

**LEGEND**  
(for abbreviations following meeting locations)

- ! ...Meetings Needing Support
- ☺...New Meeting
- 1hr...Meeting is one hour in length
- BS...Book Study
- CC...Childcare Available
- CL... Closed Meeting, Addicts Only
- Dir ... Directions on schedule
- DS...Discussion Meeting
- GLBT ...Lesbian, Gay, Bisexual & Transgender
- INT...ASL Interpreter (hearing impaired)
- JFT...Just for Today
- M...Men's Meeting
- NC...Meetings Oriented for Newcomers

- NCP ...No Children Please
- NS ... Non Smoking
- NWA ...Not Wheelchair Accessible
- SD...Speaker Discussion Meeting
- SP....Spanish speaking (Junta en Español )
- SS....Step Study
- Topic...Topic Meeting
- W...Women's Meeting
- Y...Young People's Meeting

**Note: Kaiser Facilities do not allow smoking anywhere on property**

Any Addict is welcome at any meeting regardless of how it might be listed

Notes\Phone numbers

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**NA meeting schedules may be photocopied.  
Meetings are 1-1/2 hours unless otherwise specified.**

# AMERICAN RIVER AREA NARCOTICS ANONYMOUS



**June 2009**

## Meeting Directory



If you want to stop using drugs  
or need help finding a meeting, call the

**N.A. Helpline**

**To speak with an addict or hear about upcoming events call...**

**(866) 565-2135 or  
(800) 600-HOPE**

**Narcotics Anonymous  
P.O. Box 418222  
Sacramento, CA 95841-8222**

**<http://www.SacramentoNA.org>   <http://www.NA.org>**

What is Narcotics Anonymous?

"N.A. is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion." NA Basic Text, page 9.

