroom 3 (at Mather)
- 8:00pm Nope to Dope 2201 Benita Dr. @church

**Rio Linda**

- 12:00pm Recovery in Rio Linda 5th and L @church

**Roseville**

- 6:00pm Being Clean is Happening 101 Riverside Ave Physician's Room bldg faces Cirby

**Sacramento-Arden Arcade**

- 10:00am Woman to Woman 2829 Watt Ave med office rm #4 W

- 10:00am Learning to Care 1615 Morse Ave @church M

- 7:30pm Saturday Night Substitute 3337 Arden Way
- 7:00pm Desire To Stop 1615 Morse Ave Choir Room (last Sat of every month T) 1hr

**Sacramento – Midtown/Downtown**

- 10:00am E St Book Study 2620 Capitol Ave @church upstairs BS,NWA

- 7:00pm Sat Night Traditions 2529 K St 1hr,NCP

**Sacramento-North**

- 10:00am North Sac Group 940 Eleanor Ave. Dir
- 9:00pm Vivir En Ti N.A. 2830 Northgate Blvd Suite 2 SP,W,!
  - 4:00pm North Sac Group 940 Eleanor Ave. Dir

- 6:00pm North Sac Group 940 Eleanor Ave. Dir
- 9:00pm Vivir En Ti N.A. 2830 Northgate Blvd Suite 2 SP

- 10:00pm North Sac Group 940 Eleanor Ave. CM, Dir

**Sacramento-South**

- 12:00pm TU Women 4445 Fruitridge Rd LGBT,W
- 12:00pm New Crossroads 7595 Center Parkway @church 1hr

- 12:00pm Oak Park Men's 3425 Martin Luther King Jr Blvd M

**SATURDAY**

**Con't**

- 6:00pm Amor Y Comprencon 5660 Franklin Blvd Esquina en Franklin y32Ave Junta Estudio BS,SP

- 7:00pm Oak Park Speaker Mtg. Martin L K Blvd
- 7:00pm Quest for Serenity Too 3900 47th Ave.

- 8:00pm After The Fog 2515 48th Avenue CL
- 8:00pm Amor Y Comprencon 5660 Franklin Blvd Esquina en Franklin y32Ave 1st Sat. SP

- 8:00pm Saturday Night Live 6600 Bruceville Road @ Kaiser D.B.Moore Bldg Riverside Conf

**Sacramento-West (West Sacramento)**

- 12:00pm Broderick Group 2124 Michigan Blvd @church 1hr

- 7:00pm Broderick Group 2124 Michigan Blvd @church 1hr

**Woodland**

- 12:00pm Recovery is Real 100 Woodland Ave Newcomer 1st Saturday only

- 6:00pm Recovery is Real 100 Woodland Ave

**SUNDAY**

**Carmichael**

- 10:00am Breakfast for Recovery 2025 Morse Ave. Kaiser Hospital Conference Rms 1&2

- 4:00pm Have Mercy 5709 Cypress Ave.

**Citrus Heights**

- 7:00pm Sun Night Serenity 5901 San Juan@church

**Davis**

- 11:00am Davis Group Steppin' Out 2040 Sutter Place @Comm. Care Health Clinic 1hr,BS ,NC

- 7:00pm Davis Group Sisters of NA 770 Poleline Rd. @church 1hr,W

- 8:30pm Davis Group Men's Meeting 770 Poleline Rd. @church 1hr,M

**Folsom**

- 4:00pm Hugs Not Drugs 320 Montrose Dr @church NCP

**Foothill Farms**

- 2:00pm Concrete Recovery 5435 Palm Ave @ Nothing But Recovery 1hr
- 7:00pm NA 101 5435 Palm Ave 1hr,BS

**Rancho Cordova**

- 2:00pm Dopeless Hope Fiends 2201 Benita Dr @church

- 5:00pm Skip to Recovery 2721 Barbera Way @ detox enter thru gate on side near grocery
- 7:00pm Surrender for Serenity 2201 Benita Dr.

**Roseville**

- 6:00pm A Better Opportunity 900 Douglas Blvd.