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## MONDAY

|                |                      |                                |   |                     |
|----------------|----------------------|--------------------------------|---|---------------------|
| <b>12:00pm</b> | Sac-South/Tahoe Park | <b>Group 55</b>                | 6240 14th Avenue<br>@14th Street Baptist Church         | <b>1hr, NC</b>      |
| <b>12:00pm</b> | Sac-North            | <b>North Sac Group</b>         | 940 Eleanor Ave.  | <b>Dir</b>          |
| <b>12:00pm</b> | Carmichael           | <b>Collective Conscience</b>   | 5025 Manzanita  | <b>1hr</b>          |
|                |                      | (closed on major holidays)     | @ Christ Community Church                               |                     |
| <b>6:00pm</b>  | North Sac            | <b>North Sac Group</b>         | 940 Eleanor Ave.  | <b>Dir</b>          |
| <b>6:00pm</b>  | North Sac            | <b>Fire in the Heights</b>     | 810 Grand Ave.<br>@Firehouse Community Center           |                     |
| <b>6:45pm</b>  | Davis                | <b>Davis Group of NA</b>       | 1801 Oak Ave., Davis                                    | <b>1hr,CL</b>       |
| <b>7:00pm</b>  | Carmichael           | <b>Recovery Inclined</b>       | 4641 Marconi Ave. #1                                    | <b>BS</b>           |
| <b>7:00pm</b>  | Citrus Heights       | <b>Women Helping Women</b>     | 6201 Spruce, Off Garfield<br>St. Andrews Church         | <b>1hr,W</b>        |
| <b>7:00pm</b>  | Foothill Farms       | <b>Our Daily Meditation</b>    | 5435 Palm Ave.<br>@Nothing But Recovery                 | <b>1hr,JFT</b>      |
| <b>7:00pm</b>  | Orangevale           | <b>Serenity Friends</b>        | 7801 Hazel Ave.<br>@East Valley Church                  |                     |
| <b>7:00pm</b>  | Orangevale           | <b>Point to Recovery</b>       | 5810 Pecan Ave.   |                     |
| <b>7:00pm</b>  | Rio Linda            | <b>Recovery in Rio Linda</b>   | 5th & L St.<br>@Calvary Lutheran Church                 |                     |
| <b>7:00pm</b>  | Stockton             | <b>NA Uncut</b>                | 1305 Tommydon @Chemical Dep. Rm.                        |                     |
| <b>7:00pm</b>  | Sac-North            | <b>Cleaning up the Heights</b> | 2980 Del Paso Blvd.                                     | <b>BS</b>           |
| <b>7:00pm</b>  | Sac-North            | <b>Steppin' Up</b>             | 731 Santa Ana Ave                                       | <b>NWA</b>          |
| <b>7:00pm</b>  | Sac-South            | <b>Keep it Clean</b>           | 5401 Freepport Blvd.<br>@Methodist Church               | <b>1hr</b>          |
| <b>7:00pm</b>  | Sac-South            | <b>South Sac Recovery</b>      | 4833 Tangerine Ave.                                     |                     |
| <b>7:00pm</b>  | Sac-West             | <b>Broderick Group</b>         | 2124 Michigan Blvd<br>@First Southern Bap               | <b>1hr,BS</b>       |
| <b>7:30pm</b>  | Sac-Arden Arcade     | <b>Open Minded Group</b>       | 2829 Watt Ave, Rm #1                                    |                     |
| <b>7:30pm</b>  | Citrus Heights       | <b>Three to Life</b>           | 7605 Lauppe Ln.<br>@"Kings House", across for Rush Park | <b>DS</b>           |
| <b>8:00pm</b>  | Sac-North            | <b>North Sac Group</b>         | 940 Eleanor Ave.  | <b>NSG</b>          |
| <b>8:00pm</b>  | Sac-South            | <b>Amor Y Comprencon</b>       | 5660 Franklin Blvd<br>Esquina en la Franklin y 32 Ave   | <b>SP</b>           |
| <b>8:00pm</b>  | Fair Oaks            | <b>Mad about Recovery</b>      | 8938 Madison Avenue<br>@Madison House                   | <b>NWA</b>          |
| <b>9:00 pm</b> | Sac-North            | <b>Vivir En Ti N.A.</b>        | 2830 Norgate Blvd Suite 2                               | <b>SP</b>           |
| <b>10:00pm</b> | Sac-North            | <b>North Sac Group</b>         | 940 Eleanor Ave.  | <b>Candle Light</b> |

## TUESDAY

|                |                |                            |  |            |
|----------------|----------------|----------------------------|--|------------|
| <b>12:00pm</b> | North Sac      | <b>North Sac Group</b>     | 940 Eleanor Ave.                                     |            |
| <b>6:00pm</b>  | North Sac      | <b>North Sac Group</b>     | 940 Eleanor Ave.                                     | <b>W</b>   |
| <b>7:00pm</b>  | South Sac      | <b>By the Book</b>         | 1900 Potrero Way                                     | <b>BS</b>  |
| <b>7:00pm</b>  | Downtown       | <b>Making a Difference</b> | Salvation Army Ctr. 1200 North B St                  | <b>1hr</b> |
| <b>7:00pm</b>  | Foothill Farms | <b>Surrender Group</b>     | @ Madison & Hemlock<br>First Evangelical Free Church | <b>CC</b>  |
| <b>7:00pm</b>  | West Sac       | <b>Broderick Group</b>     | 2124 Michigan Blvd.<br>@ First Southern Baptist      | <b>1hr</b> |
| <b>7:00pm</b>  | Arden Arcade   | <b>Tuesday at a Time</b>   | Edison & Bell @ Mathews Church                       |            |

# American River Area Service Committee Information

### AREA SERVICE:

Meets 1st Friday of each month at 7:30pm at Hagginwood Community Center 3271 Marysville Blvd (New GSR orientation 7:00pm)

### Area Service Committee (ASC)

**Chair:** Jody B 916-730-4635

ascchair@sacramentona.org

**Vice:** Jason 916-247-4697

**Secretary:** Carrol

916-856-2855

Email reports to secretary at:

ascsecretary@sacramentona.org

**Asst. Secretary:** Vicky P

916-320-5464 Pvl69@aol.com

**ASC Treasurer:** Shannon M

530-400-7750

Smcpartland@sbcglobal.net

**ASC Alt. Treasurer:** Tim 916

402 8065

**ASC Events Treasurer:**

Melody D. 916-532-6313

Flybigits@yahoo.com

**ASC Alt. Events Treasurer:**

VACANT

**ASC AGENDA:** Meets the 2nd

Sunday of each month at 4:00pm

at 2008 Morse Ave, Conf #117

Across from Kaiser Hosp

**RCM:** Daniel M. 916-459-8485

rcm1@sacramentona.org

**RCM:** Lynne B. 916-747-1060

rcm2@sacramentona.org

**CAMPOUT :** Meets 2nd and 4th

Thurs of month at 7:00 pm

2008 Morse Ave, Conf rm#117

**Chair:** Larry P. 916-332-1344

Ldpoor@sbcglobal.net

**Vice:** Valerie L. 916-332-3384

### DANCE & NEW YEARS

**DANCE:** Meets the 4th Monday

4250 Auburn Blvd. Heritage

Oaks Hosp. 6:30-8:00 pm

**Chair:** Cheri 988-4235

Dance@sacramentona.org

**Vice:** VACANT

**H&I:** Meets the 3rd Monday

7:00pm at Sierra School, 24th St

and 4th Ave.

**Chair:** Steve L. 806-6411

slint@mindspring.com

**Vice:** Carrolyn L 856-2855

Universalkindnes@yahoo.com

**LITERATURE:** meets 10:00 am

on the Sunday after ASC.

4040 American River Dr.

**Chair:** Al S. 224-4784

Literature@sacramentona.org

**Vice:** JoAnn 916-205-0714

shaker1011@comcast.net

**NEWSLETTER:** Second Sun.

10:30am:2731 K. St. Sacramento

@ Blimpie's (Park in back)

**Chair:** Megan L. 289-9858

arananewsletter@yahoo.com

**Vice:** Johnnie S. 285-5214

**Birthdays:** Kitty 247-3031

yittycat@aol.com

**OUTREACH:** Meets 3rd

Wed., 6:30pm at 4300 Auburn

Bldv, Sacramento: Admin Build-

ing @ Heritage Oaks Building

**Chair:** Robert C. 916-821-7002

Outreach@sacramentona.org

**Vice:** Sarah R. 410-1312

sarah18ann@yahoo.com

### PUBLIC INFORMATION:

Meets the 3rd Thurs of the

month at 6:30pm at Kaiser Hos-

pital 2025 Morse Ave Conf Rm 2

**Chair:** Michael P 916-821-2170

pichair@sacramentona.org

**Vice:** Mel D. 408-686-1083

Pivicechair@sacramentona.org

**Helpline Coordinator:**

Denise P. 916-912-7920

daybear64@sbcglobal.net

**Website:** Robert C.

webservant@sacramentona.org

**Schedule Coordinator:**

Erik M. 650-996-3184

schedule@sacramentona.org

**SOFTBALL:** Meets the 2nd

Monday of the month at 6:30pm

at Heritage Oaks Hospital 4250

Auburn Blvd

**Chair:** Tom L. 916-676-5920

Tom.LaCorte@yahoo.com

**Vice:** Dale 916-459-9255

Buffalodale@sbcglobal.net

**UNITY DAY :** Meets the 2nd

Wednesday at 7:00pm at Trinity

Cathedral at 2620 Capitol Ave.

**Chair:** Josh 916 705 0045

**Vice Chair:** Jay D. 916 331

1367

**Monthly Trusted Servants**

**Workshop:** 10 am (2 hours)

**4th Saturday of month only**

Tradition, concept and a

topic. 3120 Cottage Way

Rooms A&B Arden-Arcade

## TUESDAY continued

|         |                |                           |   |                          |
|---------|----------------|---------------------------|---|--------------------------|
| 7:00pm  | Davis          | <b>The Young-ins</b>      | 1801 Oak Ave  | <b>1hr,Topic,Y</b>       |
| 7:00pm  | Foothill Farms | <b>Never too Young</b>    | 5435 Palm Ave @ Nothing But Recovery                  | <b>1hr,Y</b>             |
| 7:00pm  | North Sac      | <b>Seeking Serenity</b>   | 250 Cleveland St.                                     | <b>1hr</b>               |
| 7:30pm  | Arden Arcade   | <b>Without Parallel</b>   | 2829 Watt Ave<br>@ Kaiser C.D.R.P                     |                          |
| 8:00pm  | North Sac      | <b>North Sac Group</b>    | 940 Eleanor Ave                                       | <b>Dir</b>               |
| 8:00pm  | South Sac      | <b>Amor Y Comprenzion</b> | 5660 Franklin Blvd<br>Esquina en la Franklin y 32 Ave | <b>CL,SP</b>             |
| 9:00 pm | North Sac      | <b>Vivir En Ti N.A.</b>   | 2830 Norgate Blvd Suite 2                             | <b>SP</b>                |
| 10:00pm | North Sac      | <b>North Sac Group</b>    | 940 Eleanor Ave.                                      | <b>*Candle Light*Dir</b> |

## WEDNESDAY

|         |                |                              |   |                           |
|---------|----------------|------------------------------|---|---------------------------|
| 12:00pm | Tahoe Park     | <b>Group 55</b>              | 6240 14th Ave<br>@ 14th Street Baptist Church         | <b>1hr,NC</b>             |
| 12:00pm | North Sac      | <b>1500 NA Group</b>         | 1500 North A Street                                   | <b>1hr</b>                |
| 12:00pm | North Sac      | <b>North Sac Group</b>       | 940 Eleanor Ave.                                      | <b>Dir</b>                |
| 6:00pm  | North Sac      | <b>North Sac Group</b>       | 940 Eleanor Ave.                                      | <b>Dir,M</b>              |
| 7:00pm  | Stockton       | <b>NA Uncut</b>              | 1305 Tommy Don,<br>in Chemical Dependency Room        |                           |
| 7:00pm  | Natomas        | <b>Silver Eagle</b>          | 3500 Mobile Way at corner W Silver Eagle              |                           |
| 7:00pm  | Davis          | <b>Davis Group of NA</b>     | Russell & Arthur<br>@ Lutheran Church,                |                           |
| 7:30pm  | Arden Arcade   | <b>Recovery in Action</b>    | 2829 Watt Avenue<br>in Conference Room 2              |                           |
| 7:30pm  | N. Highlands   | <b>Serenity Seekers</b>      | 7850 Watt Avenue<br>@ St Andrews Church               |                           |
| 7:30 pm | Foothill Farms | <b>Wednesday Night Unity</b> | 6201 Spruce<br>off Garfield 2 block north of Antelope | <b>NCP</b>                |
| 8:00pm  | North Sac      | <b>North Sac Group</b>       | 940 Eleanor Avenue                                    | <b>CL,Dir</b>             |
| 8:00pm  | Foothill Farms | <b>Farfromusin</b>           | 5435 Palm Ave<br>@ Nothing But Recovery               | <b>1hr</b>                |
| 8:00pm  | South Sac      | <b>Amor Y Comprenzion</b>    | 5660 Franklin Blvd<br>Esquina en la Franklin y 32 Ave | <b>SP</b>                 |
| 8:00pm  | South Sac      | <b>Southside Group</b>       | 4445 Fruitridge Road                                  |                           |
| 9:00 pm | North Sac      | <b>Vivir En Ti N.A.</b>      | 2830 Norgate Blvd Suite 2                             | <b>SP</b>                 |
| 10:00pm | North Sac      | <b>North Sac Group</b>       | 940 Eleanor Ave.                                      | <b>*Candle Light* Dir</b> |

## THURSDAY

|         |                |                           |  |            |
|---------|----------------|---------------------------|--|------------|
| 12:00pm | Carmichael     | <b>Not High Noon</b>      | 4641 Marconi Mission Lutheran Church   |            |
| 12:00pm | North Sac      | <b>North Sac Group</b>    | 940 Eleanor Ave.                       | <b>NSG</b> |
| 12:00pm | Mather         | <b>Veterans Anonymous</b> | 10535 Hospital Way<br>Bldg 649         | <b>1hr</b> |
| 6:00pm  | Orangevale     | <b>Recovery Together</b>  | 9079 Greenback Lane.                   |            |
| 6:00pm  | North Sac      | <b>Newcomer Workshop</b>  | 940 Eleanor Avenue                     | <b>Dir</b> |
| 6:30pm  | Citrus Heights | <b>Rusch to Recovery</b>  | 7521 Community Dr .<br>Lyons Club      | <b>!</b>   |
| 7:00pm  | North Sac      | <b>Group W</b>            | 650 El Camino @United Methodist Church |            |

## THURSDAY continued

|         |                |                                       |   |                          |
|---------|----------------|---------------------------------------|---|--------------------------|
| 7:00pm  | West Sac       | <b>Broderick Group</b>                | 2124 Michigan Blvd<br>First Southern Baptist          | <b>1hr</b>               |
| 7:00pm  | Citrus Heights | <b>Rebels with a Cause</b>            | 7801 Rosswood Drive @Messiah Lutheran Church          |                          |
| 7:00pm  | Davis          | <b>Davis Group -<br/>Steppin' Out</b> | 770 Poleline Rd. @ Baptist Church                     | <b>1hr,BS</b>            |
| 7:00pm  | Oak Park       | <b>Quest for Serenity</b>             | 2515 48th Ave @ 48th & Wooddine                       |                          |
| 7:00pm  | Rio Linda      | <b>Recovery in Rio Linda</b>          | 5th & L Street @ Calvary Lutheran Church              |                          |
| 7:00pm  | Foothill Farms | <b>Came to Believe</b>                | 5435 Palm Ave (@Nothing but Recovery)                 | <b>DS</b>                |
| 7:00pm  | Sacramento     | <b>In Order to keep it</b>            | 3610 Auburn Blvd @ Auburn Village #12                 |                          |
| 7:00pm  | Sacramento     | <b>Serenity Happens Here</b>          | 1196 Arcade Blvd                                      | <b>☺</b>                 |
| 7:00pm  | North Sac      | <b>Serenity Happens in Recovery</b>   | 1196 Arcade Blvd                                      | <b>1hr</b>               |
| 8:00pm  | South Sac      | <b>Amor Y Comprenzion</b>             | 5660 Franklin Blvd<br>Esquina en la Franklin y 32 Ave | <b>CL,SP</b>             |
| 8:00pm  | Carmichael     | <b>Road To Freedom</b>                | 4641 Marconi<br>@ Mission Lutheran Church             |                          |
| 8:00pm  | Elk Grove      | <b>Just for Today</b>                 | 8986 Elk Grove Blvd,<br>United Methodist Church       | <b>1hr</b>               |
| 8:00pm  | North Sac      | <b>North Sac Group</b>                | 940 Eleanor Ave                                       | <b>BS,Dir</b>            |
| 8:00pm  | Fair Oaks      | <b>Mad about Recovery</b>             | 8938 Madison Avenue,<br>Madison House                 | <b>NWA</b>               |
| 9:00 pm | North Sac      | <b>Vivir En Ti N.A.</b>               | 2830 Norgate Blvd Suite 2                             | <b>SP</b>                |
| 10:00pm | North Sac      | <b>North Sac Group</b>                | 940 Eleanor Ave.                                      | <b>*Candle Light*Dir</b> |

## FRIDAY

|         |                |   |  |                          |
|---------|----------------|---|--|--------------------------|
| 12:00pm | North Sac      | <b>North Sac Group</b>                    | 940 Eleanor Ave.   | <b>Dir</b>               |
| 12:00pm | Tahoe Park     | <b>Group 55</b>                           | 6240 14th Ave<br>@ 14th Street Baptist Church                          | <b>1hr,BS,NC</b>         |
| 6:00pm  | Davis          | <b>Davis Group -<br/>Spirit of Friday</b> | 1801 Oak Ave.  |                          |
| 6:00pm  | Orangevale     | <b>Journey of Recovery</b>                | 6826 Hazel Avenue<br>Orangevale Youth Ctr. in the Classroom Main Bldg. | <b>1hr,SS</b>            |
| 6:00pm  | North Sac      | <b>North Sac Group</b>                    | 940 Eleanor Ave.   | <b>Dir</b>               |
| 6:00pm  | Downtown       | <b>Keeping It Real</b>                    | 2620 Capitol Ave.  | <b>1hr</b>               |
| 6:30pm  | Orangevale     | <b>Mad About Recovery</b>                 | 8938 Madison Ave<br>Madison House                                      |                          |
| 7:00pm  | West Sac       | <b>Broderick Group</b>                    | 2124 Michigan Blvd<br>First Southern Baptist                           | <b>1hr</b>               |
| 7:00pm  | N. Highlands   | <b>Peaceful Progress</b>                  | 5836 Dudley Blvd ,<br>McClellan Park (air base)                        |                          |
| 7:30pm  | Foothill Farms | <b>Recovery in<br/>Progress</b>           | 5300 Madison Ave<br>First Evangelical Church                           | <b>NCP,NWA</b>           |
| 8:00pm  | North Sac      | <b>North Sac Group</b>                    | 940 Eleanor Ave.   | <b>Dir</b>               |
| 8:00pm  | South Sac      | <b>Amor Y Comprenzion</b>                 | 5660 Franklin Blvd<br>Esquina en la Franklin y 32 Ave                  | <b>SP</b>                |
| 8:00pm  | Foothill Farms | <b>Addicts in Action</b>                  | Saint Andrews Church, 6201 Spruce                                      |                          |
| 9:00 pm | North Sac      | <b>Vivir En Ti N.A.</b>                   | 2830 Norgate Blvd Suite 2  | <b>SP</b>                |
| 10:00pm | North Sac      | <b>North Sac Group</b>                    | 940 Eleanor Ave.   | <b>*Candle Light*Dir</b> |
| 12:00am | Foothill Farms | <b>Something for Recovery</b>             | 5435 Palm Ave  | <b>1hr</b>               |

**SATURDAY**

|                |                |  |   |                           |
|----------------|----------------|--|---|---------------------------|
| <b>10:00am</b> | North Sac      | <b>North Sac Group</b>                 | 940 Eleanor Ave.  | <b>Dir</b>                |
| <b>10:00am</b> | R. Cordova     | <b>Principles Before Personalities</b> | 2376 Zinfandel Drive  | <b>1hr,DS</b>             |
| <b>12:00pm</b> | West Sac       | <b>Broderick Group</b>                 | 2124 Michigan Blvd @ First Southern Baptist   | <b>1hr</b>                |
| <b>12:00pm</b> | Rio Linda      | <b>Recovery in Rio Linda</b>           | 5th and L St. @ Calvary Lutheran Church   |                           |
| <b>4:00pm</b>  | North Sac      | <b>North Sac Group</b>                 | 940 Eleanor   | <b>Dir</b>                |
| <b>6:00pm</b>  | Roseville      | <b>Being Clean is Happening</b>        | 101 Riverside Ave Physician's Room<br>bldg faces Cirby                                |                           |
| <b>6:00pm</b>  | North Sac      | <b>North Sac Group</b>                 | 940 Eleanor Ave.  | <b>Dir</b>                |
| <b>6:00pm</b>  | South Sac      | <b>Amor Y Comprencon</b>               | 5660 Franklin Blvd <b>BS,SP</b> — Junta de Estudio<br>Esquina en la Franklin y 32 Ave |                           |
| <b>7:00pm</b>  | West Sac       | <b>Broderick Group</b>                 | 2124 Michigan Blvd  | <b>1hr</b>                |
|                |                |  | First Southern Baptist  |                           |
| <b>7:00pm</b>  | Arden Arcade   | <b>Desire To Stop</b>                  | 1615 Morse Ave Choir Room   | <b>1hr</b>                |
|                |                |  | (last Sat of every month Topic meeting)   |                           |
| <b>7:00pm</b>  | Davis          | <b>Davis Group of NA</b>               | 1801 Oak Ave.   | <b>1hr</b>                |
|                |                |  | In choir room Pot Luck last Sat 5:30pm  |                           |
| <b>7:00pm</b>  | N. Highlands   | <b>Young Pups in Recovery</b>          | 5836 Dudley Blvd.   | <b>1hr,CC,Y</b>           |
|                |                |  | McClellan Park  |                           |
| <b>8:00pm</b>  | Foothill Farms | <b>No Matter What</b>                  | 5435 Palm Ave.  | <b>DS</b>                 |
| <b>8:00pm</b>  | Foothill Farms | <b>Saturday Night Alive</b>            | 6201 Hillsdale Blvd. (across from Foothill HS)  |                           |
| <b>8:00pm</b>  | R. Cordova     | <b>Nope to Dope</b>                    | 2201 Benita Dr.<br>@ Grace Lutheran Church  |                           |
| <b>8:00pm</b>  | South Sac      | <b>Amor Y Comprencon</b>               | 5660 Franklin Blvd  | <b>SP</b>                 |
|                |                |  | Esquina en la Franklin y 32 Ave — 1st Saturday Marathon                               |                           |
| <b>8:00pm</b>  | South Sac      | <b>Saturday Night Live</b>             | 6600 Bruceville Road  |                           |
|                |                |  | @ Kaiser D.B. Moore Bldg - Riverside Conference Room                                  |                           |
| <b>9:00 pm</b> | North Sac      | <b>Vivir En Ti N.A.</b>                | 2830 Norgate Blvd Suite 2   | <b>SP</b>                 |
| <b>10:00pm</b> | North Sac      | <b>North Sac Group</b>                 | 940 Eleanor   | <b>*Candle Light* Dir</b> |
| <b>10:00pm</b> | Fair Oaks      | <b>Mad House</b>                       | 8934 Madison Avenue   | <b>1hr</b>                |

**SUNDAY**

|                |                |                                    |   |                   |
|----------------|----------------|------------------------------------|---|-------------------|
| <b>9:00am</b>  | North Sac      | <b>Biscuits &amp; Gravy</b>        | 940 Eleanor   |                   |
| <b>10:00am</b> | Carmichael     | <b>Breakfast for Recovery</b>      | 2025 Morse Ave.<br>Kaiser Hospital Conference Rms 1&2 |                   |
| <b>11:00am</b> | Arden Arcade   | <b>Together in Recovery</b>        | 2829 Watt Ave. Room #1                                | <b>Y</b>          |
| <b>11:00am</b> | Davis          | <b>Davis Group - Steppin' Out</b>  | 2040 Sutter Place<br>@ Community Care Health Clinic   | <b>1hr,BS ,NC</b> |
| <b>2:00pm</b>  | R. Cordova     | <b>Dopeless Hope Fiends</b>        | 2201 Benita Drive @ Grace Lutheran Church             |                   |
| <b>2:00pm</b>  | Foothill Farms | <b>Concrete Recovery</b>           | 5435 Palm Ave @ Nothing But Recovery                  | <b>1hr</b>        |
| <b>4:00pm</b>  | Carmichael     | <b>Have Mercy</b>                  | 5709 Cypress Ave.                                     |                   |
| <b>5:00pm</b>  | North Sac      | <b>North Sac Group</b>             | 940 Eleanor Ave.                                      | <b>Dir,Y</b>      |
| <b>5:30pm</b>  | West Sac       | <b>Broderick</b>                   | 2124 Michigan Blvd                                    | <b>1hr,W</b>      |
|                |                | <b>Women's Group</b>               | First Southern Baptist                                |                   |
| <b>6:00pm</b>  | Sacramento     | <b>A Street Bookstudy</b>          | 1500 A Street   | <b>1hr,BS</b>     |
| <b>7:00pm</b>  | North Sac      | <b>North Sac Group</b>             | 940 Eleanor Ave.                                      | <b>Dir</b>        |
| <b>7:00 pm</b> | North Sac      | <b>Vivir En Ti N.A.</b>            | 2830 Norgate Blvd Suite 2                             | <b>SP</b>         |
| <b>7:00pm</b>  | Citrus Heights | <b>Sunday Night Serenity</b>       | 5901 San Juan, Advent Lutheran Church                 |                   |
| <b>7:00pm</b>  | Davis          | <b>Davis Group - Sisters of NA</b> | 770 Poleline Rd. @ Baptist Church                     | <b>1hr,W</b>      |

**SUNDAY continued**

|               |                |                                    |   |               |
|---------------|----------------|------------------------------------|---|---------------|
| <b>7:00pm</b> | West Sac       | <b>Broderick Group</b>             | 2124 Michigan Blvd @ First Southern Baptist | <b>1hr</b>    |
| <b>7:00pm</b> | Foothill Farms | <b>NA 101</b>                      | 5435 Palm Ave.                              | <b>1hr,BS</b> |
| <b>7:00pm</b> | South Sac      | <b>Amor Y Comprencon</b>           | 5660 Franklin Blvd                          | <b>SP</b>     |
|               |                |                                    | Esquina en la Franklin y 32 Ave             |               |
| <b>8:00pm</b> | Arden Arcade   | <b>Ashes to Diamonds</b>           | Kaiser Hospital, 3120 Cottage               |               |
| <b>8:30pm</b> | Davis          | <b>Davis Group - Men's Meeting</b> | 770 Poleline Rd. @ Baptist Church           | <b>1hr,M</b>  |
| <b>9:00pm</b> | North Sac      | <b>North Sac Group</b>             | 940 Eleanor Ave.                            | <b>NS</b>     |

Please Note: The American River Area Schedule of Narcotics Anonymous contains the names of some organizations and businesses to aid in the location of meetings. NA has no affiliation with any organization or business listed in this schedule.



**Narcotics Anonymous®**



**DIRECTIONS & PARKING INFORMATION**

**Directions to North Sac Group:** Take Business 80 to El Camino, go West to Del Paso Blvd., turn right. Go to Intersection of Del Paso & Lampasas. Turn Left on Lampasas and immediately turn into alley on right. **Keep it Simple & Changing Lanes :** Highway 50 to Mather Field Road, go South and veer to the right at the split, left on Peter McCuen Rd, which turns into Femoyer St, Right on Schirra Ave, and it is in the third row of buildings Rm #3. **Group W-** Located behind Cooks Hardware at the North Sacramento United Methodist Church 650 El Camino Ave **Silver Eagle:** From Northgate turn on W. Silver Eagle Rd near El Polo Loco go to the end of street on corner of Mobile Way & W. Silver Eagle.  
**Off 99-** Hwy 99 to 47th Ave East on corner of 44th St. & 47th Ave. Enter through south walkway, through gate, by the storage place.